

## *Christmas 2008 Newsletter -- from The Emily Isaacson Institute:*

### Update on year's activities:

Emily Isaacson's children's book *Little Bird's Song*, new out last December, sold a record number of copies this year. It became well known for counselors working with abuse, particularly amongst the Native peoples. She attended a number of conferences where she was able to autograph books and promote her creation.

Emily Isaacson has self-published five poetry books through Wordclay, now for sale over the internet through their online store and on her website. Emily acquires a literary agent in New York to work with her towards the sale of her Fleur-de-lis manuscript for publication in bookstores.

Emily Isaacson, as one of the directors of the board of the Mission Arts Council, was at the House Post raising at Centennial Park, and helped coordinate the Arts Alive venue: her picture ended up on the front page of the news.

Emily Isaacson was featured on the radio in Vancouver; she did a poetry reading of her First Nations poetry and discussed her nutrition program for aboriginal health locally in Mission.

The public can now join the Emily Isaacson Institute as members through our interactive website and several honorary members were added.

Emily Isaacson was nominated for the BC Community Achievement Award for her contribution to the arts, multiculturalism, and healthcare in Mission.

The Emily Isaacson Institute became an affiliate of the Lucy Maud Montgomery Institute and the Canadian Federation of Poets. They decided to found a Writer's Guild locally that visitors can join online as well as attending meetings in person. The Writer's Guild will be held at the Mission Arts Center starting next year.

Emily Isaacson, while still working at Bakerview Wellness Centre as a nutritionist, started a support group at the local library in September for eating disorders in conjunction with a number of the high schools in Mission and Abbotsford. In response, the students at Heritage Park High School, in December, did a play about eating disorders. The play won first place in the festival, and Emily Isaacson spoke afterwards at the three performances (two in the day and one in the evening for the public) about her story and work with The Rainbow Program .

Emily Isaacson and Holistic Vision Canada team up with Xa:ytem Longhouse Interpretive Centre to bring the public natural healing sessions starting in January. Phone to make an appointment for a holistic approach that guides your mind, body and spirit to recovery!

You too can be involved and help the Emily Institute through your online donations, prayers, and volunteer support: we can always use any assistance you have to offer throughout the year!