



# Balks and Pick Offs

**Balks:** [BALKS - YouTube](#)

**Pick Offs:**

1<sup>st</sup> Base [How to pick off baserunners \(1 of 3\) Pick off moves to first base - YouTube](#)

2<sup>nd</sup> Base [How to pick off baserunners \(2 of 3\) Pick off moves to 2nd base - YouTube](#)

3<sup>rd</sup> Base [How to pick off baserunners \(3 of 3\) Pick off moves to third base - YouTube](#)

**Test:** [The Balk rule in baseball. Test your understanding. - YouTube](#)