**VACPN Executive Committee Meeting Minutes**

***August 6, 2021***

**Present: Nina, Lisa, Kem, Jan and Lindsay.**

* No Secretary’s Report to present.
* No Treasurer’s Report to present. However, reported balance was $3,371 on 4/28 prior to VNA withdrawal of $1,700 for CPD Provider Application. Lisa remembers significant deposits from Spring Conference (virtual) from vendors and attendees.
* Nina reported that VACPN and VA Chapter of APNA jointly provided a cannabis workshop on 7/23. Only 7 were in attendance. Of that 7, only 2 asked for CPD. Jan and Lisa expressed that they both wanted to attend, but had work conflicts.
* Nina reported that VACPN and the Virginia Chapter of IAFN will jointly support Michele Laaksonen at noon on 8/27 in her presentation on “Psychopathy or Psychosis?” This is free to our members.
* Nina advised that we need to separate time with pharm reps and CPD activities by at least 30 minutes. If the displays are in different rooms, we don’t need a time separation. For virtual events, the vendors need to use their own platform (i.e. room). Also, we now need to declare if anyone on the Planning Committee owns any stocks in pharmaceutical companies.
* Nina attended the July meeting of the VLNA. On their agenda:
  + Position paper coming on safe staffing.
  + They support increased funding for mental health.
* VACSB: No one went to conference this year. We look forward to sending someone to the January Legislative Conference.
* Kem reported that nurses at Piedmont Geriatric Hospital are very interested in fall conference. Kem is also reaching out to RBHA nurses. Lindsay will reach out to WSH nurses. Lindsay is now working part-time at WSH.
* Spring Conference 2022 will be at ShrineMont, April 27-29, 2022. Deposit will be about $200 and due in late fall. We will likely use the Maryland House for lodging. Conference area will be in the Parlour. We will also have use of the Parlour and Lobby for evening events. Jan will work on securing a drug rep to sponsor appetizers with a program for Wednesday evening. The campfire and hike will be Thursday evening. Bag lunch for Friday. Will need to provide audio visual needs by February. Topic: Post-Pandemic Self-Care: Recovery through Nature Therapy. Michelle Zehr can cover entire program of Self-care, Recovery, nature therapy, mindfulness, etc…. Jan suggested we have a speaker from DBHDS or the legislature to speak on the state of the State. Nina will offer to Creigh Deeds. Dr. Oliver is a second option.
* We continue to lack a Secretary. Lisa taking minutes today.
* Fall Conference 2021 will be virtual using Nina’s ZOOM room on November 19, 2021. We have secured Jason Stout (lead psychologist at WSH) on how COVID has affected patient mental health care & access to care. “COVID’s Effect on the Community: COVID Affects Access to Mental Health Care”. Discussion ensued regarding remaining speaker slots. Decision made to secure Peter Jackson (VCU Pulmonary Critical Care & Long COVID Clinic) to speak on “COVID Long Hauling” by donating $400 to MCV Foundation for Global Health. Decision made to secure Kayla Christianson to speak on: “Lived Experience with COVID”. To conclude the conference, Nina will facilitate a discussion called “How to Share Hope”. Cost of conference will be $100 to include annual membership fee. This necessitated a motion made by Lisa to change the structure of membership to the following:
  + *Membership will be annual and run from November to November and the cost is $25.00. It will also be included in the Fall Conference Registration Fee.*

Jan seconded this motion and all approved. Lisa reminded everyone that a mechanism needs to remain for those not participating in Fall Conference to pay their membership fee annually. She also recommended that there be a non-member and member price for Spring Conference. Vendors will cost $350 to display. Title of conference: “Overcoming the COVID Crisis Through Hope and Education”. Business meeting shortened to one hour. Speaker order: Jason, Peter, Kayla, ending with facilitated discussion (Nina). This adds up to 5 CPD hours.

Next Steps:

* There was some suggestion that we may not have Dana’s correct email. Lisa will confirm that she has Dana’s correct email address ([dharrison0032@yahoo.com](mailto:dharrison0032@yahoo.com)). If she changed her address, Lisa will ask her to update on website.
* Lisa will ask Dana to make a brochure for Fall Conference and post registration for Fall Conference. Have her check with Nina to confirm that ANCC verbiage is correct.
* Lisa will ask Dana to update membership info on website and bylaws based on the vote made today.
* Lisa will update vendor letter to be distributed for Fall Conference and will release to Executive Committee when completed, so that we can all recruit.
* Nina will contact speakers for both conferences.

*Respectfully submitted by Lisa Babilon RN BC, VACPN Co-President*