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M	Tu	W	Th	F
2	3 Breakfast:	4 Breakfast: Yogurt,	5 Breakfast: Ham, Egg	6 Breakfast: Muffins,
Na	Scrambled Eggs,	Cereal, Fruit, Milk	& Cheese Biscuits,	Oatmeal, Fruit, Milk
No	Sausage Patties, Hash	Lunch: Hamburgers,	Fruit, Milk	Lunch: Grilled Cheese
	Browns, Fruit, Milk	French Fries, Baked	Lunch: Beef	Sandwich, Tomato or
School	Lunch: Diced Chicken,	Beans, Fruit or	Stroganoff, Mashed	Chicken Noodle Soup,
	Vegetable Rice,	Veggie, Milk	Potatoes, Corn, Fruit	Fruit or Veggie, Milk
	Broccoli, Fruit or		or Veggie, Milk	
	Veggie, Milk			
9 Breakfast: Sausage	10 Breakfast:	11 Breakfast:	12 Breakfast: Donuts,	13 Breakfast: Waffles,
Gravy & Biscuits,	Oatmeal, Cereal,	Scrambled Eggs	Yogurt, Fruit, Milk	Bacon, Fruit, Milk
Sausage Links, Fruit,	Fruit, Milk	w/Ham & Cheese,	Lunch: Chicken	Lunch: Riblet
Milk	Lunch: Grilled Chicken	Sausage Patties, Fruit,	Teriyaki Noodles,	Sandwich, Baked
Lunch: Chili Mac,	Sandwich, Baked	Milk	Green Beans, Fruit or	Beans, Chips, Fruit or
Green Beans, Tossed	Beans, Oven	Lunch: Crispitos, Fried	Veggie, Milk	Veggie, Milk
Salad, Fruit or Veggie,	Potatoes, Fruit or	Rice, Mexican Corn,		
Milk	Veggie, Milk	Fruit or Veggie, Milk		
16	17 Breakfast:	18 Breakfast:	19 Breakfast:	20 Breakfast:
	Pancakes on a Stick,	Cinnamon Rolls,	Scrambled Eggs,	Pancakes, Sausage
No	Fruit, Milk	Cereal, Fruit, Milk	Sausage Patties, Hash	Links, Fruit, Milk
	Lunch: Cheesy Tuna	Lunch: Sweet & Sour	Browns, Fruit, Milk	Lunch: Chicken
School	Noodles, Carrots,	Chicken, Fried Rice,	Lunch: Hot Dogs,	Alfredo, Peas, Tossed
JUIUUI	Fruit or Veggie, Milk	Egg Rolls, Green	Baked Beans, Chips,	Salad, Fruit or Veggie,
		Beans, Fruit or	Fruit or Veggie, Milk	Milk
		Veggie, Milk		
23 Breakfast: Yogurt,	24 Breakfast: Sausage	25 Breakfast:	26 Breakfast: Muffins,	27 Breakfast:
Granola or Breakfast	Gravy & Biscuits,	Oatmeal, Cereal,	Fruit, Milk	Sausage, Egg &
Bar, Fruit, Milk	Sausage Links, Fruit,	Fruit, Milk	Lunch: Spaghetti	Cheese Biscuits, Fruit,
Lunch: Manwiches,	Milk	Lunch: Walking Tacos,	w/Meat Sauce,	Milk
Baked Beans, Mac &	Lunch: Popcorn	Fried Rice, Refried	Carrots, Tossed Salad,	Lunch: Frito Pie,
Cheese, Fruit or	Chicken Bowl,	Beans, Fruit or	Garlic Bread, Fruit or	Green Beans, Fruit &
Veggie, Milk	Mashed Potatoes,	Veggie, Milk	Veggie, Milk	Veggie, Milk
	Corn, Fruit or Veggie,			
	Milk			
30 Breakfast: French	31 Breakfast:	1 Breakfast: Donuts,	2 Breakfast: Sausage,	3 Breakfast: Oatmeal,
Toast, Bacon, Fruit,	Scrambled Eggs,	Cereal, Fruit, Milk	Egg & Cheese Biscuit,	Yogurt, Fruit, Milk
Milk	Sausage Patties, Hash	Lunch: Ham & Cheese	Fruit, Milk	Lunch: Hamburgers,
Lunch: Raviolis	Browns, Fruit, Milk	Sliders, Baked Beans,	Lunch: Chicken	Mac & Cheese, Cole
w/Meat Sauce, Green	Lunch: Chicken	Waffle Fries, Fruit or	Spaghetti, Carrots,	Slaw, Fruit or Veggie,
Beans, Tossed Salad,	Burritos, Taco Rice,	Veggie, Milk	Tossed Salad, Garlic	Milk
Garlic Bread, Fruit or	Mexican Corn, Fruit or		Bread, Fruit or Veggie,	
Veggie, Milk	Veggie, Milk		Milk	
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An alternate lunch option will be available for all grades.

Lunch items will be: 2 Slices of whole wheat bread,

2oz peanut butter, 2oz jelly, applesauce, cheese stick, a

fruit or vegetable.

This institution is an equal opportunity provider.

Swedeborg Elementary

Up Dated 01/03/23 Menu Subject to Change Based on Product Availability