## Zoli

I listen and observe. That's it, nothing magical or unusual in this skill I have developed in order to receive creativity from The Holy Spirit. You can do this too, as it requires only a spiritual passion and a little time set aside for listening and observing.

We are all one in the heart of God. Separations from religious, political and cultural beliefs all meld into one energy when in the presence of Spirit. You have the inherent gift of being available to listen and really hear the still small voice within. The physical senses can be used to affirm blessings or judgements, love or harm, all present for our choosing.

Where do these beautiful songs come from? I intuit them, sometimes from my soul and other times as the end product of research on a subject. My art is also an intuitive presence. Am I gifted? No more than another who applies these same methods of listening, observing and acting on these intuitions.

How do I "see" the Devic Beings and observe their behaviors? I ask for help from Spirit to see truths. These Beings are created by God to manage the physical world. This skill of mine is neither weird nor psychic…only a developed gift available to all people.

It is said that we do nothing by ourselves, that all creations are co-creations between us and God, however one believes God is. My art, EcoPrimative Designs began 40 years ago when I was hospitalized with exhaustion and stress. A kind nurse handed me a couple colored pens and a pad of paper. I had then the time and space to tune into the still small voice and observe the colors of our world. That is how my art began.

My life has been blessed, humbly easy to live considering the trials and hardships of most people. I was raised with abundance and love, opportunity, art and education. My problems have always been of my own making. By walking back the effects of my problems to the original choice to go on that path, I can honestly observe how the wrong choices I made snow balled into the effects of pain. I have had the gift of time and space to create. It is my passion to return these gifts through art, music and writings.

The theme underlying my art, music and writing is always Recovery Work. I chose to omit alcohol and tobacco from my life during an epiphany in 1988. I attended a Co-dependency (CODA) meeting in Olympia because a friend observed my bad choices. I realized I needed to find out who I was and what I could do to serve with my creativity. I wrote and recorded "Never Too Old To Heal", which is the only autobiographical songs I have written. That music project began my CODA recovery process.

My passion is to listen and observe, attempting to act in congruency with what I have thought and said. Only through meditation and service can we balance that still small voice within with our service to others.

My hope and prayers are that my creativity feels familiar to you, that we share the similarity if humanity ticked by the genuine variance of different cultures. We are no different, my friend. We are all gifted with creativity from Spirit. Go in peace, Zoli.

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