

**ERENE SOLIMAN, PSY.D.**

Licensed Psychologist, PSY 23162

Daim Ntawv Zwm Thov Kev Pab (New Patient Intake Form)

Thov sau rau thiab teb cov lus nug hauv qab no. Cov ntaub ntawv koj muab no yog los tiv thaiv kom tsis pub lwm tus neeg paub.

Hnub no: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Koj lub npe: \_\_\_\_\_

Chaw nyob: \_\_\_\_\_  
\_\_\_\_\_

Xov tooj: (\_\_\_\_) \_\_\_\_\_ (Pub kuv cov lus ntawm saum lub speaker?)  Yes  No

Please Note: Text correspondence is not considered to be a confidential medium of communication.

Email: \_\_\_\_\_ (May I email you?)  Yes  No

Please Note: Email correspondence is not considered to be a confidential medium of communication.

Kws kho mob lub npe: \_\_\_\_\_ Kws kho mob tus xov tooj: (\_\_\_\_) \_\_\_\_\_

Kws kho mob chaw ua hauj lwm: \_\_\_\_\_  
\_\_\_\_\_

Puas tso kuv hu rau koj tus kws kho mob?  Yes  No

Vim li cas koj hnov txog peb?  NetworkTherapy.com  PsychologyToday.com  Google Ad to me:  My Professional Website  Insurance Referral  Word of Mouth  Referred by friend  Referred by Physician  EAP: \_\_\_\_\_

Hnub yug: \_\_\_\_\_ Hnub nyoo: \_\_\_\_\_ Poj niam \_\_\_ los txiv neej \_\_\_\_\_

Kev ntseeg:  Christian  Catholic  Jewish Affiliation:  Islamic  Buddhist  Protestant  Agnostic or Atheist  Shamanism  Other: \_\_\_\_\_

Haiv neeg:  White  Hispanic or Latino  Asian American  Native American  Black or African American  Native or Pacific Islander  Lwm Yam Neeg: \_\_\_\_\_

Kev ua niam txiv thiab kev sib nyiam hom twg:  Heterosexual  Bisexual  Gay  Lesbian

Lwm yam: \_\_\_\_\_

Koj nrog leej twb nyob: \_\_\_\_\_

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Kev ua txwj nkawm:  Tsis tau sib yuav  Muaj menyuam ua ke  Sib yuav lawm  
 Sib Cais  Sib nrauj  Poj ntsuam  
 Hluas nkauj/hluas nraug

Koj puas muaj me nyuam? /me nyuam cov hnuv nyoog?  
\_\_\_\_\_

Lub npe hu rau thaum muaj xwm txheej kub ntxhov : \_\_\_\_\_

txheeb koj li cas: \_\_\_\_\_

Hu rau tus xov tooj: ( ) \_\_\_\_\_

Kawm ntawv txog qib twg:  Some high school  GED/Graduated High School  
 Some College  Four-Year Degree  
 Currently in College  Graduate or Advanced Education

Keeb kwm tug rog: Years in Service: \_\_\_\_\_ Branch: \_\_\_\_\_ Discharge Rank: \_\_\_\_\_  
Military Occupation: \_\_\_\_\_

Koj puas ua hauj lwm:  Time  Full-Time  
 Tsis ua hauj lwm  
 Nyob hauv tsev zov menyuam  Disabled  
 So hauj lwm lawm  
 Kawm ntawv  Lwm Yam

Koj ua hauj lwm dab tsis:  
\_\_\_\_\_

Koj puas tau muaj teebmeem yam tag los yog nraug ntes?  
\_\_\_\_\_

Koj puas tau thov dua nyaj raug mob tom haujlwm (worker's compensation)? \_\_\_\_\_

Puas yog tsev hais plaub xaaj kom koj tuaj ntsib kev kho mob? \_\_\_\_\_

Koj puas muaj mob muaj nkeeg dabtsi? \_\_\_\_\_

Tam sim no koj lub cev puas noj qab nyob zoo npaum li cas?

Zoo  Tsis zoo

Tam sim no koj puas qab los noj mov?

Zoo  Tsis zoo

Koj puas ua exercise?

None  1-2 hnuv  3-4 hnuv  5-6 hnuv  7 hnuv

Koj pw puas raug zog zoo?

Zoo  Tsis zoo

Ib hmo koj pw raug zog pes tsawg xuaj moos?  
\_\_\_\_\_

Koj puas haus luam yeeb ?  
\_\_\_\_\_

Koj puas haus dej cawv?  
\_\_\_\_\_

Koj puav siv yeeb thiab tshuaj xas?  
\_\_\_\_\_

Koj puas tau txais kev pab rau kev txiav dej cawv thiab yeeb tshuaj?

Koj puas muaj tshuaj noj tam sim no rau kev mob kev nkeeg?

Qhov uas nyuaj rau koj tshaj yog dabtsi es koj thiaj li txaus siab nrhiav kev pab?

Koj tau qhov teeb meem no ntev npaum li cas los lawm?

Tam sim no mob npaum li cas rau koj? (teev 1-10, 10 yog mob heev)?

Thov sau txhua yam kev pab rau kev nyuaj siab nyuaj ntsws, kev pab cuam yam tag los (kev kho mob, psychiatric services).

Koj puas tau muab tshuaj/noj tshuaj nyuaj siab (psychiatric)? Yog muaj, thaum twg thiab cov tshuaj noj hu li cas?

Koj puas tau mus pw hauv tsev kho mob puas hlwb? Yog muaj, thaum twg thiab yog vim li cas?

Koj puas tau muab koj tus kheej hais, khawb kom to, thiab hlawv? Yog muaj, thaum twg, thiab yog vim li cas?

Koj puas tau txov koj txoj sia? Yog muaj, thaum twg, thiab ua li cas koj sim?

Koj puas tau sim ua phem rau lwm tus?

Koj puas muaj kev xav ntawm kev ua phem rau koj tus kheej los yog lwm tus neeg?

Koj tus kheej loj hlob zoo li cas thaum koj tseem yog me nyuas yaus?

Koj puas muaj teebmeem txog kev kawm ntawm qeeb, kawm tsi tau, los yog poob qib kawm?

Koj puas muaj kev tsis sib raug zoo nrog koj niam thiab txiv/cov kwvtij/cov txheeb ze?

Thov sau txhua yam kev nyuaj siab nyuaj ntsws thiab kev mob nkeeg nyob hauv koj tsev neeg (piv txwv li, leej niam los yog lwm tus muaj kev nyuaj siab):

Koj puas muaj teebmeem txog kev sib raug zoo nrog rau kev nkauj nraug, txwj nkawm, kev phoojywg (romantic, marital, friendship, etc.)?

Koj puas muaj tau txais kev txhawb nqa/kev pab hauv koj lub neej tam sim nov?

Muaj       Tsis muaj

Leej twg yog tus pab thiab txhawb nqa koj?

Qhov uas koj ua tau zoo tshaj yog dab tsi? \_\_\_\_\_

Qhov uas koj ua tsi tau zoo pes tsawg yog dabtsi? \_\_\_\_\_

Koj xav kom tau txais kev pab dabtsi rau koj? \_\_\_\_\_

**Thov suam/khij seb koj puas muaj cov mob li nram qab no:**

- Kev nyuaj siab los yog tu siab     Txoj kev kaj siab/txaus siab nyob hauv lub neej muaj tsawg
- Xav txog txoj kev tuag xwb/yus tua yus tus kheej
- Nkees                       Tsis noj mov                       Tsis muaj siab txog kev ua niam txiv
- Pw tsis raug zog los sis raug zog heev                       Xav tias yus tu kheei tsi muaj nqi lawm
- Xav tsi tawm, xav tsi tau li (Difficulty concentrating)
- Muaj kev meem txom heev (Increased irritability)                       Pw zoo thiab tsis nkees
- Hais dua li yam tag los     Xav muaj kev ua niam/txiv heev dua     Tsis xav txog dabtsi li
- Muaj zog npho xwb (Feeling powerful)     Xav ua rau lwm leej lwm tus raug mob
- Tsis muaj ib qho li (None of these)

**Thov suam/khij saib koj puas muaj tej kev txhawj ntshai li nram qab no:**

- Kev txhawj ntshai                       Ntshai tsam tsi txawj tsum                       Ntshais ua ib ce tshee na
- Ntshai ua rau lub plawv dhia ceev                       Hnov zoo li ua rau kuv yuav vwm. Ntshai zoo li tswj tsi tau kuv tus kheej
- Ntshai zoo li yuav tuag li     Tsi xav koom nrog lwm leej lwm tus                       Ib sij saib yam ub yam no
- Txhawj ntshai heev dhau lawm thiaj li tsi xav tawm hauv lub tsev mus li
- Xav hauv koj lub hlwb tias, ntshai kuv yuav kom tsi yeej li (obsessing)                       Pheej suav nyob koj lub hlwb
- Pheej ntxuav tes tas mus li, npuaj xub pwg tas li, da dej tas li, los lwm yam koj pheej ua tas li
- Tsi muaj ib yam hais los saum no li

**Thov suam/khej saib koj puas tau muaj los ntsib tej yam raws nram qab no thaum koj tseem me los yog loj tiav hluas lawm, los ntawm txoj kev ntshai los yog tau raug los lawm:**

- Tsim txom txoj kev xav                       Tsim txom ce nqaij tawv                       Raug yuam deev
- Tsi tau txais kev hlub                       Tsi txaus siab deev                       Ua npau suam phem
- Ntsuj plig tsi puab cev lawm                       Ua npau suam pum yam tag los                       Ua npau suam txog tej yam uas tsi muaj tseeb
- Nco tsi tau xyov mus ua dabtsi     Nco tsi tau yam tag los lawm                       Muaj lub neej nyuaj siab heev
- Puas muaj lwm yam ntxiv: \_\_\_\_\_
- Tsi muaj ib yam hais los saum nov li

**Thov suam/khej saib koj puas tau muaj dua tej yam raws li nram qab no:**

- Hnov tej suab uas lwm tus tsi hnov                       Pom tej yam duab uas lwm tus tsi pom
- Hnov tsw tej yam txawv ntxawv uas lwm tus tsi hnov     Tej yam khoom noj qab txawv txawv
- Hnov tej yam txawv txawv ntawm koj lub ce raws koj qab                       Hnov tibneeg yuav tuaj ntes koj, ua phem rau koj,
- Hnov tibneeg hais phem txog koj                       Hnov suab zab/hais lus

Tsi muaj ib yam hais los saum nov li

**Thov suam/khej saib koj puas muaj teebmeem txog kev noj mov:**

- Kuv txhawj txog kev yuag los sis loj/rog ntawm kuv lub cev      Kuv txuag tsi noj heev
- Kuv tshum kom ntuav los sis noj tshuaj pab kom kuv txhob nce pound      Cai tsi noj haus
- Kuv siv sibhawm ntau los ua kom kuv txhob nce pound      Kuv siv sibhawm ntau xav txog kuv lub cev ntshai tsam loj zuj zus
- Tsi muaj ib yam hais los saum nov li

**Thov suam/khej saib puas muaj tej yam raws li nram qab no qhia txog koj:**

- Kuv ntshai heev thaum kuv nyob ib leeg      Kuv hnov zoo li kuv caij roller coaster ya
  - Zoo li kuv xav nrog lwm tus sib rau zoo tabsi lawv ua rau kuv tu siab heev      Kuv muaj cuab kav pauv tau kuv tus kheej kom zoo li lub sibhawm ntawd
  - Muaj qee zaum kuv tsi paub tias kuv yog leej twg
  - Kuv tsi xav ua ntej kuv ua tej yam uas yuav raug mob li (sex, driving, eating)
  - Kuv mloog zoo li lub siab qhuav qhawv xwb      Kuv npau taws thiab siab ceev heev
  - Tej thaum tibneeg hu kuv ua zab cis dag      Ua rau kuv to taub nyuaj txog lwm tus txoj kev xav
  - Kuv xav txog qhov uas muaj fwjchim      Kuv tseem ceeb heev thiab tibneeg tsi paub txog xwb
  - Ua rau kuv nyuaj raws tsi tau txoj kab ke      Ua rau kuv nyuaj txog tej yam uas yuav npaj ua ntej
  - Tej thaum ua rau kuv tau sib ntaus      Nyuj rau kuv qhia kuv txoj kev txhaum
  - Kuv hais tej yam uas tsi muaj tseeb      Kuv muaj qhov 6 senses
  - Kuv xav nyob ib leeg ntsiag to xwb      Kuv tsi xav txog txoj kev ntaus phooj ywg nrog lwm tug li
  - Kuv tsuas xav ua qee yam hauj lwm xwb
  - Txhua hnub kuv yeej txiav txim siab tsi tau li      Kuv txiav txim siab tsi tau yuav ua ib yam dabtsi li
  - Kuv lam tsab ua ib tug neeg uas zoo tshaj plaws
  - Qhov yog yeej yog xwb thiab qhov tsi yog yeej tsi yog li
- Tsi muaj ib yam hais los saum nov li

Puas muaj lwm yam uas tseem ceeb raws li koj tus kws kho mob paub txog, thiab koj tsis tau sau rau hauv daim ntawv no? Yog muaj, thov qhia rau kuv rau ntawm nov: \_\_\_\_\_

Ua tsaug!

# ERENE SOLIMAN, PSY.D.

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## Credit/Debit Card on File: Billing Authorization Form

Tsi tuaj qhov nav maim thiab tsi teem sibhawm: Raws li qhia rau koj paub rau hauv daim ntawv kho mob. Muab 24 teev rau koj hu tuaj cancel. Tus nqi tes uas raug them yog \$150 rau lub sij hawm teem tseg tabsis tsi tuaj. Qhov nqi tes nov yog them nyiaj ntsuab xwb.

**Thov suam npe (initial) rau 5 yam nram qab no thiab ua daim credit/debit card cov lus tso cai:**

- 1) \_\_\_\_\_ Tug suam npe pom zoo thiab tso cai rau Erene Soliman, Psy.D. kom siv tau daim credit/debit card rau tej nqi uas koj tsi tau them.
- 2) \_\_\_\_\_ Tej nqi uas tsi tau them xws li, co pay, pab kas phais tsi them thiab nqi rau qhov teem sibhawm tseg uas koj tsi tuaj ntsib tus kws kho mob tabsis koj tsi hu rau tus kws kho mob ua ntej 24 xuaj moos.
- 3) \_\_\_\_\_ Yog koj tuaj tsi tau es koj hu qeeb rau lub sij hawm uas tau teem tseg lawd, daim card yuav raug muab them rau tib lub sibhawm rau hnuv uas koj tuaj ntsib tsis tau kws kho mob ntawd.
- 4) \_\_\_\_\_ Tub sau npe pom zoo thiab rau cai rau Erene Soliman, Psy.D. muab daim credit card nrog tug "Signature on File" them rau txhua qhov nuj nqi koj tsi tau them nyob hauv koj tus account.
- 5) \_\_\_\_\_ Yog koj xav tau daim ntawv pov thawj them nuj nqi xa mus rau koj, muab koj tus email chaw nyob los sis tus xov tooj sau rau nram qab no: \_\_\_\_\_

Sau koj lub npe lawv nraim li ntawm daim credit card: \_\_\_\_\_

Yog hom credit card dabtsi: Visa, American Express, MasterCard, Discover

Kaum rau tus leb ntawm daim card: (16-Digit Card number) \_\_\_\_\_

Tag sibhawm rau hnuv twg: (Card Expiration Month & Year) \_\_\_\_\_

Peb tug leb nyob tom qab: (3-Digit Security Code on back of card) \_\_\_\_\_

Tsib tug leb Zip Code: (Billing Zip Code) \_\_\_\_\_

Sau koj lub npe: \_\_\_\_\_

Suam koj lub npe: \_\_\_\_\_ Hnuv no: \_\_\_\_\_

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# ERENE SOLIMAN, PSY.D.

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## Qhia Koj Txog Txoj Cai Rau Kev Kho Mob (Informed Consent for Treatment)

Zoo siab tau ntsib koj ! Daim ntawv no tseem ceeb heev txog kuv cov kev pab thiab kuv cov haujlwm. Nws kuj muaj cov ntaub ntawv hais txog Health Insurance Portability and Accountability Act (HIPAA), Tsoom fwv teb chaws txoj cai uas muab kev tiv thaiv thiab tus neeg mob muaj cai hais txog kev siv thiab muab koj tej ntaub ntawv qhia txog koj cov ntawv kho mob (PHI) siv rau lub hom phiaj ntawm kev kho mob, them nqi kho mob. Yog koj muaj lus nug dab tsi txog txhua yam hauv daim ntawv no, kuv xav kom koj coj tau thaum peb ntsib. Thaum koj kos npe rau tsab ntawv no lawm, nws yuav sawv cev rau peb. Thaum twg koj xav thim cov kev cog lus no ces sau ntawv tuaj qhia peb paub. Yog koj yuav thim kev cog lus nrog kuv es tsi ua raws li txoj cai nram qab no: Kuv yuav tsum tau ua tes dej num no, yog koj muaj ntaub ntawv los ntawm koj cov ntawv kho mob rau kuv thiab li yuav ua tau lossis muaj lwm yam ntaub ntawv thov kom ua raws li koj txoj cai, lossis yog koj tsis txaus siab rau txhua yam nyiaj txiag uas koj tau them lawm.

### Consent to Use and Disclose Your Health Information:

Thaum kuv ntsuam xyuas, kev kuaj mob, lossis xa koj mus rau lwm tus kws kho mob, kuv yuav tau sau "kev tiv thaiv kab mob" (PHI) txog koj. Cov lus no yuav siv rau kuv lub chaw ua haujlwm los txiav txim seb txoj kev kho koj kom zoo tshaj rau koj. Kuv tseem yuav muab koj cov xov xwm no rau lwm tus los pab rau koj txoj kev kho mob thiab. Thaum kos npe rau daim ntawv no, koj pom zoo cia kuv siv koj cov ntaub ntawv kho mob (PHI) thiab xa mus rau lwm tus neeg uas yuav pab koj siv ib yam nkaus. Koj kos npe rau hauv qab no hais tias, koj tau nyeem los yog hnov kuv daim Ntawv Ceeb Toom txog txoj cai thiab Xyaum Kom Tiv Thaiv Kom Tsis Pub Leej Twg Paub txog koj cov ntaub ntawv, uas piav txog seb koj cov cai yog li cas thiab kuv yuav siv koj cov ntaub ntawv kho mob li cas. Tsis tas li, thaum koj kos npe rau qhia hais tias, kuv muab koj tsab ntawv ceeb toom (notice) rau koj thiab raws li txoj cai uas tau qhia rau koj lawm.

**Tsis pub lwm tus neeg paub txog:** Kuv yuav tsum ceev cov ntaub ntawv uas qhia txog koj tus kheej kom tsis pub lwm tus paub. Muaj ntau zaas, kuv tsuas tso cov ntaub ntawv hais txog koj tus mob HIPA thiab/los yog California txoj cai. Txawm li ntawd los, muaj qee zaum, kuv yuav ua tug pab tiv thaiv sawvdaws kom tsi txhob raug txoj kev nyuaj siab. Muaj tej lub sijhawm, kuv yuav tau qhia txog koj txoj kev kho mob no. Yog hais tias muaj tej yam teeb meem tshwm tuaj, kuv yuav ua kom txhua yam kom tau tham thiab qhia rau koj paub, ua ntej kuv yuav ua ib yam dabtsi, thiab kuv yuav tsi qhia tag tag koj tej ntaub ntawv, tsuas qhia tej yam uas tsim nyog xwb.

Tej teeb meem uas muaj xws li hauv qab no:

**Yog muaj teeb meem tshwm:** Thaum paub tseeb tias teeb meem yuav raug lwm tus txoj sia xws li: yuav txov nws txoj sia, tua nws tus kheej lossis kev ntsuam xyuas los ntawm kev tua neeg.

**Kev Tsim Txom Me Nyuam:** Yog kuv nyob hauv kuv lub peev xwm, kuv muaj feem xyuam rau tus me nyuam uas yuav raug tsim txom, los yog tus neeg raug kev tsim txom siab ntsws.

**Cov laus Raug Tsim Txom:** Nyob hauv kuv lub peev xwm, kuv yuav tsum ntseeg hais tias lub cev raug tsim txom, abandonment, abduction, cai tawm, raug dag ntxias nyiaj txiag, kev tsim txom los yog tsis saib xyuas tus neeg laus.

**Tsev hais plaub txiav txim kom them:** Thaum cov ntaub ntawv yog muab los ntawm tsev hais plaub txoj cai thiab tsev hais plaub tau txiav txim kom them.

Ntxiv rau cov kev cai saum toj no raws li txoj cai, tsis muaj ntawv tso cai yuav tsum tau ua raws li cov lus qhia nram qab no:

**Email Communication:** Yog hais tias koj xaiv tau kev sib txuas lus nrog kuv ntawm email, kom paub hais tias, email yuav tsis zais tej lus hais li.

**Text Message Communication:** Yog hais tias koj xav txuas lus nrog kuv ntawm cov ntawv hais, thov qhia tias texting yuav tsi zaim tej lus hais li.

**Kev nrhiav tswv yim pab:** Yuav tau nrhiav kev pab los ntawm lwm cov kws kho mob puas hlwb txog kuv qhov chaw ua haujlwm. Kuv tsis qhia kuv cov neeg mob, kuv siv cov tswv yim coj los pab rau kuv qhov haujlwm xwb. Cov kws ua haujlwm uas kuv tham nrog los yeej yuav tsi qhia rau leej twg paub li.

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***Tsev hais plaub Txiaiv Txim:*** Yog koj muab kev koom tes rau hauv ib lub tsev hais plaub thiab thov kom muab tej kev mob thiab tej ntaub ntawv kev kho mob los ntawm tus kws kho mob (psychologist). Kuv yuav muab tsis tau tej ntaub ntawv tabsi yog lub tsev hais plaub xaaj kom muab xwb thiaj li muab tau. Koj yuav tsum tau tham nrog koj tus kws lij choj saib lub tsev hais plaub puas yuav xaaj kom kuv qhia.

***Kev noj qab haus huv:*** Yog ib lub koom haum ntawm tsoom fwm thov kom qhia txog kev ntsuam xyuas kev noj qab haus huv, tej zaum kuv yuav tsum tau muab rau lawv.

***Foob:*** Yog hais tias koj tsi txaus siab thiab foob kuv, kuv yuav qhia txog koj tus kheej thiab tiv thaiv kuv.

***Worker's Compensation:*** Yog koj thov nyiaj raug mob los sis nyiaj xiam, kuv yuav muab tej ntaub ntawv kho mob rau koj tus nai ua haujlwm raws li txoj cai hauv lub xeev California nov.

**Lub Sij Hawm tom haujlwm:** Lub sij hawm teem tseg tsuas yog hnub Monday – Friday xwb. Thaum peb pom zoo teem sibhawm tseg lawm, nws yuav yog koj lub sibhawm uas tau teem tseg nyob rau hauv tswj lawm, tshwj yog koj qhia rau peb paub txog lwm sibhawm.

**Yog muaj xwm ceev:** Koj yuav tsum hu rau 911 los sis cia li mus tom tsev kho mob uas nyob ze koj. Kuv tsuas saib tau thiab pom xwb tabsis kuv yuav teb tsis tau tom qab uas tsis yog lub sibhawm ua haujlwm lawm. Yog hais tias koj xav tau kev pab, qhia rau kuv paub es kuv mas li npaj rau koj.

**Hu xov tooj, Emails, & xa ntawv xov tuaj:** Kuv muaj voicemail, email, thiab ntawv xov messaging tabsis kuv teb tsi tau rau lub sibhawm uas kuv tseem nrog lwm tus tham. Kuv yuav hu rov qab, emails tsis pub dhau 24 xuj moos. Cov hu xov tooj, emails, thiab xa ntawv xov txais rau ib hnub so thiab hnub holidayslis, kuv mas li teb rov qab rau hnub uas rov mus ua haujlwm.

**Txaus ntshai txog kev siv Email thiab Text los sib txuas lus:** Kuv yuav tiv thaiv thiab tsis pub lwm tus paub txog peb. Tsis tas li ntawd, kuv tsis tau lees tias txoj kev ruaj ntseg ntawm email thiab phau ntawv sib txuas lus thiab tej ntaub ntawv uas tsis tshwm sim los ntawm intentional misuse. Cov ntaub ntawv uas yuav kis tau los ntawm email thiab ntawv xov, cov lus muaj ib tug xov tooj uas yuav muaj thiab lub luag hauj lwm uas koj yuav tsum xav txog ua ntej yuav siv cov kev sib txuas lus no. Tsis tau txwv rau cov nram qab no:

- Email/text tsis txhob siv rau kev kho mob/psychiatric.
- Email/text tsis yog ib txoj kev sib rau kev kho mob; yuav tsum teem tseg lub sij hawm tuaj sib tham xwb.
- Email/text tsis yog ib txos kev ua kev kho mob.
- Email/text yuav siv tau ua pov thawj rau hauv tsev hais plaub.

**Social Media Sites:** Internet yog ib qho tseem ceeb uas koj yuav tau nkag siab tias, kuv yog ib tus kws kho mob thiab tej zaum yuav tshwm sim rau hauv Internet. Kuv tsis txais cov phooj ywg los ntawm tus neeg mob los ntawm (Facebook, LinkedIn, Twitter, etc.). Thov tsis txhob siv cov kev sib tham hau Internet los hu rau kuv vim nws tiv thaiv tsis tau tej ntaub ntawv kho mob.

**Business Review Sites:** Koj yuav nrhiav tau kuv qhov chaw ua hauj lwm cov chaw xws li: Healthgrades, Google, Yelp, YellowPages, lossis lwm qhov chaw uas sau cov chaw ua haujlwm. Yog hais tias koj yuav tsum nrhiav kuv daim ntawv teev txog tej chaw nyob no. Tau kawg, koj muaj txoj cai qhia koj tus kheej rau tej qhov chaw uas koj xav tau. Tag nrho cov xov xwm uas muaj nyob rau ntawm kuv lub website (www.esolimanpsychservices.com) yuav saib tau pej xeeb, pom, thiab koj kuj xa tau kuv cov lus ntawm kuv lub website thiab.

**Technology Based Treatment:** Kuv tsis muab kev pab kho mob los ntawm cov nram qab no: email, saib video, sib tham hauv lub xovtooj ib zaug li (e.g., Skype), email, thiab text message.

**Cov Ntaub Ntawv Muab Ceev Tseg Txog Kev kho Mob:** Txoj kev cai thiab tej ntaub ntawv kho mob, kuv yuav tau tiv thaiv nyob rau hauv peb qhov chaw kho mob. Kuv tswj cov ntaub ntawv nyob rau hauv ib qhov chaw ruaj ntseg thiab kuv cov ntaub ntawv electronic yog ruaj rau hauv ib lub database encrypted. Koj kuj kuaj xyuas thiab/los sis tau ib daim qauv ntawm koj cov ntaub ntawv kho mob yog koj ces sau ntawv tuaj qhia rau kuv. Vim li no, kuv xav kom koj pib xyuas tau nyob rau hauv kuv qhov kev kuaj pom, lossis lawv tau muab lawv rau lwm cov kws kho mob hauv kev puas hlwb ces koj yuav tham txog cov txheej txheem. Feem ntau, kuv yuav them tus nqi tes yog \$0.25 luam ib nplooj ntawv (thiab rau lwm yam kev siv nyiaj). Kuv yuav tsis muab koj cov ntaub ntawv mus rau koj cov Clinical Records nyob hauv tej yam muaj tshwm sim, tabsis tej zaum koj yuav tau muab qhov kev txiaiv txim no rov los ntsuam xyuas dua. Kuv mam li nrog koj tham txog cov lus nug txog koj txoj kev thov thiab kuv tsis kam muab kev pab los yeej tau.



**Nqi tes kho mob:** Cov Nqi & Nyiaj them rau kws kho mob: Kuv tus nqi tes yog \$150 tsis hais seb nws yog ib tug neeg, ib poj niam thiab tus txiv, ib tsev neeg, los yog ib pab pawg neeg. Ntxiv rau txhua lub limtiam, kuv yuav kom them tus nqi rau lwm cov kev pab cuam uas koj xav tau. Lwm cov kev pab muaj xws li sau ntawv, hu xov tooj sib tham kawg ntev tshaj li 10 nas this, nrog rau lwm cov kev pab uas koj tso cai, npaj cov ntaub ntawv los sis kho tej yam kev mob nkeeg uas koj xav tau.

Kuv thov kom koj them rau txhua qhib/kev pab thaum lub sij hawm nws tseem nyob tshwj tsis yog peb ua lwm yam kev pab. Cov nqi them rau kev soj ntsuam hniav mas feem ntau yog muab teev rau cov kev xeem es lub sij hawm muaj kev koom tes nrog thiab yuav tau tham txog thawj lub rooj sablaj. Yog koj muab kev koom tes nrog txoj cai uas yuav tsum tau kev koom tes, koj yuav tau them tag nrho rau kuv cov sij hawm ua ntej, nrog rau kev npaj thiab nqi tsheb thuaj mus los, txawm tias kuv hu tuaj rau ib tug twg los tau. Kuv yuav nqi \$175 ib teev twg rau cov sij hawm pib thiab mus kawm rau txhua txoj kev kawm raws li txoj cai.

**Tsi Tuaj Rau Lub Sibhawm Teem Tseg Thiab Cancellations:** Kuv xav kom hu tuaj ua ntej li 24 xuj moos yog koj tuaj tsi tau. Tus nqi tes uas raug them \$150 rau lub sij hawm teem tseg thiab yog tuaj tsi tau (cancellations). Cov nuj nqis no tsis yog cov nqi kho mob. Yog koj sau check es tsi muaj nyiaj nyob hauv koj lub account ces raug them \$25. Yog koj tsi them cov nqi tshaj li 60 hnub, yuav muaj tsub nqi ntxiv. Tshwj hais tias koj nrog kuv tham saib koj yuav them li cas. Yog sib hais mus txog hauv tsev plaub, koj yuav tsum tau them cov nqi kws lij choj, thiab tej zaum tsev hais plaub yuav ntxiv rau qhov koj tshuav nyiaj li cas. Kuv yuav sau cov nyiaj uas koj tsis tau them tshaj 60 hnub no, tshwj hais tias koj pom zoo them ua tej lub hlis kom tag rau kuv.

**Insurance:** Yuav kom paub meej tias koj muaj kev pab them nqi kho mob hauv koj daim ntawv kho mob, koj yuav tsum hu xov tooj rau qhov chaw uas them koj cov nqi kho mob kom meej. Tej zaum kuj tsis yooj yim seb puas muaj kev puas siab puas ntsws ntsws ntau npaum li cas. "Managed Health Care" cov them nqi rau koj kev kho mob xws li: HMOs thiab PPOs hu rau lawv kom tau kev tso cai ua ntej lawv muab cov kev pab them nqi kho mob rau kev puas hlwb. Xyuas koj cov kev pab kom zoo zoo thiab xyuas kom koj to taub cov lus teb. Kuv mam li muab kev pab rau koj txawm, kuv yuav pab koj tau txais cov kev pab uas koj muaj feem: Txawm li ntawd los, tsis yog koj lub tuam txhab tuav pov hwm, yog nyiaj txiag los ntawm lub luag hauj lwm raug them rau tej nqi kho mob.

**Notice to Consumers:** Ceeb Toom Rau Cov Neeg Tau Txais Kev Pab: Lub Department of Consumer Affairs' Board of Psychology tau txais thiab teb cov lus nug thiab kev tsis txaus siab txog qhov siv kev pab txog kev nyuaj siab (psychology). Yog koj muaj lus nug los sis kev tsis txaus siab, koj xa email rau [bopmail@dca.gov](mailto:bopmail@dca.gov), hu rau 866-503-3221, los sis sau ntawv mus rau cov thawj koj ua haujlwm: 1625 North Market BLVD. Suite N-215. Sacramento, CA 95834.

**Patient Acknowledgement & Agreement:** Tus Neeg Mob Yuav Tau Paub Thiab Pom Zoo: Koj kos npe rau nram qab no qhia hais tias, koj tau nyeem thiab nkag siab txog cov ntaub ntawv no, Koj tau tham nrog kuv thiab tau teb cov lus nug uas koj muaj, thiab koj pom zoo los ntawm cov nqe lus ntawm daim ntawv no thaum peb cov kev sib paub zoo lawm. Daim ntawv no yuav muab khaws cia, yog koj xav tau no yuav muab luam ib daim rau koj.

Menyuam yaus:

Niam Txiv Kev Tso Cai rau Tus Me Nyuam Qhov Kev Kho Mob Puas Siab Puas Ntsws.

Yuav kom tau kev tso cai rau kev kho mob rau koj tus me nyuam, koj yuav tsum yog leej niam kiag ntawm tus menyuam xwb los sis yog koj thiab koj tus txiv ob leeg tus menyuam. Yog hais tias neb sib cais lawm los sis nrauj koj tus niam los yog tus poj niam, thov qhia rau kuv paub tam sim ntawd. Kuv yuav thov kom koj muab ib daim ntawv teev hais tias tus menyuam yeej yog neb ob leeg tuav los sis yog koj ib leeg tau xwb.

Yog hais tias neb tau sib cais los sis sib nrauj lawm, thov qhia rau kuv paub, kuv yuav tau qhia rau tus niam los yog txiv tog tov paub ua ntej kuv ntsib nrog koj tus menyuam kev kho mob. Kuv ntseeg hais tias nws yog ib qho tseem ceeb heev uas tag nrho ob tog niam txiv muaj txoj cai yuav tsum tau paub, tshwj tias tsis muaj lwm yam los cuam tshuam txog kev kho mob nyuaj siab puas ntsws ntawm koj tus menyuam.

Ib qhov teeb meem ntawm tus menyuam txoj kev kho mob yog vim ob tog niam txiv hais tsis sib hauv xeeb. Yog hais tias ib tug niam/txiv tsi pom zoo kho ces kuv yuav tsi kho. Txawm li ntawd los, kuv yuav thov kom neb tso cai rau kuv kho nws ob peb lwm es kuv mam li muab qhov kev kho mob no xaus rau neb tus menyuam.

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Sau Koj Lub Npe

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Kos Koj Lub Npe

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Niam/Txiv Kos Npe (Yog tus menyuam tau muaj 18 xyoo)

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Hnub Kos Npe

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Hnub Kos Npe