

FORDH SEN MIGHAL VII RISK ASSESSMENT

ASSESSMENT CARRIED BY: DAVID ANDREWARTHA (GOVERNING EVENT DIRECTOR & SOLE OWNER/TRADER, BYS VYKEN EVENTS & CORNISH TRAILS)

CONDUCTED ON: 16th February 2022

EVENT DATE: 3<sup>rd</sup> December 2022

#### PARKING

PARKING FOR THE RUNNERS WILL BE AT THE ST ERTH PARK AND RIDE CAR PARKS (NORTH & SOUTH) AT STATION APPROACH, ST ERTH, CORNWALL. THE START IS A 20 MINUTE WALK/10 MINUTE RUN FROM HERE. (MEDIUM RISK BUT WILL BE THE RUNNER'S CHOICE TO RUN IF THEY WISH). TAXI SHUTTLE SERVICES AT A DISCOUNTED RATE HAVE BEEN ORGANISED BETWEEN BYS VYKEN EVENTS & CORNISH TRAILS AND A1 CARS OF ST IVES, WHOM ARE RESPONSIBLE FOR THEIR OWN PULBIC LIABILTY AND RISK ASSESSMENTS.

OTHER NOTABLE PARKING LOCATIONS INCLUDE LELANT SALTINGS CAR PARK, LELANT, NAER TO THE TRAIN STATION/STOP.

THESE WILL BE THE ONLY ADVISED PLACE FOR ALL RUNNERS. ALL RUNNERS WILL BE STRONGLY ADVISED AGAINST PARKING AT THE RACE EVENT HQ, PURELY BECAUSE OF LACK OF SPACE DUE OFFICIAL EVENT CREW AND THE FACT THAT THE CAR PARK ROAD ITSELF (WHARF ROAD) GOES THROUGH A FUNCTIONING GOLF CLUB. NO CARS WILL BE BACKED UP THROUGH THIS. THERE WILL BE MINIMAL CONGESTIN AND WE WILL BE WORKING WITH THE GOLF CLUB TO TRY TO ACCOMMODATE THEM HAVING GOLFERS ON THE COURSE AT THE SAME TIME. (MEDIUM RISK). GOLF CLUB WILL BE INFORMED AND WILL MOVE ANY GOLF TOURNAMENT FOR THE DURATION OF THE START OF THE EVENT TO AVOID ANY CLASH.

#### **REGISTRATION AND ENQUIRIES**

THERE WILL BE REGISTRATION & STEWARDS/CREW MEETING POINTS OUUTSIDE AT DYNAMITE QUAY, WHARF ROAD, LELANT, HAYLE, CORNWALL. MARSHALS WILL PICK UP SUPPLIES AND RUNNERS WILL PICK UP THEIR RACE NUMBERS AFTER BEING STRINGENTLY CHECKED FOR COVID AND IDENTIFICATION FOR SAFETY REASONS. MARQUEES ARE IN THE OUTSIDE AREA OF 'DYNAMITE QUAY', LELANT. (MEDIUM RISK). IN THE EVENT OF ADVERSE WEATHER THESE WILL BE REMOVED. THEY WILL BE SECURED SAFELY AND WEIGHTED/FIXED INTO PLACE TO NOT CAUSE HARM. RUNNERS WILL BE AWARE OF THE DANGERS OF TIDE HERE IF THEY WISH TO WARM UP PRE EVENT AS THEY'LL BE STARTING THE EVENT FROM HERE (MEDIUM RISK). IF THE TIDE IS COMING IN, RUNNERS WILL BE ADVISED AGAINST BEING ON THE BEACH AND THE ROUTE WILL BE RE-DIVERTED. (THE RACE USES THIS BEACH START AND UPON THE TIDE BEING IN, THE ROUTE WILL REVERT TO A PREVIOUS YEAR'S START UP THROUGH THE GOLF CLUB/RESIDENTIAL ROUTE/ROAD/TRACK). THIS PROPERTY IS OWNED BY ARKE PROPERTIES WITH FULL PERMISSION GIVEN. THIS IS SUBJECT TO CHANGE IF PLANS GO AHEAD TO BUILD ON THE SITE. THEN AN ALTERNATIVE VENUE EILL BE FOUND AND CORNWALL COUNCIL AND ALL OTHER RELEVANT PARTIES WILL BE UPDATED WITH THE NEW INFORMATION. RUNNERS WILL BE ID CHECKED AND TEMPERATURE CHECKED UPON ARRIVIAL, WHILST MAINTAINING AND OBSERVING SOCIAL DISTANCING REQUIREMENTS. ALL ENQUIRIES WILL BE ANSWERED HERE AT THIS POINT. OFFICIAL DOCUMENTS INCLUDING MAPS, INSURANCES AND

LICENCES WILL BE ON DISPLAY FOR EVERYONE TO SEE INCLUDING THE RACE RISK ASSESSMENT, MAPS, ASSOCIATION OF RUNNING CLUBS PERMIT AND CORRESPONDING INSURANCE, ORDINANCE SURVEY LICENCE (FOR SAID MAPS), EXAMPLES OF SIGNAGE, NOTES FROM DEVON & CORNWALL POLICE AND ANYTHING ELSE THAT THE GOVERNING EVENT DIRECTOR FEELS RELEVANT TO THE EVENT. WE WILL BE AVAILABLE FOR ANSWERING ENQUIRIES FROM THE GENERAL PUBLIC AND AUTHORITIES AT THE LOCATION OF THE EVENT AND OUT ON THE COURSE FOR THE DURATION OF THE EVENT. ALL RUNNERS' INFORMATION WILL BE KEPT IN ACCORDANCEWITH THE DATA PROTECTION ACT OF 2018 AND NEW GDPR REGULATIONS WHICH WE ARE NOW FALLING INTO LINE WITH AND DOING OUR BEST TO COMPLY WITH. DATA WILL ONLY BE USES FOR EMERGENCY PURPOSES AND FOR SAFETY REASONS ONLY. (DATA PROTECTION IS LOW RISK)

NO OTHER COVERED ACCOMODATION AT THE START AREA (DYNAMITE QUAY) OTHER THAN AFOREMENTIONED MARQUEES. PLENTY OF SPACE IN AND AROUND FOR COMPETITORS AND STAFF TO NOT GET CRUSHED AND INJURED AND TO ALSO CONTINUE TO SOCIAL DISTANCE FROM ONE ANOTHER. (LOW RISK)

## <u>TOILETS</u>

THERE WILL BE 4 X PORTABLE TOILETS. THIS IS AN OUTSIIDE LOCATION WITH NO INDOOR W.C

RUNNERS WILL BE AWARE OF THIS AND THIS IS NOTHING NEW ON THE RUNNING/EVENT SCENE IN REGARDS TO ENTRANTS USING THESE KINDS OF FACILITIES. THESE TOILETS WILL BE/ARE HIRED BY 'EURO TOOL HIRE'. THEY ARE RESPONSIBLE FOR MAINTAINING THEIR OWN INSURANCES AND RISK ASSESSMENTS. (SEE OUR COVID MEASURE DOCUMENT FOR COVID-19 TOILET SAFTEY MEASURES)

RUNNERS WILL BE REPONSIBLE FOR CLEANING THEIR OWN HANDS AFTER THE TOILET VISITS WITH THE PUMP HANDLE HAND GEL PROVIDED OUTSIDE OF THE TOILETS.

TOILETS COULD GET IN A STATE OF UNHYGEINIC MANNER WHICH WE WILL CLEAN (MEDIUM RISK).

#### **REFRESHMENTS**

THERE WILL BE WATER AND SNACKS EVERY 3 MILES APPROXIMATELY OUT ON THE COURSE AND HOT AND COLD FOOD AND TEA/COFFEE FACILITIES AT THE END, WHICH WILL BE PROVIDED BY THOSE QUALIFIED CORRECTLY IN FOOD AND HYGIENE. (CERTIFICATES AVAILABLE ON REQUEST FROM AUTHORITIES). ALL FOOD ITEMS WILL BE SERVED IN BIODEGRADABLE CONTAINERS DEEMED SAFE BY THE COMPANIES IN WHICH WE PURCHASE FROM. DETAILS OF SAID COMPANIES CAN BE PROVIDED UPON REQUEST ALONG WITH RECIEPTS AND DATES OF PURCHASE. ALL FOOD WILL BE PACKAGED AND IT WILL BE SELF-SERVICE ONLY. THIS PREVENTS BETTER HEALTH AND HYGEINE AND A LACK OF CONTACT. ANY HOT FOOD AND DRINK WILL BE SUPPLIED BY THOSE WHO ARE TRAINED AND QUALIFIED, OR THOSE UNDER SUPERVISION FROM THOSE TRAINED AND QUALIFIED. FOOD ISSUES WILL BE LOW RISK DUE TO COMPENTENT STAFF LOOKING AFTER IT.

#### HANDLING OF CASH

THERE WILL BE SOME MINOR HANDLING OF CASH FROM COMMERCIAL SALES ONLY. THIS MONEY WILL BE PADLOCKED AND KEPT OUT OF THE REACH OF ANY SINGLE PARTICIPANT OR STAFF MEMBER OTHER THAN THOSE TRUSTED WITH SUCH A TASK BY THE GOVERNING EVENT DIRECTOR. TO KEEP THE HANDLING OF CASH TO A MINIMUM TO AVOID CONTACT DURING COVID AND POTENTIAL THEFT, CONTACTLESS PAYMENTS CAN NOW BE MADE TO US USING 'IZETTLE' BY PAYPAL. WE WILL HAVE 2 X IZETTLE READERS. (LOW RISK)

### THE COURSE/ROUTE

POLICE AND LOCAL AUTHORITIES NOTIFIED PRIOR TO THE EVENT TAKING PLACE ALONG WITH THE NATIONAL COASTWATCH INSTITUTE AND LOCAL LIFEBOATS AT PENLEE.

THE ROUTE IS 11.4 MILES FROM DYNAMITE QUAY, LELANT TO MARAZION GOING COAST TO COAST AND POINT A TO POINT B. WE HAVE/WILL PROVIDED A BAG DROP AND TRANSPORTATION ALONG WITH A WASH AREA SO THE RUNNERS CAN GET CLEAN AND DRY AT THE END. BAG DROP WILL BE FOR MINIMAL ITEMS ONLY AND WILL BE LABELLED BY THE RUNNER. THERE WILL BE A REDUCED BAG DROP SERVICE AND RUNNERS WILL BE MADE AWARE THAT THEY SHOULD ONLY USE IT IF THEY HAVE NO OTHER OPTION. THIS IS TO PREVENT MAXIMUM CONTACT WITH RUNNERS DURING TIMES OF COVID.

THE ROUTE IS MADE UP OF COASTAL AND INLAND TRAILS, FARMS, LIVE STOCK, STILES, GATES, STEPS, BRIDGES AND SEVERAL STRETCHES OF ROAD. IT IS 50/50 TRAIL TO ROAD APPROXIMATELY (WITH BEACH START). (HIGH RISK). ALL ENTANTS ARE MADE AWARE OF WHAT TO EXPECT BY PRE EVENT INFORMATION, CONSTANT WEBSITE AND SOCIAL MEDIA UPDATES AND ALSO IN EVENT LITERATURE BEFORE THEY ENTER THE EVENT AND ALSO IN THE TERMS AND CONDITIONS, ALSO MADE AVAILABLE TO READ ON THE WEBSITE PUBLICLY PRE EVENT AND PRE ENTRY.

THERE ARE A COUPLE OF TREES WHICH HAVE FALLEN IN RECENT STORMS/WEATHER SYSTEMS WHICH WILL NEED EXTRA MARKING, CAREFUL NEGOTIATION AND ALSO WARNING TO ENTRANTS BASED ON PRE EVENT INFORMATION AND SAFETY BRIEFING, OF WHICH COPIES CAN BE AVAILABLE UPON REQUEST TO THE GOVERNING EVENT DIRECTOR. (LOW RISK).

THERE IS AN EASIER PATH BY WAY OF THE MORE MODERN DIVERSION THROUGH THE CARBIS BAY HOTEL UNLIKE SOME PREVIOUS YEARS. THIS IS A CONSTANTLY CHANGING LANDSCAPE. THE SOUTH WEST COAST PATH HERE HAS BEEN CHANGED/MOVED SEVERAL TIMES OVER THE YEARS. CONVERSING WITH HOTEL STAFF TO LET THEM KNOW WE'RE COMING THROUGH IS THE WAY FORWARD FOR THIS ASPECT OF THE EVENT. THERE COULD BE A CHRISTMAS MARKET/FAYRE TAKING PLACE AT THE SAME TIME ALSO. AGAIN, CONVERSING WITH HOTEL STAFF IS THE WAY FORWARD HERE. RUNNERS WILL BE INFORMED, AS WILL THE HOTEL. (LOW RISK).

THE HOTEL AND ALL OTHER LAND OWNERS HAVE ALL BEEN ALERTED THROUGH EITHER ELECTRONIC MAIL/SOCIAL MEDIA OR IN AN INTERFACING CAPACITY OR NOTICES TYPED AND PRINTED AND HAND DELIVERED ON FOOT.

NOTICES HAVE GONE THROUGH THE DOORS OR IN THE HANDS OF ALL LANDOWNERS ON THE ROUTE, OF WHICH CAN ALL BE AVAILABLE UPON REQUEST TO THE GOVERNING EVENT DIRECTOR. THESE COPIES WILL BE COPIES OF THE LANDOWNER NOTICES AND ALSO THE NAMES AND ADDRESSESS OF ALL LANDOWNERS IN QUESTION, SUBJECT TO THEM AGREEING FOR SUCH INFORMATION TO BE PASSED ON DUE TO 2018'S NEW GDPR LAWS AND REGULATIONS.

THERE IS NO LONGER A FARM SHOOT IN PROGRESS ON THIS DAY, OR ANY DAY CURRENTLY AS THE SHOOT HAS STOPPPED FOR THE FORSEEABLE. (LOW RISK)

#### THERE ARE 3 MAIN A ROAD CROSSINGS:

- A3074 (FUEL STATION 1 @ CARBIS BAY/CORNISH ARMS TO STEEPLE LANE SECTION) (MEDIUM RISK)
- A30 (LUDGVAN LEAZE CROSSING INTO FIELDS TOWARDS THE NEXT MAJOR ROAD) (MEDIUM RISK)
- A394 (NEWTOWN ROAD LEADING TO ROUNDABOUT, CROSSING FROM LUDGVAN INTO MARAZION MARSH) (HIGH RISK)

THERE IS ALSO A TRAIN CROSSING **(MEDIUM RISK)** WITHIN MARAZION MARSH AROUND THE 9 MILE MARK THAT HAS NO LIGHTS AND REQUIRES LISTENING TO. MARSHALS WILL BE IN THESE SPOTS TO GUIDE AND ADVISE ALL RUNNERS THE BEST THAT THEY CAN WITH THE TRAINING PROVIDED BY THE GOVERNING EVENT DIRECTOR.

ANOTHER MAJOR 'B ROAD' POINT **(MEDIUM RISK)** IS AT THE BOWL ROCK/BOWL ROCK CHAPEL CROSSING 4.5 MILES INTO THE RACE. MARSHAL/STEWARD COMMUNICATION AND ACTION WILL HELP THIS SECTION. MARSHALS WILL GUIDE RUNNERS AS SAFE AS THEY CAN BE ACROSS ALL ROADS. RUNNERS WILL ALSO BE AWARE OF THESE ROADS.

ALL OF THESE POINTS ARE MANNED AND SIGNED TO NOT ONLY WARN THE RUNNERS BUT THE DRIVERS AND OTHER ROAD AND PAVEMENT USERS ALSO. THERE ARE 16 MANNED POINTS WITH AN EXTRA 3 ON TOP OF THAT WHICH ARE EXTRA TO THE TWO PREVIOUS YEARS, AND ALSO 3 AID STATIONS SPACED OUT EVENLY AND AT REGULAR INTERVALS. THERE ARE SEVERAL MORE CORREX SIGNS OUT ON THE COURSE THAN PREVIOUS YEARS. ALSO THERE ARE A COUPLE MORE MANNED AREAS THIS YEAR. ALSO EVERY SINGLE COMPETITOR AND STAFF MEMBER/VOLUNTEER WILL HAVE ACCESS TO MAPS AND EACH OTHERS' PHONE NUMBERS INCLUDING OUR MEDICAL PERSONNEL. EACH CREW MEMBER/MARSHAL WILL BE RECOGNISABLE DUE TO THE OFFICIAL TEAM MEMBER LANYARDS EACH OF THEM WILL BE WEARING.

WE HAVE AN ORNANCE SURVEY LICENCE TO COPY MAPS. THIS CAN BE PROVIDED UPON REQUEST.

THE ROUTE WILL BE MARKED NOT ONLY WITH HIGHWAY CORREX SIGNAGE WHICH ARE BRIGHT YELLOW A3 SIGNS AND HAVE HIGH VISABILITY QUALITIES, BUT ALSO WITH BLUE CORREX TRIANGLES WITH THE GREEN SCALLOP SHELL LOGO ON THEM ('ST MICHAELS WAY' LOGO). THERE WILL ALSO BE BIODEGRADEABLE MARKING TAPE GUIDING THE WAY AND GREEN 'ST MICHAELS' WAY' SCALLOP SHELL SIGNS AS WELL AS ORIGINAL WAYMARKERS.

ALL RUNNERS WILL BE WARNED OF ALL HAZARDS INCLUDING: COASTAL SECTIONS; THE TECHNICAL ASCENT, BEACH AND THE TIDES, AND EVEN MORE TECHNICAL DESCENT OFF OF THE TOP OF TRENCROM HILL FORT ; ANIMALS;MUD; FARM MACHINERY; STREET FURNITURE; ROADS; CARS (PARTICULARLY THE ONE AT BOWL ROCK THAT'S THERE EVERY YEAR ACROSS THE PATH, DESPITE CONTACT BEING MADE WITH ITS OWNER TO MOVE IT); CYCLES; PEDESTRIANS ETC PRIOR TO THE EVENT AND AGAIN IN THE EVENTS' SAFETY BRIEFING BEFORE THE START OF THE RACE. (HIGH RISK). UPON ENTERING THE RUNNER WHO HAS ENTERED WOULD HAVE AGREED TO THE TERMS AND CONDITIONS ON THE WEBSITE. THEY CAN'T PROGRESS FURTHER IF THIS ISN'T AGREED TO. THE TERMS AND CONDITIONS WHICH THEY ARE RESPONSIBLE FOR READING. ENTRANTS HAVE ALREADY AT THIS STAGE AGREED TO THE TERMS AND CONDITIONS ALREADY LAID OUT BEFORE THEM UPON ENTERING TO THE EVENT ON 'RIDER HQ', WHICH IS THE EVENT ENTRY SYSTEM ONLINE. ALL ENTRIES ARE COLLECTED ONLINE ONLY AND THROUGH NO OTHER METHOD. ENTRANTS ARE RESPONSIBLE FOR PROVIDING THEIR OWN EMERGENCY CONTACT DETAILS ON NOT ONLY THE ENTRY SYSTEM BUT ALSO WRITING THEM ON THE BACK OF THEIR NUMBER, WHICH WILL BE ON THEM AT ALL TIMES OR DISQUALIFICATION WILL ENSUE.

THE NEW FINISH STRAIGHT FROM LAST YEAR WILL BE IMPLEMENTED AGAIN ON A SECTION OF MARAZION BEACH, LESS THAN A MILE UNDERNEATH AND FOLLOWING THE CYCLE PATH TO THE STATION HOUSE FINISH. RUNNERS WILL BE INSTRUCTED BY MYSELF AND THE MARSHALS ALONG TO TOP OF THE BEACH AND NOT ON THE TOP WALL OF THE BEACH UNTIL THE STEPS AND THEN THE FINISH. FROM KINGS ROAD (NEAR THE GODOLPHIN INN AND MARAZION SAILING CLUB) THE RUNNERS WILL USE THE BEACH ALL THE WAY TO THE END.

THERE IS A GOLF COURSE THAT RUNNERS WILL START BY RUNNING UP THROUGH. WEST CORNWALL GOLF CLUB WILL BE HALTING PLAY FOR 15 MINUTES FOR THE START OF THE EVENT, ENSURING THE SAFETY OF EVERYONE INVOLVED (IF WE CANNOT USE THE BEACH DUE TO A CLASH BETWEEN TIDE AND RACE START). (LOW RISK)

AS FROM 2020, THERE HAVE BEEN ID CHECKS AT REGISTRATION TO DETERMINE IF THE RUNNERS ARE WHO THEY SAY THEY ARE FOR THE PURPOSE OF MEDICAL EMERGENCIES, AND CONTACTING NEXT OF KINS IN THE EVENT OF SUCH AN OCCURANCE.

# <u>LITTER</u>

THIS WILL BE MANAGED BY LAST RUNNER AND SWEEPER MARSHALS. ALSO EVERY SINGLE MARSHAL WILL HAVE BIN BAGS TO PICK UP WASTE. THE EVENT DIRECTOR WILL DO ONE FINAL SWEEP OF THE COURSE BY THE MIDDLE OF THE FOLLOWING WEEK TO REMOVE ANY SIGNAGE. ALL RUNNERS CAUGHT LITTTERING WILL BE DISQUALIFIED. OUR ENVIRONMENTAL IMPACT WILL BE CONSIDERABLY LOWER FROM HERE ON IN AS WE ARE USING PLANT BASED PRODUCTS INSTEAD OF PLASTIC. THESE ARE COMPOSTABLE AND SUSTAINABLE. WE WILL ALSO BE SELLING REUSABLE AND COLLAPSIBLE CUPS THAT EVERYONE CAN AFFORD PRE AND POST EVENT TO ENCOURAGE OUR PRACTICE. THESE ITEMS ALSO DEEMED FIT FOR PURPOSE BY THE COMPANIES IN WHICH WE PURCHASE. AGAIN, ALL RELEVEANT DOCUMENTATIONS OF PURCHASE CAN BE OBTAINED UPON GENUINE REQUEST. WE ARE A SUFERS AGAINST SEWAGE PLASTIC FREE CHAMPION AND THE ONLY RUNNING EVENT BUSINESS IN THE COUNTRY TO BE AWARDED SO. (LOW RISK)

# FIRST AID

OUR COVER AND SUPPORT WILL BE PROVIDED BY OMEGA MEDICAL SUPPORT COVER. THEY WILL BE GIVEN ALL CREW NOTES, MAPS, PRE EVENT INFORMATION, TERMS AND CONDITIONS, RISK ASSESSMENTS AND A TOTAL NUMBER OF ENTRANTS, ALONG WITH ANY OTHER RELEVANT INFORMATION. THEY WILL ALSO HAVE A COPY OF THE SAFETY BRIEFING. THESE ARE GIVEN IN ELECTRONIC FORMS PRIOR TO THE EVENT AND PHYSICAL FORMS AT THE EVENT SO WE ARE ALL METAPHORICALLY ON THE SAME PAGE AND WAVE LENGTH.

OUR SENIOR MARSHAL AND 2<sup>ND</sup> RACE DIRECTOR WILL BE IN CHARGE AND WILL BE RESPONSIBLE FOR OUR ACCIDENT BOOK ALONG WITH THE SENIOR MARSHAL, SALLY GALSWORTHY. ALL EMERGENCY FIRST AID WILL BE DONE IN COMPLIANCE WITH COVID-19 GUIDELINES. THE GOVERNING EVENT DIRECTOR IS QUALIFIED (TO LEVEL 2) IN SPORTS FIRST AID. QUALIFICATIONS WILL BE ON DISPLAY DURING THE EVENT.

#### <u>MARSHALS</u>

THERE WILL BE MARSHALS INSTRUCTING PARTICIPANTS WHERE TO GO ON THE COURSE ALONGSIDE AFOREMENTIONED SIGNAGE TO PREVENT RUNNERS GETTING LOST/TAKING A WRONG TURN (MEDIUM RISK). THERE SRE SIGNS AND MARKINGS TO HELP.

THEY WILL ALSO BE PROVIDED WITH REFRESHMENTS. SOME MARSHALS (THOSE ENTRUSTED WITH COURSE MARKING ROLES) WILL BE INSTRUCTED ON CORRECTLY PLACING SIGNS AND TAPE TO MAXIMISE ULTIMATE SAFETY OF ALL INVOLVED.

ANYTHING THAT REQUIRES LIFTING WILL HAVE A LABEL DETERMINING THE CORRECT WEIGHT (IN KILOGRAM/KG), AND MANUAL HANDLING GUIDANCE IS ADVISED. ANYTHING OVER 10KG WILL NEED TWO PEOPLE TO LIFT. OTHER THAN ADVICE AND GUIDANCE, WE HAVE NO CONTROL OVER THE INDIVIDUAL ACTIONS OF THE MARSHALS, BUT ARE ULTIMATELY RESPONSIBLE. (MEDIUM RISK).

ALL MARSHALS WILL ALSO BE PROVIDED WITH FULL PPE (PERSONAL PROTECTIVE EQUIPMENT). PLEASE SEE OUR COVID-19 MEASURES DOCUMENT FOR FULL DETAILS ON THIS. THEY ARE ADVISED TO WEAR THE PPE BUT IT IS NOT MANDATORY. (HIGH RISK)

MARSHALS OF AN ADULT (18+) AGE WILL BE PPROVIDED AT ANY CRITICAL POINTS ON THE COURSE, PARTICULARLY SIGNIFICANT ROAD INTERSECTIONS, IF ANY. THEIR DUTIES WILL INCLUDE SOME OR ALL OF THE FOLLOWING:

- PLACING (AND RECOVERING) WARNING AND DIRECTIONAL SIGNS
- PREVENTING COMPETITORS FOLLOWING THE WRONG ROUTE
- ACTING AS AN ADDITIONAL MEANS OF WARNING DRIVERS (IF NECESSARY, BUT NOT STOPPING THE DRIVERS)
- LIASING WITH AND ASSISTING POLICE OFFICERS IN CONTROLLING THE TRAFFIC PACE
- CONTROLLING SPECTATORS AND OTHER PEDESTRIANS
- DIRECTING COMPETITORS AT, OR CLOSE TO THE FINISH
- SUMMONNING FIRST AID ASSISTANCE
- CONVERSING WITH EACH OTHER THROUGH IN PERSON, PHONE OR ALLOCATED RADIO FOR EMERGENCY/SAFETY PURPOSES.

MARSHALS ARE AT **HIGH RISK** DURING ANY OF THESE DUTIES IF THEY ARE NOT TRAINED ADEQUATELY BY THE EVENT DIRECTOR.

MARSHALS MUST ARRIVE WELL IN ADVANCE OF THE EVENT AND BE FULLY BRIEFED ON THEIR DUTIES. THEY WILL HAVE TO ADHERE TO THE SAME COVID CHECKS AS THE PARTICIPANTS. EVEN THE EVENT DIRECTOR WILL ENDEAVOUR TO SHOW HIS COVID-PASS ON A NOTICE BOARD ON PERMANENT VIEW IN THE AID STATION. (FULL DETAILS CAN BE FOUND IN OUR COVID-19 MEASURES DOCUMENT). WRITTEN INSTRUCTIONS FOR MARSHALS WILL BE USEFUL. SOME MARSHALS WILL BE EQUIPPED WITH COMMUNATIVE TOOLS, PARTICULARLY THOSE IN REMOTE PARTS OF THE COURSE (IF ANY ARE REMOTE. IN THIS INSTANCE, NOT). THE COURSE/EVENT/RACE DIRECTORS WILL HAVE A LIST OF ALL CREW/STAFF NUMBERS LOGGED INTO THEIR PHONES IN CASE OF EMERGENCY AND A SEPARATE AND NON-PERSONAL NUMBER WILL BE AVAILABLE TO RUNNERS.

MARSHALS MUST REMAIN IN POSITION UNTIL THE LAST RUNNER HAS PASSED OR ANY CUT OFF TIME HAS BEEN REACHED, OR THEIR SHIFT COMES TO AN END AND THEY SWAP WITH SOMEONE ELSE. FOR LONGER EVENTS, MARSHALS WILL NEED TO BE PROVIDED WITH HOT DRINKS AND POSSIBLY FOOD, IF THEY ARE TO BE OUTDOORS FOR RATHER LONG PERIODS. IT WILL BE ADVISED THAT THEY DRESS FOR THE WEATHER.

SWEEP MARSHALS/BACK MARSHALS WILL BE RESPONSIBLE FOR NOT ONLY THE REMOVAL OF SIGNAGE BUT ALSO WITH KEEPING EVERYONE AT THE BACK TOGETHER AND MONITORING THE PARTICIPANTS (IF SWEEP MARSHALS ARE NEEDED. IN THIS INSTANCE, NOT AS THE EVENT DIRECTOR ASSUMES THE RESPONSIBILITY).

THEY WILL ALL COMMUNICATE VIA TELEPHONE OR RADIO, AND WILL ALL HAVE A LIST OF OTHER PEOPLE'S PHONE NUMBERS BECAUSE OF SAFETY REASONS. ALL MARSHALS GIVE PERMISSION FOR SUCH INFORMATION TO BE DISTRIBUTED (SEE INFORMATION ELSEWHERE IN THIS ASSESSMENT)

## DYNAMIC RISK ASSESSMENT

DESPITE CONSIDERABLE ATTENTION BEING GIVEN TO ADVANCE PLANNING, PROBLEMS CAN STILL ARISE AND HAVE TO BE ADDRESSED. ON OR CLOSE TO THE DAY OF THE EVENT CONSIDERATION MAY HAVE TO BE GIVEN TO THE EFFECT OF:

- SEVERE WEATHER CONDITIONS AND WHETHER THE EVENT WILL GO AHEAD. IF SO THEN MANDATORY KIT NEEDS TO BE FURTHER STRESSED TO THE RUNNERS AND ALSO VETTING THEIR EXPERIENCE COMES BACK INTO PLAY. (HIGH RISK)
- ROAD TRAFFIC PROBLEMS (AFFECTING ACCESS TO THE COURSE OR THE COURSE ITSELF) (MEDIUM RISK)
- OTHER UNFORESEEN CIRCUMSTANCES, SUCH AS DEATH OR ILLNESS OF ANY OF THE EVENT'S PARTICIPANTS, CREW OR EVENT DIRECTOR IN THE LEAD UP TO THE EVENT. (LOW RISK)
- THESE PROBLEMS COULD IMPACT PARTICUULARLY ON:
- THE VENUE (RACE HQ) E.G THE APPROACH FOR ROAD TRAFFIC, PARKING ARRANGEMENTS, AVAILABILITY OF THE KEY FACILITIES E.G, TOILETS, CHANGING ACCOMODATION ETC. (MEDIUM RISK)
- THE COURSE E.G, THE SURFACE CONDITION (ICE, SNOW, FLOODING), GENERAL VISIBILITY (E.G, FOG, HEAVY SNOW), UNEXPECTED ROAD WORKS, ROAD TRAFFIC ACCIDENTS, TRAFFIC CONGESTION AND/OR DIVERSIONS, UNEXPECTED EVENTS TAKING PLACE AFFECTING THE ROUTE, FALLEN TREES. (MEDIUM RISK).
- THE ORGANISER WILL ALWAYS ENSURE THAT SOMEONE (E.G THE RACE REFEREE OR COURSE DIRECTOR) IS GIVEN THE RESPONSIBILITY FOR CHECKING THE COURSE SHORTLY BEFORE THE EVENT STARTS (AND PREFERABLY ALSO A FEW DAYS BEFORE). ALTERNATIVE ARRANGEMENTS OR APPROACHES MAY BE NEEDED TO CONTROL NEW RISKS WHICH HAVE ARISEN. THESE MIGHT INVOLVE:
- PROVISION OF ADDITIONAL WARNING SIGNS
- ADDITIONAL MARSHALS OR OTHER PERSONNEL
- COURSE REDESIGN E.G, MISSING OUT PROBLEM SECTION (IF ANY)
- PROGRAMME CHANGE, E.G, PUTTING BACK OR BRINGING FORWARD THE START TIMES DUE TO ANY GIVEN PROBLEM THAT SHOULD ARISE.
- GIVING WARNINGS TO COMPETITORS

IF RISKS CANNOT BE CONTROLLED TO AN ACCEPTABLE DEGREE, THEN CONSIDERATION WILL BE GIVEN TO CANCELLING THE EVENT, BUT THIS SHOULD ALWAYS BE THE VERY LAST RESORT. **(LOW RISK/LEAST LIKELY SCENARIO)** 

SOMEONE MUST ALSO BE IDENTIFIED AS BEING IN OVERALL CHARGE SHOULD A MAJOR INCIDENT OCCUR DURING THE EVENT.SUCH AN INCIDENT COULD RELATE TO THE EVENT ITSELF OR THE AREA IN WHICH THE EVENT IS BEING HELD. THIS PERSON WILL ALWAYS BE THE EVENT DIRECTOR.

#### EXAMPLES INCLUDE:

- A ROAD TRAFFIC ACCIDENT (HIGH RISK)
- A FLOODING DUE TO SUDDEN HEAVY RAIN (MEDIUM RISK)
- UNPREDICTABLE SNOW BLIZZARD (THIS ACTUALLY HAS HAPPENED ON AN EVENT DAY LEADING TO A POSTPONEMENT OF SAID EVENT TO A FUTURE DATE) (LOW RISK)
- A MAJOR MEDICAL EMERGENCY (MEDIUM RISK)
- A FIRE IN A PREMISES CLOSE TO THE COURSE (MEDIUM RISK)
- A PUBLIC DISORDER (E.G, ATTACKS ON COMPETITORS BY YOUTHS, ADULTS , TERROISTS) (LOW RISK)

WHAT ACTION IS NECESSARY WILL DEPEND ON THE NATURE OF THE INCIDENT. FOR MOST EVENTS THE ORGANISER IS LIKELY TO TAKE CHARGE BUT OTHERS (E.G, THE REFEREE OR COURSE DIRECTOR/CLERK OF THE COURSE) WILL USUALLY NEED TO BE INVOLVED IN THE DESCISION MAKING PROCESS.

# <u>OTHER</u>

ALL PLUG SOCKETS/ELECTRICLES WILL HAVE BEEN PAT TESTED BY THE VENUE.

TRAINING TO BE ADHERED TO FOR SAFETY REASONS WILL BE:

- FIRST AID
- MANUAL HANDLING
- COSHH AWARENESS
- FOOD & HYGEINE
- FIRE AWARENESS
- HEALTH & SAFETY

#### FIRE ASSESSMENT & COVID – 19 ASSESSMENT CARRIED OUT ON SEPARATE DOCUMENTS

# <u>DBS</u>

DAVID ANDREWARTHA (GOVERNING EVENT DIRECTOR) HAS BEEN DBS CHECKED AND IT CAN BE MADE AVAILABLE ON GENUINE REQUEST FROM ANYONE CONCERNED OR LOCAL AUTHORITES. ALTERNATIVELY IT CAN BE VIEWED AT:

WWW.BYSVYKENEVENTS.VPWEB.CO.UK

<u>SIGNED</u> Χ

DAVID WILLIAM JAMES ANDREWARTHA

(EVENT DIRECTOR AND SOLE TRADER, TRADING AS 'BYS VYKEN EVENTS AND CORNISH TRAILS')

ADDITIONAL INFORMATION ON THE FOLLOWING PAGE...

#### ADDITIONAL INFORMATION OF RISK ASSESSMENT:

#### KITLIST

OUR KITLIST THAT IS ADVISED TO RUNNERS INCLUDE:

WATERPROOF/TAPED SEAMS JACKET (NOT BORROWED FROM ANY EVENT VOLUNTEER AND MUST BE THEIR OWN).

**BIVVY BAG** 

HYDRATION SYSTEM (500ML OR ABOVE)

FULLY CHARGED MOBILE PHONE

EMERGENCY MONEY (MIN £10 WHICH GIVES ENOUGH FOR PUBLIC TRANSPORT AT NEARBY TRANSPORT STOPS AND ROUTES)

ADEQUATE FOOTWEAR FOR THE TERRAIN (ROAD FOR ROAD/ TRAIL FOR TRAIL & CROSS TRAIL TYPE SHOES FOR MIXED AND MULTI TERRAIN EVENTS)

WHISTLE

FOOD

I.C.E CONTACT

HANDGEL

FACEMASK/COVERING

(ALL OF THIS IS IN THE PRE EVENT INFORMATION AND ON OUR WEBSITE WHICH IS ACCESSIBLE TO EVERY ENTRANT)

THE START

THE START WILL BE OF ADEQUATE WITDH FOR THE ANTICIPATED NUMBERS OF RUNNERS (214 MAXIMUM AS THAT WAS WHERE ENTRIES WERE CUT OFF AT 210 PLUS 4 SWEEPER/BACK MARSHALS/RUNNERS ).

THE STARTING STRAIGHT WILL BE SIGNIFICANTLY AND SUFFICIENTLY LONG ENOUGH FOR THE FIELD TO SPREAD OUT BEFORE ANY BOTTLENECKING OR TIGHT TURNS.AT LEAST 100 METRES IS ALWAYS NECESSARY AND ANY EARLY BENDS WILL BE GRADUAL.WE WILL HAVE OUR TIMEKEEPERS, FEATHER FLAGS,START SIGNS,BANNERS AND TEMPORARY MARKER PAINT TO INDICATE WHERE THE START WILL BE INCLUDING SIGNS GUIDING THEM TO WHERE THEY SHOULD BE.