



D-DAY 77

TERMS & CONDITIONS

Your challenges must be completed between Tuesday 1st June 2021 and Wednesday 30th June 2021, giving you the entire month of June to complete. These challenges are open for every level of runner/walker. You must either use one or more runs/walks to get to the total distance of 77 miles if you intend on doing the "D-Day 77" event. The 77 miles can be done anywhere at any time in the month of June. You can use one run or several to complete. Please maintain and observe social distancing at all times unless law says otherwise.

The "D-Day: Dash @ The Beach" 5K needs to be completed in one activity and on a beach for the entire duration of the 5K. This can be done by a single stretch of beach that is 5K or more, or a number of laps of a section beach that takes you up to the distance of 5K. It is your responsibility to check the tide times. Tide time website addresses are in the pre-event information booklet. You are strongly advised to keep away from the sea with an oncoming tide and to avoid the beach all together in the event of tremendously adverse weather. Please check the local weather forecast also.

The "D-Day Dash: 10K" can be completed anywhere. THIS DOES NOT HAVE TO BE BEACH. This virtual event does however need to be completed in ONE ACTIVITY, either running or walking or a mix of the two. Please maintain and observe social distancing at all times unless law says otherwise.

The "D-Day Dash: Half Marathon" can be completed anywhere. THIS DOES NOT HAVE TO BE BEACH. This virtual event does however need to be completed in ONE ACTIVITY, either running or walking or a mix of the two. Please maintain and observe social distancing at all times unless law says otherwise.

The "D-Day Dash: Marathon" can be completed anywhere. THIS DOES NOT HAVE TO BE BEACH. This virtual event does however need to be completed in ONE ACTIVITY, either running or walking or a mix of the two. Please maintain and observe social distancing at all times unless law says otherwise.

You CAN do the challenge by running/walking another race/event. It wouldn't be fair to some of you out there that cannot do all of your events that you've entered prior to entering this one. These runs can be completed as a social or training run/challenge for yourself (within COVID-19 guidelines). Visit [GOV.UK](https://gov.uk) to check on what you can and cannot do at the time of running. In an ever-changing landscape, anything can change at any time.

You will be emailed a link to add your own data to before the start of the challenge, or when you enter. (Whichever one comes first). The data and images and screenshots that you upload will be subject to usage by us as from the moment you upload them. You are entering into an agreement with us that we can use the info/photos for the purposes of ONLY this event and to further

promote said event and the 'REORG' Charity. You can opt out of this at any time by informing us via Facebook messenger, email or writing to us at:

Bys Vyken Events & Cornish Trails

Hayle Terrace

Hayle

Cornwall, UK

TR27 4BT

'REORG Charity' or 'JustGiving' are NOT affiliated with this event. Bys Vyken Events & Cornish Trails are merely donating 50% of the entry fees of this event to them the 'REORG' Charity on our own behalf and not the behalf of anyone else or any charity or commercial company or individual.

THERE WILL BE PRIZES FOR 1ST, 2ND AND 3RD MALE AND FEMALE IN THE "D-DAY 77" 77 MILE EVENT ONLY THIS WILL BE A LASER CUT LIGHTHOUSE TROPHY AND WILL BE POSTED OUT POST-EVENT, SO AFTER WEDNESDAY JUNE 30TH 2021. MEDALS WILL BE SENT OUT AFTER THE EVENT IS OVER ALSO. THEY WILL BE SENT OUT COLLECTIVELY TO ALL WHO EARNED THEM AND COMPLETED THEIR RESPECTIVE CHALLENGE.

LEADERBOARD/HOW TO WIN RULES:

77 OF MILES OF DISTANCE (AS STATED ABOVE). THIS IS TO BE COMPLETED IN AS LITTLE OR AS MANY ACTIVITIES AS POSSIBLE IN THE 1 MONTH PERIOD (ALSO STATED ABOVE). THE WINNERS WILL HAVE TAKEN THE QUICKEST ACTIVITY TIME COMBINED OVERALL, IE THE TOTAL ELAPSED TIME ON EACH ONE OF YOUR ACTIVITIES WILL BE ADDED TOGETHER TO DETERMINE WHAT TIME YOU ACTUALLY SPENT RUNNING/WALKING TO GET TO THE TOTAL DISTANCE. OUR TECHNICAL DIRECTOR, ADRIAN BROWN WILL EMAIL LINKS TO ALL PARTICIPANTS SO THAT THEY CAN UPLOAD THEIR DATA THEMSELVES.

ALL FINISHERS TO ALL CHALLENGES WILL GET THE SAME BESPOKE TO THE EVENT MEDAL, BUT A DIFFERENT RIBBON TO DISTINGUISH YOUR CHALLENGE FROM ANOTHER RUNNER, UNLESS THEY'VE DONE THE SAME CHALLENGE AS YOU

THE DISTANCE CHALLENGE WILL BE DETERMINED FROM THE OVERALL TIME TAKEN TO COMPLETE THE CHALLENGE. FOR INSTANCE, IF YOU COMPLETE THE CHALLENGE IN JUST 3 RUNS AT A TOTAL OF 12 HOURS, AND SOMEBODY DOES IT IN 28 RUNS AT A TOTAL OF 11.5 HOURS, THEN TECHNICALLY THE PERSON WHO DID IT IN 11.5 HOURS HAS BEATEN YOU. THERE WILL BE NO DISAGREEING WITH US ON THIS RULE. OVERALL RESULTS WILL BE PUBLISHED BY BYS VYKEN'S TECHNICAL DIRECTOR, ADRIAN BROWN ONTO THE SAME SITE THAT YOU WILL BE UPLOADING YOUR DATA ONTO.

YOU'LL ALSO RECEIVE AN INVITATION TO JOIN AN EXCLUSIVE FACEBOOK GROUP WHERE YOU CAN UPLOAD YOUR PHOTOS, CHEER EACH OTHER ON AND SHARE ALL OF YOUR ADVENTURES IN THIS

CHARITY CHALLENGE. HOWEVER, ONLY UPLOADING YOUR DATA IN THE CORRECT PLACE WILL COUNT TOWARDS YOUR TOTAL AS IT WILL ALL BE DONE ONLINE AND NOT MANUALLY BY THE RACE DIRECTORS OR TECHNICAL DIRECTORS.

THE TECHNICAL DIRECTOR AND YOUR GO TO PLACE FOR ALL TECHNICAL QUERIES REGARDING THE WEBSITE.

Only uploading data to prove that you completed your challenge will be accepted as qualification for a bespoke Sherman tank medal. Data from GPS watch/phone or app will be accepted and you must send this by uploading each segment/section of your journey onto that aforementioned link.

You will be able to keep track of your progress and your journey using the link that will accompany your adventure. You will be placed onto a 'Strava' – like leader board and your progress will also be open for everyone else to see too. No doubt a Strava group will be set up by somebody as usually a runner doing our virtual events will sort one out. This isn't generally done by us and ONLY the data you upload to our WEBSITE and not STRAVA will count to your official 77 mile event.

THE 5K, 10K, HALF MARATHON AND MARATHON RUNNERS NEED NOT WORRY ABOUT SELF UPLOAD.

ALL RUNNERS NOT DOING THE 77 MILES WILL HAVE TO SEND THEIR DATA THROUGH MANUALLY WITH A SCREENSHOT OR A LINK TO THEIR ACTIVITY USING OUR EMAIL ADDRESS:

bysvykencornishtrails@gmail.com

Please send a photo including that of you wearing your printed out bib (you're responsible for bib printing and ink and energy costs). You DO NOT have to wear your bib, or indeed even print one. It's just there to give you an actual event feel and serves as an extra memento. Please note that even though this isn't an actual race, you are advised to still write emergency info and your name on the number in case of an emergency or should the ultimate hazard of dying in the middle of your run occur! You are advised to keep away from built up areas and are advised to maintain 2 metres (6ft) of distance between yourself and anyone else.

If you are taking on technical or long runs then you are advised to wear the correct kit and be responsible for yourself and others whilst doing so. You are advised to use the correct maps and a compass if you know how to use one, particularly if you intend on running on expansive moorland and/or National Parks etc.

TREADMILL RUNNING WILL COUNT. CYCLING WILL NOT!

This is not an actual race as such! This is a fun and personal challenge. You will be responsible for picking your own routes/paths/journey and the number of miles on each outing/segment/section of your individual challenge.

THIS MUST BE COMPLETED WITHIN THE ONE MONTH TIME LIMIT. YOU CAN RUN ON ANY DAY IN JUNE THAT YOU CHOOSE. You are advised to keep to public rights of way only and are advised to respect the basic environmental codes of closing ALL gates and not littering on your chosen route.

PLEASE PICK UP ANY SHIT THAT YOU DROP AND TAKE IT HOME WITH YOU!!!

All information about the 'REORG' Charity can be found within this guide, along with the 'JustGiving' link so you can tell your friends and family and hopefully get them to help support the cause too.

Upon signing up for this challenge and adventure, you are agreeing to all the rules and regulations laid out in these terms and conditions and declare yourself fit, capable and healthy. This challenge is open to all those wishing to walk as well as run. It is not eligible for any other method of transportation.

Not everybody will be running the same route and same sections/segments at the same time or even in the same places. The leaderboard is only for added fun.

Bys Vyken Events & Cornish Trails and their race directors, David Andrewartha & Sally Galsworthy, their technical director, Adrian Brown, 'REORG Charity', any and all Cadgwith and Lizard Peninsula fishermen and women, Bys Vyken Race Team, every landowner, tenant or charity responsible for maintaining the area in which you decide to run, or 'JustGiving' are not responsible for the route you take, the gear that you wear whilst doing so, the nutrition and hydration, or lack of that you take with you or indeed your injury or death whilst pursuing this challenge. We will have no marshals or aid stations or maps on your route. This is YOUR route, remember. We have no say over where you go, or how fast you do it in. You assume complete responsibility of yourselves and your own environment. Sticking to public rights of way and taking and reading a map is advised and essential in lots of places. It's recommended that you figure out where you're going before leaving the home. You are responsible for yourself and recommend that challengers under the age of 16 should be accompanied by an adult.

You are ultimately responsible for sticking to the Government guidelines surrounding what you can and cannot do during the Covid-19 pandemic/crisis. Try not to spit or gob at pedestrians and take a mask! Do what you can to make yourself and others as safe as possible.

You are responsible for any and all PPE you may need during your challenges.

You are advised to read the do's and don'ts on the Gov.uk link in your initial email and the one mentioned earlier on. By reading this and entering, you are accepting liability.

ALL PHOTOS/IMAGES THAT ARE POSTED BY YOU ON OUR SOCIAL MEDIA AND/OR EMAILED TO US WILL MEAN YOU GIVE US PERMISSION TO USE THEM FOR PUBLICATION AND PROMOTION OF THIS AND ANY FUTURE EVENTS. YOUR IMAGES MAY BE USED TO ADD TO CERTAIN FACEBOOK ALBUMS, BUT WILL NEVER BE SHARED TO ANY OTHER PAGE THAT'S NOT OWNED BY BYS VYKEN EVENTS & CORNISH TRAILS OR WITH ANY INDIVIDUAL. BY SENDING TO US, POSTING ON OUR PAGES OR TAGGING IN SOCIAL MEDIA POSTS, YOU GIVE US PERMISSION TO USE YOUR IMAGES/LIKENESS'.

There will be a no refund policy in place and you will not be allowed to transfer or defer to any actual physical OR virtual event held by us. IN THE EVENT OF AN EMERGENCY, DIAL 999 where you will be able to contact ambulance, police, fire and coastguard services along with mountain rescue if you should need their assistance. Once again, please respect the environmental code. Close all gates behind you and do not litter the area where you run (as previously stated within these terms).

You must understand that your event fee will be used for the administration of your entry and your medal and posting of said medal before money is declared a profit for the 'REORG Charity'. No charity that you are raising money for with this challenge (if you decide to use this as a fundraiser) will NOT be responsible in exactly the same way that Bys Vyken Events & Cornish Trails and those sole trading as Bys Vyken Events & Cornish Trails are not responsible.

Medals are subject to availability and COVID-19 delays.

These terms & conditions were assembled by the Governing Event Director of 'Bys Vyken Events & Cornish Trails, David Andrewartha.

You are responsible for any people or animals you take on your challenge. You should take responsibility for yourselves. We are not responsible for you and for anything you do on this challenge. We thank you for taking the time to read. Enjoy your adventure! X