



Client Information

About Reiki Treatment

- Reiki treatment offers support for your health and wellbeing.
- No specific outcome can be assured and Practitioners do not interfere with medical treatments prescribed medications, diagnose, or give prognosis unless otherwise qualified.
- Reiki is compatible with any and all medical, psychological and complementary health systems.
- Your Reiki Practitioner may feel it beneficial to include other techniques to enhance your healing experience; this will be explained to you for your approval prior to the healing session.
- You will remain clothed during your treatment and asked to remove your shoes. It is requested that you wear comfortable clothing and remove any bulky items such as belts or bulky jewellery.
- Using light physical contact, your Practitioner will employ a sequence of hand positions according to your needs and the Usui System of Reiki Healing practice. This will be explained briefly to you prior to the session.
- If your needs have changed since your previous visit please discuss with your Practitioner.
- Your Practitioner will not make physical contact with the private areas of your body (breasts, genitals, lower buttocks) unless there is clinical foundation and you have consented by completing the separate Client Specific Consent Form.
- Your Practitioner will discuss the session after treatment and offer you time for feedback.
- Your Practitioner must abide by the National Code of Conduct for Healthcare Workers, which includes compliance with Privacy and Confidentiality. Please be assured your records and any discussion during the session will remain secure and confidential.
- Please note that Reiki treatments are offered by a prearranged Appointment only.
- All conditions where relevant, also pertain to Distant Healing Treatments.

Your Part in Reiki Sessions

- Please notify your Practitioner if you have special requirements, i.e. broken limbs, pace-maker. If you are unable to lie down or get up onto the table, treatment is also affective sitting.
- If at any time during your session you feel uncomfortable, please let your Practitioner know.
- Please feel free to ask any questions or discuss concerns about the treatment, at any time.
- It is appreciated should you require cancellation, to notify at least 24hrs prior to appointment.
- Reiki healing is practiced *with* you; it is the collaboration between Client and Practitioner that brings about the healing process. Please remember you are an integral part in the progression of your wellbeing and self-care.