



GRIMSBY & DISTRICT SENIOR NETBALL LEAGUE NEWSLETTER - NOVEMBER 2018

Words from the Chair

What a great start to the season!

It is great to be back in our Netball Community, and with all the great ideas for Future Development, I am so excited.

I hope to see every Team getting into the spirit of Fundraising and competing for the Karen Arnold Charity Shield – Ideas will be flying!

GDSNL Future Developments

It is such an exciting time for Grimsby & District Netball League and a number of ideas are coming forward, here are a few we are looking into:

- ◆ Junior Player of the Year Trophy
- ◆ Applying for funding for roof over netball courts.
- ◆ Introduction of a Power League
- ◆ Development of a Junior League

These are all ideas coming forward and we are looking for your ideas too.

If you would like to put anything forward to improve the league no matter how small please contact chair@grimsbynetball.com.

UMPIRING UPDATE

Congratulations to [Vicky Foy \(St Hugh's\)](#) who has begun officiating into the league. If you require practice umpiring or have any questions with regards to umpiring please contact Laura Wray umpiring@grimsbynetball.com

For all players/umpires: Please have a read of the England Netball rule book.

FUNDRAISING UPDATE

A staggering £3000 was raised for our two nominated charities last year. What amazing support you have given, we have received a letter of thanks from Foresight. This year the League voted to support the YMCA. We already have planned a Bingo night to raise funds on 23rd November and resurrection of the Bonus Ball.

EGM/LEAGUE MEETING HIGHLIGHTS

- GDSNL – Rules and Regulations changes.
- Appointment of new Division 1 rep – Lydia White (Bridge McFarland Jets)
- All Safeguarding for U18's & GDPR forms to be submitted by 1st December
- Funding will hopefully be available for development in coaching and Umpiring, as we will only get funds when we get Fun Netball/Power League up and running.

JUNIOR NETBALL

The Junior netball sessions are rapidly increasing with numbers and the juniors are making fantastic progress. Sessions are held at Grimsby Institute Sports Hall, Nunns Corner, Grimsby on Wednesday's for school Years 7 to 11 from 6pm-7pm. For further information please contact coaching@grimsbynetball.com

GDSNL CHARITY OF THE YEAR

2018-2019



For 2018-2019 the Grimsby & District Senior Netball League has nominated the local YMCA Humber as our Charity of the Year nominated by **Tammy Walker (Tetney Golf Club)** at the November 2018 League Meeting.

The YMCA Humber is a youth charity that specialises in supported accommodation for over 100 young people in communities around North East Lincolnshire. Though strong partnerships with other local agencies and institutions, the YMCA support young people into education, employment or training and help them with health, substance and financial problems.

Let's raise as much money as we can and support the fundraising opportunities throughout the year either with time or donations!!

HAVE YOU WATCHED A GOOD MATCH?

Please send any match reports to:

Jo Bradbury

pressandpublicity@grimsbynetball.com

DATES FOR YOUR DIARY

- **Bingo Night**
23rd November 2018
7.30pm Lucarly's, Wilton Road, Humberston
(Tickets available from the GDNSL committee)
- **Annette Gorringe Netballers Reunion**
30th November 2018
7.00pm at Seven Seas, Scartho.
- **GDNSL League Meeting**
13th February 2019
7.30pm Lucarly's, Wilton Road, Humberston
- **GDNSL League Meeting**
5th June 2019
7.30pm Lucarly's, Wilton Road, Humberston
- **GDNSL Annual General Meeting (AGM)**
2nd September 2019
7.30pm Lucarly's, Wilton Road, Humberston

Everyone welcome to all events!

KNOW THE RULES

9.5 PASSING DISTANCES 9.5.1 Short Pass (i) When a player passes the ball there must be sufficient space for an opposing player on the court to be able to intercept the ball as it moves from the hands of the thrower to those of the receiver. Sanction: Free pass (ii) If two players from the same team gain possession of the ball in quick succession, the second player's hands must be removed, or it will be deemed to be a short pass. Sanction: Free pass (iii) If two opposing players gain possession of the ball in quick succession, the umpire calls 'possession', indicates the player who caught the ball first and allows play to continue.

GET TO KNOW YOUR COMMITTEE



Chair – Jackie Hewitt

Teams Played for: Norfreight, Scansped, Team Sport, Baracuda, Online (all same team, just different sponsors)

Favourite Netball position: WA

Best Netball Memory: Oh, there have been so many over a span of 37 years! So here are a few – Passing my Preliminary Umpiring Award (now C). Collecting round the Pubs in fancy dress for Charity. Becoming a little tipsy at Presentations, but best of all making Friends

WING ATTACK (WA)

Speed, smart, selflessness, creativity, quick hands, ability, balance and control – these are the characteristics of a good wing attack, whose role it is to constantly set up play through passing and positioning, as well as setting the game's tempo.

A wing attack is usually the key feeder of the ball into the goal shooters. They are adept at taking the centre pass, aware of the location of other players at all times – including around the goal circle edge – and able to transition the ball from defence to attack.

A wing attack also needs to be master of the short and the sharp; they need to execute a variety of moves and passes and be skilled at shutting down the wing defence in driving the ball from defence to attack.



STAY IN TOUCH.....



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