

**CARING FOR PATIENTS RECEIVING HEMODIALYSIS 15Hr**

**Examination**

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**Question 1**

**1. The filtration units within the kidneys are \_\_\_\_.**

- A. Cortex**
- B. Renal Pelvis**
- C. Nephrons**
- D. Urethra**

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- ☐ **A**
- ☐ **B**
- ☐ **C**
- ☐ **D**

**Question 2**

**2. The kidneys collect and get rid of waste from the body in 3 steps, which includes \_\_\_\_.**  
**Select all that apply.**

- A. Glomerular filtration**
- B. Glomerular Aversion**
- C. Tubular reabsorption**

**D. Tubular secretion**  
**E. Tubular necrosis**

- ☐ A
- ☐ B
- ☐ C
- ☐ D
- ☐ E

Question 3

**3. Which of the following statement is not accurate regarding acute renal failure?**

- A. Acute renal failure involves the rapid loss of the kidneys' ability to remove waste and help balance fluids and electrolytes in the body.**
- B. There is a sudden worsening in kidney function.**
- C. Acute renal failure is the slow loss of kidney function over time.**
- D. Dehydration, a blockage in the urinary tract, or kidney damage can cause acute renal failure, which may be reversible.**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 4

**4. Which statement is accurate regarding chronic renal failure? Select all that apply.**

- A. Diabetes and high blood pressure are the most common causes of chronic renal failure.**
- B. Chronic kidney disease is the slow loss of kidney function over time.**
- C. Chronic kidney disease slowly gets worse over months or years.**
- D. With chronic renal failure, dialysis will most often be short term.**
- E. The final stage of chronic kidney disease is called end stage renal disease (ESRD).**
- F. Chronic kidney disease leads to a buildup of fluid and waste products in the body.**

- ☐ A
- ☐ B
- ☐ C
- ☐ D
- ☐ E
- ☐ F

Question 5

**5. Tests that check how well the kidneys are working include \_\_\_\_\_. Select all that apply.**

- A. Creatinine clearance**
- B. Creatinine levels**
- C. Blood urea nitrogen (BUN)**
- D. None of the above**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 6

**6. Controlling blood pressure will slow further kidney damage.**

- A. TRUE**
- B. FALSE**

- ☐ True
- ☐ False

Question 7

**7. Lifestyle changes can help protect the kidneys, such as \_\_\_\_\_. Select all that apply.**

- A. Stop smoking**
- B. Eat meals that are low in fat and cholesterol.**
- C. Get regular exercise.**
- D. Taking medications to lower the cholesterol.**
- E. Increase salt intake during meals**
- F. Keep the blood sugar under control.**
- G. Eating more foods with potassium**

- ☐ A
- ☐ B
- ☐ C
- ☐ D
- ☐ E
- ☐ F
- ☐ G

Question 8

**8. End-stage renal disease (ESRD) almost always comes after chronic kidney disease.**

**A. TRUE**

**B. FALSE**



True



False

**Question 9**

**9. Some common symptoms of End-stage renal disease (ESRD) may include \_\_\_\_\_. Select all that apply.**

**A. General ill feeling and fatigue**

**B. Itching (pruritus) and dry skin**

**C. Headaches**

**D. Loss of appetite**

**E. Nausea**

**F. Nail changes**

**G. Bone pain**

**H. Drowsiness and confusion**



A



B



C



D



E



F



G



H

**Question 10**

**10. End-stage renal disease (ESRD) may also change the results of the following tests \_\_\_\_\_. Select all that apply.**

**A. Erythropoietin**

**B. PTH**

**C. Bone density test**

**D. None of the above.**



A



B



C



D

Question 11

**11. Treatment for End-stage renal disease (ESRD) may involve \_\_\_\_\_. Select all that apply.**

- A. Dialysis**
- B. kidney transplant**
- C. Potassium treatments**
- D. None of the above**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 12

**12. The kidneys may slowly stop working over 10 to 20 years before end-stage disease results.**

- A. TRUE**
- B. FALSE**

- ☐ True
- ☐ False

Question 13

**13. Dialysis is usually started when the patients have only \_\_\_\_\_% of their kidney function left.**

- A. 2 -4%**
- B. 10 to 15%**
- C. 50 -60%**
- D. 65-75%**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 14

**14. End-stage kidney disease leads to death if do not have dialysis or a kidney transplant.**

- A. TRUE**
- B. FALSE**

- ☐ True

☐ False

Question 15

15. Hemodialysis functions to \_\_\_\_\_. Select all that apply.

- A. Remove waste, urea, salt and extra water to prevent them from building up in the blood
- B. Restore the proper balance of electrolytes in the blood.
- C. Help to regulate the blood pressure.
- D. Increase the potassium contents in the blood
- E. To prevent anemia.

☐ A

☐ B

☐ C

☐ D

☐ E

Question 16

16. Which of the following statement is accurate regarding the placement of a fistula for hemodialysis treatment?

- A. A fistula should be placed several months before starting dialysis.
- B. A fistula should be placed just before starting dialysis.
- C. A fistula should be placed just before starting dialysis for immediate access.
- D. None of the above

☐ A

☐ B

☐ C

☐ D

Question 17

17. Which statement reflects accurate information regarding anemia? Select all that apply.

- A. Anemia is a condition in which the volume of red blood cells is low. Red blood cells carry oxygen to cells throughout the body.
- B. Without oxygen, cells cannot use the energy from food, so the patient with anemia may tire easily and look pale.
- C. Anemia can contribute to heart problems.
- D. Anemia is not common in people with kidney disease
- E. Anemia is common in people with kidney disease

☐ A

- ☐ B
- ☐ C
- ☐ D
- ☐ E

Question 18

**18. Anemia is common in people with kidney disease because the kidneys produce the hormone \_\_\_\_\_ which stimulates the bone marrow to produce red blood cells.**

- A. Albumin**
- B. Bilirubin**
- C. Erythropoietin**
- D. Creatinine**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 19

**19. Patients who are receiving dialysis will need these tests to be completed frequently. Select all that apply.**

- A. Potassium**
- B. Sodium**
- C. Albumin**
- D. Phosphorous**
- E. Calcium**
- F. Cholesterol**
- G. Magnesium**
- H. Complete blood count (CBC)**
- I. Electrolytes**

- ☐ A
- ☐ B
- ☐ C
- ☐ D
- ☐ E
- ☐ F
- ☐ G
- ☐ H





I

Question 20

**20. Dialysis removes some vitamins from the patient's body.**

**A. TRUE**

**B. FALSE**



True



False