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Post-Care Instruction for Microblading/PMU Brows

The following are required Post-Care Instructions that must be strictly adhered to by Client after any and all Microblading/PMU Brow procedures(s).

- **Day of Procedure...** Swelling may occur. An ice pack covered with a paper towel may be applied on the day of and the next day, if needed.
- **For the first 2 Hours...** Gently, but firmly blot brows with the wipes provided every 15 - 20 minutes. This removes any lymph fluid buildup that would cause premature scabbing.
- **6 Hours After the Procedure...** Wipe/blot gently with the sterile water provided using a cotton pad or paper towel and pat dry. Apply a thin layer of the aftercare balm/ointment provided either with a cotton swab or clean fingers. After the first 6 hours, you may apply a thin layer of aftercare balm/ointment as needed to keep brows hydrated and moist. Be sure to gently remove old balm/ointment before applying new if needed.
- **Directions on Reapplying Ointment as Needed...** Use a cotton swab/cotton pad and the sterile water provided. Pat Dry. Apply a thin layer of aftercare balm/ointment with a cotton swab or clean fingers.
- **Next Day - Day 7...** Wash brows gently for 10 seconds (patting motion, not rubbing), AM and PM, with warm water and Dove Sensitive Beauty Bar. Suds up between fingers so all you feel are the bubbles. Splash your brows with lukewarm water. Pat dry with a clean tissue or paper towel. Apply a thin layer of the aftercare balm/ointment.

- **If given...** Use the Micro Tonic **INSTEAD** of Dove Sensitive Beauty Bar and Water for **the first 48-72 hours**. Start 6 hours after the procedure. Use a cotton pad or swab to apply the tonic, let dry, and apply the aftercare balm/ointment. Do this AM and PM. You may use the aftercare balm/ointment as needed throughout the day. After 48-72 hours or before if the pigmented area feels too dry and tight, you may start with “Next Day - Day 7” Regimen mentioned above.
- Do **NOT** allow brows to get wet, other than what was mentioned above for the first 7 days... longer if there is still flaking and/or scabbing present.
- Do **NOT** pick or rub the brows. The flakes must fall off on their own or you risk removing the color and possibly scarring.
- Avoid touching your brows and be mindful of sleeping on your back until your brows have healed.
- The aftercare balm/ointment is to be used as needed for 28 days. At least 1-3 times daily.

FOLLOW FOR ALL PROCEDURES: *A Perfecting Session is included in the pricing and is needed 6-10 weeks following the initial procedure.*

- Avoid makeup on the pigmented area for 2 weeks. You may then use powder products on the brow until healed. (30 days)
- *Avoid Retin-A , AHA’s, and any other active ingredient products while healing. (30 days)
- Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily. (30 days)
- Avoid swimming pools, oceans, hot tubs, saunas, hot yoga, and hot steamy showers. Shower with back to shower head to avoid water, shampoo /conditioner getting into pigmented area. (30 days)
- Avoid dirt (as in gardening), extreme perspiration (the gym) for the **first week** to prevent possible infection.
- Don’t be alarmed if pigment comes off onto Q-tip when applying aftercare ointments.
- Don’t be alarmed by fading after first application. Final color can’t be judged until 2 - 4 weeks post procedure.
- Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.
- If planning a chemical peel, MRI or other medical procedure, please notify technician you have iron-oxide cosmetic tattoo.
- If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- To donate blood, it’s a Red Cross policy to wait one year after any tattooing procedure.