



offers two streams of instruction to provide the most beneficial results for our students and their individual needs – our General and Company Dance Divisions. We offer dance classes in a variety of disciplines.

Dance Disciplines

❖ **Ballet**

Ballet is the groundwork for all movements. Students will learn correct body alignment, technique, musicality, aesthetic purity of line and gracefulness to produce fluidity of movement. AIM teaches the Royal Academy of Dance (RAD) Syllabus. Upon teacher recommendation, students are eligible to participate in the ballet examination system.

❖ **Jazz**

Jazz is a fast moving, action-packed style of dance using dynamic, high-energy movement that includes leaps and turns. Jazz dance is influenced by the rhythms of the music. To excel in jazz, dancers need a strong background in ballet. AIM jazz classes are based on the ADAPT syllabus.

❖ **Modern**

Modern is a dance style using movement and emotion with modern and contemporary techniques including contraction, release and a variety of lines and shapes, including three-dimensional shaping and movement integration.

❖ **Hip Hop**

Hip hop is a specialty style of dance utilizes upbeat music from various genres. An energetic class that not only teaches you Hip Hop movements and technique, but also instills rhythm and precision in your muscle memory.

❖ **Tap**

Tap is making music with your feet. It increases rhythm & musicality. Tons of fun in tap! AIM teaches the ADAPT syllabus.

Dance Divisions

❖ **General Division**

AIM General Division is geared towards those dancers age 3 years & up that want to have fun and experience the art of dance and performance. Our philosophy is to make dance training fun as well as top-quality. We strive to help our students feel good about themselves, be kind to others and experience a team spirit within their love for dance. All students registered in Saturday Ballet & Jazz classes will have to opportunity to perform in our Year End Recital held at the REM Lee Theatre – their time to perform on stage and be a star!

❖ **Company Division – “Contemporary Collective”**

AIM Company Division, “Contemporary Collective”, is geared towards those dancers that want to take their training and commitment to the next level. The Company instills a sense of commitment and discipline necessary for development of young dancers. Our goal is to provide the best possible training and to be able to offer every opportunity possible to our dancers!

ART IN MOTION

Instructors

At AIM, our inspiring teachers bring a special commitment and passion for dance into the studio.

- Emily Hart – Ballet, Jazz, Modern, Hip Hop & Tap
- Lexi Shinde – Ballet, En Pointe
- Makenna Harris – Ballet, Jazz, Modern
- Laura Archibald – Ballet, En Pointe
- Apprentice & student teachers are also a part of the AIM program

Commitment & Attendance

Students are required to register and attend for the entire dance season as classes are progressive. Regular attendance is expected, to ensure that students receive the most out of our programs and that they spend their time at AIM learning, not repeating. Absences and tardiness will result in your child missing important instruction time. If a student misses three classes they could be withdrawn from choreography (at teacher's discretion). This is especially important as we get close to both competitive season & recital season.

Studio Etiquette

❖ Respect for your Instructors

Respect is shown when students are prepared, quiet and ready to learn in the classroom.

❖ Punctuality

You must arrive to class on time and ready to dance. To prevent injury, a proper warm-up at the beginning of the class is essential. Therefore, a student who arrives late and misses the warm-up may have to sit out for part of the class to warm up. Beginner Ballet to Level 1 dancers should arrive 5 minutes early, Level 2 and up are expected to arrive 15 minutes prior.

❖ Preparation

Dancers should arrive in full dress code with hair done, ready to start dance! Please ensure you have all shoes required for each class. For Ballet & Modern hair should be in a classical bun. For Jazz, Hip Hop & Tap hair should be in a neat ponytail or bun. For all disciplines, short hair should be pulled back neatly with bangs off face. No jewelry for safety reasons!

❖ Cell Phones

AIM has a policy of no cell phone use during warm up or class time. Ensure cell phones are left at home or put away during class.

ART IN MOTION

❖ Studio Commitment

AIM dancer's are expected to dance solely at the AIM studio in order to participate in any training classes. We want to give priority to students who are fully registered and committed to AIM.

Dancer's from other studios are welcome to register for classes for up to one season before making a full commitment to allow the dancer time to make the choice best for them. AIM workshops and summer intensives are open to all dancers within the community and outside communities.

Dress Code

AIM has set a standard dress code policy for all dance levels and it is mandatory for all our dancers to wear the prescribed dress code to ALL classes.

Dress code, ballet & jazz shoes are available for purchase directly from AIM. Sizing samples are available at the studio and order forms are available on our website. Orders should be submitted with registration. AIM store hours are Saturdays from 9am-12pm. We also have online purchasing from our website store.

Beginner & Junior

Ballet

GIRLS:

- Capezio Pink Short Sleeve Leotard - #CC400-C
- Capezio Tights - Color: Dancers Pink
- No ballet skirts or other accessories please
- Pink leather full sole ballet slippers

BOYS:

- Capezio Fitted Crew Neck White T-shirt - #10358
- Black fitted leggings
- Black ballet slippers

Level 1, 2

Ballet, Jazz, Tap

GIRLS:

- Capezio Lavender High-Neck Tank Leotard - #CC201-C
- Capezio Tights - Color: Dancers Pink
- No ballet skirts or other accessories please
- Pink leather full sole ballet slippers
- Black jazz pants or shorts (optional for Jazz) (any brand/style) *no logos or stripes
- Black jazz and/or tap shoes

BOYS:

- Capezio Fitted Crew Neck White T-shirt - #10358
- Black ballet fitted leggings
- Black ballet slippers
- Black jazz pants
- Black jazz and/or tap shoes

Hip Hop

- Loose fitting t-shirt/shorts/pants/leggings
- Non-marking runners

ART IN MOTION

Level 3, 4, 5 Ballet, Jazz, Tap

GIRLS:

- Capezio Navy High-Neck Tank Leotard - #CC201-C or Capezio Black Camisole Leotard with Bratek – #MC110 (L 4/5 only)
- Capezio Tights - Color: Dancers Pink
- Pink ballet slippers (any style), demi-pointe and pointe shoes as recommended
- Black jazz pants or shorts (optional for Jazz) (any brand/style) *no logos or stripes
- Black jazz and/or tap shoes

BOYS:

- Capezio Fitted Crew Neck White T-shirt - #10358
- Black ballet fitted leggings
- Black ballet slippers
- Black jazz pants
- Black jazz and/or shoes

Modern

- Same as ballet
- Bare feet

Hip Hop

- Loose fitting t-shirt/shorts/pants/leggings
- Non-marking runners

Senior Ballet, Jazz

GIRLS:

- Capezio Black Camisole Leotard with Bratek – #MC110
- Capezio Tights - Color: Dancers Pink
- Pink ballet slippers (any style), demi-pointe and pointe shoes as recommended
- Black jazz pants or shorts (optional for Jazz) (any brand/style) *no logos or stripes
- Black jazz shoes

BOYS:

- Capezio Fitted Crew Neck White T-shirt - #10358
- Black ballet fitted leggings
- Black ballet slippers
- Black jazz pants
- Black jazz shoes

Modern

- Same as ballet
- Bare feet

Hip Hop

- Loose fitting t-shirt/shorts/pants/leggings
- Non-marking runners

ART IN MOTION

RAD Dress Code

Primary

Classes:

GIRLS:

- Same dress code as ballet class.

Exams:

- A skirt and socks will be ordered by AIM for the exam.
You may be required to purchase a new bodysuit as well.

BOYS:

- Same dress code as ballet class.

Grades 1-5

Classes:

GIRLS:

- Same dress code as ballet class.

- Black Character National Shoes – ½" heel

- Black Character National Practice Skirt

BOYS:

- Same dress code as ballet class.

- Black Boys Dress Shoes with heel

Exams:

GIRLS:

- Navy Dress Code Bodysuit (with belt, supplied by AIM)

- Character National Skirt (rented from AIM)

BOYS:

- Same as above.

Intermediate Foundation & Above

Classes:

GIRLS:

- Black bodysuit

- Demi-pointe and Pointe **check fit of the shoes with
Ballet teacher before putting ribbons on shoes.**

BOYS:

- Same dress code as ballet class.

Exams:

GIRLS:

- Black bodysuit

- Demi-pointe and Pointe

BOYS:

- Same as above.

RAD Ballet Exams

AIM is very excited to offer RAD Ballet exams, under the guidance of Ms. Lexi and Ms. Laura. Participation in this program is at the recommendation of AIM staff. This season, RAD exams will take in place both in early November (TBD) and early June. For those recommended to take their exam in November, fees will be due by September 1 – information will be emailed to you directly.

Please note mock exams and RAD exams will take place in Terrace, BC at REM Lee Theatre. Examination information can be found on the RAD website at www.radcanada.org. Information on fees will be forwarded closer to exam registration dates. As there is a cost for the pianist, practices with pianist, mock exams, laying down and renting Marley floor, we will charge a fee to cover these fees on top of the examination fee. It will likely be more than the examination fee for budgeting purposes. Exams are only for those recommended and to be part of this program you must be fully enrolled in AIM Ballet program.

Those taking RAD exams will need to purchase any necessary RAD dress code for their specific level (i.e. socks, skirt, belt). Character National skirts are rented directly from AIM for the exams.

Insurance

AIM has purchased liability insurance with regards to personal injuries. There will be a charge to each student payable at time of registration to cover the costs of the insurance for the dance programs.

AIM and it's instructor(s), are not liable for personal injuries or loss of, or damage to personal property. Please inform the instructor(s) of any physical limitations your child may have. AIM cannot dispense any type of medication.

Illness / Injury Policy

In cases where a student is unable to participate due to injury or illness, a doctor's note will be required for as long as the illness or injury continues, please include a treatment/ injury management plan. Refunds will be reviewed. The illness or injury should also preclude the student from participation in any sports or after-school activities.

ART IN MOTION Dance Schedule (schedule is subject to change)

NOTE: All schedules subject to change without notice. A minimum number of students are required for each class. If minimum class levels are not met the schedule will be adjusted. There will normally be no **General** division dance classes on statutory holidays, winter break and spring break.

2022-23 AIM Schedule

MONDAY

3:45pm - Open Studio
4:00pm-4:45pm - L2 Ballet - RAD - Grade 1
4:45pm-5:15pm - Jr Company Lg. Ballet Group (#1)
5:15pm-6:15pm - L3 Ballet Training - RAD - Grade 1/2
6:15pm-6:45pm - ADV Jr Company Sm. Ballet Group (#3)
7:00pm - Close Studio

TUESDAY

3:45pm - Open Studio
4:00pm-4:15pm - Int/Sr Company Sm. Tap Group (#20)
4:15pm-5:00pm - L4/5/Sr Tap Training
5:00pm-6:15pm - L4/5 Ballet - RAD - Grade 5/Int. Found. Training
15-minute food/water break
6:30pm-6:45pm - Int/Sr Company Lg. Jazz Group (#8)
6:45pm-7:00pm - Int/Sr Company Lg. Demi-Char. Group (#12)
7:00pm-7:15pm - L5/Sr Pointe Training
7:15pm-8:30pm - Sr Ballet Training - RAD - Intermediate
8:30pm-8:45pm - Contemp Ballet Trio
9:00pm - Close Studio

WEDNESDAY

3:45pm - Open Studio
4:00pm-4:45pm - L4/5/Sr Hip Hop Training
4:45pm-5:45pm - L4/5/Sr Jazz Training
15-minute food/water break
6:00pm-7:00pm - L4/5/Sr Modern Training
7:00pm-7:15pm - Int/Sr Company Sm. Modern Group (#23)
7:15pm-7:30pm - Int/Sr Company Sm. Lyrical Group (#22)
7:45pm - Close Studio

THURSDAY

3:45pm - Open Studio
4:00pm-4:30pm - L3 Tap Training
4:30pm-5:00pm - L3 Hip Hop Training
5:00pm-5:45pm - L2/3 Jazz Training
5:45pm-6:15pm - L2 Hip Hop Training
6:15pm-6:30pm - Int Company Lg. Lyrical Group (#7)
6:30pm-7:30pm - L4/5 Ballet - RAD - Grade 5/Int. Found. Training
7:30pm-7:45pm - Int/Sr Company Lg. Ballet Group (#9)
7:45pm-8:00pm - Int/Sr Company Sm. Ballet Group (#21)
8:00pm-9:15pm - Sr Ballet Training - RAD - Intermediate
9:30pm - Close Studio

FRIDAY

3:45pm - Open Studio
4:00pm-4:30pm - ADV Jr Company Sm. Lyrical Group (#5)
4:30pm-5:00pm - ADV Jr/Int/Sr Company Lg. Lyrical (#24)
5:00pm-5:15pm - Int/Sr Company Lg. Modern Group (#10)
5:15pm-5:30pm - Int/Sr Company Lg. Variety Group (#14)
5:30pm-5:45pm - Int/Sr Company Lg. Contemp. Group (#13)
5:45pm-6:00pm - Int/Sr Company Lg. Hip Hop Group (#11)
15-minute food/water break
6:15pm-6:30pm - Int/Sr Company Lg. Lyrical Group (#15)
6:30pm-6:45pm - Int/Sr Company Lg. Jazz Group (#17)
6:45pm-7:00pm - Int/Sr Company Sm. Hip Hop Group (#19)
7:00pm-7:15pm - Int/Sr Company Sm. Contemp. Group (#16)
7:15pm-7:30pm - Int/Sr Company Sm. Jazz Group (#18)
7:45pm - Close Studio

SATURDAY

8:45am - Open Studio
9:00am-9:30am - Beginner Ballet Training
9:30am-10:15am - Junior Ballet Training
10:15am-11:00am - L1 Ballet Training - RAD - Primary
11:00am-11:45pm - L1/2 Jazz Training
11:45pm-12:45pm - L2 Ballet Training - RAD - Grade 1
12:45pm-1:15pm - Jr Company Lg. Jazz Group (#2)
1:15pm-1:45pm - ADV Jr Company Sm. Jazz Group (#4)
1:45pm-2:45pm - L3 Jazz Training
2:45pm-3:45pm - L3 Ballet Training - RAD - Grade 1/2
3:45pm-4:45pm - L4/5/Sr Ballet Training
4:45pm-5:45pm - L4/5/Sr Jazz Training
6:00pm - Close Studio

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COMPANY DIVISION NOTES:

Company dancers and those participating in music festivals will have scheduled classes or travel during Easter and/or spring break.

Payments / Fees

Tuition is based on the full year (Sep through May) – not by individual class or by the month, this includes all costs including class prep time, therefore there is no discount for short months (i.e. Christmas, Spring Break). **All classes are payable at time of registration by post-dated cheques, cash or credit card.** Students must be fully registered and payment arrangements settled to be admitted to first class. No exceptions will be made.

Tuition must be paid in advance and be up to date. Monthly finance charges will be applied to all outstanding balances.

Registration Fees

\$21.00 per student, must be paid at time of registration (inc. GST)

Insurance Fees

\$47.25 per student, must be paid at time of registration (inc. GST)

Tuition Payment Options

AIM as three (4) payment options as follows:

- (1) Payment in full at time of registration - not by post-dated cheque. Cash, cheque, credit card or EMT accepted for this option.
- (2) Three post-dated cheques dated for September 1st, November 1st & January 1st. Cheques must be given at time of registration.
- (3) Nine post-dated cheques dated the 1st day of the month for each month Sep to May.
- (4) Eleven or Twelve post-dated cheques dated the 1st day of the month for each month Jun to May. Note: This option gives you a lower monthly payment by pre-paying tuition in June, July & August.

Note: A \$21.00 (inc. GST) administration fee is charged for option 3 or option 4.

Note: Credit cards transactions swiped at AIM will be charged a 2.5% fee and those manually entered will be charged a 3.4% fee.

Family Plan

A family plan will be given to each child registered after the first child. A 50% discount will be applied to all monthly tuition fees. Each family member will need to calculate their allotted hours per week; family hours should not be combined.

Graduate Plan

Any dancer who graduates an AIM company dancer and who has danced with AIM for 5+ years is eligible for 50% reduction on all General/Company tuition fees for the following years. If interested in Company options discuss with AIM.

ART IN MOTION

Fee Structure General/Company Division

Hrs/Week	Monthly Fee
0.5	\$50.00
0.75	\$50.00
1	\$75.00
1.25	\$90.00
1.5	\$95.00
1.75	\$100.00
2	\$105.00
2.25	\$110.00
2.5	\$115.00
2.75	\$120.00
3	\$125.00
3.25	\$130.00
3.5	\$135.00
3.75	\$140.00
4	\$150.00
4.5	\$160.00
5	\$170.00
5.5	\$180.00
6	\$190.00
6.5	\$200.00
7	\$210.00
7.5	\$220.00
8	\$230.00
8.5	\$240.00
9	\$250.00
9.5	\$260.00
10	\$270.00
10.5	\$280.00
11	\$290.00
11.5	\$300.00
12	\$310.00
12.5	\$320.00
13	\$330.00
13.5	\$340.00
14	\$350.00

Dancers will not be permitted to participate in class with unpaid tuition.

There will be a \$42.00 fee for all returned cheques, and/or stop payment cheques. (inc. GST)

Note: More than one returned cheque will result in the requirement to pre-pay May tuition in cash, at time of paying the for returned cheque. Any additional returned cheques will require full payment of tuition up front.

Please apply 5% GST to all tuition payments.

Class Photos & Year End Video

All AIM dancers will receive a professional class & individual photo and a copy of the Year-End Recital digital file. This cost is paid at time of registration and not optional. The cost is \$52.50 including GST.

Costumes

General - All General Division recital costumes will be \$94.50 including GST. This fee is payable at time of registration. Cheques can be post-dated for November 15th, 2022. If we do not receive a post-dated cheque or payment at time of registration, costume will be invoiced in November for \$131.25 including GST (this covers admin fee for invoicing/tracking).

Company - \$105.00 (including GST) costume deposit is required for each piece. These deposits should be dated November 15th, 2022 and are payable at time of registration. We will do our best to minimize costume costs and re-use costumes for solos and groups, but please see Company budgeting for what can be expected.

Company Volunteer Fee

All company members/families will be required to volunteer a minimum of 10 hours for AIM events. (i.e. recitals, showcases, competitions). A post-dated cheque for \$100 will need to be dated May 1, 2023. If hours are not submitted prior to this, this cheque will be cashed.

Performance Opportunities

Year End Recital – Friday, May 26th, 2023

Our General Division dancers will be given the opportunity to showcase their talent and progress at the AIM Year End Recital.

All students registered in Saturday General Division classes (Ballet & Jazz) will participate in the AIM dance recital. Please advise at the time of registration if your child is unable to participate in the above performance. All participating students in the General Division must purchase a costume(s) for the Recital for each class they attend.

Company Division

Dancers may be recommended or apply to join the Company Division. All participants must be **fully enrolled in the General Dance Program**. Being part of the Company Division will involve extra dance hours and great dedication from both the dancer and the parents. Each year's festivals and performance opportunities will be outlined in the Company Division Package. Attendance in General Division will affect Company placements.

Dance events AIM promotes participation in:

- ❖ Triple Threat Dance Convention – Nov/Dec 2022, Vancouver, BC

Competitions/Festivals AIM company dancers will participate in:

(anticipated dates/locations, subject to change)

- ❖ Prince George Dance Festival – March 2023 - Prince George, BC (Spring Break)
- ❖ Pacific Northwest Music Festival – April 2023 - Terrace, BC
- ❖ BC Annual Dance Competition – May 2023 - Prince Rupert, BC

For further information on the Company Division request a Company package.

We look forward to another wonderful year of dance!

Instructor Bios

Emily Hart – Member CDTA Ballet, Jazz, PBT Certified, ADAPT TTC Ballet, Jazz, Modern, Hip Hop, Tap



Emily Hart is an Art in Motion Alumni that spent over 17 years training in the Terrace community. 15 of those years were training at the Northern Conservatory of Dance and Art in Motion in ballet, jazz, lyrical/contemporary, modern and tap.

Emily left Terrace in 2012 and spent two years training in Vancouver at Harbour Dance Centre. In 2012/13 she auditioned and was chosen for the Intensive Training Program, which involved training, company performances and commercial work. In 2013/14 she auditioned and was selected into The Source Dance Company. She continued with extensive hours of training, choreography and ultimately, increased performance and commercial work opportunities. Those two years provided many

learning opportunities and growth as she also expanded her training to include hip hop, and musical theatre.

Emily's commercial dance experiences include multiple flash mobs, Vancity Project 5 & 6, Building Dreams Performance, the 2014 opening ceremonies for the Vancouver Aquarium expansion, Harbour Dance Centre's production of Westside Story, multiple commercial dance shows, and video dance work with Mariana's Trench in their 2013 video "Stutter".

Emily has recently completed her 3 year Teachers Training School through the ADAPT Syllabus, under the direction of Mr & Mrs. Foley. Emily is very excited to share the new skills she has developed over the last 3 years. Her focus on technique, training, and discipline, within a positive and caring environment are skills that she feels will continue to benefit our AIM dancers.

Laura Archibald, R.A.D.RTS, Licentiate Member CDTA Ballet, PBT Certified Ballet, En Pointe



Laura was born and raised in Terrace and is a registered Royal Academy of Dance ballet teacher. Her training began in Terrace and continued to Vancouver, Winnipeg, and Edmonton. She has 25 years' experience in teaching/choreographing ballet. Laura has trained students successfully for RAD exams and as provincial representatives. Many of her students have gone on to have careers in dance becoming teachers, performers and choreographers. She continues to stay updated with many courses that have taken her to New York, Toronto, Vancouver and Calgary as she feels it's important to always be learning as the dance world is always changing. Her latest accomplishment is appointed mentor for teachers to receive their teaching degree. Laura's passion for teaching is passing along her knowledge and love for ballet to others.

ART IN MOTION

Ballet, En Pointe



Lexi Shinde is an Art in Motion Alumni that grew up in Terrace and started taking dance classes at the age of three. Up until 18, she took part in ballet, jazz, and modern classes, recitals, and local competitions. Lexi has been selected and competed as a provincial ballet delegate at Performing Arts BC. Lexi also has had the opportunity to complete the Intermediate and Advanced Foundations RAD exams. Lexi has recently completed her PBT teaching certification.

Lexi has been with AIM since its beginning and is so excited to come back and teach. Throughout her years of dance, she developed a love for ballet that she hopes to pass on.

Makenna Harris Jazz, Modern, Ballet



Makenna Harris has 14 years of dance training in Terrace, 11 of those years being at the competitive dance level. She has trained in ballet, jazz, modern, lyrical and contemporary.

Makenna has been an apprentice teacher with Art in Motion for the past two years and will be moving into a teacher role this season. Makenna is continuing her love of dancing by taking the ADAPT Teachers Training Course, she will graduate from the program in July 2022 and be fully certified as an ADAPT teacher. Makenna has taught summer camps in previous, sharing her love of jazz, hip hop, ballet, and modern with children ages 5-12. Makenna looks forward to expanding her dance teaching knowledge and continuing to share her love of dance with AIM dancers.

Lexi Shinde –
PBT Certified

AIM CONTACT INFORMATION

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