

AbodeOct2020

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
			1	2	
			- Fall Campfire - Fall Scavenger Hunt -Track! Menu: Brunch	-Fall Games -DIY Apple Cider -Pamper Yourself Menu: Chicken Caesar Wrap	Guitar will run Monday, Tuesday and Wednesday weekly. Members in music training will be assigned a spot weekly.
5	6	7	8	9	
-Morning Stretches -Dance Fit -Muffin Monday -Track Menu: Grilled Sandwich Combo	-Campfire Apples -Ability Leadership -Pilates -Cookies! Menu: Brunch	-Abode Cinemas Movie Day-In - Walk and Explore -Pumpkin Bread Menu: Pizza Panini and Salad	-Chili Making -Foot Spa - Apple Pie Tacos -Track! Menu: Abode Nachos *EVE- FOOTBALL & CHILI COOKOFF 5:30-8:00pm	-FRIENDSGIVING -Morning Stretches -Karaoke -I'm thankful for... Menu: FRIENDSGIVING Chicken, mashed potatoes and sides!	SEPT 2020 Invoice Payment Due
12	13	14	15	16	
CLOSED, Happy Thanksgiving Weekend!	-Kindness Jar -Morning Stretches - Fear Factor Game -Foot Spa Menu: Taco Tuesday	-Karaoke! -DIY Sushi -Dance Fit Menu: Abode Nachos	--Abode Cinemas: Movie Day In -Celebrate Jack! -Fall Soup! Menu: Brunch	-Pamper Yourself! -campfire - Wii Dance -Scare Crow Build Menu: Chicken Caesar Salad Wrap Combo	
19	20	21	22	23	
-Morning Stretches -Dance Fit -Muffin Monday -DIY Pumpkin Spice Latte Menu: Grilled Cheese Combo	-Fall Campfire -Ability Leadership -Foot Spa Menu: Chicken Fingers and Fries	-Pilates -Pumpkin Painting -DIY Hot Sauce Menu: Pizza Panini and Salad	- Fear Factor Game -Board games - Foot Spa Menu: Pulled Chicken on a bun combo	-Fall Soup! -Hot Chocolate Bar -Abode Cinemas Movie Day-In -Fear Factor Game Menu: Taco Salad	
26	27	28	29	30	
-Morning Stretches -Dance Fit -Halloween Gingerbread House -Foot Spa Menu: Chicken Fingers and Fries	-Abode Cinemas: Movie Day-In -Muffin Tuesday -Fear Factor Game Menu: Taco Tuesday	-Walk n Explore! -Fall Soup! -Face Paint! -Halloween Group Games Menu: Panini Combo	-Costume Contest 1.0 -Pumpkin Carving -Flavoured Pumpkin Seeds Menu: Brunch	-Trick or Treat Stations -Costume Contest 2.0 -Halloween Bingo! -Apple Pie Tacos *Eve: Fall BBQ 5:30-8:00pm Menu: Abode Nachos	