	Satisfaction S	corecard		
(0)	Date:	Name:		
	Scoring: 10 high	est		
1. If you we	ere to give a SCORE o	out of 10 for how SA	ATISFIED you are	with your life overall?
/ 10				
2. If you we	ere to give a SCORE o	out of 10 for how m	uch FUN you are	having in life?
/ 10				
3. If you we	ere to give a SCORE o	out of 10 for how H	APPY you are in	your current CAREER?
/ 10				
<b>4.</b> If you we		of 10 for how overw	helmed, BUSY or o	cluttered you currently feel?
/ 10				
5. I like my	self:	0	_	V
<del></del> 5		0	+5	(please put an $X$ on the line to correspond with how much you like vourself on a scale of -5 to +5)
6. What is y	your FAVOURITE thin	ng in your life at the	e moment? (like l	best)
7. What co	uld be IMPROVED in y	our life at the mon	nent? (like least)	
8. I am lool	king: (please ti	ck all that apply)		
☐ For More ☐ For More ☐ To Chan ☐ To Achie ☐ To Learn	e Meaning/Purpose in e Fulfillment/Happine e Ease/Simplicity or B e Freedom and/or Inn ge or Move Forward in eve my Goals Faster/M n to Trust Myself More there was something you haven	ess in Life alance in Life er Peace in Life n my Career More Easily e/Be My Authentic Se		
9. I am read	dy to take ACTION ar	nd make changes in	my environmen	t, habits and life

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Maybe / Yes / No

(please circle)