

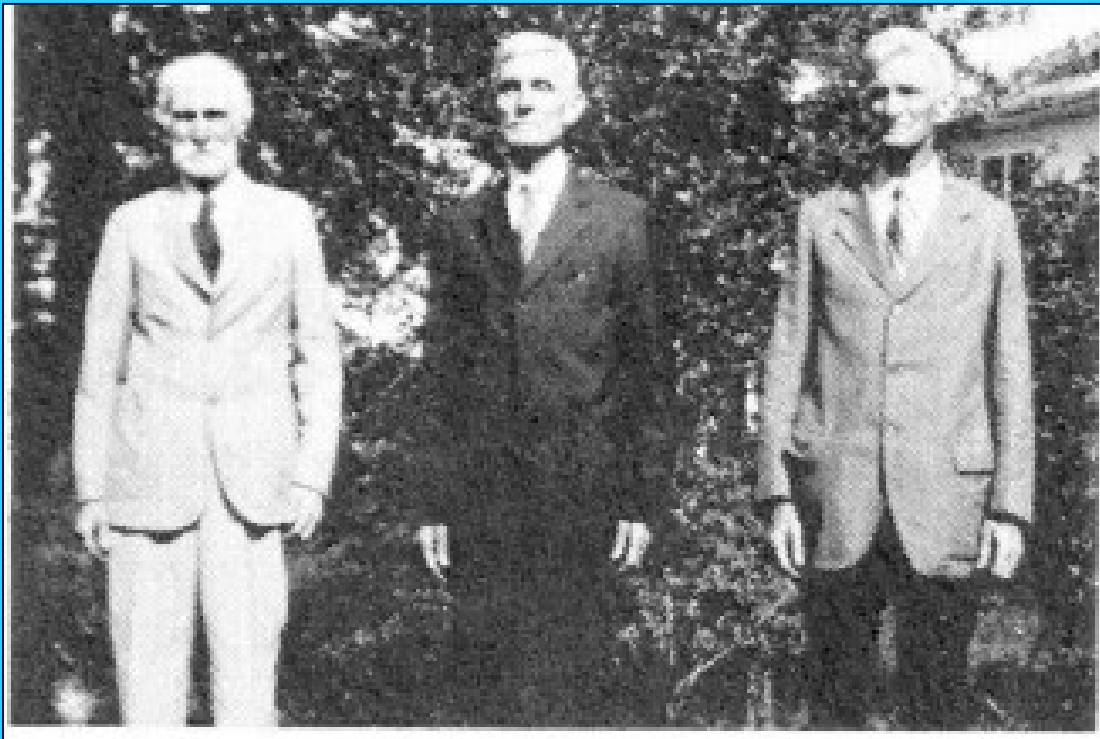
L*ve or Let D*e

Advance Directives

Marty Pressley-Turner
RN-BC, BSN, MS, LCCE, FACCE

Still Working for You LLC

Funeral Frequent Flyer



Cazort Brothers

James Robert Thomas Jay William Alexander

Still Working for You LLC



Garner Twins

May Belle

Cazort Garner Wallace Cemetery













TURNER

"We Must Delight In Each Other"

BILLIE EDWARD
TURNER
MAJOR USAF
NOV 21 1947

MARTHA
PRESSLEY-TURNER
LT COL USAF
DEC 24 1952

Learner Outcomes

The learner will be able to start documenting your own advance directives.

The learner will be able to create an ethical framework to guide discussions related to end of life.

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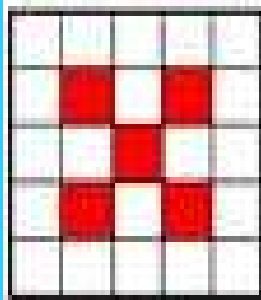
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 - Be present for 80 minutes of the presentation
 - Sign-in on the provided sign-in sheet
 - Complete an evaluation at the end of the program

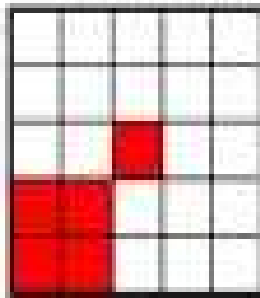
- Learner Outcomes

- The learner will be able to start documenting your own advance directives.

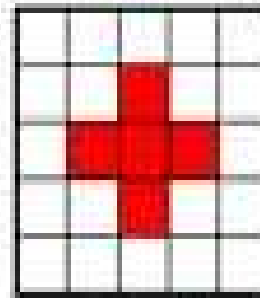
L*ve or Let D*e BINGO



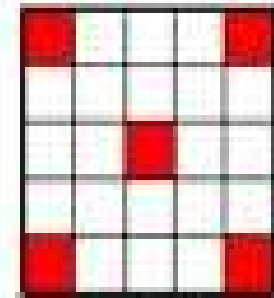
Inside
Corners



Postage
Stamp

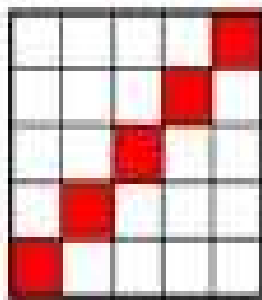


Small
Diamond

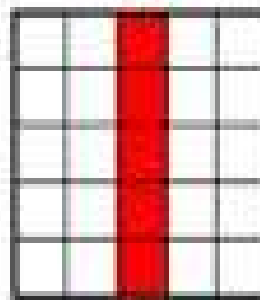


Outside
Corners

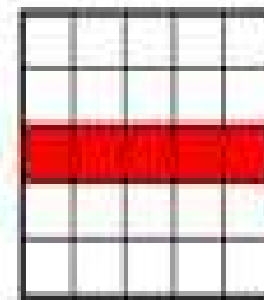
7 Ways To Win



Diagonal



Vertical



Horizontal

U.S. STANDARD CERTIFICATE OF DEATH

AL FILE NO.

STATE FILE NO.

1. DECEDENT'S LEGAL NAME (Include AKA's if any) (First, Middle, Last)				2. SEX	3. SOCIAL SECURITY NUMBER	
4a. AGE-Last Birthday (Years)	4b. UNDER 1 YEAR		4c. UNDER 1 DAY		5. DATE OF BIRTH (Mo/Day/Yr)	6. BIRTHPLACE (City and State or Foreign Country)
	Months	Days	Hours	Minutes		
7a. RESIDENCE-STATE			7b. COUNTY		7c. CITY OR TOWN	
7d. STREET AND NUMBER			7e. APT. NO.	7f. ZIP CODE		7g. INSIDE CITY LIMITS? <input type="checkbox"/> Yes <input type="checkbox"/> No
8. EVER IN US ARMED FORCES? <input type="checkbox"/> Yes <input type="checkbox"/> No		9. MARITAL STATUS AT TIME OF DEATH <input type="checkbox"/> Married <input type="checkbox"/> Married, but separated <input type="checkbox"/> Widowed <input type="checkbox"/> Divorced <input type="checkbox"/> Never Married <input type="checkbox"/> Unknown			10. SURVIVING SPOUSE'S NAME (If wife, give name prior to first marriage)	

U.S. STANDARD CERTIFICATE OF DEATH

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8. EVER IN US ARMED FORCES? ☐ Yes ☐ No
9. MARITAL STATUS AT TIME OF DEATH ☐ Married ☐ Married, but separated ☐ Widowed
☐ Divorced ☐ Never Married ☐ Unknown
10. SURVIVING SPOUSE'S NAME (If wife, give name prior to first marriage)
11. FATHER'S NAME (First, Middle, Last)
12. MOTHER'S NAME PRIOR TO FIRST MARRIAGE (First, Middle, Last)
14. PLACE OF DEATH OCCURRED IN A HOSPITAL:
☐ Inpatient ☐ Emergency Room/Outpatient ☐ Dead on Arrival
IF DEATH OCCURRED SOMEWHERE OTHER THAN A HOSPITAL: ☐ Hospice facility
☐ Nursing home/Long term care facility ☐ Decedent's home ☐ Other (Specify):
15. FACILITY NAME (If not institution, give street & number)
16. CITY OR TOWN , STATE, AND ZIP CODE
17. COUNTY OF DEATH
18. METHOD OF DISPOSITION: ☐ Burial ☐ Cremation ☐ Donation ☐ Entombment
☐ Removal from State ☐ Other (Specify): _____
19. PLACE OF DISPOSITION (Name of cemetery, crematory, other place)
20. LOCATION-CITY, TOWN, AND STATE
21. NAME AND COMPLETE ADDRESS OF FUNERAL FACILITY

Causes of Death

Ovarian cancer..Neurological injury s/p parachute malfunction during sky diving..Suicide..Glioblastoma..**Blunt force trauma s/p robbery..Type 2 diabetes, obesity, hypertension, and heart failure.. P. aeruginosa sepsis, due to a urinary tract infection due to an indwelling catheter, due to left hemiparesis, due to an old cerebral infarction..Emphysema.. Myocardial infarction during coitus..Pulmonary thrombus while motorcycling across country.. Multiple trauma s/p motor vehicle collision during Indianapolis 500..Hemorrhage following birth..Aphyxia during surgery..Gunshot wound s/p rescuing a toddler during a drive by shooting.. Escherichia coli sepsis..Crush injury s/p tortoise dropped by an eagle....Traumatic head injury s/p exploding IED.. Tuberculosis.. Alcoholic liver failure.. Esophageal cancer..HIV/AIDS..Third degree burns s/p house fire.. Multisystem organ failure s/p opioid overdose.. Spinal cord injury s/p horseracing accident..Dance till you drop from a MI....Unknown case of death....Unknown cause of death....Unknown**

Advance Directives

(provision for health care decisions)

- Health Care Power of Attorney
- Living Will
- Five Wishes
- Do Not Attempt Resuscitation
- Allow Natural Death
- Physician Orders for Life-Sustaining Treatment

Medicolegal Overview

- 1932 U.S. Public Health Service Syphilis Study at Tuskegee
- 1960s trend away from family doctor
- 1966 Medicare changed structure and organization of healthcare delivery
- 2007 WHO definition of technology; life changing therapies

<https://www.cdc.gov/tuskegee/timeline.htm>

http://www.who.int/medical_devices/definitions/en/

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Legal Precedents

Karen Ann Quinlan

1975 Extensive damage to higher brain function

1976 Parents requested termination of ventilator

1976 Parents won suit with NJ SC
Karen Ann taken off life support

1985 Karen Ann died of pneumonia
at age of 31



Legal Precedents Nancy Beth Cruzan

- 1983 Lost control of vehicle; flew out of car face down in water filled ditch
- No vital signs at accident and three weeks later diagnosed in persistent state of vegetation
- Feeding tube (FT) inserted
- 1988 Parents won court order to withdraw FT but state of Missouri appealed. Missouri Supreme Court reversed decision. SCOTUS upheld decision.
- 1990 Probate Court ordered removal of FT
- Nancy died 14 days later



Legal Precedents

Theresa Marie Schiavo

- 1990 She had a cardiac arrest brought on by hypokalemia from an eating disorder; 3 months later emerged from coma but in persistent vegetative state.
- 1998 Husband requested to remove FT but opposed by her parents.
- 2001 FT was removed but reinserted when parents provided new evidence Terri was getting better.
- 2003 FT removed for 2nd time. Decision confirmed by lower courts and FL Supreme Court but overturned by FL legislature. (Terri's Law)
- 2005 FT was removed. Confirmed by lower courts and elevated to the US District Court, which upheld the lower court.

Terri died thirteen days later

<https://www.nejm.org/doi/full/10.1056/NEJMp058062>



LEGAL PRECEDENTS

1990 Patient Self Determination Act (PSDA)

Providers must offer written information to all patients regarding right under state laws to accept or refuse treatment and to make advance directives (AD).

Patient's record must have documented advance directives if present.

Institutions cannot refuse care or treatment if a patient does have AD

Institutions have an affirmative obligation to comply with the requirements of AD.

- WHAT ARE ADVANCED DIRECTIVES?

- Health Care Power of Attorney**

- Living Will

- Five Wishes

- Do Not Attempt Resuscitation

- Allow Natural Death

- Physician Orders for Life-Sustaining Treatment

What are Advance Directives?

Health Care Power of Attorney (HCPOA)

????????????????????????????????

Who do you trust with your life?

Who understands your values and priorities?

Who can separate their feelings and be a strong advocate to act on your wishes?

Who lives nearby or is accessible??

DO NOT SETTLE FOR SECOND BEST

WHY HAVE ADVANCE DIRECTIVES?

The King was in his country house
Counting out his money.
The Queen was in the parlor
Eating bread and honey.
The maid was in the garden
Hanging out the clothes
Along came a black bird
And snipped off her nose!

English Nursery Rhyme

What are Advance Directives?

- Health Care Power of Attorney
- **Living Will**
- **Five Wishes**
- Do Not Attempt Resuscitation
- Allow Natural Death
- Physician Orders for Life-Sustaining Treatment

What are Advance Directives?

- Five Wishes

[https://fivewishes.org/fivewishes/advance-care planning](https://fivewishes.org/fivewishes/advance-care_planning)

- Fluid as your life progresses
- Birth Plan = Death Plan
- Address matters of comfort care,
- spirituality, forgiveness, and final wishes
- Accepted as a legal document in 42/50 states. Used by all 50 states.

What are Advance Directives?

Living Will

DO or DO NOT provide nutrition and hydration

DO or DO NOT intubate

Five Wishes *legal document <https://fivewishes.org>

1. The kind of medical treatment I want or don't want
2. How comfortable I want to be
3. The person I want to make care decisions for me when I can't
4. How I want people to treat me
5. What I want my loved ones to know

Artificial Nutrition and Hydration

Food = love and comfort

Tube feedings

Does not prolong life

Not evidenced based for dementia or terminal illness end of life.

Pain and infection from insertion; frequently clogged

Palliative Dehydration

Anesthetic effect (encephalopathic)

Reduced pulmonary secretions; death rattle, choking, drowning

Decreased urine output

Decreased peripheral and pulmonary edema

Restraints are unnecessary to prevent dislodged tube

Ketones released which increases endorphins

<https://www.nia.nih.gov/health/understanding-healthcare-decisions-end-life>

<https://www.managedhealthcareconnect.com/content/nutrition-end-life-tube-feeding-solution>

<https://www.uptodate.com/contents/stopping-nutrition-and-hydration-at-the-end-of-life>

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What are Advance Directives?

- Health Care Power of Attorney
- Living Will
- Five Wishes
- **Do Not Attempt Resuscitation**
- **Allow Natural Death**
- Physician Orders for Life-Sustaining Treatment

What are Advance Directives?

- Do Not Attempt Resuscitation (DNAR);
- Do Not Intubate (DNI)
 - MD order and Ambulance
- Options
 - Full code; CPR is the default option
 - Maintain basic Activities of Daily Living
 - Comfort care only
- Allow Natural Death (AND)

<https://www.americannursetoday.com/right-refuse-treatment-include-right-demand>

https://cpr.heart.org/AHA/ECC/CPRAndECC/ResuscitationScience/UCM_477263_AHA-Cardiac-Arrest-Statistics.jsp%5BR=301,L,NC%5D

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What are Advance Directives?

Hospital Order Abbreviation	DNR	DNAR	AND
Stands for	Do not resuscitate	Do not attempt resuscitation	Allow natural death
Pros	Familiar to all	Clearer language indicates only a resuscitation attempt, not that it is likely to succeed	Clearer language affirms that patients want nature to take its course, without CPR/ACLS interventions unlikely to succeed
Cons	<ul style="list-style-type: none"> • Can give the misimpression to patients and family that the attempt at resuscitation is likely to succeed • Can make patients (or family) think they are deciding whether to live or die, even though in an end-of-life situation, all roads lead to death 	Less familiar than DNR	<ul style="list-style-type: none"> • Can be confused with the conjunction “and” • Clarification needed in orders about what is not wanted (CPR/ACLS) and what is wanted (pain control, hydration, etc) • May not fit all situations
Examples of who uses it	Most hospitals	AHA, ¹ British Medical Association, ³ many hospitals	Hospice Patients’ Alliance, ⁴ some hospitals

CPR, cardiopulmonary resuscitation; ACLS, advanced cardiac life support; AHA, American Heart Association.

What are Advance Directives?

- Health Care Power of Attorney
- Living Will
- Five Wishes
- Do Not Attempt Resuscitation
- Allow Natural Death
- **Physician Orders for Life-Sustaining Treatment**

What are Advance Directives?

Physician Orders for Life-Sustaining Treatment (POLST)

- Easily identifiable
- Portable medical orders that travel with the patient
- Different names in different states

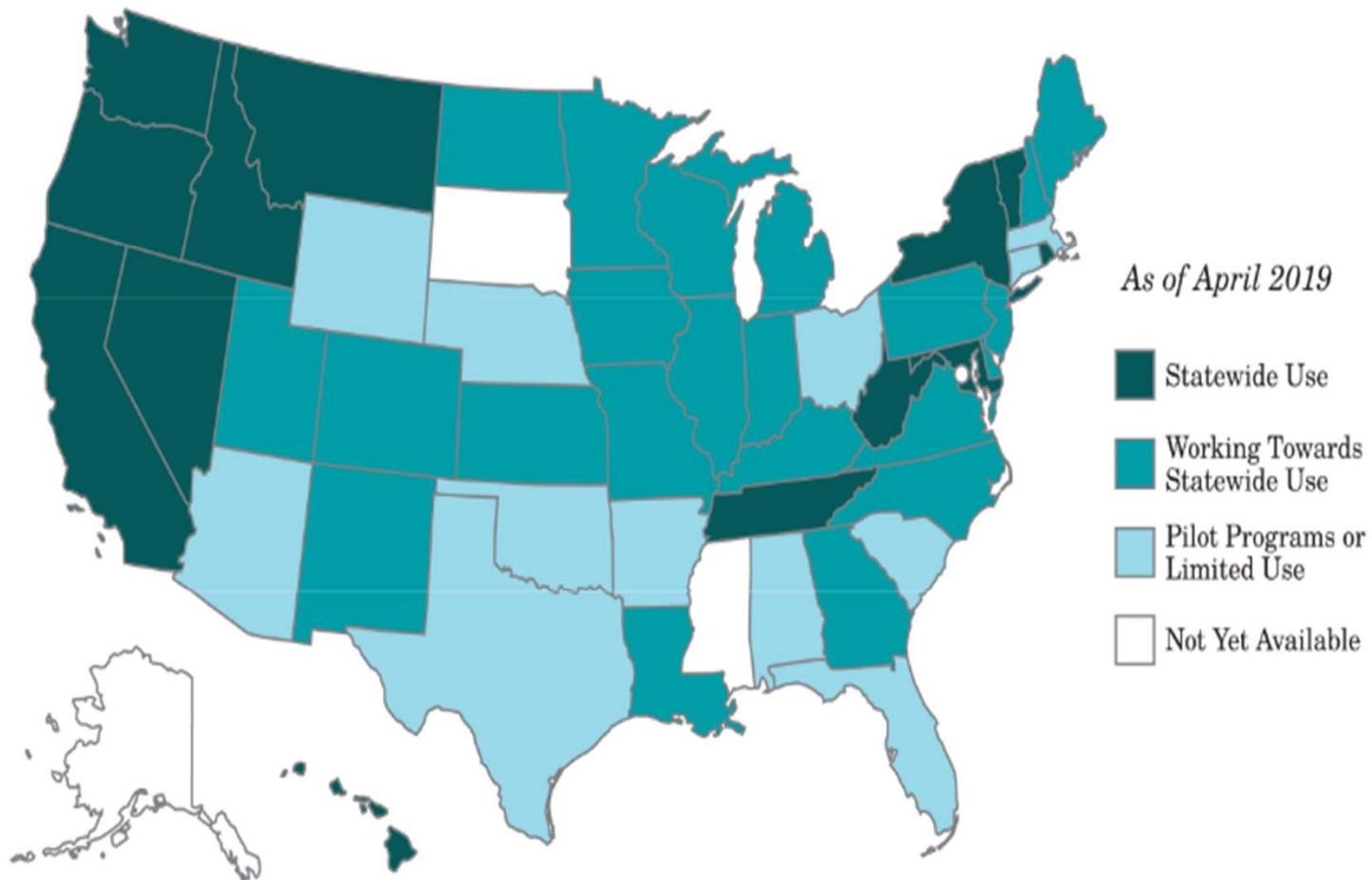
<http://polst.org/>



National POLST Paradigm
www.polst.org

National POLST Paradigm: POLST Use by State

As of April 2019



What are Advance Directives?

POP QUIZ

- Assisted Suicide

Is this part of Advanced Directives??

????????????????

Physician Assisted Suicide

Physicians cannot be prosecuted for prescribing medications to hasten death

List as of August 1, 2019

Mandated by State Law:

- Colorado
- District of Columbia
- Hawaii
- Maine
- New Jersey
- Oregon
- Vermont
- Washington

Mandated by Court Ruling:

- California
- Montana

<https://www.deathwithdignity.org/faqs/>

<https://www.maliasmiles.com>

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Suicide

Hemlock Society 1980-2003

Final Exit Network

Focuses on legislative change

Compassion and Choices

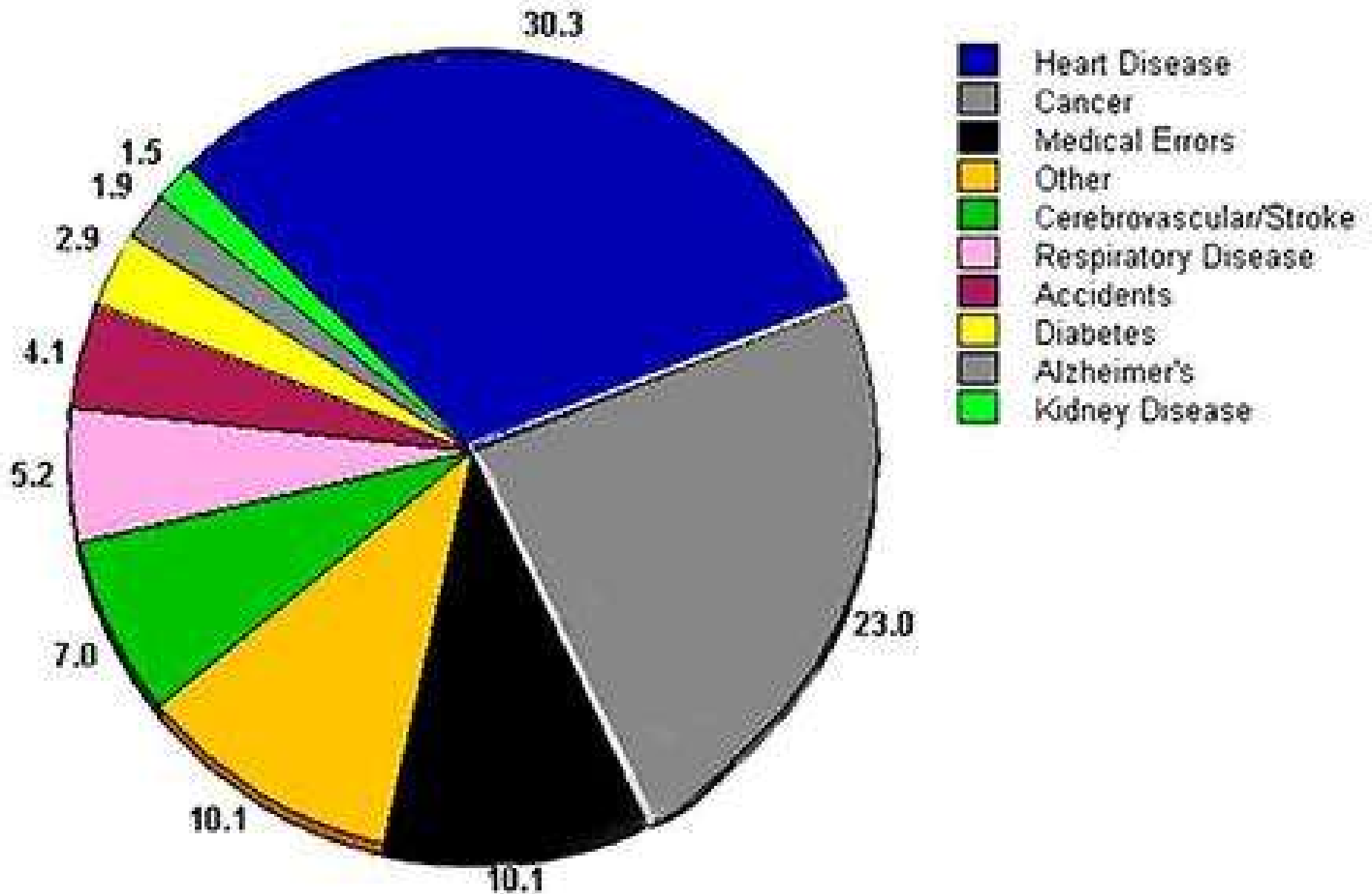
Exit Guide services and education
in all states, not only for states with
Assisted Suicide

<http://www.mission22.com/#themission>

<http://www.insurancequotes.org/life/the-truth-about-suicide-life-insurance>

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Learner Outcomes

- The learner will be able to create an ethical framework to guide discussions related to end of life.

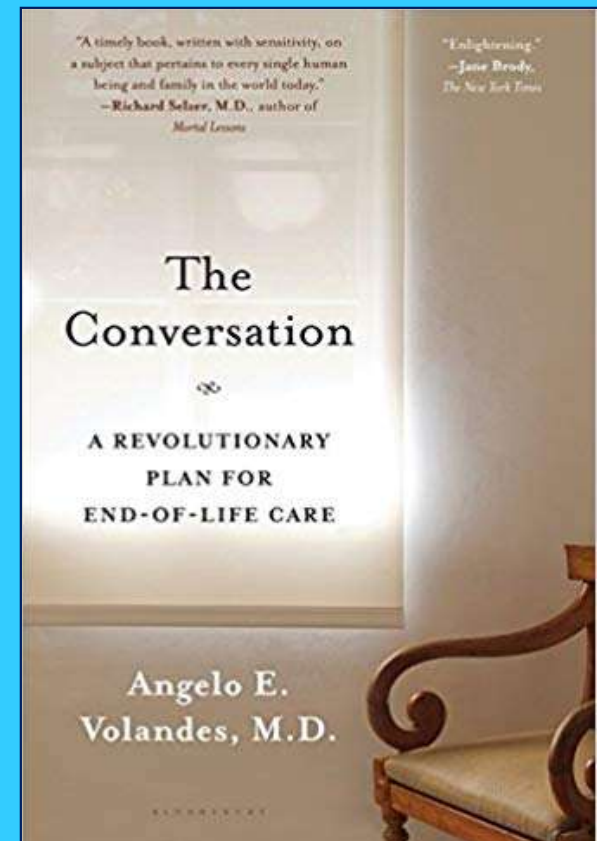
QUESTIONS TO START YOUR ASSESSMENT

What fills your day with joy and pleasure?

What are you looking forward to?

What is a good day for you now.

What is important to you at this stage of life?



1. What kinds of things are important to you in your life?

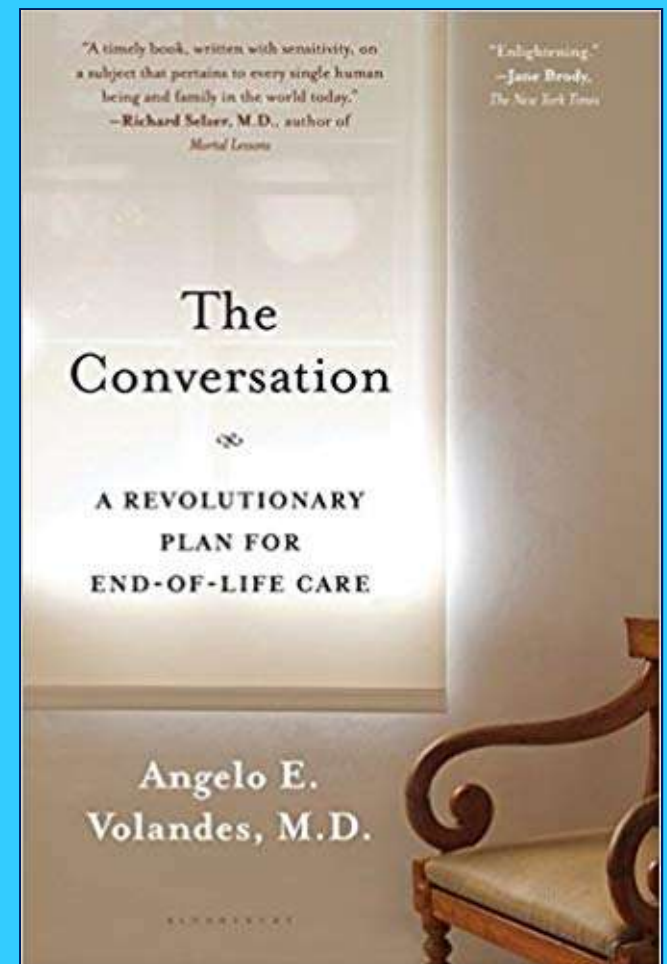
2. If you were not able to do the activities you enjoy, are there any medical treatments that would be too much?

3. What fears do you have about getting sick or medical care?

4. Do you have any spiritual, religious, philosophical, or cultural beliefs that guide you when you make medical decisions?

5. If you had to choose between living longer or having a higher quality of life, which would you pick?

6. How important is it for you to be at home when you die?



QUESTIONS?



Or you can show this to your family

<https://youtu.be/NAInRHicgWs>

Ain't the Way to Die | Eminem/Rihanna Remixed | ZDoggMD.com

<http://ZDoggMD.com> for more on how to start this conversation.

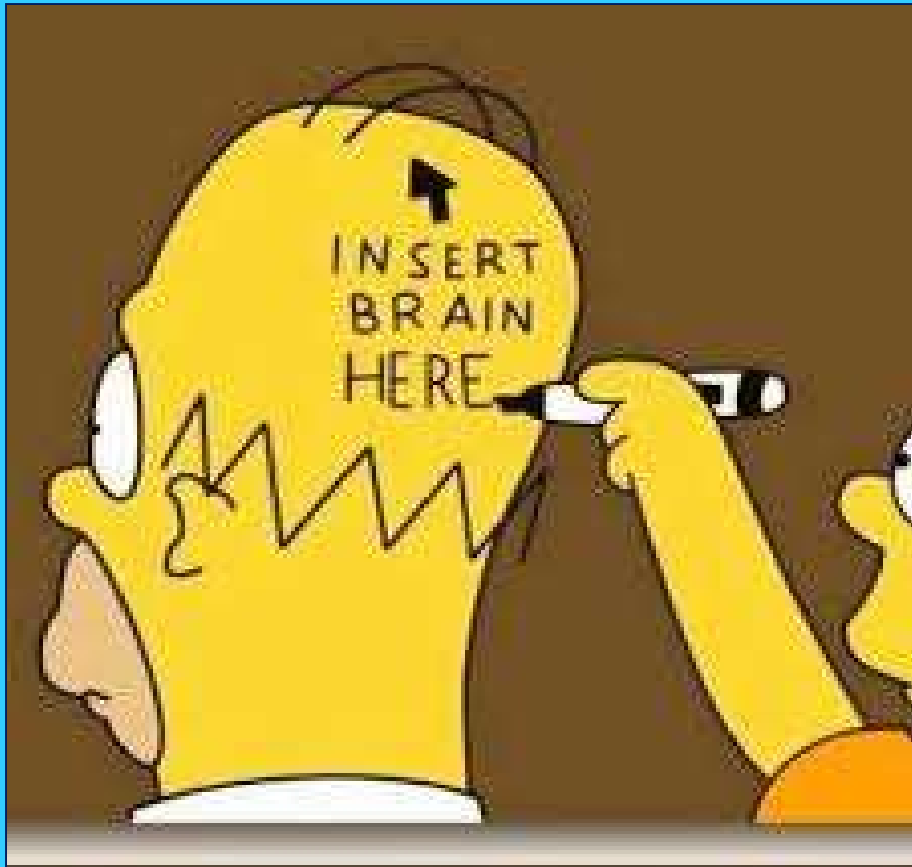


Learner Outcomes

The learner will be able to start documenting your own advance directives.

The learner will be able to create an ethical framework to guide discussions related to end of life.

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Cazort genealogy

Legal milestones

Advance directives

Five Wishes

Assisted suicide/suicide

General questions to start the discussion

Specific questions to start the discussion

tusind tak
謝謝 dakujem vám
ありがとう
suksema
danke
thank
gracias
obrigada
obrigado
teşekkür ederim
شكرا
tack så mycket
dziękuję
merci
baie dankie
धन्यवाद
molte grazie
you
gràcies
tānan
dank u
teşekkür edire
mahalo

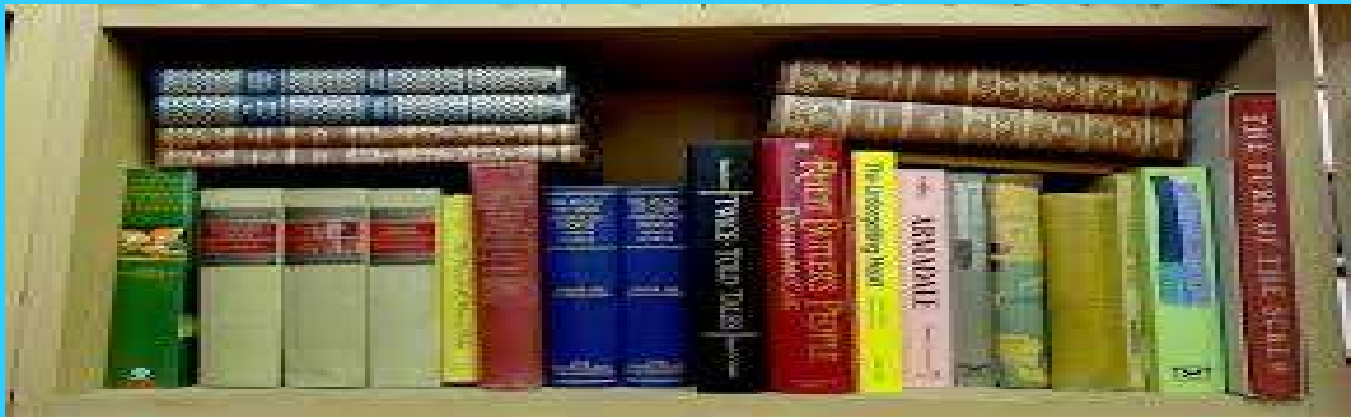
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