

WHIPLASH

Treatment Program

Treatment

Treatment for individuals with whiplash will vary depending on risk factors, occupant kinematics during the crash (how your body moved), crash vector (where your car was hit), and your personal medical history. One definitive in the treatment process though, is that you should receive a multidisciplinary approach to care. This means that you should receive some form of pain management - medication, acupuncture, modalities (electrical stimulation, ultrasound, heat/ice), therapeutic exercises, therapeutic activities, and chiropractic care.

Whiplash injures a number of different structures in your body in a variety of different areas. If you are not receiving care that helps improve joint motion (chiropractic), muscular strength (physiotherapy), and pain management (modalities, massage, acupuncture) you are only taking care of part of the problem.

This in my experience will result in delay recovery and a high possibly of re-exacerbation of pain and dysfunction after release/discharge from care. Your body is not injured in one way; you should not be treated in one way. This is why I have developed the WITP Program.

The WITP program was designed in order to help provide whiplash injury specific treatment and to help reduce overall pain symptoms and improve potential outcome after suffering injuries as the direct result of a motor vehicle accident. Unfortunately in today's healthcare schools and universities, whiplash specific injury and treatment protocols are not taught in depth regardless of the profession, medical, chiropractic, physiotherapy, etc. This is due to the relative "newness" of the condition as it has only hit epidemic standards in the late 1990's due to inductions of mandatory safety and crash test laws. For this reason, many providers may treat this injury condition as a typical "sprain/strain," however, it is not. This along with the exclusion of treatment to vitally important musculature can result in delayed overall recovery and prolongation of care in many cases.

The benefits of this program come through our doctor's experience, education, training and expertise. Currently, our doctors have taken almost all the major post graduate courses offered in North America regarding whiplash including hundreds of academic training hours and treated thousands of patients. Additionally, NASI doctors have participated and studied Live Full Scale Human Volunteer Crash Testing which provides them with a better appreciation of the injuries **YOU** sustained and how the mechanics of that injury affect specific muscle groups. Lastly, our doctors are the only doctor in North America currently endorsed to teach healthcare providers about whiplash injury and treatment by both the medical and chiropractic community.

WHIPLASH

Treatment Program

Assessment

WIRED Assessment is a Whiplash Injury and Recovery Evaluation and Determination Assessment that's purpose is to determine if an injury is present and if therapy is warranted.

This assessment includes a detailed physical examination that is customized to each client utilizing factors such as crash forensics and occupant kinematics to make a determination of the most likely structures injured in the crash and to ensure areas of potential injury are properly evaluated.

After review of crash details the assessment can evaluate traumatic brain injury symptoms, chronic pain patterns, non-organic sleep dysfunction, traumatic stress issues and functional deficits due to the MVA.

The assessment will conclude with risk factors associated with the case (if any) and a determination of need which will be referenced based. Recommendations will be in accordance and based on current Whiplash Guidelines (that are scientifically sound) and findings during the history taking and physical examination.

The overall benefit of this assessment comes in my personal training and experience as I have post graduate training in all of the areas noted above. In addition, due to my live full scale human volunteer crash testing training, I have an insight into injury mechanisms in low speed collision which most healthcare providers would not.

If interested in our **WIRED** (Whiplash) assessments please email us TODAY.