



*We are an open, loving, and inclusive community  
that supports thinking creatively and  
living a deeply spiritual life.*



**November 2022**

**The Everyday Wonder of Home**

**A person travels the world over in search of what is needed, and returns home to find it.**

*~ paraphrased from George Moore, Irish novelist*

Visit our Website



## **Truly Giving Thanks: A Complaint-Free Holiday**

We are in the middle of Autumn and Thanksgiving is within sight. This is a season where we focus on being thankful, even grateful, for the good we have in our lives, and, for most of us, we will spend time with family sharing what is new and exciting with work, health, and relationships.

Now, if you are like most families (mine is not exempt), within 20 minutes of conversation the complaining period commences. The complaining may start with the grudge of a poorly-playing sports team, the economy, unwanted challenges at work, or someone's declining health, and once the complaining begins, it does not easily stop. The complaints may start off small, or someone will just let loose with a whopper. I have found that no matter what the relative size of the complaint, someone will either add to its size, or try to top it with their own. And on and on it goes.

It is interesting that I have not witnessed the same phenomenon with positive conversations. I do not hear a person state how something went well and then another jump in and excitedly ask, "Do you know how well my day is going!?"

Last year while at my previous center, we chose to read Will Bowen's book, "A Complaint Free World", which comes with a special wristband. To say that the book opened my eyes is a severe understatement! The simple goal is to make it through 21 days without complaining. When you catch yourself complaining, you move the wristband from one wrist to the other, and start over at day one. I have not made it through an entire day yet. Funny, but not so funny.



## **PRAYER REQUESTS**

**Our Practitioners  
want to  
support you  
in prayer.**

Please email your prayer request to  
[prayer@cslstgeorge.org](mailto:prayer@cslstgeorge.org)  
or email practitioners individually from our website ([cslsg.org/about](http://cslsg.org/about))  
or leave a message at  
**435-893-6702**



## **CSLSG Community Care Circle**

Let us provide  
compassionate support  
with Life's challenges and  
joys.

*Leave a message at*

In the book Bowen offers the acronym G.R.I.P.E. for the reasons why people complain.

G=Get attention

R=Remove responsibility

I=Inspire Envy

P=Power

E=Excuse poor performance

The most profound understanding I received from this book was that, as a spiritual person who has made a daily practice of offering thanks for the plentiful blessings I receive, I all too frequently complain about everything else. From this new state of awareness, I choose to become more conscious of what I am saying, as well as the conversations I choose to participate in. This casts a bright light upon a variety of unconscious beliefs that simply negate my Divine Good.

We all have much to be thankful for, and I am sure that we offer our thanks by word and action. May I suggest that you begin today to become more aware of when, how, and how much you complain. It may reveal some unwanted things, but after you choose to change, you will find there is so much more to be thankful for.



Reverend Joe Kovach  
Senior Minister

***If you have questions or comments for Rev. Joe, please email [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com).***

435-893-6702  
*to engage this free and confidential service*



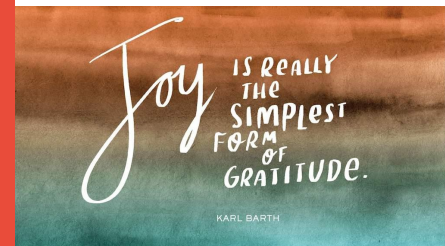
### **CSLSG Wedding Officiant**

Mary Klein, RScP,  
perform marriages,  
commitment ceremonies, and  
wedding vow renewals.

Reply to this email and she  
will respond to you directly.



To view  
Core Council minutes, please  
email your  
request to:  
[suefullmer@cslstgeorge.org](mailto:suefullmer@cslstgeorge.org)



Paypal online donation

**Online Sunday Gatherings**  
**Guided Meditation 10:45am**  
**Inspirational Service 11:00am**



## The Everyday Wonder of Home

Across ages and cultures, it can most simply be said that “home is where the heart is.” Metaphorically, home is the place that is wholly (holy) known and familiar. That heart-filled place is where we feel safe and fully free to be our unvarnished selves, knowing we belong and that there is always unconditional love and acceptance. It is also the place where the human journey typically begins and ends. This month, we begin our discovery of Everyday Wonder—Home with an exploration of the archetype of home, as both the starting point and destination of the spiritual journey.

### November 2022 Weekly Talks



#### **CSLSG Senior Minister Reverend Joe Kovach**

*November 6th -*

#### There's No Place Like Home

We begin our discovery of Everyday Wonder - Home Edition, with the Hero's Journey as a metaphor for the human journey of psychological and spiritual growth and transformation. The great monomyth begins and ends in the place we call “home.” This week we discuss the journey and contemplate where we see ourselves in the process.

#### *November 13th - Roots and Wings*

We begin our discovery of Everyday Wonder - Home Edition, with the Hero's Journey as a metaphor for the human journey of psychological and spiritual growth and transformation. The great monomyth begins and ends in the place we call “home.” This week we discuss the journey and contemplate where we see ourselves in the process.

#### *November 20th - H.O.M.E*

While most of us could describe the essential elements of a healthy, happy home, there are far fewer who would say they grew up in their ideal home environment. Unhealed childhood pain and trauma can result in adverse effects in virtually every area of life. Some continue to feel like victims for life. Others understand that being victimized does not make one a victim. Our traumas need not define us. We define ourselves and the role we assign trauma in our lives. H.O.M.E. then becomes the place where Healing Opportunities Manifest Everywhere. The task of facing one's inner dragons is part of the Hero's initiation and is necessary for the transformation that results in psychological and spiritual maturity.

*November 27th Guest Speaker  
Rev. Steph St. Armand*

Welcome to Your  
Dream Home



We live in a Universe of Infinite Abundance of every form of wealth – love, health, financial freedom, creativity and more. And many are starving. The infinite flowing reservoir is always available, but we only let a trickle through. Our consciousness is filled with rules, with beliefs of lack and limitation, and self loathing and devaluing. These rules and beliefs choke the flow of the Infinite Good down to a mere trickle. Our work is to get our foot off the hose and let the natural Abundance of the Universe flow in our lives.

## Online Links

You can access each meditation and service on  
CSL St. George Facebook page.

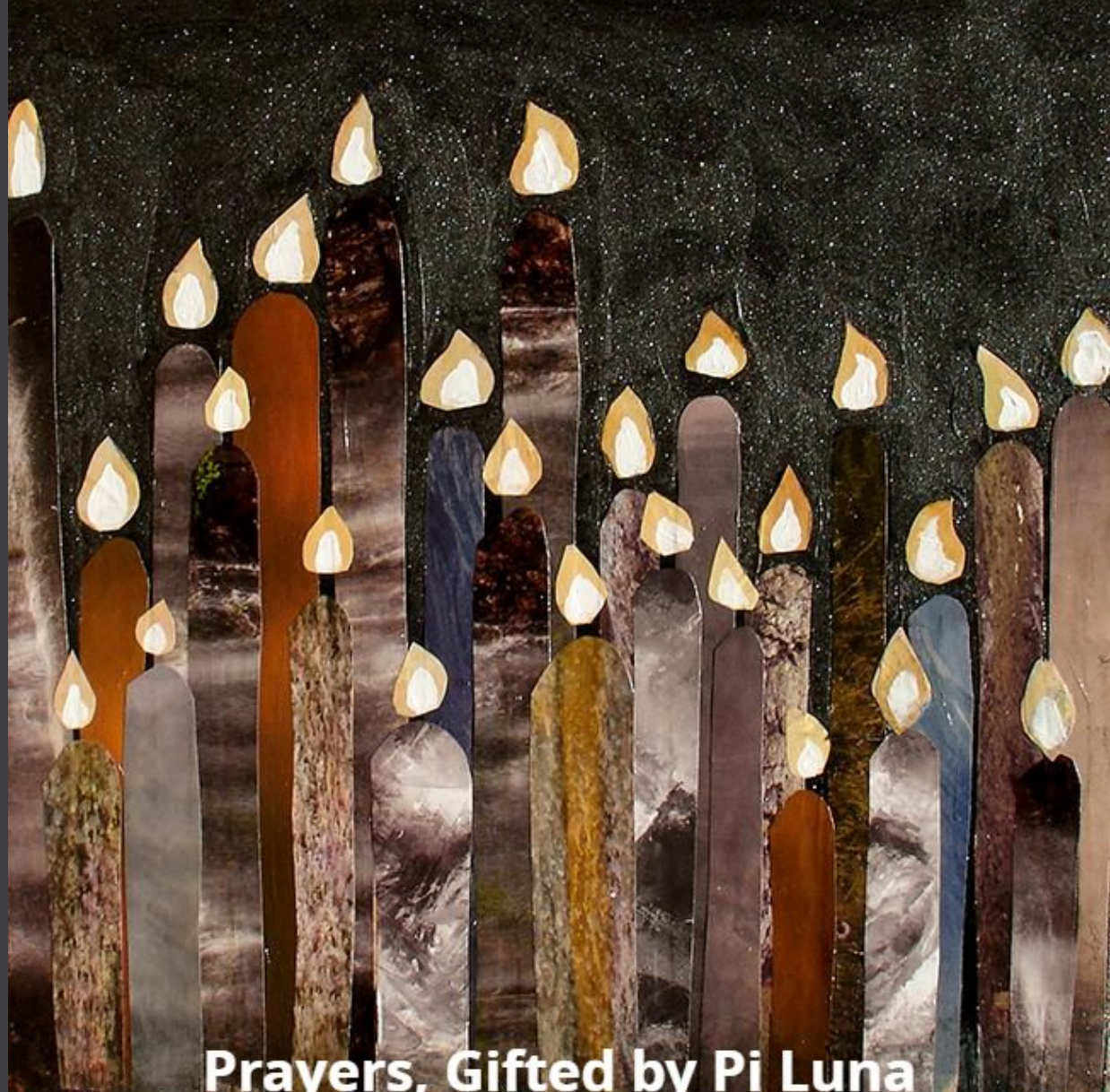
[CSLSG Facebook Videos](#)

Meditation and service will also stream on YouTube.

[CSLSG YouTube Channel](#)

Community Conversation on Zoom at Noon.

<https://us02web.zoom.us/j/89184208148>



## Prayers, Gifted by Pi Luna

**We believe the Power breathing us is greater than any circumstance, situation, or condition.**

***Our MISSION is to provide spiritual tools for personal and global transformation.***

***Our PURPOSE is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.***

***Our VISION is a world that works for everyone.***

**Center for Spiritual Living  
St George  
Events and Information**

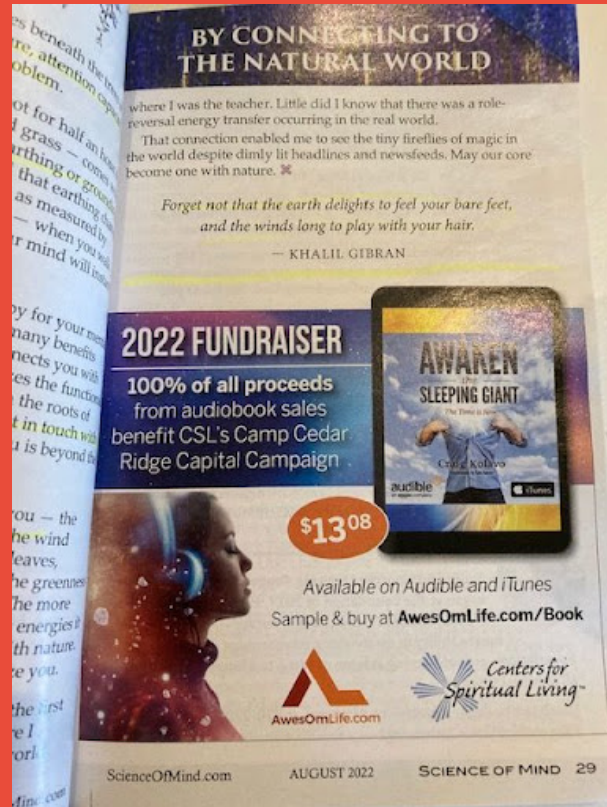


# CSLSG Book Club

**Awaken the  
Sleeping Giant  
THURSDAYS  
6-7pm**

**Email to join or  
get more information  
[suefullmer@cslstgeorge.org](mailto:suefullmer@cslstgeorge.org)**

Download audiobook at  
[www.AwesOmLife.com/shop](http://www.AwesOmLife.com/shop) and contribute to CSL  
Camp Cedar Ridge.



## IN-PERSON Gathering

**Saturday Nov 12th  
12:30-2:30pm MDT**  
Pioneer Park Cabana  
Red Hills Parkway

Bring a sack lunch and a chair.  
We'll build a fire and bring fixings for S'mores!!  
**Click HERE for Directions!!**



# *Spread the Love!*

**Give Online:** Paypal link is on our website: [cslsg.org](https://cslsg.org) on the Donation page; or Paypal direct with blue button below.

**Give by Mail:** send checks to CSLSG  
PO Box 3132, St. George, UT 84771

**NEW WAY to Give with Zelle:** Zelle is a bank-to-bank transfer system. [HERE](#) are the instructions. EMail us if you need further assistance.

Paypal online donation

Visit our Website

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## Centers for Spiritual Living Events and Information

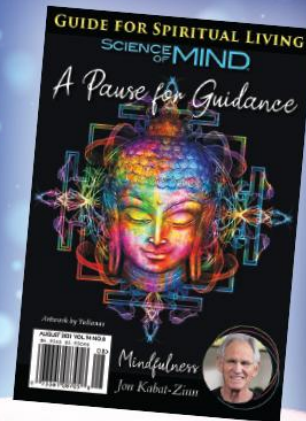


# The Holiday Spirit

**PRICES MAY GO UP, BUT OURS ARE COMING DOWN TO SUPPORT YOU.**

GUIDE FOR  
SPIRITUAL LIVING

SCIENCE OF MIND  
MAGAZINE



**\$2.50**  
PER ISSUE!

 Centers for  
Spiritual Living™

## VISTA 2023



**EVOLUTIONARY LOVE  
FOR TODAY'S WORLD**

VISTA.CSL.ORG FEB 20-23, 2023

We are excited to announce that our upcoming **VISTA 2023** convention will take place **February 20-23** and will be a **HYBRID** experience! Those that want to remain as virtual attendees will still have access to full days of inspirational workshops, music, keynotes, and connection. Those who choose to attend in person at one of our host locations in **Santa Rosa, California, Phoenix, Arizona, or Dallas, Texas** will still have access to all the virtual content has to offer + have the opportunity to attend in-person workshops and experiences at the local community!

**Register**

**World Ministry of Prayer** has been providing Affirmative Prayer for over 86 years. Our purpose is to provide the healing power of Affirmative Prayer Treatment to all individuals, anytime and anywhere. We are here to empower you to connect to the Love



Intelligence that governs the Universe, transcending any circumstance, and to experience your innate Divine Nature.

Please know that each Practitioner of World Ministry of Prayer commits to holding the light of an ever-expanding global consciousness, standing in Truth, Principle and Love. Affirmative Prayer is the tool we use to know the truth. It is not about

begging or pleading for something to happen to change the conditions in life. It is about aligning ourselves with the all good of God that surrounds us at all times. [\*\*CLICK\*\*](#) to request a prayer.



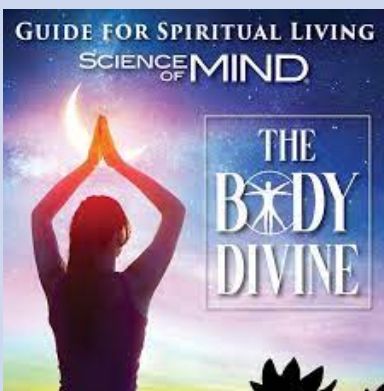
The **Heart of Peace Initiative**, comprised of members from all over the world, is a subcommittee of the Global Services Committee and is also dedicated to carrying the message of Science of Mind through peace to our international communities. In addition to providing Peace meditations every week on the CSL Facebook

page, they also sponsor yearly events like day-long meditations supporting the International Day of Peace and the New Year's Eve morning meditation for World Peace. [\*\*CLICK\*\*](#) to connect to: Monthly Newsletter Articles | Find a Meditation Group | Start a Meditation Group



**Spiritual Living Circles** are groups of people who come together to discuss articles that are published in the Guide for Spiritual Living: Science of Mind magazine. A rich and spiritually enlightening conversation produces a deeper understanding of your own beliefs and a more powerful connection to Spirit active in your life and inherent in yourself.

Join a Spiritual Living Circle, or, if you can't find one near you, start one or join the Virtual Spiritual Living Circle. [\*\*CLICK\*\*](#) for more information.



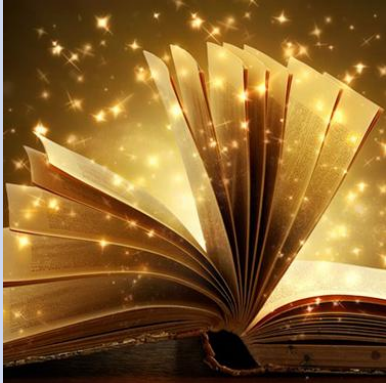
For more than 90 years, **Science of Mind Magazine** has shared practical spiritual insights and daily inspiration to elevate our readers' lives. We reach spiritual seekers of every faith. Each issue delivers thought-provoking articles featuring today's change agents like Susan L. Taylor, Nadia Bolz-Weber, Brené Brown, don Miguel Ruiz and Bryan Stevenson. Our popular Daily Guides offer reflections and powerful affirmations you won't find anywhere else.

**For spiritual seekers of every faith.**

[\*\*CLICK\*\*](#) for more information.

**Centers for Spiritual Living Books** - It all started in 1927 with the first issue of Science of Mind magazine. Today, CSL's publications have expanded to include its flagship magazine along with three book imprints that have created dozens





of New Thought titles. Explore our expansive library of books in the CSL Book Corner. Learn how our self-publishing experts at Park Point Press can make your book a reality. Access spiritual insights from bestselling New Thought leaders published under Spiritual Living Press, or take a journey through the timeless wisdom from Science of Mind Publishing.

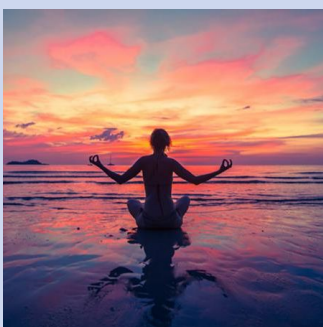
[CLICK](#) for more information.



### **Centers for Spiritual Living Education** -

Resources are available for spiritual and professional development, practitioner programs, spiritual leadership, advanced degrees and chaplaincy.

[CLICK](#) for more information.



**Centers for Spiritual Living Spiritual Tools** - If you are seeking inspiration for your spiritual journey to true awakening, Centers for Spiritual Living provides easy-to-use tools to nurture your inner self/your soul, so that you can live an inspired, healthy and happy life.

**Awaken your authentic self with prayer, affirmations and meditation.**

[CLICK](#) for more information.

## St George Interfaith Council Opportunities

**St George Interfaith Choir** is led by **Kathy Brown** [kathybrown13@gmail.com](mailto:kathybrown13@gmail.com). **Singers are welcome** to join the St George Interfaith Council at any time.



**The Interfaith Choir** will present Mozart's "**Requiem**" on Sunday, **November 6** at 7 PM in the Saint George Catholic Church. Joining the choir will be an orchestra and soloists for this amazing concert.

**CROP Walk** packets were distributed by **Rev Dr Ralph Clingan**. Our CROP Walk will be the 2<sup>nd</sup> Saturday in November at 10 AM. Sign up will begin at 9:30 AM on **November 12** in Larkspur Park on Ft Pierce Road in Bloomington Hills. This will be our 13<sup>th</sup> CROP Walk which has raised \$80,000+ to help serve the needy all over the





world. Some of the CROP Walk donations are given to Solomon's Porch Sunday Feast, who served 20,000 meals each year. CROP Walk includes donations and then walking 6 miles, which is the distance people in 3<sup>rd</sup> world countries walk every day to get food, water and work.

**Full-sized Tabernacle replica** will be on display in St George from **November 8 to December 13** in Bloomington Hills. St George Interfaith Council will have VIP tour during 1<sup>st</sup> week. "**Old Testament Tabernacle Devotional**" will be presented by the St George Interfaith Council on Sunday,

**November 13 at 7 PM** in the St George Tabernacle with 5 speakers talking about the significance of tabernacle in their faith: Jewish, Islam, Presbyterian, Catholic and The Church of Jesus Christ of Latter-day Saints. . Individual congregations will have reserved time to tour the replica tabernacle.



**Leadership Dixie Diversity Day** will be Thursday, **December 8 from 1-4:30PM** in Kuzy Hall at Saint George Catholic Church.



Help with food collection  
every month

on the second and last Saturday  
11:30 a.m. – 1:00 p.m.

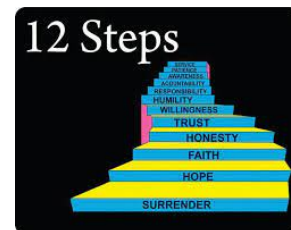
GRACE EPISCOPAL CHURCH  
1072 S 900E, St. George

For more information, click [HERE](#)



# Food Collection

**Reverend Jimi Kestin** announced new meetings for **12-step** that involves a deep dive of the 12 steps in a faith-friendly meeting. These will be held at Solomon's Porch and include the Biblical basis for the 12 steps, the goals and roots.



**Suicide Prevention Coalition** (through Southwest Behavioral Center) is looking for new Interfaith Council members. If you are interested in serving our greater St George Community in this way, please contact Teresa Willie at: [twillie@sbhcutah.org](mailto:twillie@sbhcutah.org)



With over 28,000 Hispanics in Washington County the **Centro Latino** serves to teach English and help with other services to help the adjustment into this country. This wonderful service is provided in the church

building next to the St George Temple where The Church of Jesus Christ of Latter-day Saints has provided classrooms and spaces. Mike would love to put a poster up in any church or any location plus he and Gordon Hamm will speak to any group that invites them. This much-needed service will bless those who learn English.

Contact Mike Aitken at:  
[aitkenback@gmail.com](mailto:aitkenback@gmail.com)

**CENTRO  
LATINO**



**(435) 720-5066**

449 S 300 E, St. George, UT 84770

Recursos para ayudar a la comunidad  
Resources to help the Latino Community

<b>Clases de Inglés</b>	<b>English Classes Every</b>
<b>Gratis Cada</b>	<b>Tuesday 7pm</b>
<b>Martes 7pm</b>	<b>Wednesday 7pm</b>
<b>Miércoles 7pm</b>	<b>Thursday 7pm</b>
<b>Jueves 7pm</b>	<b>Sunday 7pm</b>
<b>Domingo 7pm</b>	



Visit our Website

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