

News & Views

Maritime Assembly Area 91 Newsletter – April 2021

Statement of Purpose

News & Views is published in **February, April, July, September & November**. The newsletter contains service related news and information for Al-Anon Family Groups in Area 91. **Send submissions to:**

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Phone: 902-479-3852 Email: **NEWS.VIEWSA91@gmail.com**

All items for the July, 2021 Newsletter

MUST be sent to Dolores McCormick at the above address, by 1st of the subscription month

Chairperson's Corner: Plans for our next Assembly, to be held virtually, are well underway. The theme is "***Moving Forward with Unity, Courage and Perseverance***". You will find the Agenda in this issue of News & Views and on the website. It will be three days Fri-Sat-Sun. Assembly will be more like a normal face-to-face Assembly, so along with the business, there will be 3-minute talks from DR's and three theme sharings. I will be sending a question for DR's to consider for their 3-minute talk shortly. I also have incorporated an optional meeting, that will be hosted by District 5. The agenda shows it Friday after the business. **My question for you, is would you prefer it Friday after business, or Saturday early evening?** Please let me know if you have a preference. I wasn't sure how folks would feel about coming back Saturday evening, but it could be changed, if that is your preference. There will also be a closing speaker Sunday morning. All members, whether in a service position or not, are welcome to attend the Virtual Assembly.

There are three **Recommendations** for consideration this year. The one from AWSCM is a housekeeping recommendation for News & Views. The other two were submitted by a member. They will be in the Secretary's submission and on the website on the Assembly/AWSCM page. DR's please review these with your GR's, and GR's, review with your groups for their input during our discussions. This year is **Election year**. We have positions where members are completing two terms and will need to be replaced. We will need to elect a Delegate, as Wally may only serve one term. Others who have completed one term may choose to allow their names to stand for another term. In my submission for the February News & Views, I outlined who is eligible to allow their names to stand for various positions. To try and keep things flowing along through Elections, **I respectfully request that if you are intending to allow your name to stand for a position, please send me your resume in advance, once completed.** I will still ask if members are interested in standing from the floor, and they will need to complete a resume at that time. Members allowing their names to stand will be asked to read them prior to the election of the position they are standing for. We will be using Zoom polls for the elections. Having resumes in advance allow me to have the questions already entered into Zoom polls before Assembly, and amend them prior to electing each position. That will save some time. I have already received 3 resumes, and heard more are on the way, so thank you to those who have already sent them.

The **April Virtual Workshop** will be a presentation from Stepping Stones, the home of Lois & Bill W, co-founders of AA and Al-Anon. It will be followed by a Literature presentation by Doreen, our Literature Coordinator and Depot Manager. Check the Workshop page on the website for more info and the Zoom link.

Last, Congratulations to Tony S, who has been accepted as Regional Trustee for Canada East! I hope everyone is staying safe and well. As always, any questions, concerns, or comments, send to: Mickie Zinck, 224 Nadia Drive, Dartmouth, NS, B3A 0A9, 902-407-9041, marvymickiez@eastlink.ca
Love in Service & Hugs, Area Chair, Mickie

Secretary's Report:

Good afternoon my dear Al-Anon friends,
Hope you all enjoying this beautiful weather, bring on Spring.
There are 3 recommendations this year to vote on at Assembly.

1. **Recommendation for 2021 Assembly:** Mickie went through all the motions. There is a motion from 1992, which states that News and Views could have a cash advance of \$250.00 that would be a starting fund for Districts taking on N&V's when the News & Views was printed and mailed out. There is a motion in 1994 that says that the Assembly Officers and Coordinators excluding Delegate have a maximum of \$100.00 yearly in operating expenses, effective Jan 1 1995: to be reviewed annually. Mickie recommends that the motion of 1992 concerning the cash advance of \$250.00 of N&V's be rescinded, while the motion of 1994 still stands.
Recommendation accepted by AWSC members.

Recommendation: That the Motion of 1992 concerning the cash advance to News & Views of \$250 be rescinded. The News & Views Coordinator still receives \$100 annually for operating expenses, if required, per the 1994 Motion.

Intent: The News & Views no longer needs starting funds where the issues are sent out by email, and no longer printed and mailed to members

2. **Recommendation:** That Area 91 pay for the cost of hosting assembly up to a maximum of \$1000. Effective immediately.
Intent: The past treasurer asked for clarification on who pays for the costs for holding assembly at AWSCM 2018. The question was never been answered. In the past, assembly would not incur any expenses for hosting an assembly. Any expenses to host assembly were to be paid by the host district. In the past decade assembly has paid, in some years, the costs for hosting assembly without discussing the matter with the GRs. At Assembly 2019 a motion was passed to increase registration to \$25. It was implied this increase would be to assist in costs for assembly. Implied does mean it is a motion. Thus, we do not have an answer to the treasurer's original question.
Submitted by Rosemarie K

3. **Recommendation:** That any Al-Anon member, attending assembly, who pays their own expenses to attend assembly pay no registration fee.
Intent: Concept 5 "The rights of appeal and petition protect minorities and insure that they be heard." Area 91 has always encouraged interested members to attend assembly. Interested members pay for their own expenses to attend assembly. An additional registration fee of \$25 will discourage these members from attending assembly. There are some couples attending assembly. This means they would have to pay \$50 to attend. Many of these interested members are retired and on a fixed income. Effective immediately.
Submitted by Rosemarie K.

Looking forward to seeing you all at the virtual assembly.
Theresa K Secretary Area 91.

Delegates Report:

We have come a long way since I was writing this report for April 2020. So much has taken place within the Al-Anon organization in order to maintain some sort of normality and to remain a presence so the new member can find us. Well done, thank you. I know there are districts that are struggling due to very low numbers and meeting by Fongo or Zoom may not be convenient from one's home. We can only hope that in the coming months we may be able to meet in person following the meeting criteria set out by our respective authorities.

The World Service Conference that was to be held in New York this year was cancelled in December/January due to travel restrictions and the Covid numbers in that region of the USA. We will be doing a virtual Conference again this year, but as we have had time to plan, it will be different than last year where Conference was put together in three weeks. This year Conference starts Sunday afternoon, April 11 and runs until Friday night, April 16th. In order to accommodate all the time zones in North and Central America, our meetings will run from 12 noon until 9pm every day. The plan is to complete a full conference plus pick up what was not done last year during Conference week. As always, Conference week will be very busy and so will the weeks leading up and the weeks following. As I have sat on a number of committees, I have had a busy February and March, I think I'm ready.

The Chair of the Board Letter came out in February, they are available on the WSO web site and I would advise you to go have a look at them. They are from the Chair, Treasurer, Leadership Team, and Policy all very interesting and informative. As one reads through these and you recall what you have read in the last conference summary, also available on the WSO web site, you will note the progression of many of the topics and issues since last conference.

Maybe the most important item is the Chairs Letter were the names of the members put forward to Conference for affirmation for Regional and Trustee at Large, and our Tony Sampson is on that list for the candidate for Canada East Regional Trustee. Congratulations Tony, I know you will represent our Region (Canada East) very well and we wish you all the best over the next three years.

I would be amiss if I did not share a quote from the WSO Treasurers letter of appreciation to the membership:

As we reflect on this past year, it feels as if it has been a roller coaster ride! What a ride! We have a fabulous membership that continues to step up to keep our program moving forward! Over \$3M in contributions! We can only say, WOW! Thank you and please carry the message of gratitude back to your home group, your District, AIS, and Area. Without your contributions, the continued sales of literature, and WSO's ability to reduce expenses, we would not be where we are today.

And lastly, our Assembly this year is an important one and it will take participation from the entire membership and soul searching, our Higher Powers guidance, discussions with our sponsor and a gentle prod from those already in positions as elections for all positions at Assembly will be done in June. Service work was a huge part of my recovery. It enabled me to read and study our literature, yes, including our service manual. Do not ever be afraid to put your name forward for a service position. There are those who have been in those positions to help you along when you need guidance. You are never alone. There are a number of positions that have to be filled with new members, the Delegate being one, Secretary, Technology, Archivist, and Newsletter Editor, as these members have to rotate out. Members may choose to let their name stand for a second term, but these still have to be voted in, so, if there is a position you are thinking of, all positions are open except the Literature Depot, and that position stays with the incumbent until she/he wishes to give it up.

Talk it up with your District Representative, and let your Higher Power be your guide.

Love in Service,
Wally C., Your Delegate MP Panel 59
25 Ellenvale Ave, Dartmouth, NS B2W2W6, wallychivers@ns.sympatico.ca

Treasurer's Report:

Hi Everyone – Mid-April by the time you are reading this. The Easter bunny has come and gone and Spring is in transit. At time of writing, the northwest corner of NB is in lockdown, but the remainder is doing quite well. Should have my “shot” by the time you read this. I am looking forward to “seeing” your smiling faces at Assembly, but guess we will have to wait for the “hugs”.

Insurance: Just a gentle reminder – insurance payments are due - \$30 per group. Districts who have submitted for all their groups – thank you.

E-transfers: Don't forget you can do an e-transfer if that works for you. Our e-mail is maritimeassemblyf@gmail.com. You get an immediate receipt and I get the e-mail message that you send with the e-transfer saying what it is for (insurance/contribution) and who it is from (group/district names and numbers). The money is deposited into our Maritime Assembly Fund account instantaneously. If you forget the e-mail address, Mickie has posted it on the website.

Receipts: We will be preparing and mailing receipts for all funds received over the past year. These will be mailed to your District Representatives before the end of May – before Assembly. Funds received after mid-May will be receipted next year.

Sending Cheques: If you are sending your money by cheque, please, please be sure to make the cheque payable to “**Maritime Assembly Fund**” (not Area 91) and remember we are in **2021**. My mailing address is: Brenda Graham, 184 Pleasant Avenue, Sussex, NB, E4E 1Y2.

Donations to Area: These are greatly appreciated. The Literature Depot has not been in a position to make donations lately, so groups' donations are particularly welcomed.

Officers' and Coordinators' Expenses: Expense accounts normally submitted at Assembly; will have to be e-mailed or mailed. Please prepare your expense sheet in the normal way, sign it, scan it and any receipts, and forward to me by e-mail at blgraham@nbnet.nb.ca

Book Balance January 28, 2021 (February, 2021 N&V) \$19,243.00

Income:

Donations from Groups	475.00	
Insurance	660.00	1,135.00

Expenses:

Officers/Coordinators	00.00	
AFG Inc. Donation	00.00	
Service Charge (Jan/Feb) @ 3.95	7.90	7.90

Book Balance March 30, 2021 \$20,370.10

Bank Balance as at March 30, 2021 \$20,370.10

Hugs in Al-Anon, Brenda G Treasurer, Maritime Assembly (506 433-5028),

Maritime Literature Depot:

MLD – Area Workshop – April 24- 10 – 12

With Stepping Stones introduction

Please join us!

Submitted by, Doreen E., Coordinator

News and Views Report:

Two new subscriptions received, giving us 176 members on the News and Views email list. We are pleased with the number of District articles and reports received this month. We wish to remind you to please keep our submission deadline in mind. This allows us time for editing, proof-reading the newsletter to meet our deadline. A reminder to update email addresses and notify us if you wish to unsubscribe. Submitted by Dolores M. News and Views Coordinator

Alateen and AMIAS Report:

There have been more teens visiting the online Alateen meetings held on Monday evenings @ 7:00 p.m. More AI-Anon members are needed to become AMIAS volunteers to help moderate these meetings, as we are getting low in number.

WSO had a workshop for the Moderators of the online Alateen meetings, reviewing the procedures for the meetings' operation. The Moderators who are moderating the meetings feel that they have a good grasp on how to moderate these meetings now. There are still problems with Apple devices in carrying out some of the functions which android devices are capable of doing.

The number of teens attending the online Alateen meetings has been increasing, with a number of newcomers at the last couple of meetings.

Efforts are being made to develop an Area training program for potential and prospective AI-Anon members who wish to become an AMIAS. This is ongoing as at this printing.

Contact was made with an A.A. member to make people aware of AI-Anon's and Alateen's existence using the online Alateen app in the New Waterford area of Nova Scotia.

Respectfully Submitted, Mark Mc. AAPP, Area 91

Technology Report:

Hi, all! Winter is finally over (dare we hope) and thoughts turn to renewal and fresh growth. Total page hits for February and March were 5087. Unique visits total 2603, of which 1493 were first-time visits and 1110 were return visits. Please continue to forward any meeting changes and events to us so they can be added to the website.

Thank you again! Kelly, Technology Coordinator

Public Outreach Coordinator:

Happy Spring Wishes to all of you

The Third Wave of COVID-19 is hitting our neighbouring provinces of Ontario and Quebec with an increasing number of infections and corresponding lockdowns. The same is not the case here in the Maritime Provinces. We have been so blessed thus far, and I hope that this continues.

I was so looking forward to the warmer weather, and hoping for a loosening of restrictions for those of us trying to get the word out about Al-Anon Family Groups.

Covid and its health protocols have affected our membership. Many groups remain closed. Some continue to meet by conference call, while others meet via Zoom. There are a few hybrid meetings. Most churches remain closed to us. When they reopen, most rooms will be too small to socially distance our members. We may have to remain as we have adapted, or open and find new spaces, with increased costs.

The only way that membership will increase is if people know who we are and where to find us. To me, that is the goal of Public Outreach, and the essence of our Step 12.

I adapted a Pandemic Approved Public Outreach idea from another Area, to try to help us decide what things we can do in these trying times. I would very much like for each member to review, talk about the ideas in your group, and at your district meetings. The project details are as below. Both the Project and the Menu are found on the Public Outreach page of our website.

There is also a Contactless Flyer that we can use to help put the word out there that will lead the viewer directly to the online version of our New AFA magazine. It too, is on the website. If you want printed copies of this flyer that are laminated, please let me know. I will be placing an order the last week of April to have those made available for you.

Keep an eye out for a new Alateen Poster to be used to help get the word out about the Alateen Meetings within the Al-Anon Family Groups App.

If you would like me to email any or all of these to you, just send the request to my Al-Anon email address barbe_m@ns.sympatico.ca . If you would like them by snail mail, send the request to me by email, with your address. Or call my home (902)434-7789 and I will get back to you.

I keep hearing in my mind: “ Many hands make light work “ and “You are not alone”.
Together we can make a difference

Yours in Service

Barbe M. Public Outreach Coordinator **Area 91, Maritime Provinces**
Barbe_m @ns.sympatico.ca

The Project is outlined below:

Maritime Provinces

al-anonmaritimes.ca

Area 91
**OUTREACH
PROJECT
2021**

NO CONTACT OPTIONS

PANDEMIC APPROVED

A Public Outreach Coordinator in Each Al-Anon & Alateen Group

SPREAD THE WORD

District Reps, please share these with your groups.

CREATE & FILL THE POSITION

Group Reps, if you don't already have one, please introduce the idea of adding this service position to your Group's service positions at your business meeting.

If no one steps up, please consider asking members individually if you think they might be a good fit to serve in this way.

CHOOSE A PUBLIC OUTREACH PROJECT

Once someone steps up to be the Group's Public Outreach Coordinator:



Check out the Outreach Take-Out Menu for outreach ideas and choose one or two options with your Group.

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Remember the links of service. This means communicating with your District Outreach Coordinator or District Rep to make sure another Group has not already committed to the project(s).

.....



Another option is for the Group Outreach Coordinator to coordinate your Group efforts by supporting the District Outreach project selected by the District.

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Then it's asking Group members to join in this outreach project. This can lead to great fun while doing 12th Step work together!

FOR FURTHER INFORMATION, PLEASE CONTACT barbe_m@ns.sympatico.ca

Area 91

OUTREACH TAKE-OUT MENU

NO CONTACT OPTIONS

PANDEMIC APPROVED

APPETIZERS

UPDATE MEETING INFORMATION

Go on Area website to ensure that meeting info is current and complete.

CONTACT PROFESSIONALS

Members agree to provide information to just **one** professional such as their own therapist or doctor.

SHARE SOCIAL MEDIA POSTS

Group members who are on social media platforms agree to share WSO posts that they like.

POST FLYERS OF MEETINGS IN DISTRICT

Create an attractive flyer for members to print and place in public places they visit such as grocery stores.



DESSERTS

PROVIDE AFA MAGAZINES

Purchase and send (with permission) *Al-Anon Faces Alcoholism* magazines to any local shelter.

BORROW AREA RETRACTABLE BANNERS

Borrow and place the District 11 retractable banner in a public place such as hospital and court lobbies.

DONATE LITERATURE

Purchase and send (with permission) Conference-Approved Literature to local treatment centers.

MAIN COURSE

PROVIDE AN INFORMATION MEETING

Create an online meeting for newcomers, professionals, or the general community.

PROVIDE A MEETING ON WHEELS

Members take a virtual meeting to a behavioral health agency such as a treatment center or institution.

RUN A DIGITAL AD CAMPAIGN

District buys a digital programmatic awareness campaign targeting local audiences such as professionals.

RENT AD SPACE ON BUSES

District rents space on the outside of public transportation vehicles.

RENT BILLBOARDS

District rents billboard ad space along highways.

PURCHASE AD SPACE AT AIRPORTS

District or Group rents ad space at transportation hubs such as airports, bus/train stations, and ferry terminals.

PURCHASE RETRACTABLE BANNERS

District or Group buys and places them in lobbies of medical or other public facilities.

PROVIDE INFO FOR DISCHARGE PACKETS

Arrange with detox and rehab providers to have Al-Anon materials added to discharge packets.

PLACE A NEWSPAPER AD

Place an ad in your local or neighborhood newspaper, either paid or free.

Contact your district Public Outreach committee
or Area Public Outreach Co-Ordinator
Barbe_m@ns.sympatico.ca

District 4:

Hello from District 4. At present, we have no face-to-face meetings. One has tried but with low attendance, rent would have been tough. We have one FONGO meeting on Wednesday evening at 8:00 pm. Call 19029321200. Password 9024189563#. We have been collecting seventh tradition by e-transfer. Last funds collected totaling \$100.00 was sent to Conference. We plan our next to go toward AREA. Our Fongo meeting is still going quite well with from 8 to 15 members. I have been reaching out to members to think about service positions, as we will have to replace some in our district. Members shared on how much they appreciated Fongo and Zoom as it made it possible to attend during winter as well as any sicknesses. We continue to provide this platform for now. Looking forward to upcoming Assembly. On behalf of District 4 I would like to wish Wally best wishes on the upcoming Conference. I know he will represent us well. Tony S. DR District 4

District 5:

Even through the pandemic, life is busy at District 5. Our PO coordinator has been working very hard sending packages to the professional community and members have participated by sending their suggestions. We also created a District email address to be used by potential new members to communicate with the District. It has been added to our District card on the Maritime website. Thanks to the members who volunteered, we were able to make a list of people who will attend to the emails on a monthly basis. Because of the pandemic, our district will postpone hosting Assembly for a second year. All the members of the hosting committee have been very graceful about it as they know we cannot control people, place and things. All our groups are active, some face-to-face, some on Zoom and the rest on Fongo and we are all grateful for those meetings, still hoping for all things to return to normal in the not too distant future. **Murielle, DR District 5**

District 6:

My only update is that district 6 has added an additional in person meeting on Thursdays from 6 to 7 at 21 Atlantic Avenue Pictou (Pictou AA building). Submitted by Tara M. DR District 6

District 7:

Happy Spring Area 91 ☺. I would like to start by sending out Happy Anniversary wishes to a few of our groups here in District 7. Steps to Serenity AFG celebrates 36 yrs. this past March and Eastern Passage AFG celebrates this month with 36 yrs. as well. A Big shout out to 3 G's AFG as they celebrated an amazing 71st Anniversary this past February.

This year, May 2021, also marks Al-Anon's 70th Anniversary!! Although we continue to face challenges, due to outside issues, my hope is that we as Groups/Districts will be able to come together in whichever manner available and celebrate this incredible milestone.

Groups in District 7 continue to offer their experience, strength, and hope by meeting electronically or face to face. Currently we have 3 groups now meeting face to face with one of those groups incorporating Fongo, 1 group via Zoom, 2 meeting via Fongo and 3 groups which remain temporarily closed. Several groups report returning newcomers along with well attended meetings, regardless of how they meet. GR's are getting ready for this years virtual assembly. It is a voting year...are you ready to take on a new position or stay for another term? I will be forever grateful for the opportunity to take part in Al anon Service, it has and will continue to be a big part of my journey. I hope to see you all in June. Stay safe, Dana L. District 7 Representative. ((HUGS))

District 9:

Things are relatively quiet in District 9. We are all looking forward to Spring/Summer weather, getting Covid19 vaccines and the eventual end of this pandemic. All groups except one are meeting Face2Face. District meetings are still being held on FONGO. We are very proud of Alvina Kearney-Howie from New Waterford AFG for re-certifying as an Alateen sponsor. Thanks to all Al-Anon members doing service work. Take care and please be safe and well. Submitted by Audrey

District 10:

Hi all! In February, the Path to Recovery AFG in Montague had their 23rd anniversary with good attendance. Thank you to the AA and Al-Anon speaker for a beautiful message. We enjoyed seeing each other face to face, while following a covid operational plan.

Groups continue to meet in person with at least one group offering a FONGO call in option. We are blessed with the sharing and insight the newer members, old timers and the in-betweeners bring to the meeting rooms. Love in Service, Dagny Maicher, District 10, Charlottetown and Eastern PEI.

District 11:

Hello from District 11! Here in Nova Scotia, we are currently blessed reporting very few cases of Covid 19. However, in order to 'stay the course' here in District 11 we have pretty well decided to 'Stay the Blazes Home!' Most of our Group meetings are being held on either Fongo or Zoom. A few groups have attempted to hold 'in person' meetings but are on constant alert and have had to close at a moment's notice. The resiliency of Al-anon Group Meetings is certainly to be admired.

We invite you to District 11's First Virtual Al-Anon Day April 17, 2021, 9 a.m. to 3 p.m. The Theme is "Finding Emotional Sobriety in Al-Anon" Your host is Hope and Peace AFG. The Zoom link is <https://us02web.zoom.us/j/9495707936> Hope you can join us for all or part of the day.

That being said Members have shared over and over among themselves that what they are most missing are actual physical **Hugs!** A **Hug** that conveys to a Newcomer, although you may not like all of uswe already love you! When observing the act of **hugging** it is difficult to really know who is **receiving** or who is giving In Al-anon it does not matter – in fact most often it is a 'two way' street. Al-Anon, **Hugs** say we care... offer a ray of sunshine in a dark circumstance... while all the while reminding us that we have much to be grateful for. The warmth of an Al-anon **hug** can bring comfort when someone's heart is sad or they are fearful. Yes – an Al-anon **Hug** is just a physical gesture and it costs no big amount but, it proves that old saying – **It's the little things that count!** Can't wait to Hug you all! Submitted by Tina B. DR District 11.

District 15:

Woolastook AFG has started face-to-face meetings on their regular meeting night, Wednesday Portland AFG has been holding online Zoom meetings on Sundays and Thursdays @ 7:00 p.m. Portland AFG won't start its Group's face-to-face meetings until all the members have had at least one dose of the Covid vaccine. Respectfully Submitted, Mark M. District Secretary

63rd Maritime Al-Anon/Alateen Assembly Agenda
Held Virtually on Zoom, June 4 - 6, 2021
Moving Forward with Unity, Courage, and Perseverance

Friday June 4th

6:30 pm

- Assembly Opening with the Serenity Prayer/Al-Anon Declaration
- 12 Traditions, 12 Concepts & Warranties. Daily Reading, Welcome Remarks, Announcements
- Roll Call, Approval of 2020 AWSC Meeting Minutes
- Review of Voting Procedures
- Questions from Officer/Coordinator Reports / Financials (except Delegate)

ASSEMBLY REPORTS: Delegate, Treasurer, Alateen, Archives, Public Outreach, Literature, News & Views, Forum, Group Records, and Technology.

All reports are to be emailed to the Chair no later than Thursday, May 27th. The Chair will email a report package as one document **Monday May 31st** to all the District Reps/Contacts. This will allow time for the District Reps to forward the report package to the Group Reps, and give everyone time to review them prior to Assembly June 4th.

Questions about reports may be emailed to the Chair prior to **June 3rd** to allow for answers to be ready Friday.

9:00 pm

- Al-Anon Meeting hosted by District 5 (optional)

Saturday June 5th

8:45 am to 4:00 pm

- Serenity Prayer, 12 Traditions, 12 Concepts & Warranties, Daily Reading, Chair Remarks/Announcements
- Roll Call
- Delegate's Report and Questions to Delegate
- Recommendations
- Election of 2021 AWSC Meeting location, Saturday October 2, 2021
- Assembly 2022 Update (District 5), June 3-5, 2022
- Assembly 2023 Update (District 10), June 2-4, 2023
- 2021-2022 Assembly Budget from Area Treasurer
- Election of Officers & Coordinators for 2022-2024

Sunday June 6th

8:45 am to finish

- Serenity Prayer, 12 Traditions, 12 Concepts & Warranties, Daily Reading, Chair Remarks/Announcements
- Roll Call
- Elections of Officers & Coordinators 2022-2024 continued
- Any Unfinished Business / New Business
- Closing Speaker
- Chair Closing Remarks, Al-Anon Declaration/Serenity Prayer

Meals/Breaks:

Saturday Break: 10:15 am for **20** minutes, **Saturday Lunch:** 12:00 noon to 1:00 pm

NOTE: DR's 3-minute Service Sharings & 3 THEME Sharings will be spread throughout the weekend.

****This tentative agenda is a work in progress and may be revised prior to the Virtual Assembly meeting.**