



Ph: 0434 017 481

W: www.nurturegrowcounselling.com.au

ABN: 24247405587

Counselling Referral Form

The contents of this document are PRIVATE and CONFIDENTIAL.

Client Details				
Client Name		Date of Referral		
Gender		Date of Birth		
Address		Contact number 1		
		Contact number 2		
Email				
Preferred contact	Email	Phone	Text	Call
Can I leave a message	Yes/No			
Does the client have any disabilities?			Yes	No
Does the client require Auslan/other hearing support interpreter?			Yes	No
Is the client a carer for a person with disabilities?			Yes	No
Is this referral for NDIS capacity building support?			Yes	No
Is the client COVID-19 fully - vaccinated fully			Yes	No
Language spoken at home			Interpreter required	Yes No

Cultural Identify		
Aboriginal	Torres Strait Islander	Aboriginal & Torres Strait Islander
Non-Indigenous with Aboriginal or Torres Strait Islander partner	Non-Indigenous with Aboriginal or Torres Strait Islander children	

Parent/Guardian/Carer/Next of Kin Details			
Name		Relationship to client	
Contact Number		Email	



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Agency Involvement		
Are there any other services/agencies involved? List:	Yes	No
Is counselling a mandatory requirement?	Yes	No
Court orders in place AVO or Personal violence order?	Yes	No

Reason for Referral			
Suicide/ Self Harm	Drug &/or Alcohol &/or Gambling	Trauma: *Childhood *Vehicle *Victim of crime *Witness to offence *Involved in a traumatic incident: _____ *Other: _____	Interpersonal challenges or relationship conflict: * Family * Friends * Work colleague * Partnered relationships * Marriage breakdown * Other: _____
Family Violence	Personal- life Coaching	Grief & Loss: * Loved one * Divorce * Work * Friendship Other: _____	Mental Health: Depression Anxiety PTSD CPTSD Eating Disorder Other: _____
Job loss/ Financial	stress	General life challenges: _____ _____	Other: _____ _____



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Name of Person Making Referral			
Agency referral		Self-referral	
Name of person making the referral		Agency	
Position		Relationship to the person being referred	
Has this person (or their legal guardian) agreed to this referral to Nurture & Grow Counselling Service?			<input type="checkbox"/> Yes <input type="checkbox"/> No
Does the referral person/agency wish to be contacted before contact made to the client?			<input type="checkbox"/> Yes <input type="checkbox"/> No
Address		Phone	
		Mobile	
Email			

THE REFERRED PERSON MUST SIGN THIS FORM (if over 18 years)

Signatures			
Referred Person		Referrer (Agency)	
Name		Name	
Signature		Signature	

Parent or Legal Guardian of a child under 18	
Name	
Signature	

Please attach any relevant supporting documents with this referral and send to Nurture & Grow Counselling Service via the options listed below:

By Email
Scan and email the completed form & any other relevant documents to: therapyservices@nurtureandgrowcounselling.com.au



NURTURE & GROW
COUNSELLING SERVICE

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Office use only	
Date referral received Over phone/ online – website	
Date referral contact made to client	
Date contact made to the referral agency	
Allocated for action to	
Referral decision/follow up	