

Energy is everywhere. It emanates from us, and from everything around us.

Many times, people imagine this energy to be something resembling an amorphous blob, just kind of oozing around and blanketing everything in a generic, unseen haze.

Nothing could be further from the truth. Nature is comprised of structure and patterns, and energy, being a foundational component of everything in existence, is no exception.

Energy takes on various shapes and forms, depending on its purpose, frequency, who or what it is anchored to, and who or what it is influenced by. And while it's true that energy ebbs and flows, it is not shapeless in an unorganized way. In fact, as with everything else in nature, it is VERY organized, forming predictable and detectable patterns that you can identify and work with as a means to improve your environment, your home, your health, your "sixth sense" and beyond.

For many, their understanding of how the universe works is very small – they believe that reality is only defined by what they can hear, touch, see, taste, smell, or otherwise quantify in physical terms. They do not understand that the physical world is only a tiny fraction of our reality, and that by limiting their experiences to only the physical, they are missing out on a much bigger picture – that of the energetic universe.

I teach Energetic Dowsing to introduce folks to the magnificent cosmos beyond the five physical senses. It is the perfect bridge between the physical and the energetic because it allows participants to explore the world of energy through familiar physical sensations and verifiable feedback. Learning the basics of Energetic Dowsing is simple, and anyone of any age can do it.

In this workshop, you will learn to use a set of dowsing rods to detect specific energy patterns that are present, and by the time we are done, you will know how to feel those same energetic patterns by using only your hands. With these basic skills, you can begin your explorations into the energetic universe.

Note: dowsing rods will be provided for the workshop and will also be available for purchase.

## Schedule:

- This workshop begins at 4:00 pm. Please plan to arrive 10-15 minutes early.
- Workshop duration is 90 minutes, concluding at 5:30 pm.

Instructor: Shea Willis, founder of We Own the Light

We Own the Light

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