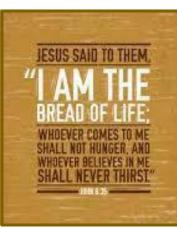
August 1, 2021 18th Sunday Ordinary Time

Good morning All! I'm sending the Bulletin out early this week since I will be leaving on a week's holiday tomorrow. I love you all, but I must admit, I can't wait to get away for a while! I am off to visit my Mum and Sister in Comox-I haven't seen them for 2 years so looking forward to it! No bulletin next week but if you need anything, you can call Father Paul or Father Raphael at the office 250-398-6806. *Cathy*

OUR 'NEARLY BACK TO NORMAL' MASS SCHEDULE:

Sacred Heart



Daily Mass: 8:00AM & 6:30PM (Adoration Wednesdays 5:30-6:30PM)

> Weekend Masses: Saturday 5PM Sunday 9:30AM Sunday 7:00PM



Parish Office: 250-398-6806

Office Closed

[ulv 30-Aug. 10

Confessions: available before each Mass or by appointment

The faithful in the Diocese of Kamloops remain dispensed from the obligation to attend Sunday Mass as of present. The dispensation will gradually be lifted over the summer months. The dispensation will be completely lifted when the province moves into Phase 4 of the restart plan. All Bulletins and Notices will be posted on the following:

www.sacredheartwl.ca and

https://www.facebook.com/sacredheartwl/.



THE MEN'S RETREAT 2021 October 1-3

The Men's Retreat, hosted at the stunning



Rockridge Canyon Retreat Center in Princeton, BC.

provides many opportunities to dive into the masculine journey and deeper relationship with God through Sacraments, inspiring teachings, prayer, fellowship, and recreation.

Registration opens August 7, 2021 at 9AM.

More information coming soon!

This is not "just another retreat" this is THE Men's Retreat you don't want to miss!

www.liferestoration.ca/mensretreat

Cans for Missions: Between July 7th and July 28th, the SMA missions were blessed with \$234.20 from the kind donation of cans, water & juice containers & liquor bottles.

Every \$ raised goes directly to the needs of 4 missions in African countries. Every item you donate is a gift of love. With gratitude...Mabel

