**Marshall County Group Homes, Inc.**

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| **EUMR TEST** |

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_ Program: \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ Hire \_\_\_\_\_\_\_\_ Annual

1. What do the initials EUMR stand for?

A: Educational Understanding of Manual Restraints

B: Emergency Use of Manual Restraint

C: Everyday Use of Manual Restraint

1. What is the purpose of the EUMR policy?

A: To promote service recipient rights

B: To protect the health and safety of persons served during the EUMR

C: To promote appropriate and safe interventions if they are needed

D: All of the above

1. Positive Support Strategies may include:

A: a calm discussion about the persons feelings and alternative methods to handle the situation

B: staff suggesting an activity that the staff enjoys

C: staff offer limited options to avoid conflict

1. Name 2 ways that an individual can act out.

b.

1. Prohibited Procedures include:

A: as a substitute for adequate staffing

B: as punishment, or for staff convenience

C: any other aversive or deprivation procedures

1. What is the number one thing to remember during a crisis?
2. Permitted procedures include

A: as a substitute for adequate staffing

B: intervention procedure/restraint

C: chemical and mechanical restraints

1. Emergency use of manual restraint procedures must not be used to:

A: Deny the person visitation with family or legal counsel.

B: Substitute for inadequate staffing when there is not enough staff to deal with behavioral issues.

C: Use prone restraint (that places a person in a face-down position).

D: All of the above

E: None of the above

1. What is are the reasons to use a supportive stance when redirecting a person served?

1.

2.

3.

1. What is the value of using a team versus intervening alone?
2. When should you use non-violent physical crisis intervention?
3. What is the purpose of gaining knowledge around EUMR and Therapeutic intervention training?

The RPS for each home will demonstrate the following:

1. \_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate Physical escort/walking
2. \_\_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate kick block
3. \_\_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate Hair pull release
4. \_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate bite release
5. \_\_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate choke release
6. \_\_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate Wrist grab release