



Thank you for downloading my free bible reading plan PDF file, to create your own bible journaling resource, I hope you enjoy using it.

1. **Usage** - 'This file is for Personal Use only: Bless It Forward Ministries Free PDF files' may be downloaded and used for private and non-profit use only.

If your social media posts feature my free printables I always love to see them in action so please tag in @blessitforwardministries

2. **Copyright** - 'Personal Use File: Bless It Forward Ministries Free PDF files' are the intellectual property of its respective author, Emma Vickers of Bless It Forward Ministries, provided it is original, and is protected by copyright laws in many parts of the world.

3. If you are downloading this PDF file please direct others to our website [www.blessitforward.co.uk](http://www.blessitforward.co.uk) if you wish to share this downloadable resource and not directly to the file you are now viewing.

4. **Donation**. My printables are all free but if you feel lead to you can help me to continue to provide free resources and grow the vision and outreach of Bless It Ministries by donating, [www.blessitforward.co.uk/donate](http://www.blessitforward.co.uk/donate) to read more about why I value your support.

Many Blessings  
Emma Vickers

We also have Facebook community group - A group that is God Centred and focused, wanting to bring praise and glory to our Lord by providing a positive, safe and friendly community where creative, Christians around the world can share their journey of bible journaling that reflect bible verses and inspirations of faith, and how they use it to connect with God and grow in His word, to inspire and encourage others to learn how they too can enjoy journaling.

[www.facebook.com/groups/blessitforwardbiblejournaling/](http://www.facebook.com/groups/blessitforwardbiblejournaling/)

### Printing guidance

- Load your printer with paper and select print page 2 to print of the designs.



Bless It Forward Ministries  
  
 www.blessitforward.co.uk

Bible - Journaling / Reading / Inscribe Plan

# Psalms - part 1

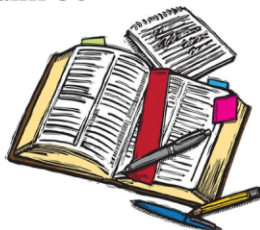
Enjoy a slow walk through 1 Peter and enjoy seeing what God has to show you through his word. All my plans only set 5 reading / writing days a week to give you an chance to rest and soak in prayer over the weekend.

Week 1;	Week 2;	Week 3;	Week 4;
Day 1-Psalm 1	Day 1-Psalm 6	Day 1-Psalm 11	Day 1-Psalm 16
Day 2-Psalm 2	Day 2-Psalm 7	Day 2-Psalm 12	Day 2-Psalm 17
Day 3-Psalm 3	Day 3-Psalm 8	Day 3-Psalm 13	Day 3-Psalm 18
Day 4-Psalm 4	Day 4-Psalm 9	Day 4-Psalm 14	Day 4-Psalm 19
Day 5-Psalm 5	Day 5-Psalm 10	Day 5-Psalm 15	Day 5-Psalm 20

Week 5;	Week 6;	Week 7;	Week 8;
Day 1-Psalm 21	Day 1-Psalm 26	Day 1-Psalm 31	Day 1-Psalm 36
Day 2-Psalm 22	Day 2-Psalm 27	Day 2-Psalm 32	Day 2-Psalm 37
Day 3-Psalm 23	Day 3-Psalm 28	Day 3-Psalm 33	Day 3-Psalm 38
Day 4-Psalm 24	Day 4-Psalm 29	Day 4-Psalm 34	Day 4-Psalm 39
Day 5-Psalm 25	Day 5-Psalm 30	Day 5-Psalm 35	Day 5-Psalm 40

Week 9;	Week10;
Day 1-Psalm 41	Day 1-Psalm 46
Day 2-Psalm 42	Day 2-Psalm 47
Day 3-Psalm 43	Day 3-Psalm 48
Day 4-Psalm 44	Day 4-Psalm 49
Day 5-Psalm 45	Day 5-Psalm 50

- What is God saying as you read the psalm?
- Is there a part that stands out to you ?
- What challenges or bothers you ?
- What an you apply to your life from the Psalm?
- What can you learn about loving God and others ?



Please do join us in our community group on [f.com/groups/blessitforwardbiblejournaling](https://www.facebook.com/groups/blessitforwardbiblejournaling).  
 A family in Christ sharing, suporting and encouraging each other



Bless It Forward Ministries  
www.blessitforward.co.uk

Bible - Journaling / Reading / Inscribe Plan

# Psalms - part 2

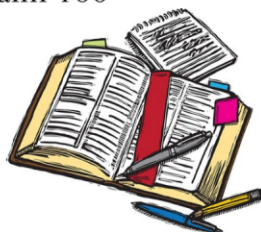
Enjoy a slow walk through 1 Peter and enjoy seeing what God has to show you through his word. All my plans only set 5 reading / writing days a week to give you an chance to rest and soak in prayer over the weekend.

Week 11;	Week 12;	Week 13;	Week 14;
Day 1-Psalm 51	Day 1-Psalm 56	Day 1-Psalm 61	Day 1-Psalm 66
Day 2-Psalm 52	Day 2-Psalm 57	Day 2-Psalm 62	Day 2-Psalm 67
Day 3-Psalm 53	Day 3-Psalm 58	Day 3-Psalm 63	Day 3-Psalm 68
Day 4-Psalm 54	Day 4-Psalm 59	Day 4-Psalm 64	Day 4-Psalm 69
Day 5-Psalm 55	Day 5-Psalm 60	Day 5-Psalm 65	Day 5-Psalm 70

Week 15;	Week 16;	Week 17;	Week 18;
Day 1-Psalm 71	Day 1-Psalm 76	Day 1-Psalm 81	Day 1-Psalm 86
Day 2-Psalm 72	Day 2-Psalm 77	Day 2-Psalm 82	Day 2-Psalm 87
Day 3-Psalm 73	Day 3-Psalm 78	Day 3-Psalm 83	Day 3-Psalm 88
Day 4-Psalm 74	Day 4-Psalm 79	Day 4-Psalm 84	Day 4-Psalm 89
Day 5-Psalm 75	Day 5-Psalm 80	Day 5-Psalm 85	Day 5-Psalm 90

Week 19;	Week 20;
Day 1-Psalm 91	Day 1-Psalm 96
Day 2-Psalm 92	Day 2-Psalm 97
Day 3-Psalm 93	Day 3-Psalm 98
Day 4-Psalm 94	Day 4-Psalm 99
Day 5-Psalm 95	Day 5-Psalm 100

- What is God saying as you read the psalm?
- Is there a part that stands out to you ?
- What challenges or bothers you ?
- What an you apply to your life from the Psalm?
- What can you learn about loving God and others ?



Please do join us in our community group on [f.com/groups/blessitforwardbiblejournaling](https://www.facebook.com/groups/blessitforwardbiblejournaling).  
A family in Christ sharing, suporting and encouraging each other



Bless It Forward Ministries  
www.blessitforward.co.uk

Bible - Journaling / Reading / Inscribe Plan

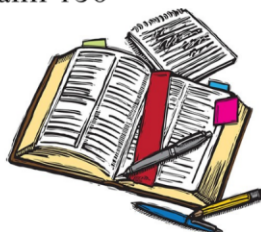
# Psalms - part 3

Enjoy a slow walk through 1 Peter and enjoy seeing what God has to show you through his word. All my plans only set 5 reading / writing days a week to give you an chance to rest and soak in prayer over the weekend.

Week 21;	Week 22;	Week 23;	Week 24;
Day 1-Psalm 101	Day 1-Psalm 106	Day 1-Psalm 111	Day 1-Psalm 116
Day 2-Psalm 102	Day 2-Psalm 107	Day 2-Psalm 112	Day 2-Psalm 117
Day 3-Psalm 103	Day 3-Psalm 108	Day 3-Psalm 113	Day 3-Psalm 118
Day 4-Psalm 104	Day 4-Psalm 109	Day 4-Psalm 114	Day 4-Psalm 119
Day 5-Psalm 105	Day 5-Psalm 110	Day 5-Psalm 115	Day 5-Psalm 120

Week 25;	Week 26;	Week 27;	Week 28;
Day 1-Psalm 121	Day 1-Psalm 126	Day 1-Psalm 131	Day 1-Psalm 136
Day 2-Psalm 122	Day 2-Psalm 127	Day 2-Psalm 132	Day 2-Psalm 137
Day 3-Psalm 123	Day 3-Psalm 128	Day 3-Psalm 133	Day 3-Psalm 138
Day 4-Psalm 124	Day 4-Psalm 129	Day 4-Psalm 134	Day 4-Psalm 139
Day 5-Psalm 125	Day 5-Psalm 130	Day 5-Psalm 135	Day 5-Psalm 140

Week 29;	Week 30;	
Day 1-Psalm 141	Day 1-Psalm 146	-What is God saying as you read the psalm?
Day 2-Psalm 142	Day 2-Psalm 147	-Is there a part that stands out to you ?
Day 3-Psalm 143	Day 3-Psalm 148	- What challenges or bothers you ?
Day 4-Psalm 144	Day 4-Psalm 149	- What an you apply to your life from the Psalm?
Day 5-Psalm 145	Day 5-Psalm 150	- What can you learn about loving God and others ?



Please do join us in our community group on [f.com/groups/blessitforwardbiblejournaling](https://www.facebook.com/groups/blessitforwardbiblejournaling).  
A family in Christ sharing, suporting and encouraging each other