ARISE!

INTERNATIONAL

**ABOUT US**

ARISE! International is a 501 (c) 3 faith based nonprofit organization devoted to helping adult (women) survivors of child sexual abuse heal emotionally, socially and spiritually by providing aftercare resources through facilitation of virtual support groups.

Since 2008, ARISE! International has facilitated forty seven support groups in order to provide survivors a safe place to begin the healing process in order to reclaim their voice and power.

**MISSION STATEMENT**

helping survivors of sexual violence heal



**EMPOWER. EMBRACE. ENCOURAGE.**

**NOW SUPPORTING DISTANT LEARNERS**

Yes, I want to help sponsor a survivor by donating to:

**ARISE! International**

PO Box 1136

Red Oak, TX 75154

Phone (800) 513.2450 – EXT 1

or **DONATE ONLINE** at

www.ariseintl.org

A PLACE OF HOPE AND HEALING





National Sexual Assault Hotline

Confidential – Free – 24/7

**800.656.4673(HOPE)**

**OUR PROGRAM AND SERVICES**

**Christ-centered Support Groups**

Survivor of sexual abuse will come to realize there is hope and healing from the past as they examine the—

* false beliefs about the abuse
* overwhelming effects of the abuse on their life
* process of grieving the pain of sexual abuse and of learning to let go of the past

**Referrals & Resources**

* referrals to professional counseling, crisis hot lines, legal and social services
* connection with faith based ministries to assist clients in rebuilding and establishing their lives to a state of balance

**Community Education & Awareness**

We offer presentations on awareness, prevention and recovery throughout the year to inform the public regarding the pervasiveness of sexual violence and the importance of recovery.

Sexual abuse is any sexual activity (verbal, visual or physical) engaged in without *consent*, which may be emotionally or physically harmful and which exploits a person in order to meet another person’s sexual or emotional needs.

S*helter from the Storm© - Hope for Survivors of Sexual Abuse*

There are many consequences to sexual violence as there are survivors but the most common are:

* misplaced guilt and shame
* unresolved anger
* confusion
* low self-esteem
* fear and anxiety
* depression
* controlling behaviors
* loneliness
* numb (suppression of feelings)
* distrust of people

Consequences of Sexual Violence

What is sexual violence?