



friendship force  
WESTERN COLORADO



www.ffwcolo.com

EDITOR: REBEKAH McDERMOTT

**November, 2022**

## Inside the Cover:

- **Monthly Board Meeting:**  
November 1, 2022 9:00am  
*4-Winds Coffee House*
- **Monthly Meeting: 2pm**  
New Covenant Baptist Church  
Vote on 2023 Board  
Ballot inside (p 13)
- **Christmas Party:**  
Dec 3rd **4pm** \$10/person  
Paid in advance (p 8)
- **Barnes & Noble Book Fair**  
Tue., Dec 20th 9am—7pm. (p11)

**Be On The Lookout For:**  
**2023 Year of Events Calendar**  
**2023 Pictorial Directory**



## November Birthdays

**9 Marguerite Collard**  
**23 Alan Rothberg**



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Facebook: Friendship Force Western Colorado

Web: ffwcolo.com

## LEADER'S MESSAGE

We made new friends last month. The inbound journey from the Western Kentucky club on October 16-22 has come and gone, but the awesome memories linger. This group included members of other clubs as well: Detroit, Ohio, Tucson, and Dallas. This is such a marvelous feature of Friendship Force – that members can join another club's journey if there is room. The Western Kentucky inbound journey went very well, and we received many nice compliments of the activities, especially the Welcome and Farewell parties, planned and executed perfectly by Rebekah McDermott. My deepest thanks to all the members who helped with the parties and participated in the activities. A special thanks to Nancy Wood who led the activities the first part of the journey when I was not available.



As promised last month, November is the time for voting for 2023 Leadership Council members. Candidates are being announced in this newsletter on a ballot for voting. Voting is open from now until the November general meeting on **Saturday, 11/19 at 2:00pm**. The 2023 Leadership Council members will be announced in the December newsletter.

SIDE NOTE: I am looking for someone in the club to take the role of Administrator for the MY.FRIENDSHIPFORCE.ORG members-only secure website. This is not a Leadership Council position. The Administrator maintains the Membership List and modifies club information content as needed. For example, updating the journey list with the recently completed inbound journey from Western Kentucky. I have been doing this myself as the website was being constructed by FFI so that I could “learn from experience” and pass along the duties to another member. Contact me by phone or email if you are interested in helping our club with this.

The 2022 year is almost over. We have the General Meeting scheduled for November 19<sup>th</sup>. December brings our Christmas Party on 12/03, and the Book Fair fundraiser at Barnes & Noble on Tuesday, 12/20. I am working on an Events Calendar for 2023 that will be completed in December. Just like the 2022 calendar, it will have the journeys, day trips and club meeting dates so you can look ahead and plan for your 2023 Friendship Force activities accordingly.

Stay safe,





A day to remember viewing over 500,000 artifacts covering the period of 1850—1950. Tue. Oct 18th, 2022.



On Friday, the group went to the Ute Museum, ate lunch at Rita Silva's and stopped at the Dennis Weaver Park on our way home.

After this fun filled day everyone gathered at NCBC for the Farewell Favorite Soup Meal. After eating all we wanted, Western Kentucky shared what this week meant to them

We were delighted to host them.





## Arches National Park, Utah

Thurs. Oct 20, 2022. It was worth getting up at 4:30am to be sure of a place in line to enter Arches. Everyone said the place is "Memorable"...



Jackie Herriman, Marsha Mullins, Tony Eadon, Dan Clancy, Sue Moyer, Sharon Feld, Juliann Vann Brenda Eaden, Wanda Huff, Chris Kinberger, Greg Feld, Janet Howard, Lily Cann, Kathy Nielsen, Rita English, Cheryl Kinberger, Sue Palmer, Nancy Wood.

Top: left to right and then read down.

**YOU REQUESTED:** Hello Western Kentucky Inbound Group. Again, we were delighted to have you in our homes and on our side of the Rocky Mountains. With all the fun we had, we also ate pretty well. And here is a recipe all asked for.

Navajo Tacos (ah la Rita)

2 Cups flour  
½ Cup instant powder milk  
1 Tablespoon Baking Powder  
½ teaspoon salt  
¼ Cup sugar  
1 teaspoon Cinnamon  
2 Tablespoons solid crisco  
¾ Cup water

Mix or sift all dry ingredients, add the crisco then add the water  
I put on rubber gloves and kneed the dough like crazy, add flour or water as needed the dough should not be sticky.

Cover and let set for at least an hour.

Pull off pieces of dough the size of a biscuit depending on size you should have enough for 6 to 8 roll out and deep fat fry one at a time.

I use vegetable oil, I use paper towels to drain off some of the oil.

Cinnamon and sugar optional for this recipe.

If you roll out thin they can also be sopapilla style and dust with powder sugar, or butter and honey.

Prepared for International Friendship Force Western Colorado, USA  
October 21, 2022



“Merciless Indian Savages”  
by Gregg Deal, Pyramid  
Lake Paiute is on YouTube  
and you can download to  
watch.

We will always remember  
the Ute Museum in Mont-  
rose, CO.

Gregg Deal is a husband, father,  
member of the **Pyramid Lake  
Paiute** Tribe, artist and activist.  
As a provocative contemporary  
artist-activist, much of Deal's  
work centers around Indigenous  
identity and pop culture, touching  
on issues of race relations, histori-  
cal consideration and stereotype.

Another requested recipe was the **Stuffed Peaches** provided  
by Anne Nichols.

## Ingredients

- 6 peaches, halved and pitted
- ¼ cup butter, melted
- 3 tablespoon cinnamon-sugar\*
- 4 ounce package cream cheese, softened
- ¼ cup sugar
- 1 egg yolk
- 1 ½ teaspoon vanilla

## Directions

1. Preheat oven to 350°F. Line a 15x10x1-inch baking pan with parchment paper; set aside. Trim a very thin slice from the round side of each peach half so halves stand flat on the baking pan. Dip peach halves in melted butter to coat. Arrange peach halves, cut sides up, in prepared pan. Sprinkle cut sides of peaches with cinnamon-sugar; set aside.
2. In a medium mixing bowl beat cream cheese with a mixer on medium speed until smooth. Add sugar, egg yolk, and vanilla. Beat until combined. Spoon cream cheese mixture into peach centers.
3. Bake, uncovered, about 30 minutes or until lightly browned and softened. Serve warm or at room temperature.





## Journey Planning for 2024

Each normal year (not Covid) FFI asks all clubs, domestic and international, to fill out a survey of Inbound and Outbound journey information. How many ambassadors you can support, how many inbound journeys you will receive, and what months are best are examples of the information requested. FFI also wants to know about outbound journeys: how many journeys we want to take, where our club wants to go, and what months do we want to travel?

This information, once received from all clubs, is used by FFI to perform a Matching exercise, and all clubs are notified of assigned inbound and outbound journeys. This process is started in November and completed in April for the year two years ahead. We will be participating in this process in November for the year 2024.

Here is the anticipated schedule:

- |                                      |                     |                   |
|--------------------------------------|---------------------|-------------------|
| 1. Inbound Hosting Availability Form | Sent out: 10/30/22, | Due Back: 12/4/22 |
| 2. Outbound Request Form             | Sent out: 1/1/23,   | Due Back: 2/12/23 |
| 3. Journey Assignments               | Mid-April           |                   |
| 4. Change Requests                   | April onwards       |                   |

We have two inbound journeys already scheduled for 2024: Tokyo, Japan early June, and New Hampshire early September. We will be requesting outbound matches and a third inbound if we want. All members will have an opportunity to make their suggestions as soon as I figure out an equitable way to do that. Be thinking about what location(s) we should request. Watch this space!

# Dan

# JOURNEYS NEWS: STATUS and UPDATES

Updated: 10/29/22

Updates in RED

## 2022

### INBOUND from Western Kentucky - #22761

- Host Coordinators: **Dan Clancy and Nancy Wood**
- Status: Arrived October 16, departed October 22
- Update: **Completed. 14 ambassadors came. Excellent inbound journey.**

## 2023

### INBOUND from Knoxville, TN - #23192

- Ambassador Coordinator: **OPEN**
- Status: Dates: June 11 - 17
- Update: This is a reciprocal journey after having hosted FFWC in May.

### INBOUND from Shelby, NC - #23227

- Ambassador Coordinator: **OPEN**
- Status: Dates: September 24 – 30.
- Update: This is a reciprocal journey after having hosted FFWC in May.

### OUTBOUND to Knoxville, TN / Shelby, NC - #23166

- Ambassador Coordinator: **Rebekah McDermott**
- Status: Dates: From 4/23 to 5/6.
- Update: Arrive Knoxville 4/23, to Shelby on 4/29-30, depart Shelby 5/6. **Itinerary completed and journey sign-up continues. Two open spots remain. Contact Rebekah if interested. Next Journey Meeting will be held at the end of the November 19 General Meeting.**

### OUTBOUND to Napa/Sonoma, CA - #22511

- Ambassador Coordinator: **Sue Moyer**
- Status: Dates to be determined
- Update: Working on dates and combining this journey with a second club in the area.

## 2024

### INBOUND from Tokyo, Japan - #22501

- Host Coordinator: **Ron Bradley**
- Status: Postponed to June 2024 from June, 2020.

### INBOUND from New Hampshire Seacoast - #23203

- Ambassador Coordinator: **OPEN**
- Status: Dates: **Scheduled for September 8-15, 2024. They were unable to do late Oct, 2023.**
- Update: Assigned by FFI in "It's A Match" program.

## Future Journey Plans

Received invitation from Lake Simcoe, Ontario to come visit their club.

After inbound Western Kentucky journey, received invites for future outbound journeys to Western Kentucky and Tucson clubs.

Working on 2023 shortened (3 nights/4 days) outbound journey to Northern Colorado club.

# **FFWC** **CHRISTMAS** **PARTY**

\$10 person pre-paid

**BUFFET**

**Sat. Dec 3<sup>rd</sup>**

**4pm**

New Covenant  
Baptist Church

## **Foods From**

Italy

Sweden

Mexico

Germany

England

Israel

USA

France

**Christmas**

**Around  
The**

**WORLD**

RSVP by Nov.27<sup>th</sup>  
To Rebekah 214 536-2250  
rebekahmcdermott@gmail.com



## MEMBERSHIP NEWS

As the days are quickly moving us into Holiday Celebrations, Membership is especially thankful for your help and support this year. We had a record year of new members, and the coffees afforded these new members a time of connection and getting involved.

During the Western Kentucky visit we also had times of sharing how members are attracted and retained. One consistent theme is that they enjoy fellowship. Hence these clubs are having monthly "lunch time", dinner times" at restaurants. Sometimes it is a meal after the monthly meeting. Other times it is lunch on a specific day to simply enjoy each other. Overall they strive to continue growing friendships. This might be a consideration for our club. Thoughts?

Membership Dues deadline is January, 31, 2023. You may certainly renew your membership even now. Simply write your check for \$45 to FFWC and give to me at a meeting or mail to me at 3139 Devin Dr., GJ, 81504. I hope to find each of you signing up for another year and enjoying all the activities and fellowship FFWC enjoys.

In the last newsletter I asked members to write to me why they joined Friendship Force International. Here are Rita Silva's comments: "I joined FFI to meet people who like to travel and enjoy life. I feel bad that I cannot participate in all the activities. I find all members to be friendly and I enjoy being a member." My comment to Rita is that we see you participate any time you can, and preparing Navaho Tacos and Frybread for a housefull of FFI Ambassadors is certainly a grand way to show your support and enjoyment of the group. We are glad you are a member of FFWC.

**Remember: Sunday,  
November 8th turn your  
Clocks back 1 hour.**



# Proposed FFWC 2022 Events Calendar

Notice: Changes in RED  
Updated: 9/28/2022

<p><b>January</b></p> <p>1/04 - Council Meeting – New and Old members attend</p> <p>1/15 - <b>General Meeting</b> – Sue Palmer &amp; FFI Matching</p> <p>1/27 - <b>Day Trip</b> – Gateway Car Museum + Lunch</p>	<p><b>February</b></p> <p>2/01 - Council Meeting</p> <p>2/19 - <b>Mystery Party Luncheon “Bullets &amp; Bar-B-Q”</b></p> <p>2/25(Fri) – <b>Day Trip</b> – Goblin Valley, Green River Lunch</p>
<p><b>March</b></p> <p>3/01 - Council Meeting</p> <p>3/19(Saturday) - <b>General Meeting</b> – 10am Breakfast, Presentation on Being a Friendship Force Host</p> <p>3/25(Fri) – <b>Day Trip</b> – Canyonlands N.P., Moab Lunch</p>	<p><b>April</b></p> <p>4/05 - Council Meeting</p> <p>4/21 to 4/23 – <b>2-Night Overnight Trip</b> to Salt Lake City Tulip Festival + State Capitol Building</p> <p>4/30(Sat) – <b>Lake Simcoe ambassadors arrive</b></p>
<p><b>May</b></p> <p>5/01 to 5/07 – <b>Incoming Journey, Lake Simcoe, Canada</b></p> <p>5/07(Sat) – <b>Book Fair Fundraiser at Barnes &amp; Noble</b></p> <p>5/14(Sat) – <b>Shirley birthday celebration at Goat &amp; Clover, 1pm to 5pm.</b></p> <p>5/10 - Council Meeting (moved to 2<sup>nd</sup> Tuesday)</p> <p>5/21 - <b>General Meeting</b> – Packing for Travel by Shirley No Day Trip</p>	<p><b>June</b></p> <p>6/07 - Council Meeting</p> <p>6/18 – GJ Downtown Scavenger Hunt - CANCELLED</p> <p>6/23 (Thurs.) – <b>Day Trip</b> – Telluride, Mountain Village</p>
<p><b>July</b></p> <p>7/05 - Council Meeting</p> <p>7/17(Sunday) - <b>General Meeting</b> / Summer Picnic</p> <p>7/29 to 7/30 – <b>1-night Overnight Day Trip</b> – Glenwood Vaudeville Show, Marble Mill Site Park</p>	<p><b>August</b></p> <p>8/02 - Council Meeting</p> <p>8/14(Sunday) - <b>Ice Cream Social / FFWC 40<sup>th</sup> Birthday</b></p> <p>8/25 (Thurs.) - <b>Day Trip</b> – Vail, Betty Ford Alpine Garden</p> <p>8/30 – Sacramento CANCELLED</p>
<p><b>September</b></p> <p>9/01–9/05 – <b>Incoming Journey Sacramento CANCELLED</b></p> <p>9/13 (Tues) - Council Meeting – <b>date change</b></p> <p>9/12(Monday) – <b>Grand Mesa Road Cleanup</b></p> <p>9/17 - <b>General Meeting</b> – Program: Ellen &amp; Ron Bradley trip to Greece and Turkey presentation.</p> <p>9/29 - <b>Day Trip</b> – Downtown Scavenger Hunt, Lunch, Atomic Legacy Cabin - <b>CANCELLED</b></p>	<p><b>October</b></p> <p>10/04 - Council Meeting</p> <p>10/17(Mon) – <b>Welcome Party – Western Kentucky</b></p> <p>10/16 to 10/22 – <b>Inbound Journey, Western KY.</b></p> <p>10/21(Friday) – <b>Favorite Soup Cook-off</b> (The Farewell Party for Western KY inbound)</p> <p>No Day Trip</p>
<p><b>November</b></p> <p>11/01 - Council Meeting</p> <p>11/19 - <b>General Meeting</b> – Election of 2023 Officers</p> <p>No Day Trip</p>	<p><b>December</b></p> <p>12/03(Saturday) - <b>Christmas Party</b></p> <p>12/06 - Council Meeting</p> <p>12/20(Tuesday) - <b>Book Fair Fundraiser, Barnes &amp; Noble</b></p> <p>No Day Trip</p>



BARNES & NOBLE  
**BOOKFAIRS**

**Friendship Force of  
Western Colorado**

**Tuesday,  
December 20th, All Day**

**Barnes & Noble  
2451 Patterson Road, Grand Junction  
Patterson and 24 1/2 Road**

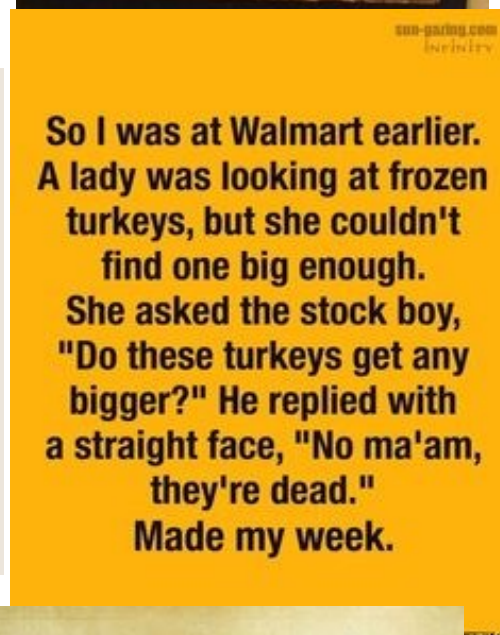
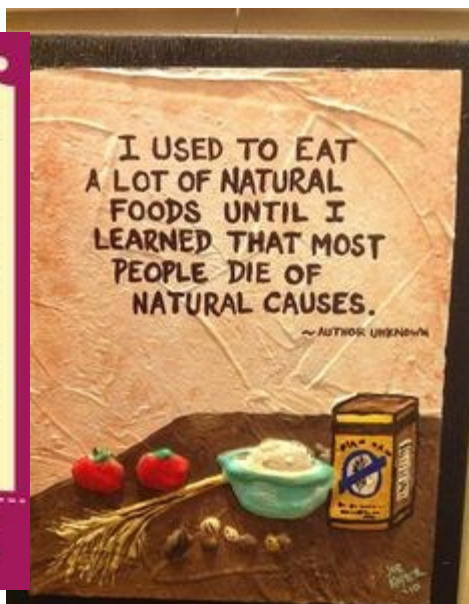
**9am—7pm Sign up for 2-hour shifts**

**Contact Nancy Wood**

**Package Wrapping offered**







Tom's family receives  
the horrible news.





# Friendship Force of Western Colorado Ballot Form

Please indicate your choice by writing or typing X next to the nominee for each office. There is a blank for each office in case you wish to write in another name. Wherever you see two names with a slash in between, it means two people are being nominated to be co-coordinators of that position.

Please return your ballots to Ellen Bradley, 619 Shadowbrook Drive, GJ 81504 or by email ([meb712002@yahoo.com](mailto:meb712002@yahoo.com)). You will also have an opportunity to vote in person at our next General Meeting on November 19, 2022.

## Council Leader

\_\_\_\_\_ Nancy Wood  
\_\_\_\_\_  
\_\_\_\_\_

## Webmaster

\_\_\_\_\_ Open  
\_\_\_\_\_  
\_\_\_\_\_

## Secretary/Historian

\_\_\_\_\_ Georgia Ray  
\_\_\_\_\_  
\_\_\_\_\_

## Journeys Coordinator

\_\_\_\_\_ Dan Clancy  
\_\_\_\_\_  
\_\_\_\_\_

## Treasurer

\_\_\_\_\_ Jeff Parker  
\_\_\_\_\_  
\_\_\_\_\_

## Events Coordinator(s)

\_\_\_\_\_ Dan Clancy/Rebekah McDermott  
\_\_\_\_\_  
\_\_\_\_\_

## Membership Coordinator(s)

\_\_\_\_\_ Linda Gordon / Rebekah  
\_\_\_\_\_ McDermott  
\_\_\_\_\_

## Publicity/Facebook Coordinator

\_\_\_\_\_ Karen Taylor/Sue Palmer  
\_\_\_\_\_  
\_\_\_\_\_

## Newsletter Editor

\_\_\_\_\_ Rebekah McDermott  
\_\_\_\_\_  
\_\_\_\_\_

## At-Large Council Member

\_\_\_\_\_ Don Matheson  
\_\_\_\_\_  
\_\_\_\_\_



## **Help keep our members in the know.**

Send comments, items of interest, event happenings, pictures of your personal trip, etc. to me.

Send to [rebekahmcdermott@gmail.com](mailto:rebekahmcdermott@gmail.com).

Deadline for your submissions is the 25th of each month.

The Newsletter is sent to you via email the 1st of the month.

## **Friendship Force Pledge**

**As a member of the Friendship Force I recognize that I can make a difference.**

**I recognize that I have a mission; that mission is to be a friend to the people of the world.**

**As I embark upon this adventure, I know that others will be watching me.**

### **ABOUT THE CLUB**

Friendship Force Western Colorado, located in Grand Junction, CO., was formed in 1982.

General meetings are held at New Covenant Baptist Church, 3196 F Rd, Grand Junction, CO 81504 . 2:00pm, 3rd Saturday on odd months.

Membership is open to all who are interested in the goals and purposes of the Friendship Force program.

Check our website or the newsletter for updates.

**Friendship Force International  
Western Colorado Chapter  
P.O. Box 3665  
Grand Junction, CO 81502  
[www.ffwcolo.com](http://www.ffwcolo.com)**