

NCAP TEAM RECORDS

SHORT COURSE YARDS

Record Holder	Date Set	Time	Event	Time
MALES				
Feyerick, Brett	02/08/2014	25.50	9-10 50 Free	26.47
Feyerick, Brett	02/09/2014	55.88	9-10 100 Free	57.28
Mullen, Michael	03/31/2016	2:03.14	9-10 200 Free	2:06.51
Mullen, Michael	03/30/2016	5:27.57	9-10 500 Free	5:29.71
Feyerick, Brett	02/09/2014	27.52	9-10 50 Back	29.52
Feyerick, Brett	12/13/2013	1:01.81	9-10 100 Back	1:04.93
Barnett, Tony	12/01/1979	33.10	9-10 50 Breast	34.09
Kelley, Michael	11/13/2010	1:12.18	9-10 100 Breast	1:12.35
Feyerick, Brett	02/08/2014	28.24	9-10 50 Fly	27.88
Mullen, Michael	04/02/2016	1:02.40	9-10 100 Fly	1:01.64
Feyerick, Brett	12/15/2013	1:04.57	9-10 100 Individual Medley	1:06.47
Truong, Darius	03/29/2013	2:20.51	9-10 200 Individual Medley	2:23.63
Feyerick, Brett	02/06/2016	22.68	11-12 50 Free	23.65
Feyerick, Brett	03/11/2016	48.77	11-12 100 Free	51.82
Feyerick, Brett	12/13/2015	1:47.99	11-12 200 Free	1:52.85
Greenberg, Cole	03/08/2017	4:50.61	11-12 500 Free	4:57.47
Goldblatt, Leo	04/08/2015	9:55.12	11-12 1000 Free	10:12.78
Greenberg, Cole	01/07/2017	17:10.96	11-12 1650 Free	17:06.20
Feyerick, Brett	03/12/2016	24.20	11-12 50 Back	25.76
Feyerick, Brett	03/13/2016	51.95	11-12 100 Back	55.68
Feyerick, Brett	01/16/2016	1:56.29	11-12 200 Back	1:59.03
Wu, Timothy	03/16/2012	28.72	11-12 50 Breast	30.16
Wu, Timothy	03/17/2012	1:02.43	11-12 100 Breast	1:03.89
Wu, Timothy	03/18/2012	2:15.51	11-12 200 Breast	2:21.17
Feyerick, Brett	01/16/2016	24.64	11-12 50 Fly	25.10
Feyerick, Brett	03/13/2016	53.54	11-12 100 Fly	55.96
Goldblatt, Leo	04/09/2015	1:59.82	11-12 200 Fly	2:03.82
Feyerick, Brett	12/13/2015	55.37	11-12 100 Individual Medley	58.61
Bermudez, Simon	3/15/19	2:00.48	11-12 200 Individual Medley	2:04.73
Catron, Ryan	12/12/2014	4:19.68	11-12 400 Individual Medley	4:27.61

Bermudez, Simon	12/3/20	21.01	13-14 50 Free	22.73
Feyerick, Brett	2/10/18	46.35	13-14 100 Free	49.54
Feyerick, Brett	12/8/17	1:41.59	13-14 200 Free	1:46.19
Mullen, Michael	12/14/19	4:33.62	13-14 500 Free	4:35.14
Tsau, Brian	03/20/2012	9:20.30	13-14 1000 Free	9:29.81
Mullen, Michael	12/12/19	15:51.53	13-14 1650 Free	15:59.35
Feyerick, Brett	2/10/18	49.87	13-14 100 Back	52.82
Feyerick, Brett	04/05/2017	1:48.74	13-14 200 Back	1:54.86
Vissering, Carsten	02/06/2013	54.71	13-14 100 Breast	1:02.24
Vissering, Carsten	12/10/2011	2:03.02	13-14 200 Breast	2:17.25
Bermudez, Simon	3/18/21	48.88	13-14 100 Fly	53.30
Gentry, Landon	3/20/19	1:48.79	13-14 200 Fly	1:56.01
Gentry, Landon	3/23/19	1:52.28	13-14 200 Individual Medley	2:00.59
Gentry, Landon	12/7/18	3:58.00	13-14 400 Individual Medley	4:15.65
15-16				
Jones, James	03/22/2014	19.99	15-16 50 Free	22.13
Jones, James	03/21/2014	43.97	15-16 100 Free	48.81
Seliskar, Andrew	03/13/2013	1:35.34	15-16 200 Free	1:42.03
Hirschberger, Matthew	03/18/2015	4:16.43	15-16 500 Free	4:28.71
Hirschberger, Matthew	03/17/2015	8:45.11	15-16 1000 Free	9:14.22
Hirschberger, Matthew	12/06/2014	14:51.81	15-16 1650 Free	15:15.17
Feyerick, Brett	2/8/20	48.16	15-16 100 Back	51.18
Conway, Sean	12/2/17	1:45.65	15-16 200 Back	1:50.71
Vissering, Carsten	03/19/2014	52.83	15-16 100 Breast	1:01.25
Seliskar, Andrew	03/15/2013	1:54.87	15-16 200 Breast	2:13.67
Gentry, Landon	12/3/20	46.41	15-16 100 Fly	52.33
Gentry, Landon	12/5/20	1:43.03	15-16 200 Fly	1:55.20
Seliskar, Andrew	03/16/2013	1:44.03	15-16 200 Individual Medley	1:57.31
Seliskar, Andrew	03/14/2013	3:44.83	15-16 400 Individual Medley	4:09.82
17-18				
Seliskar, Andrew	03/21/2015	19.89	17-18 50 Free	21.82
Seliskar, Andrew	03/19/2015	43.19	17-18 100 Free	48.25
Seliskar, Andrew	03/20/2015	1:34.94	17-18 200 Free	1:41.04
Dolan, Tom	01/01/1994	4:12.30	17-18 500 Free	4:26.58
Hirschberger, Matthew	03/14/2017	8:55.32	17-18 1000 Free	8:59.65
Dolan, Tom	01/01/1994	14:42.73	17-18 1650 Free	15:13.30

Seliskar, Andrew	03/21/2014	46.89	17-18 100 Back	50.70
Seliskar, Andrew	12/14/2014	1:41.37	17-18 200 Back	1:51.97
Seliskar, Andrew	03/18/2015	51.78	17-18 100 Breast	1:00.39
Seliskar, Andrew	03/07/2015	1:51.57	17-18 200 Breast	2:12.61
Seliskar, Andrew	02/21/2015	46.13	17-18 100 Fly	51.75
Seliskar, Andrew	12/14/2014	1:41.33	17-18 200 Fly	1:52.92
Seliskar, Andrew	03/08/2015	1:42.84	17-18 200 Individual Medley	1:55.39
Seliskar, Andrew	03/06/2015	3:37.52	17-18 400 Individual Medley	4:01.69

Last updated - November 23rd,

For records broken or time updates please email Andy Rosenthal (arosenal@nation

Date Set Record Holder	
FEMALES	
10/14/2006	Hu, Janet
02/28/2008	Ledecky, Katie
02/28/2008	Ledecky, Katie
11/10/2006	Hu, Janet
12/03/2006	Hu, Janet
12/02/2006	Hu, Janet
02/01/1999	Beier, Ellis
02/26/1999	Beier, Ellis
10/14/2006	Hu, Janet
10/15/2006	Hu, Janet
11/19/2006	Hu, Janet
03/30/2006	Hu, Janet
04/16/2014	Mack, Katie
04/18/2014	Mack, Katie
03/11/2010	Ledecky, Katie
03/14/2013	Eksteen, Sinead
03/24/2013	Eksteen, Sinead
03/10/2011	Byrnes, Megan
11/01/2008	Hu, Janet
12/05/2008	Hu, Janet
03/27/2014	Mack, Katie
12/8/17	Sun, Eleanor
12/9/17	Sun, Eleanor
12/8/17	Sun, Eleanor
12/05/2008	Hu, Janet
03/29/2012	Bayer, Cassidy
03/17/2012	Bayer, Cassidy
12/10/17	Sun, Eleanor
12/9/17	Sun, Eleanor
11/04/2011	Gwennap, Lea

12/12/2015	Mack, Katie
3/27/19	Gemmell, Erin
3/29/19	Gemmell, Erin
11/12/2011	Ledecky, Katie
11/12/2011	Ledecky, Katie
03/08/2012	Ledecky, Katie
12/10/2016	Bacon, Phoebe
03/15/2017	Bacon, Phoebe
12/09/2016	Harter, Abigail
3/27/19	Sun, Eleanor
03/21/2014	Bayer, Cassidy
12/14/2013	Bayer, Cassidy
03/22/2014	Bayer, Cassidy
12/13/2013	Bayer, Cassidy
11/29/2012	Hu, Janet
12/09/2012	Hu, Janet
12/06/2013	Ledecky, Katie
02/07/2014	Ledecky, Katie
12/05/2013	Ledecky, Katie
12/07/2013	Ledecky, Katie
12/8/18	Bacon, Phoebe
3/20/19	Bacon, Phoebe
03/15/2017	Harter, Abigail
03/04/2017	Harter, Abigail
3/22/19	Bacon, Phoebe
03/18/2015	Bayer, Cassidy
2/9/19	Bacon, Phoebe
12/7/18	Bacon, Phoebe
12/05/2013	Hu, Janet
12/15/2013	Hu, Janet
12/11/2015	Ledecky, Katie
02/06/2015	Ledecky, Katie
12/13/2015	Ledecky, Katie
12/06/2014	Ledecky, Katie

12/14/19	Bacon, Phoebe
12/15/19	Bacon, Phoebe
12/13/19	Bacon, Phoebe
3/7/20	Bacon, Phoebe
12/13/19	Bacon, Phoebe
03/19/2014	Hu, Janet
2/8/20	Bacon, Phoebe
12/11/2015	Ledecky, Katie

iscapitalswimming.com)

NCAP TEAM RECORDS

LONG COURSE METERS

Record Holder	Date Set	Time	Event	Time
MALES				
Mullen, Michael	07/24/2016	29.20	9-10 50 Free	30.02
Seliskar, Andrew	07/19/2007	1:05.12	9-10 100 Free	1:06.26
Mullen, Michael	07/22/2016	2:17.26	9-10 200 Free	2:23.11
Mullen, Michael	07/21/2016	4:52.66	9-10 400 Free	5:02.22
Feyerick, Brett	08/07/2013	32.93	9-10 50 Back	34.35
Nguyen, Anthony	06/10/2012	1:14.82	9-10 100 Back	1:15.27
Greenwood, Charlie	08/09/2017	36.67	9-10 50 Breast	38.21
Greenwood, Charlie	07/20/2017	1:21.41	9-10 100 Breast	1:25:11
Mullen, Michael	07/21/2016	31.31	9-10 50 Fly	31.67
Mullen, Michael	08/03/2016	1:10:33	9-10 100 Fly	1:10.53
Mullen, Michael	07/21/2016	2:35.99	9-10 200 Individual Medley	2:42.24
Vanas, Andrew	8/7/21	25.81	11-12 50 Free	27.27
Vanas, Andrew	7/13/21	57.35	11-12 100 Free	58.71
Mullen, Michael	7/19/18	2:04.31	11-12 200 Free	2:08.15
Mullen, Michael	7/21/18	4:26.82	11-12 400 Free	4:28.76
Mullen, Michael	6/15/18	9:17.83	11-12 800 Free	9:11.19
Strait, Alexander	07/23/2009	18:23.01	11-12 1500 Free	17:28.10
Feyerick, Brett	08/07/2015	28.81	11-12 50 Back	30.40
Feyerick, Brett	08/06/2015	1:02.77	11-12 100 Back	1:06.31
Feyerick, Brett	8/5/15	2:17.30	11-12 200 Back	2:19.90
Evans, Jordan	8/10/18	32.39	11-12 50 Breast	36.02
Evans, Jordan	8/8/18	1:10.72	11-12 100 Breast	1:18.90
Blusiewicz, Andrew	07/24/2016	2:40.15	11-12 200 Breast	2:46.06
Vanas, Andrew	8/6/21	27.39	11-12 50 Fly	28.23
Mullen, Michael	7/22/18	1:02.17	11-12 100 Fly	1:01.75
Mullen, Michael	6/3/18	2:14.56	11-12 200 Fly	2:15.02
Mullen, Michael	8/8/18	2:17.67	11-12 200 Individual Medley	2:25.31
Mullen, Michael	6/1/18	5:00.32	11-12 400 Individual Medley	5:08.34
Bermudez, Simon	1/30/21	24.46	13-14 50 Free	25.97

Makin, Peter	07/24/2016	53.60	13-14 100 Free	55.87
Feyerick, Brett	1/13/18	1:59.53	13-14 200 Free	1:59.85
Suguiyama, Yuri	08/01/1997	4:10.77	13-14 400 Free	4:09.30
Mullen, Michael	8/6/19	8:34.87	13-14 800 Free	8:30.14
Tsau, Brian	03/20/2012	16:11.60	13-14 1500 Free	16:24.46
Feyerick, Brett	08/03/2017	58.60	13-14 100 Back	1:00.81
Feyerick, Brett	01/15/2018	2:08.87	13-14 200 Back	2:15.01
Vissering, Carsten	03/20/2012	1:07.44	13-14 100 Breast	1:13.07
Vissering, Carsten	03/20/2012	2:26.84	13-14 200 Breast	2:38.07
Gentry, Landon	8/3/18	57.69	13-14 100 Fly	59.75
Seliskar, Andrew	08/04/2011	2:08.95	13-14 200 Fly	2:09.08
Seliskar, Andrew	08/04/2011	2:10.71	13-14 200 Individual Medley	2:16.58
Laughlin, Seth	08/01/1993	4:41.13	13-14 400 Individual Medley	4:49.81
Jones, James William	08/27/2014	22.81	15-16 50 Free	25.45
Jones, James William	08/06/2014	50.93	15-16 100 Free	55.25
Hirschberger, Matthew	03/19/2015	1:51.23	15-16 200 Free	1:56.32
Hirschberger, Matthew	08/06/2015	3:52.27	15-16 400 Free	3:59.82
Hirschberger, Matthew	05/03/2015	8:02:57	15-16 800 Free	8:13.86
Hirschberger, Matthew	03/21/2015	15:19.23	15-16 1500 Free	15:36.53
Feyerick, Brett	11/30/2018	57.22	15-16 100 Back	59.02
Rutberg, Noah	8/6/19	2:03.00	15-16 200 Back	2:09.11
Vissering, Carsten	07/28/2013	1:01.94	15-16 100 Breast	1:11.56
Vissering, Carsten	06/25/2013	2:15.85	15-16 200 Breast	2:34.63
Gentry, Landon	11/13/2020	53.45	15-16 100 Fly	58.11
Seliskar, Andrew	08/26/2013	1:56.42	15-16 200 Fly	2:07.97
Seliskar, Andrew	07/28/2013	1:59.84	15-16 200 Individual Medley	2:14.51
Seliskar, Andrew	06/25/2013	4:20.96	15-16 400 Individual Medley	4:45.75
Jones, James William	08/08/2015	22.70	17-18 50 Free	25.45
Pomajevich, Samuel	7/6/17	50.73	17-18 100 Free	53.75
Seliskar, Andrew	08/06/2014	1:50:22	17-18 200 Free	1:54.43
Dolan, Tom	09/01/1994	3:52.47	17-18 400 Free	3:58.37
Dolan, Tom	04/01/1994	7:56.33	17-18 800 Free	8:06.68
Hviid, Fred	08/01/2000	15:14.26	17-18 1500 Free	15:25.48
Conway, Sean	08/03/2019	56.18	17-18 100 Back	58.63
Rogan, Marcus	03/01/2000	2:01.38	17-18 200 Back	2:08.82

Vissering, Carsten	07/29/2015	1:00.86	17-18 100 Breast	1:09.96
Seliskar, Andrew	03/20/2015	2:12.82	17-18 200 Breast	2:35.13
Pomajevich, Samuel	6/29/17	53.33	17-18 100 Fly	58.97
Seliskar, Andrew	08/27/2014	1:55.92	17-18 200 Fly	2:09.21
Seliskar, Andrew	05/17/2015	1:59.93	17-18 200 Individual Medley	2:14.36
Dolan, Tom	08/01/1994	4:12.30	17-18 400 Individual Medley	4:39.18

Last updated - September 1st, 2021

For records broken or time updates please email Andy Rosenthal (arosenthal@natio

S

Date Set Record Holder	
FEMALES	
11/05/2006	Hu, Janet
11/04/2006	Hu, Janet
07/11/2013	Hu, Janet
07/14/2013	Sun, Hanna
11/04/2006	Hu, Janet
04/30/2006	Hu, Janet
07/17/1998	Beier, Ellis
11/04/2006	Quinn, Kelly
11/05/2006	Hu, Janet
7/20/06	Hu, Janet
09/01/1999	Gosh, Nilasha
06/18/2017	Sebring, Carly
07/12/2017	Gemmell, Erin
07/21/2017	Gemmell, Erin
07/13/2013	Eksteen, Sinead
07/21/2013	Eksteen, Sinead
07/18/2013	Eksteen, Sinead
08/01/2015	Bacon, Phoebe
03/18/2008	Hu, Janet
07/10/2006	Hu, Janet
07/21/2016	Makin, Emily
06/18/2017	Sebring, Carly
07/23/2017	Sun, Eleanor
07/19/2012	Bayer, Cassidy
08/03/2012	Bayer, Cassidy
08/04/2012	Bayer, Cassidy
07/21/2011	Gwennap, Lea
03/22/2012	Meilus, Emily
6/1/19	Spink, Camille

07/09/2019	Gemmell, Erin
08/01/2019	Gemmell, Erin
02/10/2012	Ledecky, Katie
02/10/2012	Ledecky, Katie
08/12/2011	Ledecky, Katie
08/04/2017	Bacon, Phoebe
5/20/17	Bacon, Phoebe
8/7/19	Sun, Eleanor
8/9/19	Sun, Eleanor
07/18/2014	Bayer, Cassidy
06/27/2014	Bayer, Cassidy
07/11/2019	Gemmell, Erin
7/12/19	Sun, Eleanor
6/19/21	Spink, Camille
06/04/2021	Spink, Camille
07/28/2013	Ledecky, Katie
07/28/2013	Ledecky, Katie
07/28/2013	Ledecky, Katie
07/28/2013	Ledecky, Katie
08/10/2019	Bacon, Phoebe
7/14/19	Bacon, Phoebe
08/06/2007	Baumgardner, Ellyn
7/31/21	Sun, Eleanor
06/26/2016	Bayer, Cassidy
06/29/2016	Bayer, Cassidy
07/11/2019	Bacon, Phoebe
8/1/85	Griglione, Michelle
11/12/15	Ledecky, Katie
01/15/2016	Ledecky, Katie
01/15/2016	Ledecky, Katie
08/21/2014	Ledecky, Katie
01/17/2016	Ledecky, Katie
08/04/2015	Ledecky, Katie
12/6/19	Bacon, Phoebe
12/7/19	Bacon, Phoebe

08/06/2009	Baumgardner, Ellyn
8/9/19	Johnson, Georgia
8/4/17	Bayer, Cassidy
8/2/17	Bayer, Cassidy
03/05/2016	Ledecky, Katie
11/12/15	Ledecky, Katie

scapitalsswimming.com)