

# LICK SKILLET QUILT GUILD NEWSLETTER

Volume 2, Issue 2

February 2014

## *A Word From Our President!*

I missed being with you at the January meeting and am anxious to see all of you this month. I know there was a lot to cover at the meeting and thankfully my dear sweet sister, Anita, took on the task of getting everything together and covering all that needed to be shared or discussed!

As all of you know, we have a very busy but rewarding year ahead of us. My hope is that while we work hard, we'll have a fun time working together! We have a lot planned this year: the quilt show, the Atlanta Shop Hop, programs, sew days to get things ready for the show and some of you have shown an interest in a possible retreat! How many days are there in this year???

I also missed the quilt show meeting but was filled in on the details and it's really beginning to move forward but we still have a long way and a lot of work to do! I know I have a lot of work left on my part, the vendors. We have sent out about 40 vendor letters and I have some more that I plan to contact. I'm hoping we have a good selection there for us to shop with, especially since we don't have a shop anywhere near us!

If you haven't paid your dues, please do so. Remember, you have to be a member to enter a quilt into our show. Speaking of which, also remember to bring your form with your tentative list of quilts you plan to enter. If you think you may enter this year's mystery quilt and/or the "bridges" challenge, put them on the list, too! Also, we need to know about vintage quilts. If you have one, please write it on the back of the form. This is all very important so that John will know how much space we are going to need for both the judged and the vintage quilts to be displayed.

I'll see you all in February for the quilt show meeting and guild meeting on the 10<sup>th</sup> and the mercantile sew day on the 19<sup>th</sup>!

*Carolyn*

## *Valentine's Trivia*

Goes back to ancient times, when people paid honor to the Roman God of Fertility and was even then celebrated on the 14<sup>th</sup>.

75% of chocolate purchases are made by women except for the days and minutes before Valentine's Day when 75% are made by men. Over \$1 billion of chocolate is purchased for Valentine's Day.

Now this probably is a fact! Most quilters would rather be given a jellyroll or a layer cake instead of a big box of candy. After all, we can get a candy bar when we buy groceries!!!!



## *February Birthdays*

6<sup>th</sup> Pam McGhee

If we have missed your birthday, please email Sarah at [sadiewhat@gmail.com](mailto:sadiewhat@gmail.com) to update the roster.

## *February Calendar*

2<sup>nd</sup> Ground Hog Day  
10<sup>th</sup> Quilt Show Meeting (3:00pm)  
10<sup>th</sup> Monthly Meeting  
14<sup>th</sup> Valentine's Day  
17<sup>th</sup> President's Day  
19<sup>th</sup> Mercantile Sew Day

## *Did you know* February 11<sup>th</sup> is Make A Friend Day?

Do you have enough friends? The answer should be no. No matter how many friends we have, more increases our wealth. That's because friends are one of life's most valuable assets. You just can't have too many friends.

Make a Friend Day is a great opportunity to meet someone new, or do something to make a new friend. Making a new friend can be easier to do than you think. There must be a gazillion ways to make new friends. It often helps by smiling and just being friendly or helpful.

Spend "Make a Friend Day" just being friendly, and by doing special or nice things for others, **OR**, celebrate Make A Friend Day early and bring them to our meeting! Who knows, they just may be interested in making a group of new friends and join!



### Monthly Fat Quarter Drawing – My Valentine

Our fat quarter theme song for the month of February is “My Valentine.” If you want to enter the drawing, please bring fabric that is a pink or red blender or a print that is pink, red or both. If you did not get a fat quarter list at the December meeting, you can get one at this meeting or you can get one off of our website in the Member Area.

Our Fat quarter drawing for January was won by Carolyn Davis!

### February Refreshments:

The refreshments for our February meeting will be provided by Bev Schewanick, Peggy McLeod and Julie Wells.

Thanks to Jinnia Flynn, Molly and Mindy Steenberg and Teresa Bonds for our tasty refreshments last month. They were delicious!

**\*\*Don't forget to sign up for your turn to have refreshments for 2014. A sign up sheet is available at the each meeting.**

### Last Month's Program – Quilt Sleeves and Labels

Thanks to Brenda Mayfield for providing our January program on sleeves and labels. She gave us a demonstration and some very useful info on how to sew hanging sleeves and ways to sew them on our quilts. Brenda also gave us a handout to guide us on making our own sleeves. She sews sleeves on all of her quilts before she finishes the binding and also does this with her labels. She showed a triangular label to use in the corner so you only have one side to hand sew. All of this will be very useful for those of us who haven't sewn a sleeve on a quilt, especially with our quilt show coming up in September. Thanks Brenda for some really good information!

Extra handouts will be available at the February meeting for those who do not have one.

### February Program: Getting Your Quilt Ready for the Show

Great news! Our program for this month is going to be presented by quilter and instructor, Joan Knight from Prattville, Alabama. Joan owns Quilt and Things, a longarm quilting business, and is also a certified trainer and tester for Statler Creative Studio. She travels throughout the country giving classes, retreats, workshops and lectures, so we are very honored that she is willing and has the time in her schedule to come to our meeting. Joan will be giving us her lecture, “Win, Place, or Show” (what a quilt judge is looking for in an award winning quilt)!

Joan will be coming to our meeting the night after returning from Richmond, Virginia after giving a three-day class so let's please make every effort to give her a good welcome and show of members! We are inviting quilters from other area guilds and groups who are interested in hearing her lecture to attend at a cost of \$5.00. Although we are not “charging” our members we are going to have a “collection box” for anyone who wants to contribute. We are simply doing this in an effort to cover the cost of the lecture so that we do not have to take it from the quilt guild funds since we will be needing every bit possible for the quilt show!



***Quilt Care and Preservation*** -- So many people think that only old quilts are subject to damage, but new quilts are just as susceptible if not looked after correctly. No matter the age of your quilt, proper care increases the life and integrity of a quilt. Taking a few steps to carefully preserve your quilt will maintain its color and fabric, insuring it will last for generations to come.

Special care is required to preserve the appearance and integrity of any fabric. Textiles are sensitive to environmental conditions; such as climate, humidity, display technique, light, cleaning, storage and folding impact quilts over time. For the best results, keep a few things in mind when caring for new quilts or treasured heirlooms:

**Climate** - Fabrics fare better in a regulated climate, so keeping the temperature as stable as possible is important. The ideal environment ranges between 65 and 70 degrees with 40 to 50 percent humidity to avoid drying out the fabric and mold growth.

**Display** - Although the best way to display a quilt is spread out over a bed, some projects are intended to be hung as decorations. Quilters should be aware that the manner of display affects a quilt's lifespan. To increase longevity, it should be hung on display for no more than six months at a time. The ideal display distributes the weight of the fabric and batting evenly over the quilt's width. A fabric sleeve stitched to the backing fabric with a dowel threaded and then wall-mounted provides a workable solution with minimal wear. Nails, staples or tacks should never be used, as this creates holes in the fabric.

**Light** - Natural and artificial light fades the colors of all textiles and is irreversible. To slow the progression of fading, limit the exposure to direct sunlight or lamplight. This does not mean quilts should be kept in total darkness, but rather, they should only be subject to indirect lighting exposure instead.

**Cleaning** - Cleaning a quilt can prove damaging if done incorrectly, especially on antique quilts. Many quilts that are not used need no more than periodic gentle vacuuming or airing to remove dust and odors. When vacuuming, place piece of nylon, such as pantyhose over the vacuum's nozzle and carefully move it over the quilt being mindful not to stretch the stitching. This minimizes the suction to protect quilt fibers without interfering with dust removal. Airing a quilt is best done on a cloudy day to minimize fading. Shaking or beating the quilt is unnecessary to remove dust and odors.

If staining has occurred and more intense cleaning is required, dry cleaning is rarely a good choice for older quilts. Harsh chemicals can damage these delicate fabrics. Quilts in good condition may withstand a gentle hand washing and air-drying, but spot test for color fastness first. Antique quilts, on the other hand, may require a consultation with a professional conservator for cleaning. Use of an improper technique can lead to dyes that run or tearing of fabric.

**Storage** - The manner in which a quilt is stored can affect its lifespan. Ideally, quilts do best when stored flat, without stacking. Acid-free containers make a good choice for quilt storage. It is important that quilts not be stored in airtight containers as this can provide an environment conducive to mold growth. Also, acid-free tissue should be used between the folded areas to preserve the fabric. If this is not handy, cotton fabric, such as a sheet or pillowcase may be used instead. The cotton fabric should be periodically washed to reduce the accumulation of dust. To prolong the life of quilt, it should be removed from storage and refolded every now and then. The position and angle of folding should vary to lessen the wear on fibers over time.

***2014 UFO Challenge*** Those who participated in the UFO challenge last year were so inspiring that we are already having a good many forms turned in for those wanting to participate this year! Remember to get yours in so that you can start showing your projects listed and begin entering the drawing for the end of this year! Once again, you aren't required to finish the projects you list; you are just being encouraged! The only requirement is that the project has to be started, meaning, it has to be at a minimum already cut, not just bought! If you didn't get a form, you can at the meeting or off the website in the Member Area.

The question was raised at the January meeting about putting the mystery quilt on the form. The answer is **yes** you can put the mystery quilt and the bridge challenge on the form if you have started them prior to the March 1<sup>st</sup> deadline for turning in the forms! Obviously, new members can enter when they join! Remember, we all have "So many quilts, so little time." Sooooo, get to quilting!

## Mystery Quilt

Our mystery quilt project officially began in January! Part 1 of 5 was passed out at the guild meeting and should be ready finished and awaiting part 2. At the February meeting, someone will present to the group what was done on the first part and you will receive part 2. This will continue until all 5 parts are given out and you quilt completed shortly thereafter. Those of you who received the first steps probably have noticed that it isn't going to be a real challenging quilt. But we guarantee it will be a pattern you will like! Those of you who haven't got a copy of part 1 can get it from our website. Each month, the day of the meeting, you will be able to access the next part of the mystery! Again, if you stay on schedule, it should be ready in time to enter into our show. Also, if you get it started before the 1<sup>st</sup> of March, you can put it on your UFO list. We hope that everyone will participate!

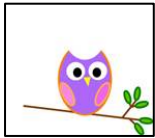
## JANUARY SHOW AND TELL



Brenda Mayfield's "Unnamed" Quilt  
With Hanging Sleeve



Julie Wells' Anchor Quilt gift to Husband



Molly Steenberg made an owl but we didn't get clear photo! Sorry!

### *A Valentine's Day Dear John Letter*

Dear John,



Love, Your Fellow

Guild Members\*

*\*With all of this girly stuff in the newsletter, we just want John Goff to know he's special, too!*

## Sew Days

Okay, folks! We are planning sew days again for the first part of this year and if there is enough participation we will schedule days for the remainder of the year. We have two days planned for members to meet and sew on mercantile items for the quilt show. Those dates are February 19<sup>th</sup> (Wednesday) and March 1<sup>st</sup> (Saturday). We planned two different days of the week so that hopefully everyone will be able to show for at least one of them! Other sew days will be scheduled by Carolyn and we will get those out to you!

## 2014 Opportunity Quilt Update

Julie Wells showed our opportunity quilt at the January meeting and it is almost finished! She mentioned that only the flying geese and corner blocks were left to do and would like to have the quilt ready to quilt before the February meeting. Well, the blocks have been finished and now we have to purchase the backing fabric and have it quilted! It is beautiful! Thanks to everyone who has helped on the quilt.

We will sell raffle tickets up to and through the quilt show and hold the drawing at the end of the last day of the show!

## Lick Skillet Recipe Corner

### *Easy Baked Manicotti*

*2 cups spaghetti sauce, divided  
1 egg, beaten  
1 ¾ cups ricotta cheese  
1 ½ shredded mozzarella cheese*

*½ cup grated Parmesan cheese  
¼ cup pesto  
12 manicotti shells, cooked and rinsed in cold water*

*Heat oven to 350. Spread ¾ cup sauce in bottom of 13x9 inch baking dish. Mix egg, cheeses and pesto together. Spoon mixture into plastic bag. Cut small hole in bottom corner of bag and squeeze cheese mixture into both ends of each shell. Place in dish; top with remaining spaghetti sauce. Cover with foil. Bake 40 minutes or until heated through.*

## QUILTER'S TIPS

A painter knows that to tone down green, you should surround it with red. This works with quilts as well as walls

When applique or machine-embroidered blocks aren't perfect, try using fabric pens in matching colors to fill spots, cover background fabric that is showing through, or outline a design that doesn't have enough contrast.



## Quilt Humor



**Community Service Update--** As all of you know, our primary community service project for this year will be accomplished at our quilt show. A display of baskets donated by vendors, local businesses, etc. will be displayed with tickets available to purchase for chances to win. Members can donate a basket and it doesn't have to be quilting related! Proceeds will go to charity.

Also, in January, Molly Steenberg showed us a drain cover, called "Pretty Pockets" for patients who go home with surgical drains. The guild agreed to have this as an additional project for anyone who wanted to make them and turn them in at meetings. Molly agreed to take them to the hospital or cancer center. A copy of the patterns will be available at the next meeting and on the website.



There were quite a number of you who showed an interest in this year's Shop Hop and we're making plans to go! This will be a 2-day excursion on Thursday and Friday, March 20<sup>th</sup> – 21<sup>st</sup>. We will be renting one or two vans depending on how many will be participating. We hope to visit 10-12 shops, a couple of which are not on the shop hop but are shops you may not have visited.

Our plan is to meet around 7:00 a.m. Thursday morning in Oxford and return between 5:00 and 6:00 p.m. on Friday evening. Remember the time will have changed so it won't seem so late. We'll stop each day for lunch and stay overnight Thursday in the Alpharetta area. We'll be sure the hotel has a continental breakfast for Friday morning so we can continue our trek.

Details on costs, accommodations, etc. will be discussed at this month's meeting and a signup sheet will be available. We will need a commitment from you and your payment by the March meeting so we can make final arrangements on the transportation.

We had a great time last year and would love to have each and every one of you go this year! If you have questions about the trip just ask those who attended last year! We hope you'll join us!

**Member Highlight!** *\*\*Each month a guild member is highlighted in the newsletter so we can get to know our members better.*

**Meet Sarah Gunter!** Sarah was born in Munford, the youngest of seven children! She and her husband have been married for 47 years. During these years, they have lived in Colorado, North Carolina, Louisiana and Georgia. They eventually came home to Alabama for good! They have one son and one daughter, who have given them six wonderful grandchildren! Sarah worked at the Anniston Army Depot for 15 years quitting in 1999 to keep her son's first child. The rest of the grandmother story is history! Sarah spent a lot of her time volunteering at the Red Door Kitchen until just recently. She is very active with missions through her church, Munford Baptist.

Sarah has been sewing since high school where she learned to sew in home economics. Her mother always sewed, making clothes for them and was Sarah's inspiration. Sarah made her own clothes as well as those of her children and grandchildren for many years. She now spends most of her sewing time making quilts. Her mother-in-law and sister-in-law have both been the inspiration behind Sarah learning the art of quilting. Sarah always wanted to teach her daughter to sew but she was never interested in learning. Her daughter, however, is now into quilting and has actually made more quilts than her mother! Sarah says that her daughter remembers playing under Mawmaw's quilting frame and watching the needles go in and out.

Other than sewing, Sarah loves to read, crochet and do about any other craft there is! She loves to do machine embroidery as well.

Sarah's Other Favorites: Color: Blue  
 Food: Boiled shrimp (It's that Cajun influence while living in Louisiana!)  
 Season: Fall  
 Music: Country and gospel  
 Books: Mystery and Christian romance  
 If She Could Travel to One Place – Hawaii

The word Sarah chose to describe her self is persistent. That is a pretty good trait for a quilter, wouldn't you say?

Sarah, we are so glad you are one of our sewing sisters!

**Quilt Show Update** - Boy are we rolling along on the quilt show planning and is it ever picking up speed -- like a downhill rollercoaster! Our quilt show meeting was in January prior to the guild meeting. An update will be given at this month's meeting by Shawnee. Beginning in March, we will be placing an update by committee in the newsletter so that you will be kept informed of the status of the show planning.

Our new Lick Skillet Quilt Guild website also has show information available and will be updated regularly for guild members, vendors and attendees. The show committee voted to cover the monthly cost of our website through September.

Quilt show information has been submitted to numerous websites, etc. to advertise our show and information is beginning to show up on websites. As of now the show is listed on the Fons and Porter, Quilt Qua, Quilting Pathways and QuiltGuilds.com website calendars. Other sites that we have submitted information to are Quilt with Us at Connecting Threads, Festivals and Shows.com, Quilter's Resources, Quilt Centrics and Southern Living. Presently a lists is being put together of guilds, groups, etc. throughout Alabama and surrounding states to send show information. Additionally, post cards, bookmarks and flyers are in the process of being designed for printing. If you know of any guild, groups, organizations or businesses that we could send information to for advertising, please contact Anita.

The following are the Committees and Chairpersons for the show:

Show Chairperson – Shawnee Weigt	Programs – Karen Burnham
Publicity – Anita Fountain	Hospitality – Bev Schewanick
Vendors – Carolyn Davis	Opportunity Quilt/Admission – Julie Wells
Judging – Carolyn Davis	Flea Market – Sue Gardner
Quilt Receiving – Joan Hayden	Mercantile – Carol Bentley
Setup and Takedown – John Goff	Treasurer – Becky Everett
Hostess/White Glove – Shannon Howard	

Our next quilt show meeting will be held at 3:00 p.m. prior to the meeting on February 10<sup>th</sup>. It is very important that each committee chairperson make every effort to attend the meetings as it takes ALL committees for the show to go without a hitch!

**Upcoming Shows and Events**

**February**

21-22 Quilt Show 2014  
 North Louisiana Quilters Guild (Ginger’s Guild)  
 West Monroe Convention Center  
 901 Ridge Ave  
 West Monroe, LA  
[www.nlqg.us](http://www.nlqg.us)

**March**

1-2 Fountain City Quilt Guild Show  
 Doster Center  
 424 South Northington Street  
 Prattville, AL  
 Contact phone: 205-280-6239

13-15 Sewing & Quilt Expo  
 Gwinnett Center  
 6400 Sugarloaf Parkway  
 Duluth, GA  
[www.sewingexpo.com](http://www.sewingexpo.com)

15-22 15<sup>th</sup> Annual Greater Atlanta Quilt Shop Hop  
 Shops Through Atlanta Area  
[www.atlantaquiltshophop.com](http://www.atlantaquiltshophop.com)

28-29 27<sup>th</sup> Annual Quilt Show  
 Geraldine Homemakers Building  
 152 Old Mill Road  
 Geraldine, AL 35974  
[www.dcahcl.com/geraldine\\_1.htm](http://www.dcahcl.com/geraldine_1.htm)

\*Email any quilts shows or events you would like to see posted in our newsletter to Anita at [alfount@yahoo.com](mailto:alfount@yahoo.com).

**2014 Committees/Chairperson**

Hospitality	Teresa Bonds
Membership	Angie Dempsey
Community Service	Mary Simmons
Opportunity Quilt	Julie Wells
Publicity/Historian	Molly Steenberg
Quilt Show	Shawnee Weigt

**2014 Executive Board**

President	Carolyn Davis
Vice-President	Anita Fountain
Secretary	Julie Wells
Treasurer	Becky Everett
Members at Large	Sidney Smith Valera Johnson

*If the Friendship Community Center is closed for inclement weather, the Guild will not have its scheduled meeting or sew day for that day. If a meeting or sew day is rescheduled for another day, you will be notified by phone or email! Our member’s safety is very important to us!*

**Lick Skillet Quilt Guild**

Our Mission: To promote an appreciation of the art of quilting, to share knowledge about quilts and quilting, and to perform community service projects.

The Guild is a non-profit organization open to anyone interested in quilts or quilting. Monthly meetings are 5:30 p.m. on the second Monday of each month at the Friendship Community Center, 2930 Friendship Road, Oxford, Alabama 36203. Guests are welcome. Annual dues are \$25, renewable in January of each year.

Address changes contact: Joan Hayden, 256-835-4855

Find us online at [www.lickskilletquiltguild.com](http://www.lickskilletquiltguild.com) or [www.facebook.com/#!/groups/455735277826951](https://www.facebook.com/#!/groups/455735277826951) or [Lickskilletquiltguild.blogspot.com](http://Lickskilletquiltguild.blogspot.com)

Contributions to Newsletter are welcome. Articles and ads are due no later than the third Monday of each month. All contributions must be accompanied by the name and phone number of the author. To submit an article, send an email message to Anita Fountain at [alfount@yahoo.com](mailto:alfount@yahoo.com). Text files or hard copy are accepted.