

step up



Success starts with Step Up

Step Up brings together Minneapolis young people with Twin Cities employers through internships and training that build careers and lead to a diverse, skilled, and equitable workforce.

To be eligible you must:

- Have a home address in the city of Minneapolis
- Be 14-21 years old by June 1, 2022
- Not be currently enrolled in college (PSEO is okay)
- Be eligible to work in the U.S. by June 1, 2022

AND **one** of the following must also apply:

- Meet family income guidelines
- Be a student with a disability
- Have an IEP or 504 plan
- Be an English Language Learner
- Be pregnant or parenting
- Be experiencing homelessness or high mobility
- Be involved in the foster care system
- Have been involved in the justice system

Apply online at
StepUpMpls.org
from Jan 3 to Feb 18, 2022

For more info about
eligibility, visit
StepUpMpls.org

Connect with us



@StepUpMpls



Your stepUp Road Map

1



Apply online at
StepUpMpls.org from
Jan 3 to Feb 18, 2022

Look for your acceptance
email and letter the week
of February 28.

(This letter will have your
training assignment dates.)

2



**Complete Work
Readiness Training**

You **MUST** complete
training to be eligible for
a paid Step Up experience.

All trainings will be online.
You must complete training within your
assigned two-week timeframe but can
work at your own pace.

After completion, eligible
students can earn elective high
school academic credit.

3



**Get ready for
your paid summer
Step Up experience**

Pursue an internship
by completing the
hiring process OR prepare to
be part of the online Career
Exploration Program.

4



**Launch Your
Experience!**

Step Up internships begin
June 21 and end August 19.

**The Step Up online Career
Exploration Program**
begins July 11.

**Step Up has two unique opportunities in 2022
to help young people kick-start their careers:**

Paid Internships

After completion of training,
participants who are matched
with an internship will complete
additional preparation steps.

- **Level 1 interns**
(14-15 years old) will earn \$12.75/hour
- **Level 2 interns**
(16-21 years old) will earn at least
\$15/hour.

Paid Career Exploration Program

- **All participants:** After completion of
training, participants who do not work in
an internship can participate in the online
Career Exploration Program. In this five-
week paid experience, participants can
earn up to \$600. Eligible students can also
earn elective high school academic credit.

**Can't make your assigned
Work Readiness Training
dates? Contact us BEFORE
your training if you need
to reschedule in order to
remain an active participant.**

Step Up is proud to offer paid career experiences for all youth who successfully complete Work Readiness Training. While internships are not guaranteed – and fewer are available as our community continues to recover from the COVID-19 pandemic – all youth who complete training and are not matched to an internship will be invited to participate in our five-week paid online Career Exploration Program.

** Please note: many employers now require proof of vaccination for COVID-19, so participant vaccination status can impact their internship opportunities.*

Have a question?

Call: 612-455-1541
Text: 612-999-2772

stepupinfo@achievempls.org