

Part IV

Create a Family Plan of Action

Seminar # 24

"Getting Networked in Advance"

Seminar Objective:

- 1. Getting Organized
- 2. Getting Networked
- 3. Create a Binder System

The Seminar Goals:

- 1. The attendee will be able to name the four (4) domain parts in the family system.
- 2. The attendee will be able to identify how the degree of <u>functionality</u> and <u>potentiality</u> of each family member will impact the outcome of dealing with a family issue.
- 3. Using the "Functionality & Potentiality Worksheet", the attendee will be able to provide their understanding of each family members role in working to meet a desired family outcome.



Issues facing the family

The best way to approach building a network in advance of when you will need it, is to consider what is likely to happen, how will you respond to what is happening and who is here to help your family in addressing this issue.

Family Evaluation Card

CATEGORY	Website	Point of Contact Name and Phone Email address	Required Admission Criteria	Date to connect with this group
Behavior Health Therapist for Family Members				
Attorney's list for Drug Court				
Peer to Peer Organizations				
Treatment Center's				
Department of Human Health and Services (Foster Care) Point of Contact				
Food Bank				
Woman's Rape and Suicide Center				
OTHER:				



Obstacles is the time to set up

There are three primary obstacles the family will face when creating their family referral network. These include:

- 1. Determining the issue and response
- 2. Finding those who will help, the right organization and right level of services
- 3. Determining what about this group needs to be known and what needs to be prepared in advance.



Solution to the Issues and Obstacles

Creating an Evaluation Card

Creating an evaluation card is the second step in building a family referral model. To do this the family will want to consider the 32 key issues and design a referral resources from within their church, school system, city and local community services which will best meet the needs of a family when they are addressing that issue. For an evaluation to be thorough, several areas will need to be takin into consideration.

Pre-Evaluation to address an issue

CATEGORY	YES	NO	Date completed	Coordinated within the organization?
Did you complete an F.T.R. worksheet for this issue?				
Have you discussed the F.T.R. solution with the family members?				
Have you determined your timeline for completing each task?				
Have you reviewed this issue with your Pathfinder Guide?				
Do you have a list of potential obstacles?				

Are there		
organization which		
have already been		
used with		
satisfaction?		
Do you have		
recommendations		
from others?		

In this section the family will create the list of organizations, reference which issue this group will assist the family in addressing, and obtain the organizations contact information. These Categories apply to what do you might consider, the family will need to generate their own list.

Create a Family Referral Network List

CATEGORY	ISSUES	1 st Organization	2 nd Organization	Date included to the family referral network
Family Therapy	Enabling, the family system			
Medical	Emergency			
Diagnosis	Medical			
	Services			
Mental Health				
Diagnosis				
Addiction				
Diagnosis				
Detox and	Treatment			
Treatment	Centers			

Peer to Peer	Successful
Coaching	Lifelong
	recovery
M.A.T.	The Relapse
Drug Court or	The Legal Court
Jail	System
Employment and	Jobs and Family
housing	Services
Foster Care	Foster Care
	Services in
	SUD
Developing	Create a Family
Support	Solution Finder
	Learning Center

Family Plan of Action

The family will follow through with these next steps:

A Pre-Evaluation Card will be completed.

- 1. Family Referral Network Worksheet will be completed.
- 2. Organizations will be reviewed on site to determine the correctness of their fit in the family referral network.

And if you think that financial problems end when an addict is in recovery, you are mistaken: 72% of the survey respondents said no matter how well someone manages money during their addiction, managing money during recovery is even harder.

"Treatment is extraordinarily expensive, and it often takes a couple of tries," said Kai Stinchcombe, True Link's founder. Stinchcombe has a family member who has dealt with substance abuse issues. "It was emotionally fraught for us," he said.