#### Elements of a Family Plan of Action

#  “*It’s Time to Get Organized Process”*

# SEMINIAR #22

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|  | Purpose:  | The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue. |
| □ | Instructions | Bereavement not a process with step by step path for a family to consider when developing their response in how to best create a solution to a family member passing. Complete each step below to formulate your possible family course of action.  |
|  | Identify the Issue | First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed. |
| □ | Complete Family Transformational Response (F.T.R.) | Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews what is included in a Elements of a Family Plan of Action: : What Change to Expect, The Family Meeting, Making a Family Decision. Which of these will the family member need to seek help in solving? |
| □ | Complete Family Value Based Decision -Making Model | In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.  |
| □ | Key Topic #1: What Change to Expect  | Your family members will seek identify What Changes will take place. Determine What impact will it have on the family and each family member? Also complete the practical exercise in the Seminar Workbook. |
| □ | Key Topic #2: The Family Meeting  | Each family member will seek clarity as to if complicated parts of the decision and how a plan will include them or others to create a solution to an issue. Gathering and creating a unified response will require the family to communicate together in a family meeting. Complete the practical exercise in the Seminar Workbook. |
| □ | Key Topic #3: Making a Family Decision  | Having family members who understand a standard way the family will make decision is an advantage for everyone. Learn and decide as a family how decisions will be made, what are the steps? Each family member may have a different way to approach decision making and yet this is a family action that unites all members of the family.  |

# Family Plan of Action

1. **SOLUTION:**

The Identified Solution: (From the completed F.T.R. Worksheet):

1. **DECISION:**

The Decision-Making Process: (From the completed Family Values Decision-Making worksheet)

1. **PLAN OF ACTION:**

**Priority # 1.**

 Task:

 Task:

 Task:

**Priority # 2.**

 Task:

 Task:

 Task:

**Priority # 3.**

 Task:

Task:

Task:

Prior to taking any action it is important to review your families plan of action with a professional therapist, counselor or licensed State/Federal professional. This step should not be ignored and will ensure safety, continuity and bring about the best results for your loved one and your family.