

# 2023 Glens Falls Rotary 5K Run/Walk



## Overall Results

Plac	Bi	Name	Ag	Gend	AG	Corporation	GunTi	Pace
5K								
1.	257	Harrington, Tyler	19	M	Male 15-19		17:41	5:42 / mi
2.	273	Purvis, Lance	44	M	Male 40-49		18:11	5:51 / mi
3.	238	WANG, JOHN	14	M	Male 14 & Under		18:29	5:57 / mi
4.	253	Pauquett, Lou	42	M	Male 40-49		18:31	5:58 / mi
5.	118	HEALY, RYAN	17	M	Male 15-19		18:46	6:03 / mi
6.	147	MARASCO, JOE	27	M	Male 20-29		19:00	6:07 / mi
7.	80	ETHIER, GREG	49	M	Male 40-49		19:36	6:19 / mi
8.	84	FISHER, RYAN	42	M	Male 40-49		20:01	6:27 / mi
9.	277	Trybendis,	40	F	Female 40-49		20:40	6:39 / mi
10.	59	Schreiber, Zofia	21	F	Female 20-29		21:02	6:47 / mi
11.	282	Taylor, Brandon	36	M	Male 30-39		21:30	6:56 / mi
12.	153	MCCARTHY,	39	F	Female 30-39	Warren County GOP	21:51	7:02 / mi
13.	152	MCCARTHY,	39	M	Male 30-39	Warren County GOP	22:12	7:09 / mi
14.	105	Guadagno, Brian	43	M	Male 40-49	HHHN	23:29	7:34 / mi
15.	274	Froncato, Jacob	19	M	Male 15-19		23:44	7:39 / mi
16.	65	Dingman, Jen	36	F	Female 30-39	HHHN	23:58	7:43 / mi
17.	283	Bosy, William	28	M	Male 20-29		24:00	7:44 / mi
18.	86	Fogmire, Michael	54	M	Male 50-59	Fort Miller Group	24:11	7:47 / mi
19.	64	Dimick, Chris	44	M	Male 40-49	HHHN	24:30	7:54 / mi
20.	47	Cooney,	37	F	Female 30-39	HHHN	24:46	7:59 / mi
21.	148	MARASCO,	19	M	Male 15-19		25:04	8:05 / mi
22.	46	CIRILLO,	12	M	Male 14 & Under		25:06	8:05 / mi
23.	205	SAGER, MARK	72	M	Male 70-79		25:06	8:05 / mi
24.	206	SANTONI,	64	M	Male 60-69		25:25	8:11 / mi
25.	134	LAMANDO,	64	M	Male 60-69		25:39	8:16 / mi
26.	241	WELCH,	15	F	Female 15-19		25:44	8:17 / mi
27.	281	McGivney,	61	M	Male 60-69		25:51	8:20 / mi
28.	131	KOONE,	47	M	Male 40-49		26:00	8:23 / mi
29.	90	GAMBINO,	45	F	Female 40-49		26:11	8:26 / mi
30.	220	Spiezio, Rick	56	M	Male 50-59	Fort Miller Group	26:15	8:27 / mi
31.	229	TORRES,	30	M	Male 30-39		26:21	8:29 / mi
32.	167	MOWREY, ROY	64	M	Male 60-69		26:22	8:30 / mi
33.	76	EDINGTON JR,	12	M	Male 14 & Under		26:35	8:34 / mi
34.	79	Entwhistle, Claire	12	F	Female 14 & Under	HHWH	26:46	8:37 / mi
35.	256	Behlmer,	65	M	Male 60-69		26:55	8:40 / mi
36.	87	Fosmire, Wayne	56	M	Male 50-59	Fort Miller Group	26:59	8:42 / mi
37.	111	HARRINGTON,	35	M	Male 30-39	Glens Falls Fire Department	27:23	8:49 / mi
38.	275	Hewlett,	53	F	Female 50-59		27:40	8:55 / mi
39.	198	RAMOS, EDDIE	19	M	Male 15-19		27:43	8:56 / mi
40.	7	ANDERSON,	64	F	Female 60-69		27:51	8:58 / mi
41.	156	McKeever,	17	M	Male 15-19	HHHN	27:54	8:59 / mi
42.	2	Adams, Quincy	25	M	Male 20-29	Fort Miller Group	27:59	9:01 / mi
43.	45	CHARPENTIER,	27	F	Female 20-29		28:02	9:02 / mi
44.	83	Fisher, Pam	42	F	Female 40-49	HHHN	28:04	9:03 / mi
45.	194	Potter, Greg	55	M	Male 50-59	HHHN	28:08	9:04 / mi
46.	137	LARSON,	71	M	Male 70-79		28:10	9:05 / mi
47.	75	EDINGTON,	40	M	Male 40-49		28:30	9:11 / mi
48.	269	Wilson, Ryan	41	M	Male 40-49		28:32	9:12 / mi
49.	278	Burhoe, Carla	57	F	Female 50-59		28:33	9:12 / mi

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Plac	Bi	Name	Ag	Gend	AG	Corporation	GunTi	Pace
50.	271	Mauro, Carrie	58	F	Female 50-59		28:34	9:12 / mi
51.	279	Dewitt, Scarlett	24	F	Female 20-29		28:37	9:13 / mi
52.	276	Peltier, Ted	59	M	Male 50-59		28:44	9:15 / mi
53.	165	Morrison,	44	M	Male 40-49	HHHN	28:46	9:16 / mi
54.	176	NUDI, ERIN	37	F	Female 30-39	Mannix Marketing	28:53	9:18 / mi
55.	97	Gorton, Robin	18	F	Female 15-19	SUNY Adk Students	28:59	9:20 / mi
56.	132	Lago, Jenny	53	F	Female 50-59	Fort Miller Group	29:10	9:24 / mi
57.	101	Granger, Tori	18	F	Female 15-19	SUNY Adk Students	29:17	9:26 / mi
58.	204	Rizzo, Paul	59	M	Male 50-59	HHHN	29:31	9:31 / mi
59.	272	Collins, Liz	58	F	Female 50-59		29:37	9:33 / mi
60.	179	Omohundro,	61	M	Male 60-69	HHHN	29:52	9:37 / mi
61.	28	Bodnar, Ava	15	F	Female 15-19	Fort Miller Group	29:53	9:38 / mi
62.	157	McKeever, Jesse	47	F	Female 40-49	HHHN	30:18	9:46 / mi
63.	177	OAKES, DARIA	57	F	Female 50-59		30:28	9:49 / mi
64.	151	McCane, Megan	23	F	Female 20-29	HHHN	30:29	9:49 / mi
65.	186	Paszko, Jennifer	24	F	Female 20-29	HHHN	30:29	9:49 / mi
66.	188	PEDERSON,	72	F	Female 70-79		30:56	9:58 / mi
67.	182	PARKER, ERIC	67	M	Male 60-69		31:05	10:01 / mi
68.	107	Gustafson, Nina	61	F	Female 60-69	HHHN	31:15	10:04 / mi
69.	145	Machuzhak,	27	M	Male 20-29	HHHN	31:31	10:09 / mi
70.	259	Dolan, Mike	64	M	Male 60-69		31:47	10:15 / mi
71.	49	Copeland, Austin	10	M	Male 14 & Under	HHWH	31:49	10:15 / mi
72.	3	ADAMSSNELL,	41	F	Female 40-49		32:07	10:21 / mi
73.	201	Rifenburgh, Kylie	18	F	Female 15-19	SUNY Adk Students	32:14	10:23 / mi
74.	270	Hine, Stacy	42	F	Female 40-49		32:22	10:26 / mi
75.	106	Guadagno, Tony	71	M	Male 70-79	HHHN	32:28	10:28 / mi
76.	98	Grabbe, Daniella	10	F	Female 14 & Under		32:34	10:30 / mi
77.	197	Quintois,	52	F	Female 50-59	HHHN	32:37	10:31 / mi
78.	100	Grabbe, Regina	10	F	Female 14 & Under		32:46	10:34 / mi
79.	99	Grabbe, Jeremy	46	M	Male 40-49		32:53	10:36 / mi
80.	216	Sheldon, Brian	50	M	Male 50-59	Fort Miller Group	34:24	11:05 / mi
81.	175	NUDI, ALAN	38	M	Male 30-39	Arrow Financial Corporation	34:26	11:06 / mi
82.	29	Bodnar, Sarah	37	F	Female 30-39	Fort Miller Group	34:32	11:08 / mi
83.	130	KLINGBEIL,	60	M	Male 60-69		34:38	11:10 / mi
84.	200	Reilly, Nicole	28	F	Female 20-29	HHHN	34:57	11:16 / mi
85.	110	Hamby, Scott	53	M	Male 50-59	Fort Miller Group	35:01	11:17 / mi
86.	96	GORHAM, AMY	58	F	Female 50-59		35:01	11:17 / mi
87.	242	WHITE,	41	F	Female 40-49		35:04	11:18 / mi
88.	255	Thorv, Douglas	60	M	Male 60-69		35:07	11:19 / mi
89.	280	Wrigley, Alan	73	M	Male 70-79		35:53	11:34 / mi
90.	225	Tarantino, Don	35	M	Male 30-39	HHHN	35:56	11:35 / mi
91.	155	MCGUIRE,	73	M	Male 70-79		36:06	11:38 / mi
92.	26	BLACK,	7	M	Male 14 & Under	SUNY Adirondack	36:17	11:42 / mi
93.	25	BLACK, KELLY	38	F	Female 30-39	SUNY Adirondack	36:18	11:42 / mi
94.	251	Willigan, Morgan	10	F	Female 14 & Under		36:33	11:47 / mi
95.	249	Denno, Piper	11	F	Female 14 & Under		36:35	11:47 / mi
96.	37	BUTKOWSKI,	53	F	Female 50-59		36:35	11:48 / mi
97.	77	EDWARDS,	42	F	Female 40-49	SUNY Adirondack	36:39	11:49 / mi
98.	52	CROSSMAN,	21	M	Male 20-29		37:05	11:57 / mi
99.	24	BLACK, CARRIE	38	F	Female 30-39		37:36	12:07 / mi

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Plac	Bi	Name	Ag	Gend	AG	Corporation	GunTi	Pace
100.	203	Rivera-Legere,	51	F	Female 50-59	Fort Miller Group	38:00	12:15 / mi
101.	139	Legere, Ryan	39	M	Male 30-39	Fort Miller Group	38:00	12:15 / mi
102.	55	CUNNINGHAM,	78	M	Male 70-79		38:50	12:31 / mi
103.	214	Sheerer, Hailey	14	F	Female 14 & Under	HHWH	39:16	12:39 / mi
104.	236	Vogel, Caroline	40	F	Female 40-49	HHHN	39:35	12:46 / mi
105.	237	Wallace,	73	F	Female 70-79		39:41	12:47 / mi
106.	48	Copeland, Addie	10	F	Female 14 & Under	HHWH	39:52	12:51 / mi
107.	161	METCALFE,	54	M	Male 50-59		41:05	13:14 / mi
108.	71	DUFFY, KRIS	57	F	Female 50-59	SUNY Adirondack	41:39	13:25 / mi
109.	254	Pauquette,	40	F	Female 40-49		42:15	13:37 / mi
110.	126	KINDRON,	10	M	Male 14 & Under	Arrow Financial	42:43	13:46 / mi
111.	125	KINDRON,	39	F	Female 30-39	Arrow Financial	42:54	13:50 / mi
112.	224	Tarantino, Amber	31	F	Female 30-39	HHHN	42:58	13:51 / mi
113.	219	Simons, Sara	41	F	Female 40-49	HHHN	43:27	14:00 / mi
114.	223	Starling, Liz	38	F	Female 30-39	HHHN	43:28	14:00 / mi
115.	51	COSEY, MARY	69	F	Female 60-69		43:37	14:03 / mi
116.	191	Pinkerton, Nicole	24	F	Female 20-29	HHHN	43:49	14:07 / mi
117.	146	Madding,	37	F	Female 30-39	HHHN	43:49	14:07 / mi
118.	243	WhitfordThomps	39	F	Female 30-39	HHHN	44:02	14:12 / mi
119.	287	Zachar, Lyan	48	F	Female 40-49		44:03	14:12 / mi
120.	286	Hogan, Michelle		F			44:03	14:12 / mi
121.	158	McKeever, Karen	53	F	Female 50-59	HHHN	44:12	14:15 / mi
122.	78	Entwhistle,	11	F	Female 14 & Under	HHWH	44:19	14:17 / mi
123.	140	Leonard, Cassie	44	F	Female 40-49	HHWH	44:20	14:17 / mi
124.	231	Trayah, Joe	27	M	Male 20-29	Fort Miller Group	44:28	14:20 / mi
125.	230	Trayah, Brittany	27	F	Female 20-29	Fort Miller Group	44:43	14:25 / mi
126.	235	Villano, Jackie	33	M	Male 30-39	HHHN	45:47	14:46 / mi
127.	60	DelSignore,	44	M	Male 40-49	HHHN	46:08	14:52 / mi
128.	61	DelSignore,	39	F	Female 30-39	HHHN	46:09	14:52 / mi
129.	285	Bosy, Jessica	28	F	Female 20-29		46:09	14:53 / mi
130.	284	Steark, Maureen	56	F	Female 50-59		46:11	14:53 / mi
131.	209	Schaefer, Jeff	48	M	Male 40-49	HHHN	46:25	14:58 / mi
132.	22	Biss, Cathy	75	F	Female 70-79		47:07	15:11 / mi
133.	192	Pollock, Linda	69	F	Female 60-69		47:08	15:12 / mi
134.	266	Viche, Jeff	41	M	Male 40-49		47:11	15:13 / mi
135.	127	KINDRON,	43	M	Male 40-49	Arrow Financial	47:26	15:17 / mi
136.	173	NORTON,	47	F	Female 40-49	Arrow Financial	47:31	15:19 / mi
137.	144	LYONS, TOM	47	M	Male 40-49		47:51	15:26 / mi
138.	9	APINNER,	59	F	Female 50-59	Glens falls hospital	47:52	15:26 / mi
139.	35	BUSSING,	63	M	Male 60-69	Glens Falls National Bank and	47:59	15:28 / mi
140.	36	BUSSING,	55	F	Female 50-59	Glens Falls National Bank and	48:00	15:28 / mi
141.	4	ALDEN, KARI	46	F	Female 40-49		48:01	15:29 / mi
142.	6	Alger, Mya	9	F	Female 14 & Under	HHWH	48:04	15:30 / mi
143.	239	Webster,	65	F	Female 60-69	HHHN	48:06	15:30 / mi
144.	202	Rion, Sara	41	F	Female 40-49	HHWH	48:09	15:31 / mi
145.	5	Alger, Kim	41	F	Female 40-49	HHWH	48:12	15:32 / mi
146.	213	Sheerer, Alivia	16	F	Female 15-19	HHWH	48:42	15:42 / mi
147.	250	Denno, Jason	48	M	Male 40-49		49:08	15:50 / mi
148.	252	Denno, Jaime	48	F	Female 40-49		49:08	15:50 / mi
149.	41	Caputo, Desma	43	F	Female 40-49	HHWH	49:18	15:54 / mi

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Plac	Bi	Name	Ag	Gend	AG	Corporation	GunTi	Pace
150.	215	Sheerer, Ronald	46	M	Male 40-49	HHWH	49:19	15:54 / mi
151.	211	Sedaker, Cindy	66	F	Female 60-69	HHHN	49:25	15:56 / mi
152.	120	Helmer, Erika	59	F	Female 50-59	HHHN	49:25	15:56 / mi
153.	174	Novotarski,	47	F	Female 40-49	HHHN	49:27	15:56 / mi
154.	53	Crowley, Maggie	32	F	Female 30-39	HHHN	49:29	15:57 / mi
155.	54	Crowley, Tim	35	M	Male 30-39	HHHN	49:31	15:58 / mi
156.	67	Dougrey, Kevin	37	M	Male 30-39	HHHN	49:43	16:01 / mi
157.	14	Bardin, Kelly	51	F	Female 50-59	HHHN	49:45	16:02 / mi
158.	27	Blanchard,	32	F	Female 30-39	HHHN	49:46	16:02 / mi
159.	33	Brittany, Rozelle	40	F	Female 40-49	HHHN	49:46	16:02 / mi
160.	116	Hasselwander,	56	F	Female 50-59	HHHN	49:48	16:03 / mi
161.	117	Hasselwander,	59	M	Male 50-59	HHHN	49:49	16:03 / mi
162.	113	Harrington,	24	F	Female 20-29	HHHN	50:21	16:14 / mi
163.	150	McCall, Desiree	28	F	Female 20-29	HHHN	50:22	16:14 / mi
164.	17	BEAN,	69	F	Female 60-69	HHHN	50:37	16:19 / mi
165.	109	Hallinan, Maria	62	F	Female 60-69	HHHN	50:38	16:19 / mi
166.	40	CAPEZZUTI,	60	F	Female 60-69		51:18	16:32 / mi
167.	1	Abbas, Cindy	60	F	Female 60-69		51:19	16:32 / mi
168.	244	WILLIAMS,	43	F	Female 40-49		52:09	16:49 / mi
169.	129	KLIMAS, NANCY	69	F	Female 60-69		52:09	16:49 / mi
170.	193	Poole, Maureen	56	F	Female 50-59	HHHN	52:41	16:59 / mi
171.	133	LaGuerre,	52	F	Female 50-59	HHHN	52:50	17:02 / mi
172.	171	NORTON, BILL	62	M	Male 60-69		52:59	17:05 / mi
173.	267	Norton, Shawn	61	F	Female 60-69		52:59	17:05 / mi
174.	95	Goertzen,	49	F	Female 40-49	HHHN	53:23	17:13 / mi
175.	23	Biss, Lynette	65	F	Female 60-69	HHWH	53:24	17:13 / mi
176.	32	Bradley, Laura	58	F	Female 50-59	HHWH	53:24	17:13 / mi
177.	240	WELCH,	50	F	Female 50-59		53:57	17:24 / mi
178.	228	Toich, Kaycie	24	F	Female 20-29	HHHN	54:09	17:27 / mi
179.	138	Lawrence,	23	F	Female 20-29	HHHN	54:10	17:28 / mi
180.	103	Griswold, Adam	50	M	Male 50-59	HHHN	54:17	17:30 / mi
181.	44	Castro, Shannon	43	F	Female 40-49	HHWH	54:19	17:31 / mi
182.	43	Castro, Ed	45	M	Male 40-49	HHWH	54:20	17:31 / mi
183.	207	Santore, Megan	34	F	Female 30-39	HHWH	54:20	17:31 / mi
184.	72	Dunn, Erin	42	F	Female 40-49	HHHN	54:36	17:36 / mi
185.	221	Spokane, Linda	57	F	Female 50-59	HHHN	54:37	17:36 / mi
186.	163	Miller, Kim	42	F	Female 40-49	HHHN	54:37	17:37 / mi
187.	261	Murphy, Tom	64	M	Male 60-69		54:38	17:37 / mi
188.	42	Casey, Jess	40	F	Female 40-49	HHHN	54:38	17:37 / mi
189.	185	Paszko, Emily	32	F	Female 30-39	HHHN	54:43	17:38 / mi
190.	184	Paszko, Donna	62	F	Female 60-69	HHHN	54:43	17:39 / mi
191.	183	Paszko, Andrew	35	M	Male 30-39	HHHN	54:45	17:39 / mi
192.	222	STARK, BRADY	22	M	Male 20-29	Warren County Republican	54:45	17:39 / mi
193.	212	SEEBER,	47	F	Female 40-49	Warren County GOP	54:45	17:39 / mi
194.	73	Eckert, Jonathon	22	M	Male 20-29	HHHN	54:47	17:40 / mi
195.	245	Wren, Katie	22	F	Female 20-29	HHHN	54:47	17:40 / mi
196.	91	Gates, Brianna	32	F	Female 30-39	HHHN	54:51	17:41 / mi
197.	13	Barbuto, Raechel	30	F	Female 30-39	HHHN	54:52	17:41 / mi
198.	92	Gates, Susan	59	F	Female 50-59	HHHN	54:52	17:41 / mi
199.	189	Perez, Valentina	24	F	Female 20-29	HHHN	55:16	17:49 / mi

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200.	264	O'Rourke,	32	M	Male 30-39		55:22	17:51 / mi
201.	263	Taft, Roseann	60	F	Female 60-69		55:24	17:52 / mi
202.	265	O'Rourke,	32	F	Female 30-39		55:25	17:52 / mi
203.	172	NORTON,	58	F	Female 50-59	ADK Advisors/ADK Excursions	55:31	17:54 / mi
204.	248	Roland, Peter	62	M	Male 60-69		55:36	17:56 / mi
205.	247	Lapper, Jean	60	F	Female 60-69		55:46	17:59 / mi
206.	233	TURNER,	70	F	Female 70-79		55:47	17:59 / mi
207.	94	GILLIGAN,	46	F	Female 40-49	Dems for the win	55:47	17:59 / mi
208.	149	MCCABE,	71	F	Female 70-79	Warren County GOP	56:45	18:18 / mi
209.	18	BEATY, DOUG	67	M	Male 60-69	Warren County GOP	56:46	18:18 / mi
210.	50	Corsones,	53	F	Female 50-59	HHHN	57:06	18:25 / mi
211.	246	Wright, Leeah	32	F	Female 30-39	HHHN	57:08	18:25 / mi
212.	227	Toich, Christine	60	F	Female 60-69	HHHN	58:09	18:45 / mi
213.	217	Sherman,	34	F	Female 30-39	HHHN	58:09	18:45 / mi
214.	112	HARRINGTON,	7	F	Female 14 & Under		58:23	18:49 / mi
215.	114	HARRINGTON,	30	F	Female 30-39		58:26	18:50 / mi
216.	196	Potter, Karen	56	F	Female 50-59	HHHN	59:13	19:06 / mi
217.	169	Mulcahy,	20	F	Female 20-29	HHHN	59:14	19:06 / mi
218.	168	Mulcahy, Deb	34	F	Female 30-39	HHHN	59:16	19:06 / mi
219.	31	BOSSONIS,	63	F	Female 60-69	Victoria Bossonis	59:19	19:07 / mi
220.	20	BEST, FELICE	57	F	Female 50-59		59:19	19:07 / mi
221.	154	McGarr, Deb	52	F	Female 50-59	HHWH	59:23	19:09 / mi
222.	136	Larrow, JoAnne	26	F	Female 20-29	HHWH	59:24	19:09 / mi
223.	160	McShane, Karen	65	F	Female 60-69	HHWH	59:24	19:09 / mi
224.	226	Tennyson, Patti	58	F	Female 50-59	SUNY Adirondack	59:30	19:11 / mi
225.	208	Schaefer, Emily	50	F	Female 50-59	HHHN	1:01:37	19:52 / mi
226.	8	Anderson, Sandy	59	F	Female 50-59	HHHN	1:01:41	19:53 / mi
227.	124	Kaetzel,	34	F	Female 30-39	Hannaford	1:02:07	20:02 / mi
228.	123	Hill, Tiaisha	30	F	Female 30-39	Hannaford	1:02:07	20:02 / mi
229.	262	Gordon, Melissa	35	F	Female 30-39		1:02:50	20:16 / mi
230.	234	VAUGHN,	64	F	Female 60-69		1:02:55	20:17 / mi
231.	15	Barocky, Bob	69	M	Male 60-69	HHHN	1:04:16	20:43 / mi
232.	268	Barlow, Lilly	10	F	Female 14 & Under		1:04:17	20:43 / mi
233.	128	Kleitgen, Laurie	59	F	Female 50-59	HHHN	1:05:40	21:10 / mi
234.	121	Hensler, Debbie	54	F	Female 50-59	HHHN	1:05:51	21:14 / mi
235.	69	Duers, Amanda	44	F	Female 40-49	HHHN	1:07:14	21:41 / mi
236.	70	Duers, Jeremy	46	M	Male 40-49	HHHN	1:08:03	21:56 / mi
237.	115	Haskell, Dana	45	F	Female 40-49	Hannaford	1:10:15	22:39 / mi
238.	164	Morehouse,	24	F	Female 20-29	Hannaford	1:10:29	22:44 / mi
239.	30	Bongiorno,	30	F	Female 30-39	Hannaford	1:10:32	22:44 / mi
240.	16	Barody, Laura	67	F	Female 60-69	Hannaford	1:10:32	22:45 / mi

Number of records: 240