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| **Lost In A Feeling**  |  |
| ***Carole Gosselin & Raymond Sanschagrin, Canada    ( 2014 )*** |
| Partner Dance   Intermediate- Beginner 64 counts |
| Sweetheart Position Facing L.O.D. |
| Identical steps unless indicated |  |
| Music : **Lost In A Feeling / Claudia Church** |  |



 **1-8**  **Shuffle Fwd, Shuffle 1/4 Turn, 1/4 Turn And Shuffle Back, Back, Back,**

 1&2 Shuffle forward, RF, LF, RF

 3&4 Shuffle RF,LF,RF , 1/4 turn right  *O.L.O.D.*

5&6 1/4 turn right and Shuffle backward RF,LF,RF

 *Sweetheart,position facing R.L.O.D man inside circle*

 7-8 Back LF, Back RF

 **9-16 1/4 Turn And Chasse to Left, Cross Shuffle, Side, Behind, Shuffle 1/4 Turn,**

 1&2 1/4 turn left and side shuffle LF,RF,LF , on left

 *Indian position Facing O.L.O.D.*

 3&4 Cross RF in front of LF – LF on left - Cross RF in front LF

 5-6 LF on left , RF behind LF

 7&8 Shuffle LF,RF,LF, 1/4 turn on left *L.O.D.*

 **17-24 Shuffle 1/2 Turn, Shuffle 1/2 Turn, (Windmill Turn) Back Rock Step, Shuffle Fwd,**

 *Dancers release left hands , woman passes under right arms*

 1&2 Shuffle RF,LF,RF , 1/2 turn on left  *R.L.O.D.*

 *Dancers release right hands woman passes under left arms*

 3&4 Shuffle PG, PD, PG, en 1/2 tour à gauche

 *Sweetheart position L.O.D.*

 5-6 Back Rock RF – Recover on LF

 7&8 Shuffle Forward RF,LF,RF

 **25-32 Step, Pivot 1/4 Turn, Shuffle Fwd, Step Pivot 1/2 Turn, Shuffle Fwd,**

1-2 LF in front - Pivot 1/4 turn right

 *Indian position facing O.L.O.D*

 3&4 Shuffle forward LF,RF,LF

 *Dancers release left hands , 1/2 tour on left , womman passes under her right arm womanbehinf man*

 5-6 RF in front - Pivot 1/2 turn left

 *Reverse Indian position I.L.O.D*

 7&8 Shuffle forward RF,LF,RF

 **33-40 Step, Pivot 1/4 Turn, Shuffle Fwd Walk, Walk, Shuffle Fwd,**

 *keep left hands behind man’s back and right hands in front*

1-2 LF in front - Pivot 1/4 turn right  *Facing L.O.D*

 3&4 Shuffle forward RF, LF, RF

 5-6 RF in front - LF in front

 7&8 Shuffle forward RF, LF, RF

 **41-48 Rock Step, Shuffle 1/2 Turn, 1/2 Turn And Shuffle Back, Back Rock Step,**

 1-2 Rock LF forward - Recover on RF *Lâcher les mains D l’homme passe sous les bras gauche*

 3&4 Shuffle LF, RF, LF, 1/2 turn on left

 5&6 1/2 turn on left and Shuffle backward RF , LF, RF

 *Sweetheart position facing L.O.D.*

 7-8 Back Rock LF - Recover on RF

 **49-56 1/4 Turn And Chasse To Left, Back Rock Step, 1/4 Turn And Shuffle Back, Back Rock Step,**

 1&2 1/4 turn right and left side shuffle LF, RF, LF

 *Open Double Hand Hold, position , man facing O.L.O.D.and woman facing I.L.O.D.*

 3-4 Back rock RF - Recover on LF

 5&6 1/4 turn on left and Shuffle backward RF, LF, RF

 *Release woman right hand and man left hand*

 7-8 Back Rock on LF - Recover on RF

 *Sweetheart,position facing L.O.D*

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 **57-64 Shuffle Fwd, Shuffle Fwd, 1/4 Turn, Behind, Shuffle 1/4 Turn,**

 *Woman passes under rman right arm and man under his left arm*

 1&2 Shuffle forward LF, RF, LF

 3&4 Shuffle forward LF, RF, LF

 5-6 1/4 turn on right and LF in front - Cross RF behind LF

 *Indian position facing O.L.O.D.*

 7&8 Shuffle RF, LF, RF , 1/4 turn on left

*Sweetheart position facing L.O.D.*