JUST FOR YOU

HOT STONE THERAPY

The combined effects of heat and basalt stones provide an extremely relaxing massage to soothe tired aching muscles and stressed out bodies.

Back of body	30.00
Full body	48.00

28.00

INDIAN HEAD MASSAGE

This ancient therapy can be highly effective in the treatment of stress, tension, headaches and insomnia.

AROMATHERAPY 50.00

The ultimate massage – aromatherapy oils blended for your personal requirements are used to provide a luxurious, soothing and relaxing treatment for the body, face and scalp.

HOPI EAR CANDLES 28.95

An ancient therapy which can help relieve sinus problems, congestion and headaches.

THAI FOOT MASSAGE 37.50

Beginning with a foot soak and scrub this massage treatment which focuses on the feet and lower legs is both relaxing and invigorating, whilst helping to balance the body and encourage good health.

REFLEXOLOGY 27.00

Please allow an extra 15 mins/£5.00 for the initial treatment.



JUST TANNED

Enriched with marine minerals, coral seaweed and coastal flowers, "Kissed by Mii" will give you a natural, healthy glow.

A gentle exfoliation followed by seriously smoothing moisturiser prepares your skin for the application of the tanning lotion to give you a flawless streak-free tan in 4-6 hours.

Full body 38.00 Half Body 26.00 Legs 19.50

JUST FOR YOU -

MUMS TO BE

Gentle massage can help to alleviate aches and pains, relieve tension and improve sleep. Pamper yourself during this special time with a range of treatments suitable after the first trimester. Please note we will need a letter or email from your doctor or midwife to confirm you can be treated.

> Full body polish and massage 65.00 Full body massage 45.00 27.00 **Back massage**

IUST A NEW YOU 250.00

After an in depth consultation to discuss your requirements and drawing on our experience in the health, beauty and fitness world, your package will consist of a combination of treatments and therapies to help you feel and look amazing. Usually over a course lasting 6 to 8 weeks.

THE AMETHYST TRUST

We are pleased to have trained with the Amethyst Trust so we are able to offer specialist treatment to those living with or through cancer. Please chat with us for more details.



JUST VISITING

For acupuncture treatment at Just Beauty with Cath Esworthy please ask for details or visit www.catherineesworthy.co.uk

For permanent makeup with Sheena Devine please ask for details or visit www.devinedefinitions.co.uk

ALL TREATMENTS ARE AVAILABLE ON A BUY 9 **GET 1 FREE BASIS - ASK US FOR DETAILS**

Terms and conditions apply

JUST FOR HIM

Gents need pampering too and here are some carefully selected choices from our range.

JB Rejuvenating facial

49.95

A specialised facial aimed at relaxing and rejuvinating whilst combatting the effects of a busy lifestyle.

IB Booster facial

29.95

Gives an immediate and refreshing boost to neglected complexions.

Full back massage

27.00

Relaxes the muscles and eases tension.

Neck and shoulder massage

19.95

This massage concentrates the work into the neck and shoulder area for those who find themselves prone to tension in the upper body.

Gents Manicure

24.50

Nails cut and filed, cuticles tidied and then an exfoliation and massage give your hands a well groomed finish.

Gents Pedicure

26.00

Toenails and cuticles tidied, rough skin removed and massage leaves the feet feeling refreshed and comfortable.

Waxing

Waxing can help relieve problems such as itching, chafing and ingowing hairs. We use a wax with a high content of tea-tree oil to provide a more comfortable treatment.

Upper back 21.00 Chest 20.00 Full back 37.00 **Evebrows** 10.50

Appointments will be subject to a charge of 50% of the treatment cost payable at the time of booking.

This charge is non-refundable on missed appointments or cancellations of less than 24 hours notice.

For terms and conditions please visit our website www.justbeautycromer.co.uk



JUST BEAUTY

it's what we do

PRICE LIST

Effective 01-07-2022

NO. 1 NEW PARADE, CHURCH STREET CROMER, NORFOLK, NR27 9EP

> Telephone: 01263 515348 www.justbeautycromer.co.uk





HOURS OF BUSINESS

Monday 9am - 5pmTuesday 9am - 6pm Wednesday 10am - 7pm **Thursday** 9am - 6pm Friday 9am - 7pmSaturday 9am - 3pm

Proprietor: L. J. Hale BABTAC CIBTAC CIDESCO IIHM









JUST FACES -

Janssen® rejuvenating facial	49.95
Using pharmacy grade natural but powerful products	this
facial includes an enzyme peel, eye treatment, massag	ge

and mask to address your skin care concerns. Great for all skin types.

about a radiant, youthful glow.

thoroughly cleanse all skin types.

Oriental lift and glow facial
Lymphatic drainage massage, icey globes, jade rollers and gua sha come together to instantly lift, firm and brighten the complexion.

45.00

Tsuboki® **facial**Often called the natural facelift, the Japanese facial incorporates acupressure point massage to bring

Deep-cleansing facial
Using facial steaming to open the pores and

38.00

Aromatherapy facial 29.95

Cleansing, exfoliation and massage together form a relaxing, luxurious facial.

Power boost facial 19.95
This mini facial is an introduction to skin care and a

this mini facial is an introduction to skin care and boost for all skin types.

Non surgical face lift 45.00

This facial treatment uses micro current to help reduce lines and wrinkles and to help tone and lift the contours of the face and neck.

Course of 10 recommended.

Microdermabrasion

Thousands of tiny crystals are used to polish away the outermost layers of skin leaving a fresh healthy complexion. Great for ageing skin, fine lines, wrinkles and scarring.

	Deluxe facial Express facial	
Hollywood® Lashes*		55.00

Natural looking eyelash extensions to give you longer, thicker looking eyelashes.

Hollywood Lashes Maintenance 25.00

LashBomb® Lashlift* 39.00

Enhance your natural lashes with a lashlift. This treatment gives the illusion of length and volume with a lift and tint which lasts for 6–8 weeks.

— JUST FACES cont. -

JB Precision brow* 33.95

Eyebrows are mapped and measured then brow lamination is carried out to perfect the eyebrows. A tint and shape finishes the treatment leaving you with fuller looking defined eyebrows to frame your eyes and flatter your face.

Eyelash tint*	16.50
Eyebrow tint*	9.95
Eyelash tint and brow wax*	24.00
Brow tint and tidy*	19.50
Eyebrow trim	9.95
Special occasion makeup	33.95
Professional makeup lesson	45.00
Bridal makeup	100.00

Package includes consultation, trial run, makeup on the day, mascara and lipstick to take home.

Mii[®] makeup consultation 10.00

Cost redeemable when you spend £20 or more on products

38.50



— JUST HANDS AND FEET —

28.50

Luxury manicure

All the benefits of a manicure plus a hand exfoliation and intense collagen treatment to soften and smooth even the most hard-working hands.

Classic Manicure	24.50
Luxury pedicure	35.00

All the benefits of a regular pedicure but with the addition of our "Sixtus" range of footcare products plus nourishing collagen to leave you walking on air!

Classic Pedicure	26.00
Gel manicure or pedicure	35.00

A classic manicure or pedicure with the addition of exfoliation, massage and gel polish.

EvoGel ® gel polish - flexible support for natural	nails	
with a long lasting glossy finish	26.	50

Gel removal and nail tidy - please note we	
only remove our own gel application	16.00
File and tidy/varnish	10.00

JUST BODIES ———

Toning & firming or soothing & relaxing...

We use pre-blended aromatherapy oils for our massage along with Swedish massage techniques. The massage can be gentle and soothing or deeper and firmer to suit your preference.

42.00
27.00
19.95
19.95

On our comfortable specially designed chair this massage cabe with or without oil.

42.00

Lime and walnut wrap

Energise, uplift and detoxify with this luxurious treatment. We massage you with warmed lime infused oil followed by our body polish containing crushed walnuts and shea butter. Once cocooned in the wrap a soothing face and scalp massage follows before the scrub is removed and a nourishing body cream finishes the treatment.

Exfoliating body scrub 32.00

Body boosting detox wrap 51.00

Targeting the appearance of unwanted cellulite, this treatment actively aids inch loss and stimulates the skin to improve tone and texture for a noticeably firmer look. We recommend a course of 3 for a longer lasting effect (along with a healthy diet and exercise regime) although a one off treatment will help you look and feel your best before a holiday or special occasion.

Vibro-gyratory massage 19.95

Also known as G5. A mechanical vibratory massage treatment which can help with spot reduction in stubborn areas, this machine can also provide a deep massage!

Course recommended.

Faradic muscle toning 30.00

More widely known as "Slendertone" this machine helps to tighten and tone muscle tissue.

Course recommended.

— JUST HAIR REMOVAL —

We use a warm creme wax containing a high content of tea tree oil followed by the application of tea tree aftercare lotion to soothe and calm the skin.

Full leg including bikini line	40.00
Ankle to knee	21.00
Underarm	10.95
Bikini line	10.95
Brazilian	28.00
Hollywood	32.00
Forearm	10.95
Lip	10.50
Lip and chin	10.50
Eyebrow	10.50
Lip and brow	19.50
Lip, chin and brow	20.00

ELECTROLYSIS

Still the only method of permanent hair removal on the market today, we use pre-sterilised disposable needles and short wave diathermy to effectively treat superfluous hair..

15 minutes 18.50 30 minutes 29.00

Thread vein removal (advanced electrolysis)

A highly specialised treatment using a fine needle combined with a heat current to gently and safely cauterise thread veins, "blood spots" and skin tags. *Consultation necessary*.

Treatment per session from 40.00

EPIL PRO®

The latest in non-invasive (needle-free) hair reduction. We use sound waves to weaken and slow the hair growth – more comfortable, no after effects, no risks! *Consultation necessary.*

Treatment per session from 11.95



^{*} Patch test necessary