

# Douglas Gotel, LICSW, RPT-S

## Intake Form - Child

Identifying Information				
Child's Last Name:		Child's First Name:		MI
DOB:	Age:	Grade:	Sex	
			_____ (M) _____ (F)	
Mother's Name:			DOB:	
(Check One)	Natural Parent	Step Parent	Adoptive Parent	Relative (Specify):
Father's Name:			DOB:	
(Check One)	Natural Parent	Step Parent	Adoptive Parent	Relative (Specify):
Address (Number and Street)		City	State	Zip
Home Telephone	Mother's Cell Phone	Mother Work Phone	Father Cell Phone	Father Work Phone
Emergency Contact/Relation		Mother's Email		Father's Email

PHONE

FAX

EMAIL

## Presenting Problem

For what are you seeking help with today?

## Behavioral Concerns (Check all that apply)

<input type="checkbox"/>	Tantrums	<input type="checkbox"/>	Increased Anger	<input type="checkbox"/>	Shame/Guilt
<input type="checkbox"/>	Withdrawal	<input type="checkbox"/>	Peer Conflict	<input type="checkbox"/>	Lying
<input type="checkbox"/>	Loss of Interest/Motivation	<input type="checkbox"/>	Bullying Behaviors	<input type="checkbox"/>	Unlawful Behavior
<input type="checkbox"/>	Increased Irritability	<input type="checkbox"/>	Phobias	<input type="checkbox"/>	Decreased School Performance
<input type="checkbox"/>	Overactive	<input type="checkbox"/>	Anxious/Fearful	<input type="checkbox"/>	Bowel/Bladder Control
<input type="checkbox"/>	Poor Concentration	<input type="checkbox"/>	Regressive/Infantile Behavior	<input type="checkbox"/>	Changes in Eating Patterns
<input type="checkbox"/>	Impulsive	<input type="checkbox"/>	Self-Injuring	<input type="checkbox"/>	Changes in Weight
<input type="checkbox"/>	Hypervigilance	<input type="checkbox"/>	Poor hygiene	<input type="checkbox"/>	Nightmares
<input type="checkbox"/>	Stubborn/Oppositional	<input type="checkbox"/>	Sexualized Behavior	<input type="checkbox"/>	Alcohol/Substance Use
<input type="checkbox"/>	Physical Violence/Fighting	<input type="checkbox"/>	__Suicidal__Homicidal Thoughts	<input type="checkbox"/>	Other:

## Medical History

Has the child ever been hospitalized for illness, physical ailments, emotional problems, etc.?  Yes  No

Has the child ever taken, or is he/she currently taking any medications?  Yes  No

If yes, please list medication name and frequency of dose.

Does the child have any allergies that you are aware of (i.e., latex, peanut, soy, etc.)? If yes, please indicate:  Yes  No

Name and address of primary care physician:

### Developmental History (complete for each child)

Did the mother have any illness or complications before delivery?

\_\_\_\_\_ Yes \_\_\_\_\_ No

Did the mother drink alcohol or use drugs during pregnancy?

\_\_\_\_\_ Yes \_\_\_\_\_ No

Length of pregnancy?

Full term?

\_\_\_\_\_ Yes \_\_\_\_\_ No

Birth weight

\_\_\_\_\_ lbs. \_\_\_\_\_ oz.

As far as you know, did your child meet developmental milestones at an appropriate age (ie., rolling, sitting up, crawling, etc.)? If No, please provide details:

\_\_\_\_\_ Yes \_\_\_\_\_ No

Complications at birth? If Yes, please provide details:

\_\_\_\_\_ Yes \_\_\_\_\_ No

### Living Arrangements

Number of moves in the child's life:

Has the child ever been placed, boarded or lived away from family?

\_\_\_\_\_ Y \_\_\_\_\_ N

If yes, explain:

List below all members of your household presently and indicate their relationship to the client:

Name	Relationship	Age	DOB

### Educational History (complete for each child)

Name of School		City, State
Does your child have an IEP or 504 Plan?	_____Yes    _____No	If yes, what is the disability classification?

If your child receives specialized instruction of accommodations at school, please check all that apply:

Service Type
<input type="checkbox"/> Behavioral Support Services/Counseling
<input type="checkbox"/> Occupational Therapy
<input type="checkbox"/> Speech and Language Therapy
<input type="checkbox"/> Physical Therapy
<input type="checkbox"/> Reading Intervention
<input type="checkbox"/> Math Intervention
<input type="checkbox"/> Other (describe):

### Adverse Experiences (complete for each child)

List any events in the child's life that could be considered distressing/traumatic (ex: divorce, death of significant persons, witnessing or victim of violence, etc.)

Description of Event/Loss	Relationship to Child (if applicable)	Date of Event	Child's Age at Event

## Social History/Supports

List your child's involvement in extracurricular activities:

List your child's talents, hobbies and interests:

Describe your child's strengths and character:

How many peers has your child identified as friends?

What resources/supports do you have to access in times of stress/need as a parent/guardian?

Does your family have a spiritual/religious affiliation and involvement with any faith-based institution?

Is there any thing else you would like me to know that you feel would assist me in helping your or your child(ren)?

Name of Person Completing Form:

Signature

Date:

## CONSENT FOR SERVICES

I give consent for my child to receive assessment/psychotherapy services. I give consent to participate in family therapy services related to my child's care.

Signature of Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_

# Douglas Gotel, LICSW, RPT-S

## LIMITS OF CONFIDENTIALITY

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. Noted exceptions are as follows:

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### **Duty to Warn and Protect**

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

### **Abuse of Children and Vulnerable Adults**

If a client states or suggests that he or she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

### **Prenatal Exposure to Controlled Substances**

Mental Health care professionals are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

### **Minors/Guardianship**

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

**Insurance Providers** (when applicable) Insurance companies and other third-party payers are given information that they request regarding services to clients.

Information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

*I agree to the above limits of confidentiality and understand their meanings and ramifications.*

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Client Signature (Client's Parent/Guardian if under 18)

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Today's Date

# Douglas Gotel, LICSW, RPT-S

## Authorization for Use or Disclosure of Protected Health Information

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You may consent for personal information contained within your clinical record held by Douglas Gotel, LICSW, RPT to be disclosed to the person and/or agencies identified below for the following reasons:

- Planning and monitoring appropriate treatment.
- Case review and consultation with your physician and/or healthcare providers.
- Support and/or involvement of family member(s) or significant other in treatment.
- Information that is required to file a claim with your insurance company or managed care company.
- Information required by your employer if your supervisor refers you to treatment.

Your signature indicates that you authorize **Douglas Gotel, LICSW, RPT-S**, to release /receive information to the parties named below. You may revoke this consent at any time by providing written notice. I understand that this authorization is voluntary that the information to be disclosed is protected by the law, and the use/disclosure is to be made to conform to my directions. The information that is used and/or disclosed pursuant to this authorization may be re-disclosed by the recipient unless the recipient is covered by state laws that limit the use and/or disclosure of my confidential protected health information.

Name of Party/Agency: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

This authorization will expire on \_\_\_\_ / \_\_\_\_ / \_\_\_\_ or upon the happening of the following event:

\_\_\_\_\_

## Authorization for Use or Disclosure of Protected Health Information

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Information to Be Released (Check all requested)	
<input type="checkbox"/>	Psychotherapy Notes
<input type="checkbox"/>	Treatment Plan/Summary
<input type="checkbox"/>	Diagnostic Summary/Psychological Assessment
<input type="checkbox"/>	Educational Record
<input type="checkbox"/>	Medical Records
<input type="checkbox"/>	Other:

Print Client's Name: \_\_\_\_\_ DOB \_\_\_\_\_

Client's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witnessed By: \_\_\_\_\_ Date: \_\_\_\_\_



## PATIENT RIGHTS AND HIPAA AUTHORIZATIONS

The following specifies your rights about this authorization under the Health Insurance Portability and Accountability Act of 1996, as amended from time to time (“HIPAA”).

1. Tell your mental health professional if you don’t understand this authorization, and they will explain it to you.
2. You have the right to revoke or cancel this authorization at any time, except: (a) to the extent information has already been shared based on this authorization; or (b) this authorization was obtained as a condition of obtaining insurance coverage. To revoke or cancel this authorization, you must submit your request in writing to your mental health professional and your insurance company, if applicable.
3. You may refuse to sign this authorization. Your refusal to sign will not affect your ability to obtain treatment, make payment, or affect your eligibility for benefits. If you refuse to sign this authorization, and you are in a research-related treatment program, or have authorized your provider to disclose information about you to a third party, your provider has the right to decide not to treat you or accept you as a client in their practice.
4. Once the information about you leaves this office according to the terms of this authorization, this office has no control over how it will be used by the recipient. You need to be aware that at that point your information may no longer be protected by HIPAA.
5. If this office initiated this authorization, you must receive a copy of the signed authorization.
6. ***Special Instructions for completing this authorization for the use and disclosure of Psychotherapy Notes.*** HIPAA provides special protections to certain medical records known as “Psychotherapy Notes.” All Psychotherapy Notes recorded on any medium (i.e., paper, electronic) by a mental health professional (such as a psychologist or psychiatrist) must be kept by the author and filed separate from the rest of the client’s medical records to maintain a higher standard of protection. “Psychotherapy Notes” are defined under HIPAA as notes recorded by a health care provider who is a mental health professional documenting or analyzing the contents of conversation during a private counseling session or a group, joint, or family counseling session and that are separate from the rest of the individual’s medical records. Excluded from the “Psychotherapy Notes” definition are the following: (a) medication prescription and monitoring, (b) counseling session start and stop times, (c) the modalities and frequencies of treatment furnished, (d) the results of clinical tests, and (e) any summary of: diagnosis, functional status, the treatment plan, symptoms, prognosis, and progress to date.

In order for a medical provider to release “Psychotherapy Notes” to a third party, the client who is the subject of the Psychotherapy Notes must sign this authorization to specifically allow for the release of Psychotherapy Notes. Such authorization must be separate from an authorization to release other medical records.

## Authorization Release for Consent to Record and Use of Recorded Material

Video and audio recording are commonly used for consultation, training and research in individual, group and family therapy. In order to record sessions, your written consent is required. The recording of sessions will likely enhance the effectiveness of your or your child's treatment, but is not required. You may decline to have sessions recorded.

### ***Confidentiality***

For any of the uses agreed to below, the strictest confidentiality will be maintained, and there will be no sharing of the recorded material beyond the limits specified below. Except for your first names and your voice and/or image on the recording, there will be no information that could identify you. The recording will never knowingly be shared with anyone who knows you. Mental health professionals who may view or hear recorded material of your session (if permission is given here) are bound by law and by code of ethics to the same obligation to protect your confidentiality. Except as noted below, the existence of this recording will not be discussed with anyone at any time.

Indicate preference by initialing below	
Video & Audio	Audio Only

### **How Recorded Material May Be Used**

\_\_\_\_\_

#### **Consultation**

The recording may be shared with a clinical consultant who has been engaged to provide expert clinical consultation regarding the therapy process. This consultation is a vital source of professional development and accountability; it provides additional clinical expertise as a resource to your treatment and increases its effectiveness.

\_\_\_\_\_

#### **Training**

A brief recording excerpt may be used by D. Gotel in the training of child and family therapists to demonstrate concepts and techniques of treatment. No information that could identify you, beyond the content of the tape, will be shared.

\_\_\_\_\_

#### **Session Review Only**

The recording may be reviewed privately by D. Gotel prior to the subsequent session. It will not be kept beyond the subsequent session and no recording will be kept beyond the conclusion of treatment.

### **Freedom to withdraw consent**

I understand that I may withdraw previously granted consent at any time without giving a reason, and that this will not affect my or my child's treatment or relationship with the therapist in any way.

## Authorization Release for Consent to Record and Use of Recorded Material

### Clients Under Age 18

I, \_\_\_\_\_, hereby give consent to Douglas Gotel LICSW, RPT-S to  
 Parent/Guardian

video record counseling sessions with \_\_\_\_\_ for the purposes indicated above.  
 Child Name

\_\_\_\_\_  
 Parent/Guardian Signature Date

\_\_\_\_\_  
 Parent/Guardian Signature Date

\_\_\_\_\_  
 Douglas Gotel, LICSW, RPT Date

### Adult/Family

I give my consent to Douglas Gotel, LCSW, RPT-S to record individual/family sessions for the purposes indicated above.

\_\_\_\_\_  
 Client Signature Date

\_\_\_\_\_  
 Client Signature Date

\_\_\_\_\_  
 Client Signature Date

\_\_\_\_\_  
 Client Signature Date

\_\_\_\_\_  
 Douglas Gotel, LICSW, RPT Date

# Douglas Gotel, LICSW, RPT-S

## **CANCELLATION POLICY**

If you fail to cancel a scheduled appointment, we cannot use this time for another client and you will be billed for the entire cost of your missed appointment.

A full session fee is charged for missed appointments or cancellations with less than a 24-hour notice unless it is due to illness or an emergency. A bill will be mailed directly to all clients who do not show up for, or cancel an appointment with less than a 24-hour notice.

The therapist reserves the right to terminate services after two consecutive missed or cancelled appointments.

Thank you for your consideration regarding this important matter.

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Client Signature (Client's Parent/Guardian if under 18)

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Today's Date

# Douglas Gotel, LICSW, RPT-S

50 E Street SE, Suite 300 Washington, DC, 20003 | Phone: 202-430-5461 | Fax: 202 – 543-2332 | E Mail: info@douglasgotel.com

## Credit Card Payment Authorization Form

This form authorizes regularly scheduled charges to your credit card for services rendered. You will be charged the amount indicated below each session. A receipt for each payment will be emailed to you and the charge will appear on your bank or credit card statement as an "ACH Debit." You agree that no prior-notification will be provided unless the date or amount changes, in which case you will receive notice from us at least 10 days prior to the payment being collected.

### Please complete the information below:

I \_\_\_\_\_ authorize **Douglas Gotel, LICSW** to charge my credit card  
(full name)

indicated below for **\$180** on the scheduled date of each session for payment of therapeutic services.

Billing Address \_\_\_\_\_

Phone# \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_

### Credit Card

Visa  MasterCard

Amex  Discover

Cardholder Name \_\_\_\_\_

Account Number \_\_\_\_\_

Exp. Date \_\_\_\_\_

CCV: \_\_\_\_\_ (3 digit number on back of card)

**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

I understand that this authorization will remain in effect until I cancel it in writing or upon termination of therapeutic services, and I agree to notify Douglas Gotel, LICSW in writing of any changes in my account information or termination of this authorization at least 15 days prior to the next billing date. If the above noted payment dates fall on a weekend or holiday, I understand that the payments may be executed on the next business day. For ACH debits to my checking/savings account, I understand that because these are electronic transactions, these funds may be withdrawn from my account as soon as the above noted periodic transaction dates.

I understand that I am financially responsible for any balance due. I authorize that my credit card be used for balances on my account. In the event that I do not cancel an appointment within 24 hours and my appointment cannot be rescheduled that same week, I authorize that my credit card be charged the **\$180** cancellation fee.

In the case of an ACH Transaction being rejected for Non-Sufficient Funds (NSF) I understand that Douglas Gotel, LICSW may at its discretion attempt to process the charge again within 30 days, and agree to an additional **\$36** charge for each attempt returned NSF which will be initiated as a separate transaction from the authorized recurring payment. I acknowledge that the origination of ACH transactions to my account must comply with the provisions of U.S. law. I certify that I am an authorized user of this credit card/bank account and will not dispute these scheduled transactions with my bank or credit card company; so long as the transactions correspond to the terms indicated in this authorization form.