

PINNACLE SPIRITLINE



2022 TRYOUT INFORMATIONAL PACKET

All questions regarding the information in this packet can be answered during the Mandatory Parent Meeting on
Monday July 25th @ 6:00 pm

TABLE OF CONTENTS

ELIGIBILITY	Page 1
TRYOUT WEEK	Page 2
TEAM SELECTION	Page 3
POM SCORE SHEET	Page 4
CHEER SCORE SHEET	Page 5
COMMITMENT	Page 6
IMPORTANT DATES	Page 7
COMPETITION	Page 8 & 9
INVESTMENT	Page 10
PARENTS GUIDE	Page 11
TRYOUT CHECKLIST	Page 12

TRYOUT ELIGIBILITY

- **Must be a Pinnacle High School student (or incoming freshman / transfer to Pinnacle)**
- **Auditions are open to Freshman - Seniors**
- **Must be medically fit and provide current physical, district paperwork, and signed contract on file with the athletic department**
- **Must have submitted all necessary paperwork for auditions on-time.**

MEMBER RESPONSIBILITIES

- **Maintain satisfactory teacher recommendations**
- **Maintain a “C” or Higher on ALL Quarter and Semester Grade Checks**
- **Must hold a minimum 2.5 GPA**
- **Represent Pinnacle High School and The Spiritline program in the best light both on and off campus.**
- **Abide by all rules set forth by the program and school.**

Students who are selected to be a Pinnacle Spiritline Member may realize their time commitment to this program will not allow for their participation in other sports, co-curricular activities, or any activity that would interfere with their spiritline responsibilities. This includes but is not limited to competing with all-star cheerleading or studio competition teams during the competitive season November-February. Traditional studio dance involvement is only possible if it does not interfere with spiritline responsibilities and does not take a physical toll on the participant.

TRYOUT WEEK DETAILS

MONDAY JULY 25TH

MANDATORY PARENT MEETING

PHS Big Gym | 6:00pm

Athletes must attend this meeting with at least 1 parent

TUESDAY JULY 26TH - THURSDAY JULY 28TH

MANDATORY TRYOUT CLINICS

PHS Small Gym | 6:00pm - 8:00pm

Athlete must attend ALL 3 days of Tryout Clinics

FRIDAY JULY 29TH

TRYOUT EVALUATIONS & TEAM SELECTIONS

PHS Big Gym | 4:00 pm - TBD

All athletes are required to stay until the end of tryout in case callbacks are needed. No athlete will be permitted to leave early for any reason.

WHAT TO WEAR

CHEER

- BLACK Shorts or leggings & FITTED top
- Athletic / cheer shoes
- Hair should be secured up and off of face, in a ponytail (bows encouraged)
- Light makeup is recommended. Please look presentable.
- Bring snacks & water!

POM

- BLACK Shorts or leggings & FITTED top
- Tan jazz shoes
- Hair should be secured up and off of face, in a bun (bows optional)
- Light makeup is recommended. Please look presentable.
- Bring snacks & water!

Team Selection Process

SELECTED
FOR EACH TEAM

Varsity Cheer: 12-20
Varsity Pom: 12-20
JV Cheer: 10-15
JV Pom: 10-15

- JV coach recommendations will be taken into account during the selection process when selecting a Varsity team (behavior, performance, effort, attitude, etc.)
- Previous Spiritline members are never guaranteed a spot on the team the following season.
- Judges are highly qualified professionals ranging from college team members, coaches, camp instructors, etc. Special attention is made to not include anyone affiliated with any girl trying out. To ensure fairness, girls will try out as a number, not a name.
- Athletes will be evaluated on technique, skill execution, coordination, rhythm, personality, appearance, poise, showmanship, knowledge, confidence, ability to learn quickly, and a professional presence.
- Scores will be totaled twice to detect errors.
- Both high and low scores will be pulled before averaging.
- We do not discriminate based on race, religion, color or national origin.

Tryouts are closed to parents, friends, etc.

ALL TRYOUT DECISIONS ARE FINAL.

There will be no verbal discussions between parents and coaches or judges following tryouts. If an athlete would like feedback following tryouts they must wait 14 days to contact the coach (Friday August 12th) in order to set up a meeting. We are happy to provide feedback and advice on what you can work on for next year, but will NOT discuss scores.

Our 2022 - 2023 Team Roster will be posted to the Pinnacle Spiritline website by midnight on Friday July 29th.

2022 POM Score Sheets

POM RUBRIC		Max Points
Interview (5)		5
Chant (10)	Motion Precision / Strength	5
	Projection / Crowd Appeal	5
Pom (30)	Projection / Style	5
	Motion Precision / Strength	10
	Technique	15
Jazz (30)	Projection / Style	5
	Motion Precision / Strength	10
	Technique	15
A La Second Turn Combo (10)		10
Head Spring (5)		5
Aerial (5)		5
Overall Appeal (5)		5

2022 CHEER Score Sheets

CHEER RUBRIC		Max Points / Point Range
Interview (5)		5
Chant (15)	Motion Precision / Strength	10
	Projection / Crowd Appeal	5
Dance Routine (15)	Memory / Recovery	5
	Placement / Sharpness	5
	Enthusiasm / Confidence	5
Jumps (15)	Triple Jump	0-5
	Double Jump BHS	6-10
	Double Jump Tuck	11-15
Standing Tumbling (15)	None	0
	Back Handspring	1-5
	Multiples	6-10
	Multiples to tuck	11-15
Running Tumbling (15)	Roundoff	0-1
	BHS	3-5
	Multiples	6-8
	Back Tuck	9-11
	Layout	12-13
	Full	14-15
Bonus Tumbling (15)	Standing Tuck	0-5
	BHS Tuck	0-5
	Cartwheel Tuck	0-5
Overall Appeal (5)		5

Commitment

Varsity Pom

Mondays | 2:30pm - 4:30pm (*Technique*)
Tuesdays | 2:30pm - 4:30pm
Wednesdays | 2:30pm - 4:30pm
Thursdays | 2:30pm - 4:30pm (*Game Day Practice*)
Fridays | Football Game

Varsity Cheer

Mondays | 5:00 am - 7:00 am (*Technique*)
Tuesdays | 5:00 am - 7:00 am
Wednesdays | 5:00 am - 7:00 am
Thursdays | 2:30pm - 4:30pm (*Game Day Practice*)
Fridays | Football Game

JV Pom

Mondays | 2:30 pm - 4:30 pm (*Technique*)
Tuesdays | 6:00 pm - 8:00 pm
Wednesdays | 6:00 pm - 8:00 pm OR Football Game
Thursdays | 6:00 pm - 8:00 pm OR Football Game
Fridays | OFF

JV Cheer

Mondays | 6:00 pm - 8:00 pm (*Technique*)
Tuesdays | 6:00 pm - 8:00 pm
Wednesdays | 6:00 pm - 8:00 pm OR Football Game
Thursdays | 6:00 pm - 8:00 pm OR Football Game
Fridays | OFF



Elite Skill Set
Varsity Football Games
Varsity Boys Basketball Games
Attend USA Nationals
6 Service Events



Advanced Skill Set
Frosh & JV Football Games
JV Boys Basketball Games
4 Service Events



ADDITIONAL IMPORTANT DATES

MON. AUGUST 1ST

MANDATORY NEW TEAM PARENT / ATHLETE MEETING

FRI. AUGUST 5TH - SUN. AUGUST 7TH

2022 SPIRITLINE RETREAT (OVERNIGHT CAMP)

THURS. SEPTEMBER 1ST - SAT. SEPTEMBER 3RD

V. FOOTBALL GAME IN CALI (VARSITY ONLY)

FRI. SEPTEMBER 30TH

2022 JR. CHEER CLINIC (ALL TEAMS TO ATTEND)

WED. OCTOBER 5TH & THURSDAY OCTOBER 6TH

UCA HOME CAMP (VARSITY CHEER ONLY)

No School Practice Blocks

Times of practice: TBD

- Monday September 26th
- October 5th, 6th & 7th
- Friday November 11th
- December 27th, 28th & 29th
- Monday January 16th
- Monday February 20th

Saturday Practice Blocks

Times of practice: TBD

- September 17th
- October 8th
- November 5th
- January 14th

No Practice...

Feel free to make plans!

- **Labor Day**

Monday September 5th

^ Varsity will be California that Thurs. - Sat.

- **Thanksgiving Break**

Wed. November 23rd - Sun. November 27th

- **Finals Week**

Mon. December 12th - Thurs. December 15th

- **Winter Break**

Fri. December 16th - Sun. January 1st

^ Varsity teams WILL have practice 3 days over winter break

- **Spring Break**

Monday March 13th - Friday March 17th

^ We will be done with our season at this time

Competition Season

November – February

Pinnacle Spiritline is a HIGHLY competitive program, and while we dedicate much of our time to school events and serving our community we also spend a large portion of our season preparing for local and national competitions.

- We compete in 5-7 local competitions + Nationals in Anaheim, California
- Competition season starts November 1st.

2022 - 2023 COMPETITION CHOREOGRAPHY DATES

Varsity Pom | Fri. August 26th & Sat. August 27th

Varsity Jazz | Sat. September 10th & Sun. September 11th

Varsity Cheer | Fri. August 12th & Sat. August 13th

Varsity Game Day | TBD

JV Pom | Fri. August 19th & Sat. August 20th

JV Jazz | Sun. September 4th

JV Cheer | Tue. September 20th & Thurs. September 22nd

2022 - 2023 COMPETITION DATES

Saturday November 12th 2022 - **Competition Critique**

Saturday November 19th 2022- **USA Regional Competition #1**

Saturday December 3rd 2022 - **UCA / UDA Regional Competition**

Saturday December 10th 2022 - **USA Regional Competition #2**

Winter Break Practices for Varsity Teams- December 27th, 28th & 29th

Saturday January 7th 2023 - **UDA / UCA Regional Competition**

Thursday January 19th - Saturday January 21st - **AIA State 3 Day Event (varsity only)**

Saturday February 18th - **Pink State**

February 23rd - 28th 2023 - **USA Nationals in Anaheim California (varsity only)**

Competition Season

Continued...

ALTERNATES

- Alternates will be selected by the team's head coach with the help of the judges following tryouts.
- Alternates will be informed of their position and given a reason for being placed as an alternate, along with a list of goals to reach.
- Improvement of skills is encouraged but does NOT guarantee a spot on the floor / mat.
- Alternates are required to attend all practices, competitions and anything required by the varsity teams, including Nationals in Anaheim, California.
- All Alternates are required to purchase the competition uniform and any additional items specific to competition.
- Alternates are subject to change at any time throughout the year, this is up to coaches discretion.
- The number of alternates may vary at any time, up to coaches discretion.

COMPETING NUMBERS

Varsity Pom: 11

Varsity Jazz: 11

Varsity Cheer: 12-15

Varsity Game Day: TBD

JV Pom: TBD

JV Jazz: TBD

JV Cheer: TBD

A \$500 payment will be due for each new member at the New Team Meeting on Monday August 1st @ 6:00pm

Financial Investment

Costs are estimated based on what was spent in past years. Included in the cost are all practice gear, competition uniforms, choreography, music, poms, backpacks, warm ups, game shoes, technique classes and more! Please understand inflation is real which also effects our budget!

Projected Required Fundraising

- Booster Club will require an approximate \$230,000 budget this season in order to cover competition fees, banquet expenses, transportation fees, some apparel, senior gifts, end of year gifts, competition day meals / snacks, end of year awards, etc.
- Ex: If we have 50 athletes in the program, that makes $\$230,000/50 = \$4,600$ per person

VARSIITY POM

Returner: \$2,600

New Member: \$3,100

VARSIITY CHEER

Returner: \$2,600

New Member: \$3,100

JV POM

Returner: \$2,500

New Member: \$2,600

JV CHEER

Returner: \$2,500

New Member: \$2,600

TENTATIVE PAYMENT SCHEDULE

Friday August 19th	\$500
Friday September 2nd	\$500
Friday September 16th	\$500
Friday September 30th	\$500
Friday October 14th	\$500
Friday October 28th	Remaining Balance

PAYMENT PLANS THROUGH BOOSTERS AVAILABLE UPON REQUEST

NATIONALS PAYMENTS

An additional payment will likely be required for all Varsity members attending USA Nationals. This payment will be anywhere between \$500 - \$1,200 and must be paid in full by December 11th. Please note this is an additional payment on top of the fee's listed above.

Parents Guide

Hints for successful support

- Support their child and celebrates all the kids in the program
- Back the coaches and realizes there will inevitable be bumps in the road
- Are cognisant that this is a life-lesson environment that will help their child grow and build character
- Realize that this in a team sport/program and allows their child to make sacrifices for the betterment of the group
- Understand that their child is on the team and they are not. Allow their child to advocate for him/herself and take personal responsibility
- Involve themselves in appropriate parental areas: boosters, fundraisers, planning fun activities like parties and banquets.

Parents whose child finds the program to be a good fit



Parents whose child finds the program not suited for their needs

- Are constantly comparing their child to others and criticizing others to make their child look better
- Constantly inserts themselves in the process and tries to fix everything
- Become distressed when their child experiences setbacks or comes home unhappy
- Try to have exceptions made for their child and consistently thinks of their child's needs above the needs of the group
- Try to do everything for their child...to the point where even they don't encourage their child to engage in simple communication and/or bring up concerns directly with the coaches/advisor
- Try to involve themselves in coaching matters like who is competing or in what capacity, what competitions the squad is attending, or who should make what team.

Tryout Checklist

- Tryout Packet: Read through the entire Tryout Informational Packet to learn about the structure of our program and tryout process.

- Tryout Interest Form: Complete the Tryout Interest Form online by visiting our website at pinnaclespiritline.com or clicking the link below. The form will close Sunday July 24th @ 11:59 pm.
 - Click [HERE](#) for the 2022 - 2023 Tryout Interest Form.

- Register My Athlete: Complete your Register My Athlete profile. This does include a Sports physical & doctors signatures (physical must be dated after March 1st 2022). Please plan ahead! Athletes must be cleared through RMA to try out. No exceptions!
 - Click [HERE](#) for RMA Instructions
 - Click [HERE](#) for RMA Parent Training
 - Click [HERE](#) to access the RMA Website

- Brainbook Concussion Course: This course is required for all NEW athletes to Pinnacle.
 - If you have completed your concussion course in the past, you can upload your old certificate in your RMA profile- you do NOT need to retake it!
 - Click [HERE](#) for Concussion Course

*It's not enough to just want to BE a Spiritline Member or wear the uniform.
Before trying out, evaluate your motives:*

- 1. Are you willing to practice & work long, hard hours, including many weekends throughout the year?*
- 2. Are you able to meet the physical demands of this program?*
- 3. Are you prepared with keep up with the academic demands of being an athlete on campus?*

Evaluate your situation very closely.

By choosing to audition, you are choosing to commit to everything that Spiritline encompasses.