Child's Name: _____Kids of the Kingdom Episcopal School Menu (June & July 2021)

Mon	Tue	Wed	Thu	Fri
	(1 A) Cereal & Toast B) Corn Dogs / Green Beans / Peaches C) Granola Bars	(2 A) Pop Tarts & Fruit B) Ham & Cheese Sandwiches / Cucumbers / Ranch / Bananas C) Rice Krispies Treats	(3 A) Blueberry Muffins B) Meat Loaf / Mashed Potatoes / Applesauce C) Cheese Crackers	(4 A) Bean & Cheese Tacos B) Pizza / Salad / Ranch / Oranges / Cookies C) Trail Mix
(7 A) Cheerios & Fruit B) Turkey & Cheese Sandwiches / Carrots / Ranch / Apple Slices C) Oyster Crackers	(8 A) Pigs in the Blanket & Fruit B) Spaghetti w/Meat Sauce / Green Beans / Mixed Fruit C) Goldfish & Raisins	(9 A) English Muffins & Fruit B) Chicken & Rice Casserole / Broccoli w/Cheese / Pineapple C) Wheat Thins & Cottage Cheese	(10 A) Oatmeal & Fruit B) Tuna Noodle Casserole / Corn / Mandarin Oranges C) Rice Cakes	(11 A) Blueberry Muffins & Fruit B) Pizza / Salad / Ranch / Applesauce / Cookies C) Trail Mix
(14 A) Cheerios & Toast & Fruit B) Mac & Cheese w/ Beef / Carrots / Applesauce C) Graham Crackers	(15 A) French Toast Sticks & Fruit B) Chicken Salad Sandwiches / Cucumbers / Ranch / Oranges C) Baked Cheese Crackers	(16 A) Malt -O- Meal & Fruit B) Fish Sticks / Bread / Green Beans / Peaches C) Apple Butter Sandwiches	(17 A) Cheese Toast & Fruit B) Turkey & Cheese Sandwiches / Mixed Vegetables / Mixed Fruit C) Fruit Salad	(18 A) Biscuits & Fruit B) Pizza / Salad / Ranch / Apple Slices / Cookies C) Trail Mix
(21 A) Cheerios & Toast & Fruit B) Beanie Weenies / Bread / Corn / Mixed Fruit / Bread C) Animal Crackers & Yogurt	(22 A) Cinnamon Raisin Bread & Fruit B) Grilled Cheese Sandwiches / Carrots / Ranch / Strawberries C) Granola Bars	(23 A) Pancakes & Fruit B) Sweet & Sour Chicken / Brown Rice / Peas & Carrots / Pineapple C) Banana Pudding	(24 A) Toast & Fruit B) Cheese Quesadillas / Pinto Beans / Peaches C) Jell – O w/ Fruit	(25 A) Oatmeal & Fruit B) Pizza / Salad / Ranch / Oranges / Cookies C) Trail Mix
(28 A) Cheerios & Toast & Fruit B) Steak Fingers / Bread / Mashed Potatoes / Mixed Fruit C) Cheese Wrap	(29 A) Cinnamon Toast & Fruit B) Tuna Salad Sandwiches / Cucumbers / Ranch / Bananas C) Teddy Grahams	(30 A) Bagels w/ Cheese Cream & Fruit B) Enchiladas Casserole / Brown Rice / Green Beans / Peaches C) Fresh Fruit Cup	(1 A) Oatmeal & Fruit B) Oven Baked Chicken / Sweet Potatoes / Bread / Mandarin Oranges C) Rice Krispies Treats	(2 A) Pancakes & Fruit B) Pizza / Salad / Ranch / Apple Slices / Cookies C) Trail Mix
A) Breakfast **(Milk & Water)**	**B) Lunch** **(Milk & Water)**	**C) P.M. Snack** **(Juice & Water)**		

If your child is on the allergy list please put a line through the food item they cannot have and return the menu in your child's folder. Please provide a substitution for that item.