



M E D I C A L S P A  
A N D L A S E R C E N T E R

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## **Skin Enhancement**

### **Chemical Peels**

#### **Illuminate, Vitalize, Perfect Derm**

A chemical peel is a technique used to improve and smooth the texture of the skin. Chemical peels are intended to remove layers of the skin. To accomplish this task, the chosen peel solution induces a controlled injury to the skin. Resulting wound healing processes begin to regenerate new tissues. The dead skin eventually peels off. The regenerated skin is usually smoother and less wrinkled than the old skin. The strength of the peel determines the depth of layers removed. Some types of chemical peels can be purchased and administered without a medical license; however, people are advised to seek professional help from a knowledgeable medical professional on a specific type of chemical peel before a procedure is performed. The peels that are used here in order of strength from weakest to strongest are Illuminate, Vitalize, and Perfect Derm.

#### **Cautions and Contraindications:**

- No allergy to ASA, pregnant, vitiligo, sunburned
- No Accutane for 1 year prior
- No Botox or filler for 2 weeks prior
- No waxing, laser hair removal, or electrolysis for 1 weeks prior
- No RetinA or AHA/BHA for 3 days prior
- Must be on Antiviral medicine if prone to cold sores/fever blisters
- **NO picking at skin or pulling on it while it is peeling off.**  
**Can lead to scarring**