

# MONTHLY MEETING’s AGENDA

# Successful Lifelong Recovery

**Location**: Address or Room Number  
**Date**: Date  
**Point of Contact**: Name(s) number or email address.  
**Time**: Time

1. Weekly Meeting 1 Successful Lifelong Recovery

Attendee Review and Print: On-Line [www.familiesimpactedbyopioids.com](http://www.familiesimpactedbyopioids.com) tab 32 seminar downloads

Seminar Handout

Practical Exercises and Video Worksheets

Families Best Practices Model and Plan of Action.

1. Weekly Meeting 2 Speaker, The Family is a System.

Invited a Family Therapist from our referral network list to speak on Characteristics of Family Interaction and the awareness of Successful Lifelong Recovery.

1. Weekly Meeting 3 Personal Testimony, The Family Dynamic

One of our own members will volunteer to share their family dynamic story.

1. Weekly Meeting 4 The Workshop, with Group Family Therapist

Meeting leader will assist the group in worksheet experiences to examine their individual family dynamics.



# WEEKLY MEETING AGENDA

# Weekly Meeting # 1 1.5hrs duration

* 1. Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
  2. Presentation Power Point Seminar #19
  3. Family Solution Finder Learning Seminar Workbook
     1. Practical Exercise # 1-3
     2. Video worksheets
  4. Group Discussions



# MONTH MEETING AGENDA

# The Family Solution Finder Monthly Learning System

**Seminar 3:** **Successful Lifelong Recovery**

Prior to Week # 1. The instructor will review and print: Go On-Line [www.familiesimpactedbyopioids.com](http://www.familiesimpactedbyopioids.com) Tab “32 seminars” the following downloads:

1. Download Study Guide for Seminar # 19 Successful Lifelong Recovery. (Website Step 2)
2. Download Power Point Presentation Seminar # 19 Successful Lifelong Recovery. (Website Step 3)
3. Download Workbook for Seminar # 19. (Website Step 4)
4. Download Family 3-D’s Coping Skills Worksheet Seminar # 19 Successful Lifelong Recovery. (Website Step 5)
5. Download Family Local Resource Connections Workbook Seminar # 19 Successful Lifelong Recovery. (Website Step 6)
6. Download Clinical Paper Seminar # 19. (Website Step 7)

Week 1 Meeting: A Power Point Presentation Seminar #19 “Successful Lifelong Recovery”. *It is preferred the family has read The Family Solution Finder, Study Guidebook Learning Module I for Seminar # 19 Successful Lifelong Recovery, prior to the meeting.* This can be sent via email as an attachment for those that do not have books.

Week 2 Meeting: An invited guest Speaker, and The Family Solution Finder Workbook Learning Module II. Complete the Family Practical Life Exercises in the Workbook. (Handout)

Week 3 Meeting: A Personal Testimony, and/or The Family Solution Finder, 3-D’s Coping Skills Workbook Learning Module III. Seminar # 19 Childhood Trauma in the Family System. (Handout)

Week 4 Meeting: The Workshop, The Family Solution Finder, Local Resource Connections Workbook Learning Module IV, Seminar # 19 Successful Lifelong Recovery. (Handout)

*The instructor will prepare the room with welcome table, sign-in sheet, refreshments, and handouts. The audio/visual will be tested ahead of the meeting and meeting agenda made available through social media channels. It is a good idea to have a “Welcome Packet” for new attendees.*

# MEETING AGENDA

# Week 1

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* 1. Pre-Meeting Reading Assignment Family Solution Finder Learning Study Guidebook Learning Module I, Seminar # 19
  2. Presentation Power Point Seminar #19.
  3. Group Discussions.

# MEETING AGENDA

# Week 2

1. Presentation Guest Speaker Successful Lifelong Recovery.
2. The Family Practical Life Exercises in The Family Solution Finder Workbook Learning Module II Seminar # 19. (Handout)
3. Group Discussions.

# MEETING AGENDA

# Week 3

1. Guest Personal Testimony of the Topic “Successful Lifelong Recovery”. Or
2. The Family 3-D’s Core Skills Workbook Learning Module III Seminar # 19. (Handout)
3. Group Discussion.

\*We say “or” because the Family 3-D’s Core Skills Workbook takes most of a meet to complete. Determine a Solution, Develop a Decision and Design a Family Plan of Action.

# MEETING AGENDA

# Week 4

1. The Family Local Resource Connections Workbook Learning Module IV Seminar # 19. (Handout)
2. Group Discussions.