



# Fort Saskatchewan Child Care & OSC

Created March 2021

## DAILY ROUTINE Out of School Care

- 6:30am - Welcome and greet families at arrival
- 7:00-7:45am - Free play interest areas open/ morning snack
- 7:45-8:05am - Washroom reminders, handwashing, clean up and get ready  
For School

### PD Days and School Break

- 8:05-9:00am - Free play
- 9:00-9:30am - Breakfast time
- 9:30-10:15am - Circle time (theme based)
- 10:15-11:15am - Outdoor play
  
- 11:15-12:00pm - Bathroom time, handwashing, and home packed meals /  
Centre provided lunch
- 12:00-1:00pm - Planned activities for children
- 1:00- 2:00pm - Rest Time, Quiet table top Activities or outdoor play time
- 2:00-3:30pm - Free play. All Centres are open

### Thursdays

- 2:30-3:30pm - School children arrive, bathroom time and planned activities
  
- 3:30- 4:00pm - School children arrive, bathroom time and afternoon snack
- 4:00-5:30pm - Free play at Centres, TV and Music time or outdoor playtime
- 5:30-6:00pm - Preparation for home, clean up and table top activities
- 6:00pm - Centre closes