

# FOX TROT 5K AND 10K

Position	Bib	Name	Finish	Pace	Age	Gender	Division	City	Team Name
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## 10K MALE 20-29 - based on Gun Elapsed time

## 10K FEMALE 20-29 - based on Gun Elapsed time

1	614	PAM EISTERTZ	01:03:17.6	10:12	26	F	10K	CASTLETON ON HUDSON	
2	621	LAUREN HARRIGAN	01:07:58.6	10:58	28	F	10K	KINDERHOOK	
3	607	GINA BELFIORE	01:08:28.0	11:03	21	F	10K	GENESE0	

## 10K MALE 30-39 - based on Gun Elapsed time

1	619	ALFRED HALL	00:46:48.4	7:33	37	M	10K	GANSEVOORT	
2	603	DERRICK BARSS	00:53:26.7	8:37	33	M	10K	PORTER CORNERS	Team Carrie B
3	647	ZACHARY ZULAUF	00:58:53.4	9:30	31	M	10K	QUEENSBURY	KitCats

## 10K FEMALE 30-39 - based on Gun Elapsed time

1	636	JILLIAN SMITH	00:51:37.3	8:20	30	F	10K	COBLESKILL	
2	609	ABBY BURCHETT	00:55:28.7	8:57	33	F	10K	BURNT HILLS	
3	626	LAURA MONTANYE	00:59:22.1	9:35	32	F	10K	GLENS FALLS	

## 10K MALE 40-49 - based on Gun Elapsed time

1	649	BRENDEN RILLAHAN	00:39:10.5	6:19	46	M	10K		
2	629	MIKE OTOOLE	00:49:48.2	8:02	43	M	10K	MECHANICVILLE	
3	627	SHANE MURRAY	00:51:10.1	8:15	46	M	10K	SOUTH GLENS FALLS	

## 10K FEMALE 40-49 - based on Gun Elapsed time

1	648	MEGHAN BETHEL	00:55:40.6	8:59	40	F	10K		
2	635	AIMEE SMITH	00:56:38.8	9:08	48	F	10K	GREENWICH	Team Smith
3	651	JENNIFER GRAVES	00:57:31.6	9:17	41	F	10K		

## 10K MALE 50-59 - based on Gun Elapsed time

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Position	Bib	Name	Finish	Pace	Age	Gender	Division	City	Team Name
1	620	GARY HARPER	00:41:36.5	6:43	50	M	10K	MOREAU	
10K FEMALE 50-59 - based on Gun Elapsed time									
1	613	ALISA DIBLASI	00:56:36.4	9:08	53	F	10K	SALEM	Team Smith
2	608	JULIE BELFIORE	01:05:00.0	10:29	50	F	10K	GENESE0	
3	639	JANELL VAUGHAN	01:06:45.9	10:46	57	F	10K	RUTHERFORD	
10K MALE 60-69 - based on Gun Elapsed time									
1	652	JOHN WEBBER	00:55:18.1	8:55	63	M	10K		
2	650	MARK SCHACHNER	00:56:45.2	9:09	64	M	10K		
3	630	LARRY PELEGGI	01:16:23.5	12:19	61	M	10K	COLONIE	
10K FEMALE 60-69 - based on Gun Elapsed time									
1	604	CAROL BARTON	00:52:49.0	8:31	60	F	10K	SOUTH GLENS FALLS	
2	601	LAURIE ANDERSON	00:56:24.5	9:06	60	F	10K	QUEENSBURY	Custom Fitness
3	602	DARLENE BARRY	01:06:13.2	10:41	66	F	10K	BENNINGTON	
10K MALE 70-79 - based on Gun Elapsed time									
10K FEMALE 70-79 - based on Gun Elapsed time									
1	646	PAT ZEMIANEK	01:09:30.9	11:13	77	F	10K	BENNINGTON	
2	642	SUSAN WIRKKI	01:23:42.8	13:30	70	F	10K	VT	