

# LIZI SHEA

Height: 5'3"  
Weight: 125  
Hair: Auburn  
Eyes: Blue

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## Selected Theatre & Film

Human Combat Chess 2017	Ensemble, Pawn	Six Elements Theatre
Hour of Code	Ensemble	National Theater for Children
Who's Afraid of Virginia Woolf	Honey	Chameleon Theatre Circle/ Theatre Uncorked
Celebrity Exception	Kayla	Phoenix Theater & MN Fringe
Storycub	Reader	storycub.org & itunes
The Laramie Project	Ensemble	Day In, Day Out Productions
The Romeo and Juliet Project	Juliet	University of Minnesota
The Cherry Orchard Project	Anya, U/S Varya, U/S Dunyasha	Sod House Theater
The Belly of the Whale	Ensemble	Eugene O'Neill Theater
Jet of Blood	Young Girl	Eugene O'Neill Theater
The Sad and True Story of Peter Pan	Peter	Eugene O'Neill Theater
The Woyzeck Project	Ensemble	University of Minnesota/Black Label Movement

## EDUCATION/TRAINING

**B.A. in Theatre Arts** University of Minnesota (2013)- Luverne Seifert, Barbra Berlovitz, Sonja Parks

**Eugene O'Neill Center/National Theatre Institute, CT** – Jeff Janisheski- Acting, Brian McManamon- Acting, Stephen Brown-Fried- Classical Acting, Anne Tofflemire- Singing, David Chandler- Stage Combat

**Voiceovers by Terry Daniel-** Terry Daniel

## SPECIAL SKILLS

Music: Mezzo-Soprano, Martial Arts: Black belt in karate, Sports: Certified Power Yoga Instructor, Playwright