## Summer / June 2021 Newsletter

Envisioning a world where everyone thrives!



## Greetings from Ari & Geri's home!

Envisioning a world that works for you and everyone else

Here we are, it's so refreshing to see how fast these little beings have grown in the last 3 months! While the toilet training is underway and is still a challenge, they give so much joy in our lives and we are grateful. We hope and trust that you and yours are doing well too!





Holistic Yoga at 10am (CST) on Tue, Thu & Sat. <u>Sign up here.</u>



Holistic Healing & Yoga Workshop on Sat at 10am (CST), July 10th, 2021. Sign up here



Gift Ticket Swap Meetup at 2pm(CST) on Sunday, June 13th, 2021. *RSVP here*. As we continue to focus our energy and attention in making a difference in the lives of our loved ones and in those with whom we share our gifts, we are opening up the weekly online Holistic Yoga group sessions as well as the quarterly Holistic Healing & Yoga workshop for free.

The Holistic Yoga classes will continue to be offered via Zoom session (45m) at 10am (CST) on Tuesdays, Thursdays & Saturdays. <u>Sign up for the Free Holistic Yoga classes here.</u> The next Holistic Healing & Yoga Workshop will be held online on Saturday at 10am-12pm (CST), on July 10th, 2021. <u>Sign up for the Free</u> <u>Holistic Healing & Yoga workshop here.</u>

Seagan's group Martial Arts class is still on pause for the time being. If you have any questions, please contact him directly by email.

And our next *Gift Ticket Swap Meeting* will be held via Zoom session at 2*pm-3pm (CST) on Sunday, June 13th, 2021*. Kindly <u>*RSVP here*</u>. If you are interested in learning more, email <u>kyungyiokelly@divinesparkallies.net</u> to receive *White Paper on DSA Gift Ticket Swap System*.

10am-11 am	5pm-6pm		Holistic Yoga (Intestine Healing)		Holistic Yoga (Deep Stretching)		Holistic Yoga (DanMuDo Basic Form)	
Texas, USA (CST)	South Africa (SAST)	Mon	Tue	Wed	Thu	Fri	Sat	Sun

Last but not least, I have been fortunate enough to continue with my Latin dance practice with <u>Denis</u> <u>Generalov</u> and will be participating in the <u>Sapphire Dance Competition</u> being held this Friday, June 11th, 2021 between 1pm and 1:30pm at Sheraton hotel Downtown Austin, Texas. If you are in town and are able to attend the Matinee session, it will be great to see you there!

May love, harmony & hope continue to light the way as we continue to experience the brave new world!

With love & blessings,

## Kyung & Seagan Yi-O'Kelly,

Your partner in Our Healing Journey Holistic Healing & Yoga, Uniting mind, body & spirit Divine Spark Allies, Envisioning a world where everyone thrives