Delta Academy Committee Meeting

8/22/2020 Minutes

A.) Attendance: Soror Francina Dantzler, Soror SaCole Williams, Soror Samantha Ford, and Soror Jada Gaines

B.) Academy Goals for the 2020-2021 Year:

- The Delta Academy will generally meet every fourth (4th) Saturday from 10:30am to 11:30am.
- All meetings throughout the remainder of 2020 will take place virtually via Zoom. In December, the committee will determine whether in-person meetings with the participants in 2021 can take place after reviewing any updated directives and guidelines and initiatives implemented by National Headquarters and the South Atlantic Region
- The Committee will continue to build the Delta Academy program in an innovative and exciting way for all participants.
- The Committee recognizes that the use of virtual meetings may provide additional access to participants who otherwise may not have been able to participate in person.
- The Committee will ensure that all sessions are engaging and fun in order to keep the
 attention of the participants interested especially with at least half of the meetings
 being conducted remotely.
- With the ongoing pandemic, the Academy will be sure to focus on the mental and emotional needs of the participants are being met.

C.) Academy Calendar and Activities At-A-Glance

(a) September: "Getting to Know You" or "Getting to E-Meet You"

1. September 26th: Orientation

- a. Orientation will be a collaborative group lead between the tri-chairs
- b. First meet and e-greet with participants
- c. Orientation will focus on a check-in with the participants to address their current mental and emotional needs
- d. Participants will be divided into 2-4 groups and placed in separate chat rooms to learn more about one another and will be given different scenarios and ice breaker activities. Each group will have a Tri-chair or committee member present.
- e. Participants will be asked to keep a journal for the participation year. The journal will be private and personal for each participant and a way for the girls to reflect on their time with the Delta Academy and their goals that they've set.

(b) October: Leadership

1. October 24th: Leader In Me Part 1

a. Soror Ford will lead the session on Leader In Me Pt. 1 and will attempt to secure a guest speaker for this session.

- b. This event will focus on discussions of leaders within our illustrious sorority, within the community, and worldwide women leaders
- c. At the end of the meeting, participants will be asked to think of (1) what skills they think a leader must have (2) women who they admire and (3) women they believe portray leadership skills and (4) what skills the participant has that make for a good leader.

(c) November: Leadership Continued

1. November 14th: Leader In Me Part 2

- a. Soror Gaines will lead session on Leader In Me Part 2
- b. Session on Leader In Me Part 2 will focus on what qualities the participants value and believe good leaders should have. The session will also focus on positively identifying leadership traits within one another.
- c. Participants will be broken out into 2-4 groups to discuss 1) what skills they think a leader must have (2) women who they admire and (3) women they believe portray leadership skills and (4) what qualities that they see within themselves that makes a good leader. There will be a Tri-chair or committee member in each group
- d. The breakout sessions will last no longer than 20 minutes
- e. After the breakout session, the group will come together as a whole and discuss the various women who they admire, and the leadership skills and qualities that the girls see in one another.

(d) **December**: Social Media and Information Literacy

1. December 12th: Social Media Basics 101

- a. Soror Williams will lead discussions on Social Media and Information Literacy
- b. Session will focus on pros and cons of social media, use of various technology, communication skills, educational use-i.e. verification of online resources, etc.
- c. At the end of the session, the participants will be tasked with creating a fun tiktok of their choice over the holiday break to lead into January session

(e) January: 2021 Welcome Back: Social Media and Information Literacy Continued

1. January 23rd: Internet Safety, Privacy and Security

- a. Brief mental and emotional check-in with the participants after the holiday break
- b. Participants will breakout into 2-4 groups to share their tik toks, and discuss internet safety
- c. Entire group will discuss importance of Internet Safety, use of privacy and security tools, being mindful and vigilant of things that are posted or shared on social media

(f) February: Social Media and Information Literacy Cont'd

1. February 27th: Cyberbullying and Digital Drama

- a. What is bullying? How can bullying affect individuals?
- b. Participants will breakout into 2-4 groups and will be given various scenarios to discuss. Each group will focus their discussions on identifying (1) whether bullying was contained in the scenario (2) whether the bullying was intentional (3) whether

- the bullying could have been avoided and (4) ways that the participants can stop and avoid bullying or being bullied
- c. Group will come back together and share with one another

(g) March: Lesson on Etiquette

1. March 27th: Etiquette

- (a) Soror Dantzler will lead Etiquette session and will attempt to secure guest speaker Claudia Buckingham
- (b) Location will be dependent on guidelines set forth by Nationals and South Atlantic Region. If lesson must be virtual, the committee will make it as engaging as possible

(h) April: Luncheon and Recognitions

- 1. April 24th: Delta Academy Group activity TBD
 - (a) Last session of the year
 - (b) Location and event will be dependent on whether meeting will be in-person or virtual
 - (c) Participants and parents will both be welcomed to participate
 - (d) Delta Academy Girl of the Year will be recognized

(i) May: End of Term

1. May 22nd: Reflections and Goals

- (a) This session will wrap-up the program for the year
- (b) Participants will have an opportunity to reflect on their goals that they met during the year
- (c) Participants will be provided with an opportunity to offer feedback to the committee

Reminders and To Dos:

- Tri-chairs to send Soror Dantzler a short bio of themselves by Sunday, August 30th
- Soror Dantzler to reach out to last year's participants
- Tri-Chairs to schedule September committee meeting prior to first chapter meeting on September 21st
- Schedule and lessons subject to change