

“Empower, Educate, and Encourage”

GIRLS IN ACTION (GIA)

Bi-Weekly Talk

May 23, 2011

GIAGirls Fun Day: “Princess DIVA Spa Day”

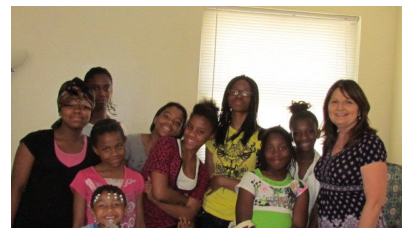
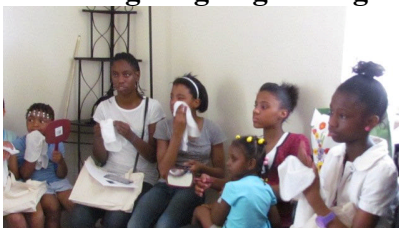


“Girls Empowered”

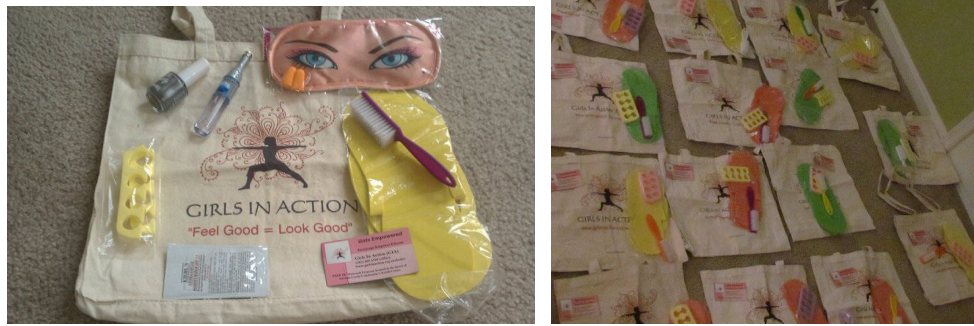
Girls In Action **GIAGirls FUN DAY: Princess Diva Spa Day** was Saturday, May 21st at 3PM. We had a total of 25 girls in attendance and 11 volunteers. The session lasted over four hours. GIAGirls were pampered with real spa services specifically designed for girls their age. They were taught healthful benefits of a spa experience. There were four stations: skin care, pedicures, mini-manis, and the relaxation room. The first station visited was the skin care station. They were trained by Skin Care Specialist Ms. Fran Strong how to clean their face. The smile on their faces while receiving spa service was priceless. They really enjoyed their day. The girls were able to relax and listen to soothing sounds while drinking sparkling cider in the restoration room with cucumbers on their eyes being refreshed and rejuvenated. **Our licensed experts made our GIAGirls feel SUPERFANTASTIC.**



The GIAGirls going through the necessary steps to properly cleanse their face.



GIAgirl Spa Day 5/21/11 - Favor Bag for the GIAgirls. Thanks to all of the volunteers and donors for making Spa Day a success



Ms. An Nisa Jones, student and Ms. Katina Rayford, Teacher at Bennett Career Institute are giving GIAgirls mini-manis and polishing their nails. Ms. Davita Duncan and Ms. Kimberly who are also a BCI student gave mini-makeovers making the GIAgirls look like lil Princess Divas. Ms. Charlene Green, make-up artist and hairstylist gave the GIAgirls mini-pedis.



The GIAgirls learned how to wind down, read and relax in a soothing environment.





SPEACIAL THANKS TO VOLUNTEERS & GIAGirls

I want to give a special thanks to all the GIAGirls and volunteers who attended and donated food to our GIAGirls Talk session. The volunteers who attended were Robyn Ine, Ameka Walker and Nikita Reed. I want to also give a special thanks to Aisha Abdul-Hakim, Valerie Hilton, Ia Jones-Green, Windi Abdul-Rahim, Tiffany Boles-Green, Amina Abdul-Rahim, Lynne Bradshere, Verna Odums, Jennifer Witherspoon, Sabrina White, Bernadette Brawner and Cathy Little who were unable to attend the session, but made a food donation or monetary contribution via check and PayPal. We would also like to thank Ms. Sherry Little, our IT Specialist who created our flyers and certificates for the volunteers. We are forever grateful and thankful for your support in our mission to Empower, Encourage and Educate our female youth.

Girls In Action is very thankful for their volunteers and supporters. We appreciate you.

DC Police Chief Lanier and Deputy Mayor Quander made a special appearance at GIA Spa Day. The GIAGirls were excited to meet the Police Chief who asked them what programs they would like to experience in their community to keep them safe and empowered during the year.

Girls In Action would like to give special THANKS to the Sursum Corda Community for allowing GIA to use their Youth Center. We also would like to thank Bennett Career Institute (<http://bennettcareerinstitute.org>) for allowing their students and teacher to volunteer their service.

A special thanks also goes to Ms. Fran Strong, Skin Care Specialist and Ms. Charlene Green, a licensed Hair/Makeup/Nail Artist. Spa Day would not have been possible without these wonderful people, our volunteers and donors. We appreciate you!

Fran Strong is an independent health and wellness consultant who brings over 25 years Experience when sharing the importance of healthy personal care tips to audiences. She shares years of knowledge teaching Skin Care 101 and Sea Source Spa workshops. Learn what not to put on your skin and what is safe for your skin. As a former educator who holds a Masters in Education she encourages women to become knowledgeable while sharing thoughtful wisdom and insight. **To contact Ms. Strong about her services, please send her an email at: franstrong@comcast.net**

TO SUPPORT GIRLS IN ACTION LITERACY INITIATIVES to inspire reading amongst our female youth, Please visit our Amazon.com Books Wish List TO PURCHASE & DONATE A BOOK(S) - <http://amzn.com/w/2GGK5MPGI6S8W>

Our next session is **Saturday, June 4, 2011 at 4PM.**

“Readers Are Leaders” Book Club Meeting

Sursum Corda YOUTH CENTER

1175 1st Terrace NW

Washington DC 20001

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GIRLS IN ACTION (GIA)

ATTN: IKISHA LITTLE, CEO/FOUNDER

PO BOX 1169, WASHINGTON DC 20013

www.girlsinaction.org (website) girlsinactioninc@yahoo.com (email) (202) 489-1305 (office)