

## The Goal

### DELIVERING SERVICES TO THOSE WITH MENTAL ILLNESSES

ACT (Assertive Community Treatment Team) is a program that offers a full range of services to those who have been diagnosed with a serious mental illness (SMI).

ACT's goal is to provide community care for an individual's basic needs and help assist in daily activities.



85 SANGER'S LANE  
STAUNTON, VA 24401

Main Office: 540-887-3200

Emergency: 540-885-0866

[www.myvalleycsb.org](http://www.myvalleycsb.org)

[myvalleycsb@vcsb.org](mailto:myvalleycsb@vcsb.org)

Valley Community Services Board does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.



## Valley Community Services Board

### Adult Services



## ACT Services

(Assertive Community  
Treatment Team)



## Services

The ACT team provides intensive behavioral health interventions to adults who have a frequent and/or lengthy history of psychiatric hospitalizations due to challenges controlling symptoms of serious mental illness and who also have a history of challenges tending to their basic needs while living in the community.

- Medication Management
- Case Management
- Co-occurring Disorder Treatment
- Individual Counseling
- Peer Support
- Vocational Services.

### HOURS

Monday — Friday  
8 am—4:30 pm

Main office: 540-887-3200  
ACT Team Supervisor  
540-886-7100  
Emergency: 540-885-0866

## Payment Options

Please bring your insurance or Medicaid identification cards. If you have Medicaid, you may not have to pay a fee. There will be a charge for VCSB services.

When you come for your first appointment, you will meet with a staff member of VCSB to discuss your options.

This interview will help determine your fee, whether third party billing can occur and/or if you are eligible for financial assistance. If you would like to request financial assistance, please bring proof of income.

