



LEVEL 4: BALLET
ORANGE AWARD

NAME:
DATE COMPLETED:



I attend class regularly.



I am able to do a full plié in 3rd position.



I am able to perform a plié enchaînement including 1st, 2nd, 3rd, demi & full with use of arms.



I am able to do a relevé in 5th at the barre and in the centre.



I am able to show 1st arabesque en l'air.



I am able to show a rond de jambe in 2 counts.



I understand good ballet posture and poise.



I am able to échappé relevé to second.



I am confident and enjoy my classes.



I always thank my teacher at the end of my class.



LEVEL 4: BALLET
GREEN AWARD

NAME:
DATE COMPLETED:



I arrive at my class on time.



I am able to do a développé at 45 degrees en croix.



My demi pointe work is developing & strengthening. I am able to perform a demi pointe enchaînement at the barre.



I am working on my flexibility.



I am able to show attitude opposition and ordinaire.



I am able to dance pas de bourrées devant and derrière.



I am able to show a creative free expressive movement depicting a theme of my choice.



I am working on my assemblés devant and derrière.



I show good etiquette to the teacher and other members of the class.



I remember to take all of my belongings with me at the end of my class.



LEVEL 4: BALLET
PURPLE AWARD

NAME:
DATE COMPLETED:



I am in the correct uniform & shoes.



Boys: My hair is always neat.
Girls: My hair is always in a bun.



I am able to dance a simple unset enchaînement.



I am able to dance a balancé de côté.



I am able to jump devant and derrière.



I am able to complete a choreographed routine as a solo.



I am able to perform a battement frappé at the barre.



I am developing my ballet vocabulary; frappé, relevé, développé, en l'air, pas de bourrée, balancé.



I am able to perform a choreographed reverence to finish my class.



I am consistently performing with a feeling of emotion and enjoyment.