



*We are an open, loving, and inclusive community  
that supports thinking creatively and  
living a deeply spiritual life.*



*The Everyday Wonder of  
Creativity*

# Dance with the Donkey

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**Whenever we see someone who is loving,  
compassionate, mindful, caring, and understanding,  
we know that the Holy Spirit is there.**

~Thich Nhat Hanh, *Living Buddha, Living Christ*

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[Visit our Website](#)

[Paypal online donation](#)

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## ANNUAL MEETING

**...and SOCIAL GATHERING**  
**TOMORROW**

**Saturday, April 9th, 12-3pm MT**

**Cottonwood Cove Park**

**1027 S Dixie Dr, St. George, UT 84770**

**Meet in the Gazebo by the parking lot**

**12-1pm Annual Meeting**

Members will vote on budget and Core Council applicants.

If you are not yet a member, forms will be available.

We will share an update on the minister search process.

**1-3pm Social Gathering**

We will bring sandwiches and more!

**Bring your community Spirit and connect with us  
from Noon until 3 THIS SATURDAY!**

**Don't Miss This Important Event!**



## **Online Sunday Gatherings**

**Guided Meditation 10:45am**

**Inspirational Service 11:00am**

**Community Conversation 12:00pm**

### *Dance with the Donkey*

Because we understand that "the life of each of us is God" (Ernest Holmes) doesn't mean that we are passive recipients of Love's gifts and blessings, or that "ohm-ing" all day will produce a life of unicorns and pink fairy dust. If we want to dance with Spirit, we must dance with ALL of Spirit, i.e., the parts of ourselves and our journey which challenge us to grow. In other words, there will be donkeys. Metaphysically, the donkey is that part of us that is stubborn, untrainable, undisciplined. But the donkey is *also* persistent and can endure and travel the rocky and broken road. Battle, resist, and deny "what is"? Or surrender and dance with the donkey? What we resist persists, and it's exhausting, overwhelming, and incredibly frustrating! When we dance with our donkeys, however, resistance fades away, and what was once our "shadow" blesses us and offers gifts of innovation, newness, wisdom, and resilience.





**Sue Fullmer**  
Meditation Guide



**Eugene Holden, RScP**  
Guest Speaker

## Online Links

You can access each meditation and service on  
CSL St. George Facebook page.

<https://www.facebook.com/CSLSG/live/>

Meditation and service will also stream on YouTube.

<https://www.youtube.com/channel/UCmmd5S1h6OjZpkgndmt5l6A>

Community Conversation on Zoom at Noon.

<https://us02web.zoom.us/j/5628970832>

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**We believe the Power breathing us is greater than any  
circumstance, situation, or condition.**

***Our MISSION is to provide spiritual tools for  
personal and global transformation.***

***Our PURPOSE is to awaken humanity to its spiritual  
magnificence; to awaken our community to its Divine  
Nature and the greatest expression of who we are.***

***Our VISION is a world that works for everyone.***

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## MINISTER SEARCH UPDATE

Feedback on Reverend Joe Kovach's  
candidate talk on April 3rd

was very positive.

### **NEXT STEP:**

Rev. Joe is invited to meet  
with us here in St. George  
on **Saturday April 30th** and  
**YOU ARE INVITED!**

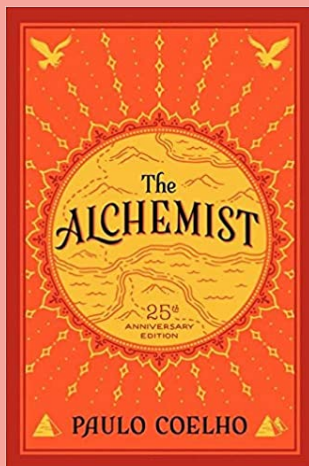
He will meet in-person with CSLSG  
leadership in the morning and then will  
present a workshop and hold a Q&A  
for our community from 2 - 5pm.

*Details to follow.*

**MARK YOUR CALENDAR**

**FOR APRIL 30th, 2-5pm MT**

**and plan to attend!**



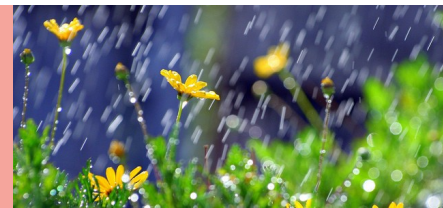
### CSLSG Book Club

THURSDAYS @  
6pm

### **The Alchemist** **Paulo Coelho**

Hosted by Sue Fullmer and  
Anita Schoeff, RScP

Email for information & Zoom link:  
[suegfullmer@gmail.com](mailto:suegfullmer@gmail.com)



### **Sacred Covenant**

There is only One Life.  
That Life is God's Life.  
That Life is Perfect.  
That Life is my life now.

In knowing that...

**To read the full  
covenant,  
[CLICK HERE](#)**



### *Prayer Requests*

**Our Practitioners  
want to  
support you  
in prayer.**

Please email your  
prayer request to  
[prayer@cslstgeorge.org](mailto:prayer@cslstgeorge.org)  
or email them



*Spread the Love!!*

- **Give Online:** Paypal link is on our website: [cslsg.org](http://cslsg.org) on the Donation page; or Paypal direct with [blue button](#) below.
- **Give by Mail:** send checks to CSLSG  
PO Box 3132, St. George, UT 84771

Paypal online donation

Labyrinth Day

Saturday  
May 7th

12:30-2:30pm MT

CSLSG Practitioners  
are hosting a  
labyrinth walk at  
Wind Chime Farm

48 S 300 E, Central, UT 84722, USA

*more details to come*

individually from our  
website  
([cslsg.org/about](http://cslsg.org/about))  
or leave a message at  
**435-893-6702**



**CSLSG  
Community  
Care Circle**

Let us provide  
compassionate support  
with Life's challenges.

*Leave a message at  
435-893-6702  
to engage this free and  
confidential service*



**CSLSG Wedding  
Officiant**

Mary Klein, RScP,  
performs marriages,  
commitment  
ceremonies, and  
wedding vow renewals.

Reply to this email and she  
will respond to you  
directly.

## World Labyrinth Day Celebration

Saturday, May 7, 2022, at 1 p.m. in All Time Zones

Join Centers for Spiritual Living Global Heart of Peace Initiative for "Pause for Peace: Walk the Labyrinth and Plant Peace With Every Step."

Centers for Spiritual Living Facebook Page



*Global Heart of Peace*



## Meeting Minutes

Any member interested in perusing the meeting minutes for the **CSLSG Core Council** may contact our secretary at: **suefullmer@cslstgeorge.org**

## Centers for Spiritual Living Events and Information

# Humanitarian Relief Effort for Ukraine

If you would like to contribute to CSL's disaster relief program for Ukraine, we are collecting donations now to be distributed later when we know what needs exist and how to get funds reliably to our community. Use the donation form here, select disaster relief, and add Ukraine in the comments to designate your contribution.

**Donate to Centers for Spiritual Living**

When people read about issues ranging from women's rights to refugees, or from veterans to natural disasters, Public Good, in partnership with CNN, empowers readers to



make a difference by giving them actions they can take in those moments of inspiration, as well as a comprehensive list of nonprofit organizations on the ground that you can donate to.

**Help Humanitarian Efforts in Ukraine ([publicgood.com](https://publicgood.com))**

Global Citizen is a movement of informed world citizens who are taking action to address planetary issues to help make the world a better place. Global Citizen has an updated list of ways you can take action to support the humanitarian relief effort in Ukraine and surrounding countries, with an updated list of nonprofit organizations you can support.

**The Ukraine Call to Action – Take Action with Global Citizen**

**Rev. Laura Hallett**

*is offering several classes on Zoom and invites you to join in.*

**Register by emailing her at**

[revlaurahallett@gmail.com](mailto:revlaurahallett@gmail.com)

**CLICK HERE** for list of classes available

**Help with food collection  
every month  
on the second and last Saturday  
11:30 a.m. – 1:00 p.m.  
GRACE EPISCOPAL CHURCH  
1072 S 900E, St. George  
For more information, click [HERE](#)**



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com) | <https://www.cslsg.org>

