

LANDONA HOUSE TABLOID

WELCOME

To The Spring Edition Newsletter for Residents, Families & Friends

If you would like to receive future copies of our Newsletters by email please let Craig Jenkins (Home Manager) know your email address.



INTRODUCTION

Most of our residents and families have met our Managing Director and Owner of Landona House, Dr Radhika Sisodia. Radhika visits the home each week and on entering the building, her first priority is to visit our residents making sure they are happy with all aspects of life at Landona House. Craig Jenkins is our registered home manager, he has been with Landona House for 10 years! He started as an apprentice at the age of 17 and worked his way up.

REFURBISHMENT UPDATE

Refurbishment fully completed in all communal areas. All lounges and dining rooms have been refurbished to colours chosen by residents and staff using dementia studies. Reflooring, refurbishment and decoration of the bedrooms and all corridors now complete.



STAFFING

We regularly review staffing levels using our dependency tool and IDS Scotland care home model.

	Landona House Ltd	
	Day Shift	Night Shift
Manager	1	
Senior Care Assistants/ Deputy manager/ assistant manager	2	1
Care Assistants	4	3
House Keepers	2	
Chef/Cook	1	
Activities Co-ordinator	1	
Kitchen Assistant	1	

Staffing levels are high on the agenda at the weekly Management meeting.

Dinning

We have on board two fantastic Chef's, Claire and Adam, who come with a wealth of knowledge and experience including culinary skills and experience as a patisserie chefs - please sample their pastries and home baking. We will be offering taster/cooking demonstrations, themed events, Afternoon Teas and Birthday Buffets for everyone to enjoy. If you have any other suggestions let us know.

Reminder - if anyone doesn't like or just doesn't fancy what's on the menu please ask for an alternative. We cater for all individual tastes and diets and always have vegetarian options available. If you have any dietary requirements please discuss these with Chef.

We also request that if you are visiting please avoid meal times as we need to ensure all our residents have a peaceful dining experience.

Hospitality – We love to welcome families and friends. All families are welcome to stay for meals and refreshments. Just let a member of staff know so that dining tables or hospitality trays can be arranged. Also tea/coffee making facilities are available in the conservatory for our visitors at all times – so please help yourselves.



WATCH: Shropshire claps for carers and key workers for the fourth week

By [Bob Smith](#) | [Telford News](#) | Published: Apr 17, 2020

People all over Shropshire came out in droves to Clap For Our Carers for the fourth consecutive week.

Subscribe to our daily newsletter

Email address:

[Sign Up](#)



Staff at the Landona House residential home in Wem.

GARDENS

We have a fantastic new sensory garden with an indoor – outdoor theme to lounge and dining room. We have decorated the garden with bright colourful seating areas and lanterns and sensory stimulation. We have a variety of colourful plants and flowers. We have our own greenhouse where the residents can grow tomato plants and we have been selling them for a profit for the residents fund. We have a quite peaceful gazebo area to spend time with your loved ones.



INDIVIDUALISED CARE

We encourage all residents, and with consent, their families and loved ones to be involved in all aspects of care. Please come and view the care files and contribute to them by contacting Craig – the home manager in the first instance – We need your input to deliver the best possible care.

LIFE HISTORY

We feel it is crucial to know as much about our residents as possible both past and present, likes, dislikes and preferences. Life histories of all our residents helps us to get to know our residents and gives us ideas for activities they may enjoy. If you haven't already written a life history or would like assistance to write one let us know.

Similarly, we think it is important that you get to know us, so through our newsletter we will be sharing with you some of the Landona House team life experiences. Don't worry we won't bore you with everyone in this first edition but thought we would start with Craig Jenkins (Home Manager)

LAUNDRY

To help staff in our Laundry we ask that all clothes are labelled either with names or initials on labels. Permanent marker pens are available from Craig. If you need help with this a member of the Care Team will be happy to do this for you. Any clothes that are not returned from the Laundry let us know as soon as possible so that we can rectify this.

ACTIVITIES

Mandy Wilcox and Lisa Slinn – Activities Co-ordinator

We have lots of trips planned in the next few months in our minibus.

- Trips to local places of interest such as local parks, gardens and the coastal areas.

We also have lots planned for entertainment at Landona House to name a few:

- Eve Whitmore who has become a regular at Landona singing vintage songs and dancing for all our interested residents.
- Musical therapy – which is always very popular.
- Chair based exercise classes
- Local Choirs
- Local School children singing
- Pet Therapy with our visiting gorgeous golden retriever 'Annie'
- Religious services and informal visits from our local Priests and Vicars. If you have any other religious/spiritual needs currently not provided speak to Kathryn.
- Mandy and Lisa also provides daily activities some of which are bingo, pamper sessions, games, quizzes to name but a few. There is a lot of gardening.

If anyone has any ideas or suggestions of places to visit let Lisa and Mandy know. We will also be providing a timetable of events which will be displayed on the notice boards around the home and a list will be published in the next edition of this newsletter.



Above we have had remembrance day, believe it or not but above is a scarecrow competition entry of a scarecrow resident and a carer. We have sweet shops.

HAIRDRESSING

We have a lovely salon for pampering and hairdressing. Sam our Hairdresser comes twice a week and prices remain very competitive. During Lockdown our own fantastic carer, Jane, who is also trained in hairdressing, did all our residents hair.

We also provide simple pamper packages, ie nail polish and hand massage. Our carers are super talented.



PRIVACY & DIGNITY

If any residents prefer to lock their rooms a key can be provided. We do have master keys which open all doors so rest assured the same level of care and checks on residents will continue to be undertaken.

TELEPHONES

All residents can have free use of our cordless phones – unfortunately due to the size of the building the phones do not work in all of our rooms. If this is the case and you need to make a confidential phone call arrangements can be made for you to be moved into a quiet room where you will not be disturbed.

INTERNET/WI-FI

All residents are welcome to use the Wi-Fi available in the home. The whole home now has access to full wi-fi. If you require the password or any help with accessing the wi-fi ask Craig.

ANNUAL QUALITY SURVEY

Last one completed in October and from the results you will have noticed we have created a 'You Said We Did' Notice Board. By listening to our residents and families we have so far purchased a new minibus, employed a qualified chef and continue with our refurbishment project. We hope that the next survey is as successful.

RESIDENTS ASSOCIATION

We are looking to start a Landona House Residents' Association – If you would be interested in joining please let Mandy or Lisa know. Also, if there is anyone who would like to volunteer to take the 'chair' we would be very grateful.

Finally:

- Please could you also take some time out to read our Noticeboard on Commitment to Care.
- If there are any 'budding' editors or reports who could spare time to contribute to our newsletter please let us know.

If there is anything more we can do to improve the care we deliver we would love to hear from you. Our aim is to become one of the best Care Homes in the Country and we would like you all to be involved.