

Abode **FEB** 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	- Celebrate Nic! -Chip bar -Karaoke Mundle's providing lunch for Nic's bday, no need to send lunch	-Groundhog Day - Indoor bowling -Chinese New Year-lead by Ursula -Learn About Chinese Zodiac	-Baking Club - Meditation - Ability First Club	- Jazzercise - Abode Cinemas	-Switch Party -Workout -Abode Pay it Forward
7	8	9	10	11	12
-Dance Fit -board game café	- DIY bath bombs -Workout	-History of Disability -Abode Cinemas -Jazzercise -Ability First Club	-Yoga - S'mores Bar - Abode's Community Cupboard	- Baking Club -Karaoke - Get to know Me Event	Happy 1st Anniversary Ursula and Mason
14	15	16	17	RSVP 18	19
-Dance Fit - Baking Club - Valentine's Day Party	- Karaoke - board game cafe	-Jazzercise -Ability First Club - Wii Tournament	- Abode Cinemas -workout	- Western/Country Themed Day (Yeehaw) -Pamper Yourself	- Abode Cinemas -Dance Fit! - indoor bowling
21	22	23	24	25	26
-Dance Fit - Abode Believe It or Not TakeOut Lunch \$5	- National Margarita Day -Abode Cinemas Board Game Café After Dark (\$20.00) 5-7pm	-Jazzercise - Glass Art -Ability First Club	-Karaoke -Tattoo Shop TakeOut Lunch \$5	- Dance Battle -Abode Pay it Forward	
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-Dance Fit -Baking Club -Abode Cinemas					

Important Notes

Communication: Please reference Handbook, and remember to check the calendar. If you have any questions, please use email.

Heather
(scheduling/attendance/emergency info): aboderespice@gmail.com

Mentors (programming/calendar questions/dropoff and pickup info): aboderespitementors@gmail.com

Board Game Cafe RSVP by Feb 18. Dinner, hot drinks and board games included

*January invoice due February 15

**All invoices can be paid online via QuickBooks or e-transfer to aboderespice.invoice@outlook.com

Abode's Community Cupboard

We were so impressed and grateful with the generosity from our Holiday Can Drive, that we have decided to do this bi-monthly. Please drop off canned goods between February 7- February 10, for drop off on Thursday February 10

Take Out Lunch: If you would like to purchase take out, please bring \$5.00- **Abode** will cover the rest.

Feel free to bring your own lunch if you prefer.

Monday February 21: Subway

Thursday February 24: Pizza Day

The programming on this calendar was decided upon by the membership of Abode Respite House.